

Naziv Proizvoda / Product Name	Veličina porcije g / Portion size g	Energije KJ / Energy KJ	energija kcal / energy kcal	Masti / Fat	Zasićene masne kiseline / Sat. Fat.	Ugljenihidrati / Carbohydrates	Šećer / Sugar	Vlakna / Fiber	Proteini / Protein	So / Salt
<b>Pekarski specijaliteti / Bakery Assortment</b>										
<b>Mafini / Muffins</b>										
Banana Ricotta Muffin / Mafin sa bananom I ricotta sirom	115.00	1707	408	20.70	4.49	48.30	24.15	1.27	7.13	0.71
Matcha Cherry bomb Muffin / Matcha Višnja Mafin	130.00	1978	472	22.00	4.10	63.00	38.00	2.60	5.10	0.55
Pistachio ricotta muffin / Pistac ricotta mafin	115.00	1697	406	19.55	3.80	48.30	21.85	1.73	7.94	0.78
<b>Kolačići / Biskviti - Cookies/ Biscuits</b>										
Premium pistachio cookie/ Premium keks sa pistacima	105.00	2013	480	23.42	10.50	57.23	36.12	1.79	9.24	0.66
<b>Slatke zemičke / Hlebovi - Sweet Buns/ Breads</b>										
Strawberry Lemon Cinnamon Roll / Slatki puzic sa cimetom, jagodom I limunom	120.00	1626	388	15.60	9.48	53.28	14.04	3.84	6.74	0.47
Vanilla Caramel Banana Nut Loaf / Banana Loaf Cake	95.00	1686	404	25.00	5.40	38.00	25.00	1.90	5.50	0.41
Ube Blueberry Cinnamon Roll (UBerry roll) / Ube cimet pužić sa borovnicom (UBerry rolnica)	120.00	1435	343	16.80	10.32	50.88	4.75	4.32	7.20	0.50
Easter carrot cake cinnamon roll / Uskršnji cimet pužić sa šargarepom i orasima	120.00	1934	462	19.44	10.20	60.84	24.24	5.64	7.92	0.52
Ube Vanilla Matcha Loaf Cake	100.00	1655	396	21.00	6.60	46.00	31.00	1.40	5.10	0.49
Punjeni vafli sa čokoladom/Filled waffle with chocolate	80.00	1556	370	20.00	6.80	42.16	23.84	2.56	4.08	0.56
Punjeni vafli sa kajsijom/Filled waffle with apricot	80.00	781	186	6.80	3.60	27.04	7.84	1.84	3.28	0.56

For allergens including cereals containing gluten see ingredients in **BOLD**. All our beverages are hand crafted uniquely for you. Due to the nature of how we create our beverages we cannot guarantee that they are free from any allergens. Our beverages are prepared where allergens are handled by our partners, and where equipment and utensils are used for multiple menu items, including those containing allergens. Whilst we try to keep things separate we cannot guarantee any item is allergen free. Please remember to check this information regularly as we're always working on our recipes. For more allergen information please ask your barista.

Menu Item	Size	Ingredient Declaration	Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturated(g)	Carbohydrates(g)	Of which Sugar(g)	Fibre (g)	Protein (g)	Salt(g)	Caffeine (mg)
<b>Summer FY26</b>												
Ristretto Mocha - semi skimmed milk	Short	semi skimmed milk [Semi skimmed <b>MILK</b> ], ristretto espre	505	120	3	1.9	16.7	14.6	1.8	5.7	0.13	118.7
Ristretto Mocha - whole milk	Short	whole milk [whole <b>MILK</b> ], ristretto espresso (as consumed)	580	138	5.2	3.3	16.5	14.4	1.8	5.6	0.13	118.7
Ristretto Mocha - skimmed milk	Short	skimmed milk [skimmed <b>MILK</b> ], ristretto espresso (as con	448	106	1.5	0.9	16.8	14.7	1.8	5.7	0.13	118.7
Ristretto Mocha - almond drink	Short	almond drink [Water, <b>ALMOND</b> (2.5%), sugar, fructose,	390	94	2.4	0.8	14.1	12	2	2.3	0.09	118.7
Ristretto Mocha - soya drink	Short	soya drink [Water, hulled <b>SOYA</b> beans (8.7%), sugar, aci	470	112	3.2	1	14.2	12	2.5	5.4	0.11	118.7
Ristretto Mocha - oat drink	Short	oat drink [Water, <b>OAT</b> (10%), sunflower oil, chicory roo	549	130	4.5	1	18.7	12.9	2.9	2.6	0.15	118.7
Ristretto Mocha - coconut drink	Short	coconut drink [Water, coconut milk (5.7%) (water, coco	430	102	2.8	1.5	15	12.9	2.1	3.4	0.11	118.7
Brown Sugar Long Black	Short	water, ristretto espresso (as consumed) [whole bean roa	143	34	0	0	7.9	6.4	0	0.5	0.00	106.4
Iced Caramelised Banana Oat Shaken Espresso - semi skimmed milk	Tall	ice, semi skimmed milk [Semi skimmed <b>MILK</b> ], blonde roa	455	108	3	2.1	15.1	14.3	0.3	5	0.23	85.5
Iced Caramelised Banana Oat Shaken Espresso - semi skimmed milk	Grande	ice, semi skimmed milk [Semi skimmed <b>MILK</b> ], blonde roa	608	145	3.9	2.7	21	19.7	0.4	6.2	0.30	128.2
Iced Caramelised Banana Oat Shaken Espresso - semi skimmed milk	Venti	ice, semi skimmed milk [Semi skimmed <b>MILK</b> ], blonde roa	768	183	4.8	3.4	26.9	25.3	0.6	7.6	0.38	171
Iced Caramelised Banana Oat Shaken Espresso - whole milk	Tall	ice, whole milk [whole <b>MILK</b> ], blonde roast (as consumed)	532	127	5.2	3.4	15	14.2	0.3	4.9	0.23	85.5
Iced Caramelised Banana Oat Shaken Espresso - whole milk	Grande	ice, whole milk [whole <b>MILK</b> ], blonde roast (as consumed)	700	166	6.5	4.3	20.8	19.6	0.4	6.1	0.30	128.2
Iced Caramelised Banana Oat Shaken Espresso - whole milk	Venti	ice, whole milk [whole <b>MILK</b> ], blonde roast (as consumed)	875	208	7.9	5.3	26.8	25.1	0.6	7.4	0.38	171
Iced Caramelised Banana Oat Shaken Espresso - skimmed milk	Tall	ice, skimmed milk [skimmed <b>MILK</b> ], blonde roast (as consu	397	94	1.4	1	15.2	14.4	0.3	5	0.23	85.5
Iced Caramelised Banana Oat Shaken Espresso - skimmed milk	Grande	ice, skimmed milk [skimmed <b>MILK</b> ], blonde roast (as consu	540	128	2	1.4	21.1	19.9	0.4	6.2	0.31	128.2
Iced Caramelised Banana Oat Shaken Espresso - skimmed milk	Venti	ice, skimmed milk [skimmed <b>MILK</b> ], blonde roast (as consu	688	163	2.6	1.8	27.1	25.5	0.6	7.6	0.39	171
Iced Caramelised Banana Oat Shaken Espresso - almond drink	Tall	ice, almond drink [Water, <b>ALMOND</b> (2.5%), sugar, fructo	337	82	2.4	0.9	12.5	11.7	0.5	1.5	0.19	85.5
Iced Caramelised Banana Oat Shaken Espresso - almond drink	Grande	ice, almond drink [Water, <b>ALMOND</b> (2.5%), sugar, fructo	470	113	3.2	1.3	17.9	16.7	0.7	2.1	0.26	128.2
Iced Caramelised Banana Oat Shaken Espresso - almond drink	Venti	ice, almond drink [Water, <b>ALMOND</b> (2.5%), sugar, fructo	605	146	4	1.8	23.3	21.7	0.9	2.8	0.33	171
Iced Caramelised Banana Oat Shaken Espresso - soya drink	Tall	ice, soya drink [Water, hulled <b>SOYA</b> beans (8.7%), sugar,	419	100	3.2	1.1	12.6	11.7	1	4.7	0.21	85.5
Iced Caramelised Banana Oat Shaken Espresso - soya drink	Grande	ice, soya drink [Water, hulled <b>SOYA</b> beans (8.7%), sugar,	566	135	4.1	1.6	18	16.7	1.2	5.9	0.28	128.2
Iced Caramelised Banana Oat Shaken Espresso - soya drink	Venti	ice, soya drink [Water, hulled <b>SOYA</b> beans (8.7%), sugar,	719	171	5.1	2.1	23.5	21.7	1.5	7.1	0.35	171
Iced Caramelised Banana Oat Shaken Espresso - oat drink	Tall	ice, oat drink [Water, <b>OAT</b> (10%), sunflower oil, chicory r	500	118	4.5	1.1	17.2	12.6	1.4	1.9	0.25	85.5
Iced Caramelised Banana Oat Shaken Espresso - oat drink	Grande	ice, oat drink [Water, <b>OAT</b> (10%), sunflower oil, chicory r	661	157	5.7	1.6	23.4	17.7	1.8	2.5	0.33	128.2
Iced Caramelised Banana Oat Shaken Espresso - oat drink	Venti	ice, oat drink [Water, <b>OAT</b> (10%), sunflower oil, chicory r	831	197	6.9	2.1	29.8	22.9	2.1	3.2	0.41	171
Iced Caramelised Banana Oat Shaken Espresso - coconut drink	Tall	ice, coconut drink [Water, coconut milk (5.7%) (water, cc	379	90	2.7	1.6	13.4	12.6	0.6	2.7	0.21	85.5
Iced Caramelised Banana Oat Shaken Espresso - coconut drink	Grande	ice, coconut drink [Water, coconut milk (5.7%) (water, cc	519	123	3.6	2.1	19	17.7	0.8	3.5	0.28	128.2
Iced Caramelised Banana Oat Shaken Espresso - coconut drink	Venti	ice, coconut drink [Water, coconut milk (5.7%) (water, cc	663	157	4.5	2.7	24.6	23	1	4.3	0.35	171
Iced Caramelised Banana Matcha - semi skimmed milk	Tall	semi skimmed milk [Semi skimmed <b>MILK</b> ], ice, matcha p	701	166	4.7	3.3	22.4	22.2	0.9	8.2	0.36	55.7
Iced Caramelised Banana Matcha - semi skimmed milk	Grande	semi skimmed milk [Semi skimmed <b>MILK</b> ], ice, matcha p	948	225	6.4	4.4	30.2	30	1.1	11.1	0.49	70.5
Iced Caramelised Banana Matcha - semi skimmed milk	Venti	semi skimmed milk [Semi skimmed <b>MILK</b> ], ice, matcha p	1114	264	7.4	5.1	36.2	35.9	1.2	12.7	0.58	78
Iced Caramelised Banana Matcha - whole milk	Tall	whole milk [whole <b>MILK</b> ], ice, matcha premix [water, Pov	829	197	8.3	5.5	22.3	22	0.9	8	0.36	55.7
Iced Caramelised Banana Matcha - whole milk	Grande	whole milk [whole <b>MILK</b> ], ice, matcha premix [water, Pov	1122	267	11.3	7.5	30	29.7	1.1	10.9	0.48	70.5
Iced Caramelised Banana Matcha - whole milk	Venti	whole milk [whole <b>MILK</b> ], ice, matcha premix [water, Pov	1310	311	13	8.6	35.9	35.6	1.2	12.4	0.57	78
Iced Caramelised Banana Matcha - skimmed milk	Tall	skimmed milk [skimmed <b>MILK</b> ], ice, matcha premix [wate	606	143	2	1.4	22.6	22.4	0.9	8.2	0.37	55.7
Iced Caramelised Banana Matcha - skimmed milk	Grande	skimmed milk [skimmed <b>MILK</b> ], ice, matcha premix [wate	817	193	2.7	1.9	30.5	30.2	1.1	11.1	0.50	70.5
Iced Caramelised Banana Matcha - skimmed milk	Venti	skimmed milk [skimmed <b>MILK</b> ], ice, matcha premix [wate	967	229	3.3	2.3	36.5	36.2	1.2	12.7	0.58	78
Iced Caramelised Banana Matcha - almond drink	Tall	almond drink [Water, <b>ALMOND</b> (2.5%), sugar, fructose,	507	123	3.7	1.3	18.2	18	1.2	2.5	0.30	55.7
Iced Caramelised Banana Matcha - almond drink	Grande	almond drink [Water, <b>ALMOND</b> (2.5%), sugar, fructose,	681	165	5	1.8	24.4	24.1	1.6	3.3	0.40	70.5
Iced Caramelised Banana Matcha - almond drink	Venti	almond drink [Water, <b>ALMOND</b> (2.5%), sugar, fructose,	815	197	5.9	2.2	29.7	29.3	1.8	3.9	0.47	78
Iced Caramelised Banana Matcha - soya drink	Tall	soya drink [Water, hulled <b>SOYA</b> beans (8.7%), sugar, aci	642	153	5	1.7	18.3	17.9	2	7.7	0.32	55.7
Iced Caramelised Banana Matcha - soya drink	Grande	soya drink [Water, hulled <b>SOYA</b> beans (8.7%), sugar, aci	867	207	6.8	2.3	24.6	24.1	2.6	10.4	0.44	70.5
Iced Caramelised Banana Matcha - soya drink	Venti	soya drink [Water, hulled <b>SOYA</b> beans (8.7%), sugar, aci	1023	244	7.8	2.8	29.9	29.3	2.9	11.9	0.52	78
Iced Caramelised Banana Matcha - oat drink	Tall	oat drink [Water, <b>OAT</b> (10%), sunflower oil, chicory roo	776	183	7.2	1.7	25.9	19.4	2.7	3	0.40	55.7
Iced Caramelised Banana Matcha - oat drink	Grande	oat drink [Water, <b>OAT</b> (10%), sunflower oil, chicory roo	1049	248	9.8	2.3	34.9	26	3.6	4	0.54	70.5
Iced Caramelised Banana Matcha - oat drink	Venti	oat drink [Water, <b>OAT</b> (10%), sunflower oil, chicory roo	1228	291	11.2	2.8	41.5	31.5	4	4.7	0.63	78
Iced Caramelised Banana Matcha - coconut drink	Tall	coconut drink [Water, coconut milk (5.7%) (water, coco	576	136	4.3	2.5	19.7	19.4	1.4	4.3	0.32	55.7
Iced Caramelised Banana Matcha - coconut drink	Grande	coconut drink [Water, coconut milk (5.7%) (water, coco	775	183	5.8	3.3	26.4	26.1	1.8	5.9	0.44	70.5
Iced Caramelised Banana Matcha - coconut drink	Venti	coconut drink [Water, coconut milk (5.7%) (water, coco	921	217	6.7	3.9	31.9	31.6	2.1	6.7	0.52	78
Iced Caramelised Banana Latte - semi skimmed milk	Tall	semi skimmed milk [Semi skimmed <b>MILK</b> ], ice, caramelis	672	159	4.2	2.9	21.9	21.4	0.2	8.4	0.36	42.7
Iced Caramelised Banana Latte - semi skimmed milk	Grande	semi skimmed milk [Semi skimmed <b>MILK</b> ], ice, caramelis	911	216	5.7	3.9	30.1	29.2	0.3	11	0.49	85.5
Iced Caramelised Banana Latte - semi skimmed milk	Venti	semi skimmed milk [Semi skimmed <b>MILK</b> ], ice, caramelis	1081	257	6.7	4.6	36.5	35.5	0.3	12.5	0.58	85.5
Iced Caramelised Banana Latte - whole milk	Tall	whole milk [whole <b>MILK</b> ], ice, caramelised banana cold fo	783	186	7.4	4.9	21.7	21.2	0.2	8.2	0.36	42.7

Iced Caramelised Banana Latte - whole milk	Grande	whole milk [whole MILK], ice, caramelised banana cold fo	1058	251	9.8	6.5	29.9	28.9	0.3	10.8	0.48	85.5
Iced Caramelised Banana Latte - whole milk	Venti	whole milk [whole MILK], ice, caramelised banana cold fo	1244	296	11.3	7.5	36.3	35.3	0.3	12.3	0.57	85.5
Iced Caramelised Banana Latte - skimmed milk	Tall	skimmed milk [skimmed MILK], ice, caramelised banana	588	139	1.9	1.3	22.1	21.6	0.2	8.4	0.37	42.7
Iced Caramelised Banana Latte - skimmed milk	Grande	skimmed milk [skimmed MILK], ice, caramelised banana	802	190	2.6	1.8	30.3	29.4	0.3	11	0.49	85.5
Iced Caramelised Banana Latte - skimmed milk	Venti	skimmed milk [skimmed MILK], ice, caramelised banana	959	227	3.2	2.3	36.8	35.7	0.3	12.5	0.59	85.5
Iced Caramelised Banana Latte - almond drink	Tall	almond drink [Water, ALMOND (2.5%), sugar, fructose,	502	121	3.4	1.2	18.2	17.6	0.5	3.4	0.31	42.7
Iced Caramelised Banana Latte - almond drink	Grande	almond drink [Water, ALMOND (2.5%), sugar, fructose,	689	166	4.6	1.7	25.2	24.3	0.7	4.5	0.41	85.5
Iced Caramelised Banana Latte - almond drink	Venti	almond drink [Water, ALMOND (2.5%), sugar, fructose,	833	201	5.4	2.2	31.1	30	0.8	5.2	0.49	85.5
Iced Caramelised Banana Latte - soya drink	Tall	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	620	148	4.5	1.5	18.3	17.6	1.1	7.9	0.33	42.7
Iced Caramelised Banana Latte - soya drink	Grande	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	844	201	6	2.1	25.4	24.2	1.6	10.4	0.44	85.5
Iced Caramelised Banana Latte - soya drink	Venti	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	1006	240	7	2.6	31.3	30	1.8	11.9	0.53	85.5
Iced Caramelised Banana Latte - oat drink	Tall	oat drink [Water, OAT (10%), sunflower oil, chicory roo	737	174	6.4	1.5	24.9	18.9	1.8	3.9	0.39	42.7
Iced Caramelised Banana Latte - oat drink	Grande	oat drink [Water, OAT (10%), sunflower oil, chicory roo	997	236	8.6	2.1	34	25.9	2.4	5.1	0.53	85.5
Iced Caramelised Banana Latte - oat drink	Venti	oat drink [Water, OAT (10%), sunflower oil, chicory roo	1176	279	9.8	2.6	40.9	31.9	2.7	5.9	0.62	85.5
Iced Caramelised Banana Latte - coconut drink	Tall	coconut drink [Water, coconut milk (5.7%) (water, coco	562	133	3.8	2.2	19.5	18.9	0.6	5	0.33	42.7
Iced Caramelised Banana Latte - coconut drink	Grande	coconut drink [Water, coconut milk (5.7%) (water, coco	767	181	5.2	3	26.9	26	0.9	6.6	0.44	85.5
Iced Caramelised Banana Latte - coconut drink	Venti	coconut drink [Water, coconut milk (5.7%) (water, coco	920	218	6.1	3.6	32.9	31.9	1	7.6	0.53	85.5
Caramelised Banana Velvet Latte - semi skimmed milk	Short	Semi skimmed MILK, caramelised banana cold foam [skim	491	117	3.2	2.1	15.3	14.8	0.1	6.7	0.27	42.7
Caramelised Banana Velvet Latte - semi skimmed milk	Tall	Semi skimmed MILK, caramelised banana cold foam [skim	788	187	5.2	3.5	24.6	24.1	0.2	10.4	0.43	42.7
Caramelised Banana Velvet Latte - semi skimmed milk	Grande	Semi skimmed MILK, caramelised banana cold foam [skim	1008	239	6.5	4.4	32.4	31.4	0.3	12.7	0.54	85.5
Caramelised Banana Velvet Latte - semi skimmed milk	Venti	Semi skimmed MILK, caramelised banana cold foam [skim	1315	312	8.6	5.9	42	40.9	0.3	16.6	0.70	85.5
Caramelised Banana Velvet Latte - whole milk	Short	whole MILK, caramelised banana cold foam [skimmed MI	581	138	5.7	3.7	15.2	14.7	0.1	6.6	0.26	42.7
Caramelised Banana Velvet Latte - whole milk	Tall	whole MILK, caramelised banana cold foam [skimmed MI	938	223	9.5	6.2	24.4	23.9	0.2	10.2	0.42	42.7
Caramelised Banana Velvet Latte - whole milk	Grande	whole MILK, caramelised banana cold foam [skimmed MI	1187	282	11.6	7.6	32.1	31.2	0.3	12.5	0.53	85.5
Caramelised Banana Velvet Latte - whole milk	Venti	whole MILK, caramelised banana cold foam [skimmed MI	1556	370	15.5	10.2	41.6	40.6	0.3	16.2	0.70	85.5
Caramelised Banana Velvet Latte - skimmed milk	Short	skimmed MILK, caramelised banana cold foam [skimmed	424	101	1.3	0.8	15.4	15	0.1	6.7	0.27	42.7
Caramelised Banana Velvet Latte - skimmed milk	Tall	skimmed MILK, caramelised banana cold foam [skimmed	676	160	2.1	1.4	24.8	24.3	0.2	10.4	0.43	42.7
Caramelised Banana Velvet Latte - skimmed milk	Grande	skimmed MILK, caramelised banana cold foam [skimmed	875	207	2.8	1.9	32.6	31.7	0.3	12.7	0.55	85.5
Caramelised Banana Velvet Latte - skimmed milk	Venti	skimmed MILK, caramelised banana cold foam [skimmed	1135	269	3.6	2.4	42.3	41.3	0.3	16.6	0.71	85.5
Caramelised Banana Velvet Latte - almond drink	Short	Water, ALMOND (2.5%), sugar, fructose, acidity regulat	354	86	2.5	0.8	12.3	11.8	0.4	2.7	0.22	42.7
Caramelised Banana Velvet Latte - almond drink	Tall	Water, ALMOND (2.5%), sugar, fructose, acidity regulat	559	135	4	1.3	19.6	19.1	0.6	3.7	0.35	42.7
Caramelised Banana Velvet Latte - almond drink	Grande	Water, ALMOND (2.5%), sugar, fructose, acidity regulat	737	178	5.1	1.8	26.4	25.4	0.8	4.7	0.45	85.5
Caramelised Banana Velvet Latte - almond drink	Venti	Water, ALMOND (2.5%), sugar, fructose, acidity regulat	948	229	6.8	2.3	33.9	32.9	1	5.8	0.58	85.5
Caramelised Banana Velvet Latte - soya drink	Short	Water, hulled SOYA beans (8.7%), sugar, acidity regulat	450	107	3.4	1	12.4	11.8	0.9	6.3	0.24	42.7
Caramelised Banana Velvet Latte - soya drink	Tall	Water, hulled SOYA beans (8.7%), sugar, acidity regulat	719	171	5.5	1.7	19.8	19	1.5	9.8	0.38	42.7
Caramelised Banana Velvet Latte - soya drink	Grande	Water, hulled SOYA beans (8.7%), sugar, acidity regulat	926	221	6.9	2.3	26.6	25.4	1.9	12	0.49	85.5
Caramelised Banana Velvet Latte - soya drink	Venti	Water, hulled SOYA beans (8.7%), sugar, acidity regulat	1204	287	9.2	3	34.2	32.8	2.4	15.6	0.63	85.5
Caramelised Banana Velvet Latte - oat drink	Short	Water, OAT (10%), sunflower oil, chicory root fibre, pea	544	129	4.9	1	17.7	12.8	1.5	3.1	0.29	42.7
Caramelised Banana Velvet Latte - oat drink	Tall	Water, OAT (10%), sunflower oil, chicory root fibre, pea	876	207	8.1	1.7	28.7	20.7	2.3	4.3	0.47	42.7
Caramelised Banana Velvet Latte - oat drink	Grande	Water, OAT (10%), sunflower oil, chicory root fibre, pea	1112	263	10	2.3	37.1	27.4	2.9	5.5	0.59	85.5
Caramelised Banana Velvet Latte - oat drink	Venti	Water, OAT (10%), sunflower oil, chicory root fibre, pea	1455	345	13.3	3	48.4	35.6	3.8	6.8	0.77	85.5
Caramelised Banana Velvet Latte - coconut drink	Short	Water, coconut milk (5.7%) (water, coconut cream (2.6	403	95	2.8	1.6	13.3	12.9	0.5	4	0.24	42.7
Caramelised Banana Velvet Latte - coconut drink	Tall	Water, coconut milk (5.7%) (water, coconut cream (2.6	640	151	4.7	2.6	21.3	20.8	0.8	5.9	0.38	42.7
Caramelised Banana Velvet Latte - coconut drink	Grande	Water, coconut milk (5.7%) (water, coconut cream (2.6	832	197	5.9	3.3	28.5	27.5	1.1	7.3	0.49	85.5
Caramelised Banana Velvet Latte - coconut drink	Venti	Water, coconut milk (5.7%) (water, coconut cream (2.6	1078	255	7.8	4.4	36.7	35.7	1.4	9.3	0.63	85.5
Cherry & Pomegranate Refresha Drink	Tall	ice, Water, sugar, concentrated grape juice, colouring fo	362	85	0.1	0	20.4	19.6	0.5	0.4	0.00	8.4
Cherry & Pomegranate Refresha Drink	Grande	ice, Water, sugar, concentrated grape juice, colouring fo	447	106	0.1	0	25.4	24.6	0.5	0.4	0.01	11.1
Cherry & Pomegranate Refresha Drink	Venti	ice, Water, sugar, concentrated grape juice, colouring fo	535	126	0.1	0	30.6	29.7	0.5	0.4	0.01	13.9
Brown Sugar Frappuccino - semi skimmed milk	Tall	ice, semi skimmed milk [Semi skimmed MILK], brown suga	918	219	11.1	7	26.3	25.2	0.1	3.3	0.32	17.2
Brown Sugar Frappuccino - semi skimmed milk	Grande	ice, semi skimmed milk [Semi skimmed MILK], brown suga	1279	305	14.4	9	38.9	37.3	0.2	4.8	0.50	27.7
Brown Sugar Frappuccino - semi skimmed milk	Venti	ice, semi skimmed milk [Semi skimmed MILK], coffee frap	1352	322	13.1	8.1	45.6	43.8	0.2	5.1	0.63	37
Brown Sugar Frappuccino - whole milk	Tall	ice, whole milk [whole MILK], brown sugar cream cold foar	957	228	12.2	7.6	26.2	25.1	0.1	3.3	0.32	17.2
Brown Sugar Frappuccino - whole milk	Grande	ice, whole milk [whole MILK], brown sugar cream cold foar	1339	319	16	10	38.8	37.2	0.2	4.8	0.50	27.7
Brown Sugar Frappuccino - whole milk	Venti	ice, whole milk [whole MILK], coffee frappuccino syrup [W	1416	337	14.9	9.3	45.5	43.7	0.2	5	0.62	37
Brown Sugar Frappuccino - skimmed milk	Tall	ice, skimmed milk [skimmed MILK], brown sugar cream co	889	212	10.3	6.4	26.3	25.2	0.1	3.3	0.32	17.2
Brown Sugar Frappuccino - skimmed milk	Grande	ice, skimmed milk [skimmed MILK], brown sugar cream co	1235	294	13.1	8.1	39	37.4	0.2	4.8	0.50	27.7
Brown Sugar Frappuccino - skimmed milk	Venti	ice, skimmed milk [skimmed MILK], coffee frappuccino syr	1305	310	11.8	7.2	45.7	43.9	0.2	5.1	0.63	37
Brown Sugar Frappuccino - almond drink	Tall	ice, almond drink [Water, ALMOND (2.5%), sugar, fructo	859	206	10.8	6.4	25	23.9	0.2	1.6	0.30	17.2
Brown Sugar Frappuccino - almond drink	Grande	ice, almond drink [Water, ALMOND (2.5%), sugar, fructo	1188	285	13.9	8.1	36.9	35.3	0.4	2.2	0.47	27.7
Brown Sugar Frappuccino - almond drink	Venti	ice, almond drink [Water, ALMOND (2.5%), sugar, fructo	1255	300	12.6	7.2	43.5	41.6	0.4	2.2	0.59	37
Brown Sugar Frappuccino - soya drink	Tall	ice, soya drink [Water, hulled SOYA beans (8.7%), sugar,	900	215	11.2	6.5	25	23.9	0.5	3.2	0.31	17.2
Brown Sugar Frappuccino - soya drink	Grande	ice, soya drink [Water, hulled SOYA beans (8.7%), sugar,	1252	299	14.5	8.2	37	35.3	0.7	4.6	0.48	27.7
Brown Sugar Frappuccino - soya drink	Venti	ice, soya drink [Water, hulled SOYA beans (8.7%), sugar,	1323	315	13.2	7.4	43.6	41.6	0.8	4.8	0.61	37
Brown Sugar Frappuccino - oat drink	Tall	ice, oat drink [Water, OAT (10%), sunflower oil, chicory r	941	224	11.9	6.5	27.3	24.3	0.7	1.7	0.33	17.2

Brown Sugar Frappuccino - oat drink	Grande	ice, oat drink [Water, OAT (10%), sunflower oil, chicory r	1314	313	15.5	8.2	40.5	36	1	2.4	0.52	27.7
Brown Sugar Frappuccino - oat drink	Venti	ice, oat drink [Water, OAT (10%), sunflower oil, chicory r	1390	331	14.3	7.4	47.3	42.3	1.2	2.5	0.64	37
Brown Sugar Frappuccino - coconut drink	Tall	ice, coconut drink [Water, coconut milk (5.7%) (water, cc	880	210	11	6.7	25.4	24.3	0.3	2.1	0.31	17.2
Brown Sugar Frappuccino - coconut drink	Grande	ice, coconut drink [Water, coconut milk (5.7%) (water, cc	1220	291	14.2	8.6	37.6	36	0.4	3	0.48	27.7
Brown Sugar Frappuccino - coconut drink	Venti	ice, coconut drink [Water, coconut milk (5.7%) (water, cc	1289	307	12.9	7.8	44.2	42.4	0.5	3.1	0.61	37
Caramel Mocha Frappuccino - semi skimmed milk	Tall	ice, caramel cream cold foam [whipping cream (MILK), wf	1360	325	18	11.2	36	34.2	0.8	4.4	0.36	21.3
Caramel Mocha Frappuccino - semi skimmed milk	Grande	ice, caramel cream cold foam [whipping cream (MILK), wf	1694	405	20.1	12.6	49	46.6	1.2	6	0.53	34
Caramel Mocha Frappuccino - semi skimmed milk	Venti	ice, caramel cream cold foam [whipping cream (MILK), wf	1933	461	21.2	13.2	59.8	56.9	1.7	6.7	0.67	46.1
Caramel Mocha Frappuccino - whole milk	Tall	ice, caramel cream cold foam [whipping cream (MILK), wf	1398	334	19	11.9	35.9	34.1	0.8	4.3	0.36	21.3
Caramel Mocha Frappuccino - whole milk	Grande	ice, caramel cream cold foam [whipping cream (MILK), wf	1752	418	21.8	13.6	48.9	46.6	1.2	5.9	0.53	34
Caramel Mocha Frappuccino - whole milk	Venti	ice, caramel cream cold foam [whipping cream (MILK), wf	1996	476	22.9	14.3	59.7	56.8	1.7	6.6	0.67	46.1
Caramel Mocha Frappuccino - skimmed milk	Tall	ice, caramel cream cold foam [whipping cream (MILK), wf	1331	318	17.2	10.7	36	34.2	0.8	4.4	0.36	21.3
Caramel Mocha Frappuccino - skimmed milk	Grande	ice, caramel cream cold foam [whipping cream (MILK), wf	1651	394	18.9	11.7	49.1	46.7	1.2	6	0.53	34
Caramel Mocha Frappuccino - skimmed milk	Venti	ice, caramel cream cold foam [whipping cream (MILK), wf	1886	450	19.8	12.3	59.9	57	1.7	6.7	0.67	46.1
Caramel Mocha Frappuccino - almond drink	Tall	ice, caramel cream cold foam [whipping cream (MILK), wf	1302	312	17.7	10.7	34.7	32.9	0.9	2.7	0.34	21.3
Caramel Mocha Frappuccino - almond drink	Grande	ice, caramel cream cold foam [whipping cream (MILK), wf	1606	385	19.7	11.7	47.1	44.7	1.4	3.4	0.50	34
Caramel Mocha Frappuccino - almond drink	Venti	ice, caramel cream cold foam [whipping cream (MILK), wf	1837	439	20.7	12.2	57.7	54.8	1.9	3.9	0.64	46.1
Caramel Mocha Frappuccino - soya drink	Tall	ice, caramel cream cold foam [whipping cream (MILK), wf	1342	321	18.1	10.8	34.8	32.9	1.1	4.2	0.35	21.3
Caramel Mocha Frappuccino - soya drink	Grande	ice, caramel cream cold foam [whipping cream (MILK), wf	1667	399	20.3	11.9	47.1	44.7	1.8	5.8	0.51	34
Caramel Mocha Frappuccino - soya drink	Venti	ice, caramel cream cold foam [whipping cream (MILK), wf	1903	454	21.3	12.4	57.8	54.8	2.2	6.5	0.65	46.1
Caramel Mocha Frappuccino - oat drink	Tall	ice, caramel cream cold foam [whipping cream (MILK), wf	1382	330	18.7	10.8	37	33.3	1.3	2.8	0.37	21.3
Caramel Mocha Frappuccino - oat drink	Grande	ice, caramel cream cold foam [whipping cream (MILK), wf	1728	412	21.3	11.9	50.6	45.3	2.1	3.6	0.55	34
Caramel Mocha Frappuccino - oat drink	Venti	ice, caramel cream cold foam [whipping cream (MILK), wf	1969	469	22.4	12.4	61.5	55.5	2.6	4.2	0.69	46.1
Caramel Mocha Frappuccino - coconut drink	Tall	ice, caramel cream cold foam [whipping cream (MILK), wf	1322	316	17.8	11	35.2	33.3	1	3.2	0.35	21.3
Caramel Mocha Frappuccino - coconut drink	Grande	ice, caramel cream cold foam [whipping cream (MILK), wf	1637	391	19.9	12.2	47.7	45.4	1.5	4.2	0.51	34
Caramel Mocha Frappuccino - coconut drink	Venti	ice, caramel cream cold foam [whipping cream (MILK), wf	1870	446	20.9	12.8	58.4	55.6	1.9	4.8	0.65	46.1
Strawberry Matcha Frappuccino - semi skimmed milk	Tall	ice, semi skimmed milk [Semi skimmed MILK], strawberry	1058	253	13	8.1	29.2	27.9	0.8	4.3	0.33	40.1
Strawberry Matcha Frappuccino - semi skimmed milk	Grande	ice, semi skimmed milk [Semi skimmed MILK], strawberry	1323	316	14.7	9.2	39.4	37.8	1.1	6	0.49	61.9
Strawberry Matcha Frappuccino - semi skimmed milk	Venti	ice, semi skimmed milk [Semi skimmed MILK], strawberry	1459	348	14.7	9.1	46.7	44.9	1.4	6.7	0.61	82.2
Strawberry Matcha Frappuccino - whole milk	Tall	ice, whole milk [whole MILK], strawberry cream foam [whi	1110	265	14.5	9.1	29.2	27.9	0.8	4.2	0.33	40.1
Strawberry Matcha Frappuccino - whole milk	Grande	ice, whole milk [whole MILK], strawberry cream foam [whi	1400	334	16.9	10.6	39.3	37.7	1.1	5.9	0.49	61.9
Strawberry Matcha Frappuccino - whole milk	Venti	ice, whole milk [whole MILK], strawberry cream foam [whi	1547	369	17.2	10.7	46.5	44.7	1.4	6.6	0.61	82.2
Strawberry Matcha Frappuccino - skimmed milk	Tall	ice, skimmed milk [skimmed MILK], strawberry cream foa	1020	244	11.9	7.4	29.3	28	0.8	4.3	0.33	40.1
Strawberry Matcha Frappuccino - skimmed milk	Grande	ice, skimmed milk [skimmed MILK], strawberry cream foa	1265	302	13.1	8.1	39.5	37.9	1.1	6	0.49	61.9
Strawberry Matcha Frappuccino - skimmed milk	Venti	ice, skimmed milk [skimmed MILK], strawberry cream foa	1393	332	12.8	7.9	46.8	45	1.4	6.7	0.61	82.2
Strawberry Matcha Frappuccino - almond drink	Tall	ice, almond drink [Water, ALMOND (2.5%), sugar, fructo	979	235	12.6	7.4	27.5	26.2	0.9	2	0.30	40.1
Strawberry Matcha Frappuccino - almond drink	Grande	ice, almond drink [Water, ALMOND (2.5%), sugar, fructo	1205	289	14.1	8	36.8	35.2	1.3	2.5	0.45	61.9
Strawberry Matcha Frappuccino - almond drink	Venti	ice, almond drink [Water, ALMOND (2.5%), sugar, fructo	1324	318	14	7.8	43.7	41.9	1.7	2.7	0.56	82.2
Strawberry Matcha Frappuccino - soya drink	Tall	ice, soya drink [Water, hulled SOYA beans (8.7%), sugar,	1034	248	13.1	7.5	27.6	26.2	1.2	4.1	0.32	40.1
Strawberry Matcha Frappuccino - soya drink	Grande	ice, soya drink [Water, hulled SOYA beans (8.7%), sugar,	1287	308	14.9	8.2	36.9	35.2	1.8	5.7	0.47	61.9
Strawberry Matcha Frappuccino - soya drink	Venti	ice, soya drink [Water, hulled SOYA beans (8.7%), sugar,	1418	339	14.9	8.1	43.8	41.9	2.2	6.3	0.58	82.2
Strawberry Matcha Frappuccino - oat drink	Tall	ice, oat drink [Water, OAT (10%), sunflower oil, chicory r	1088	260	14	7.5	30.6	26.8	1.5	2.2	0.34	40.1
Strawberry Matcha Frappuccino - oat drink	Grande	ice, oat drink [Water, OAT (10%), sunflower oil, chicory r	1368	326	16.2	8.2	41.5	36.1	2.2	2.8	0.51	61.9
Strawberry Matcha Frappuccino - oat drink	Venti	ice, oat drink [Water, OAT (10%), sunflower oil, chicory r	1510	360	16.4	8.1	49	42.9	2.7	3.1	0.63	82.2
Strawberry Matcha Frappuccino - coconut drink	Tall	ice, coconut drink [Water, coconut milk (5.7%) (water, cc	1007	241	12.9	7.8	28.1	26.8	1	2.8	0.32	40.1
Strawberry Matcha Frappuccino - coconut drink	Grande	ice, coconut drink [Water, coconut milk (5.7%) (water, cc	1247	297	14.4	8.7	37.7	36.1	1.4	3.6	0.47	61.9
Strawberry Matcha Frappuccino - coconut drink	Venti	ice, coconut drink [Water, coconut milk (5.7%) (water, cc	1372	327	14.4	8.6	44.7	42.9	1.8	4	0.58	82.2
<b>Alternative Coffee Bean - Espresso Drinks</b>												
Blonde Americano	Short	water, blonde roast (as consumed) [whole bean roasted c	13	3	0.1	0	0.4	0	0.1	0.2	0.00	42.7
Blonde Americano	Tall	water, blonde roast (as consumed) [whole bean roasted c	25	6	0.1	0	0.8	0.1	0.3	0.3	0.00	85.5
Blonde Americano	Grande	water, blonde roast (as consumed) [whole bean roasted c	38	9	0.2	0.1	1.1	0.1	0.4	0.5	0.00	128.2
Blonde Americano	Venti	water, blonde roast (as consumed) [whole bean roasted c	50	13	0.3	0.1	1.5	0.2	0.5	0.6	0.00	171
Decaf Americano	Short	water, decaf espresso (as consumed) [whole bean roasted	16	4	0.1	0	0.6	0.1	0.1	0.1	0.00	1.8
Decaf Americano	Tall	water, decaf espresso (as consumed) [whole bean roasted	31	8	0.1	0	1.2	0.1	0.2	0.3	0.00	3.6
Decaf Americano	Grande	water, decaf espresso (as consumed) [whole bean roasted	47	11	0.2	0.1	1.8	0.2	0.3	0.4	0.00	5.4
Decaf Americano	Venti	water, decaf espresso (as consumed) [whole bean roasted	62	15	0.3	0.1	2.3	0.2	0.4	0.5	0.00	7.2
Blonde Caffè Latte - semi skimmed milk	Short	semi skimmed milk [Semi skimmed MILK], blonde roast (	308	73	2.6	1.6	7.3	6.9	0.1	5.3	0.16	42.7
Blonde Caffè Latte - semi skimmed milk	Tall	semi skimmed milk [Semi skimmed MILK], blonde roast (	541	129	4.5	2.9	12.7	12.3	0.1	9.3	0.28	42.7
Blonde Caffè Latte - semi skimmed milk	Grande	semi skimmed milk [Semi skimmed MILK], blonde roast (	632	151	5.2	3.4	14.9	14.2	0.3	10.8	0.32	85.5
Blonde Caffè Latte - semi skimmed milk	Venti	semi skimmed milk [Semi skimmed MILK], blonde roast (	855	203	7.1	4.6	20.1	19.4	0.3	14.7	0.44	85.5
Blonde Caffè Latte - whole milk	Short	whole milk [whole MILK], blonde roast (as consumed) [wf	406	97	5.3	3.4	7.1	6.8	0.1	5.1	0.15	42.7
Blonde Caffè Latte - whole milk	Tall	whole milk [whole MILK], blonde roast (as consumed) [wf	716	171	9.5	6	12.4	12.1	0.1	9.1	0.28	42.7
Blonde Caffè Latte - whole milk	Grande	whole milk [whole MILK], blonde roast (as consumed) [wf	833	199	11	6.9	14.6	13.9	0.3	10.5	0.32	85.5
Blonde Caffè Latte - whole milk	Venti	whole milk [whole MILK], blonde roast (as consumed) [wf	1130	269	14.9	9.4	19.7	19	0.3	14.3	0.43	85.5

Blonde Caffè Latte - skimmed milk	Short	skimmed milk [skimmed MILK], blonde roast (as consumed)	235	56	0.5	0.2	7.4	7.1	0.1	5.3	0.16	42.7
Blonde Caffè Latte - skimmed milk	Tall	skimmed milk [skimmed MILK], blonde roast (as consumed)	410	97	0.9	0.4	12.9	12.6	0.1	9.3	0.29	42.7
Blonde Caffè Latte - skimmed milk	Grande	skimmed milk [skimmed MILK], blonde roast (as consumed)	482	114	1	0.4	15.2	14.5	0.3	10.8	0.33	85.5
Blonde Caffè Latte - skimmed milk	Venti	skimmed milk [skimmed MILK], blonde roast (as consumed)	649	154	1.4	0.6	20.5	19.8	0.3	14.7	0.45	85.5
Blonde Caffè Latte - almond drink	Short	almond drink [Water, ALMOND (2.5%), sugar, fructose,	159	40	1.8	0.2	4	3.6	0.4	0.9	0.11	42.7
Blonde Caffè Latte - almond drink	Tall	almond drink [Water, ALMOND (2.5%), sugar, fructose,	274	69	3.2	0.3	6.8	6.5	0.7	1.4	0.19	42.7
Blonde Caffè Latte - almond drink	Grande	almond drink [Water, ALMOND (2.5%), sugar, fructose,	326	81	3.7	0.3	8.2	7.5	0.9	1.8	0.22	85.5
Blonde Caffè Latte - almond drink	Venti	almond drink [Water, ALMOND (2.5%), sugar, fructose,	436	109	5	0.4	10.9	10.2	1.1	2.3	0.30	85.5
Blonde Caffè Latte - soya drink	Short	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	263	63	2.8	0.4	4.1	3.6	1	4.9	0.13	42.7
Blonde Caffè Latte - soya drink	Tall	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	460	110	4.9	0.8	7	6.4	1.7	8.6	0.23	42.7
Blonde Caffè Latte - soya drink	Grande	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	539	129	5.7	0.9	8.4	7.4	2	10	0.26	85.5
Blonde Caffè Latte - soya drink	Venti	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	727	175	7.7	1.2	11.2	10.1	2.7	13.5	0.36	85.5
Blonde Caffè Latte - oat drink	Short	oat drink [Water, OAT (10%), sunflower oil, chicory roo	365	86	4.5	0.4	9.9	4.7	1.6	1.3	0.18	42.7
Blonde Caffè Latte - oat drink	Tall	oat drink [Water, OAT (10%), sunflower oil, chicory roo	643	152	7.9	0.8	17.4	8.4	2.7	2.2	0.33	42.7
Blonde Caffè Latte - oat drink	Grande	oat drink [Water, OAT (10%), sunflower oil, chicory roo	749	178	9.2	0.9	20.3	9.7	3.2	2.7	0.38	85.5
Blonde Caffè Latte - oat drink	Venti	oat drink [Water, OAT (10%), sunflower oil, chicory roo	1015	240	12.5	1.2	27.5	13.2	4.3	3.5	0.51	85.5
Blonde Caffè Latte - coconut drink	Short	coconut drink [Water, coconut milk (5.7%) (water, coco	211	50	2.2	1	5.1	4.8	0.6	2.3	0.13	42.7
Blonde Caffè Latte - coconut drink	Tall	coconut drink [Water, coconut milk (5.7%) (water, coco	368	87	3.9	1.8	8.8	8.5	0.9	4	0.23	42.7
Blonde Caffè Latte - coconut drink	Grande	coconut drink [Water, coconut milk (5.7%) (water, coco	434	102	4.6	2.1	10.5	9.8	1.2	4.7	0.26	85.5
Blonde Caffè Latte - coconut drink	Venti	coconut drink [Water, coconut milk (5.7%) (water, coco	584	138	6.2	2.9	14	13.4	1.5	6.4	0.36	85.5
Decaf Caffè Latte - semi skimmed milk	Short	semi skimmed milk [Semi skimmed MILK], decaf espress	311	74	2.6	1.6	7.5	6.9	0.1	5.3	0.16	1.8
Decaf Caffè Latte - semi skimmed milk	Tall	semi skimmed milk [Semi skimmed MILK], decaf espress	544	129	4.5	2.9	12.9	12.4	0.1	9.3	0.28	1.8
Decaf Caffè Latte - semi skimmed milk	Grande	semi skimmed milk [Semi skimmed MILK], decaf espress	638	152	5.2	3.4	15.3	14.2	0.2	10.8	0.32	3.6
Decaf Caffè Latte - semi skimmed milk	Venti	semi skimmed milk [Semi skimmed MILK], decaf espress	861	205	7.1	4.6	20.5	19.2	0.2	14.6	0.44	3.6
Decaf Caffè Latte - whole milk	Short	whole milk [whole MILK], decaf espresso (as consumed) [v	409	97	5.3	3.4	7.3	6.8	0.1	5.1	0.15	1.8
Decaf Caffè Latte - whole milk	Tall	whole milk [whole MILK], decaf espresso (as consumed) [v	719	171	9.5	6	12.6	12.1	0.1	9	0.28	1.8
Decaf Caffè Latte - whole milk	Grande	whole milk [whole MILK], decaf espresso (as consumed) [v	839	200	11	6.9	15	13.9	0.2	10.5	0.32	3.6
Decaf Caffè Latte - whole milk	Venti	whole milk [whole MILK], decaf espresso (as consumed) [v	1136	270	14.9	9.4	20.1	19	0.2	14.2	0.43	3.6
Decaf Caffè Latte - skimmed milk	Short	skimmed milk [skimmed MILK], decaf espresso (as consur	238	56	0.5	0.2	7.6	7.1	0.1	5.3	0.16	1.8
Decaf Caffè Latte - skimmed milk	Tall	skimmed milk [skimmed MILK], decaf espresso (as consur	413	98	0.9	0.4	13.1	12.6	0.1	9.3	0.29	1.8
Decaf Caffè Latte - skimmed milk	Grande	skimmed milk [skimmed MILK], decaf espresso (as consur	488	116	1	0.4	15.6	14.5	0.2	10.8	0.33	3.6
Decaf Caffè Latte - skimmed milk	Venti	skimmed milk [skimmed MILK], decaf espresso (as consur	655	155	1.4	0.6	20.9	19.8	0.2	14.6	0.45	3.6
Decaf Caffè Latte - almond drink	Short	almond drink [Water, ALMOND (2.5%), sugar, fructose,	162	40	1.8	0.2	4.2	3.6	0.4	0.9	0.11	1.8
Decaf Caffè Latte - almond drink	Tall	almond drink [Water, ALMOND (2.5%), sugar, fructose,	277	69	3.2	0.3	7	6.5	0.6	1.4	0.19	1.8
Decaf Caffè Latte - almond drink	Grande	almond drink [Water, ALMOND (2.5%), sugar, fructose,	332	83	3.7	0.3	8.6	7.5	0.8	1.7	0.22	3.6
Decaf Caffè Latte - almond drink	Venti	almond drink [Water, ALMOND (2.5%), sugar, fructose,	442	110	5	0.4	11.3	10.2	1	2.3	0.30	3.6
Decaf Caffè Latte - soya drink	Short	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	266	64	2.8	0.4	4.3	3.6	1	4.8	0.13	1.8
Decaf Caffè Latte - soya drink	Tall	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	463	111	4.9	0.8	7.2	6.4	1.7	8.6	0.23	1.8
Decaf Caffè Latte - soya drink	Grande	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	545	131	5.7	0.9	8.8	7.4	2	9.9	0.26	3.6
Decaf Caffè Latte - soya drink	Venti	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	733	176	7.7	1.2	11.6	10.1	2.6	13.5	0.36	3.6
Decaf Caffè Latte - oat drink	Short	oat drink [Water, OAT (10%), sunflower oil, chicory roo	368	87	4.5	0.4	10.1	4.7	1.5	1.3	0.18	1.8
Decaf Caffè Latte - oat drink	Tall	oat drink [Water, OAT (10%), sunflower oil, chicory roo	646	153	7.9	0.8	17.6	8.4	2.7	2.2	0.33	1.8
Decaf Caffè Latte - oat drink	Grande	oat drink [Water, OAT (10%), sunflower oil, chicory roo	755	179	9.2	0.9	20.7	9.7	3.1	2.6	0.38	3.6
Decaf Caffè Latte - oat drink	Venti	oat drink [Water, OAT (10%), sunflower oil, chicory roo	1021	242	12.5	1.2	27.9	13.3	4.2	3.5	0.51	3.6
Decaf Caffè Latte - coconut drink	Short	coconut drink [Water, coconut milk (5.7%) (water, coco	214	51	2.2	1	5.3	4.8	0.5	2.3	0.13	1.8
Decaf Caffè Latte - coconut drink	Tall	coconut drink [Water, coconut milk (5.7%) (water, coco	371	88	3.9	1.8	9	8.5	0.9	4	0.23	1.8
Decaf Caffè Latte - coconut drink	Grande	coconut drink [Water, coconut milk (5.7%) (water, coco	440	104	4.6	2.1	10.9	9.8	1.1	4.7	0.26	3.6
Decaf Caffè Latte - coconut drink	Venti	coconut drink [Water, coconut milk (5.7%) (water, coco	589	139	6.2	2.9	14.5	13.4	1.4	6.3	0.36	3.6
Blonde Latte Macchiato - semi skimmed milk	Short	semi skimmed milk [Semi skimmed MILK], blonde roast (	267	64	2.2	1.4	6.3	6	0.1	4.6	0.14	42.7
Blonde Latte Macchiato - semi skimmed milk	Tall	semi skimmed milk [Semi skimmed MILK], blonde roast (	459	109	3.8	2.5	10.8	10.4	0.1	7.9	0.24	42.7
Blonde Latte Macchiato - semi skimmed milk	Grande	semi skimmed milk [Semi skimmed MILK], blonde roast (	612	146	5.1	3.2	14.4	13.7	0.3	10.5	0.31	85.5
Blonde Latte Macchiato - semi skimmed milk	Venti	semi skimmed milk [Semi skimmed MILK], blonde roast (	796	190	6.6	4.2	18.7	18	0.3	13.7	0.41	85.5
Blonde Latte Macchiato - whole milk	Short	whole milk [whole MILK], blonde roast (as consumed) [wf	351	84	4.6	2.9	6.2	5.8	0.1	4.4	0.13	42.7
Blonde Latte Macchiato - whole milk	Tall	whole milk [whole MILK], blonde roast (as consumed) [wf	607	145	8	5.1	10.6	10.2	0.1	7.7	0.23	42.7
Blonde Latte Macchiato - whole milk	Grande	whole milk [whole MILK], blonde roast (as consumed) [wf	807	192	10.6	6.7	14.1	13.5	0.3	10.2	0.31	85.5
Blonde Latte Macchiato - whole milk	Venti	whole milk [whole MILK], blonde roast (as consumed) [wf	1052	251	13.9	8.8	18.3	17.7	0.3	13.3	0.40	85.5
Blonde Latte Macchiato - skimmed milk	Short	skimmed milk [skimmed MILK], blonde roast (as consume	204	48	0.4	0.2	6.4	6.1	0.1	4.6	0.14	42.7
Blonde Latte Macchiato - skimmed milk	Tall	skimmed milk [skimmed MILK], blonde roast (as consume	349	83	0.7	0.3	11	10.7	0.1	7.9	0.24	42.7
Blonde Latte Macchiato - skimmed milk	Grande	skimmed milk [skimmed MILK], blonde roast (as consume	467	111	1	0.4	14.7	14	0.3	10.5	0.32	85.5
Blonde Latte Macchiato - skimmed milk	Venti	skimmed milk [skimmed MILK], blonde roast (as consume	605	144	1.3	0.5	19.1	18.4	0.3	13.7	0.42	85.5
Blonde Latte Macchiato - almond drink	Short	almond drink [Water, ALMOND (2.5%), sugar, fructose,	138	35	1.6	0.1	3.5	3.1	0.4	0.8	0.09	42.7
Blonde Latte Macchiato - almond drink	Tall	almond drink [Water, ALMOND (2.5%), sugar, fructose,	234	58	2.7	0.2	5.8	5.5	0.6	1.2	0.16	42.7
Blonde Latte Macchiato - almond drink	Grande	almond drink [Water, ALMOND (2.5%), sugar, fructose,	316	79	3.6	0.3	7.9	7.2	0.8	1.7	0.21	85.5
Blonde Latte Macchiato - almond drink	Venti	almond drink [Water, ALMOND (2.5%), sugar, fructose,	407	102	4.6	0.4	10.1	9.5	1	2.2	0.28	85.5

Blonde Latte Macchiato - soya drink	Short	soya drink [Water, hulled <b>SOYA</b> beans (8.7%), sugar, aci	228	55	2.4	0.4	3.6	3.1	0.9	4.2	0.11	42.7
Blonde Latte Macchiato - soya drink	Tall	soya drink [Water, hulled <b>SOYA</b> beans (8.7%), sugar, aci	391	94	4.2	0.7	6	5.4	1.4	7.3	0.19	42.7
Blonde Latte Macchiato - soya drink	Grande	soya drink [Water, hulled <b>SOYA</b> beans (8.7%), sugar, aci	522	125	5.5	0.9	8.1	7.2	2	9.7	0.26	85.5
Blonde Latte Macchiato - soya drink	Venti	soya drink [Water, hulled <b>SOYA</b> beans (8.7%), sugar, aci	678	163	7.2	1.2	10.5	9.4	2.5	12.6	0.34	85.5
Blonde Latte Macchiato - oat drink	Short	oat drink [Water, <b>OAT</b> (10%), sunflower oil, chicory root	316	75	3.9	0.4	8.6	4.1	1.4	1.1	0.16	42.7
Blonde Latte Macchiato - oat drink	Tall	oat drink [Water, <b>OAT</b> (10%), sunflower oil, chicory root	546	129	6.7	0.7	14.8	7.1	2.3	1.9	0.28	42.7
Blonde Latte Macchiato - oat drink	Grande	oat drink [Water, <b>OAT</b> (10%), sunflower oil, chicory root	725	172	8.9	0.9	19.6	9.4	3.1	2.6	0.36	85.5
Blonde Latte Macchiato - oat drink	Venti	oat drink [Water, <b>OAT</b> (10%), sunflower oil, chicory root	945	224	11.6	1.2	25.6	12.3	4	3.3	0.48	85.5
Blonde Latte Macchiato - coconut drink	Short	coconut drink [Water, coconut milk (5.7%) (water, coco	184	43	1.9	0.9	4.5	4.1	0.5	2	0.11	42.7
Blonde Latte Macchiato - coconut drink	Tall	coconut drink [Water, coconut milk (5.7%) (water, coco	313	74	3.3	1.5	7.5	7.2	0.8	3.4	0.19	42.7
Blonde Latte Macchiato - coconut drink	Grande	coconut drink [Water, coconut milk (5.7%) (water, coco	420	99	4.4	2	10.2	9.5	1.1	4.6	0.26	85.5
Blonde Latte Macchiato - coconut drink	Venti	coconut drink [Water, coconut milk (5.7%) (water, coco	544	128	5.8	2.7	13.1	12.4	1.4	5.9	0.34	85.5
Decaf Latte Macchiato - semi skimmed milk	Short	semi skimmed milk [Semi skimmed <b>MILK</b> ], decaf espress	270	64	2.2	1.4	6.5	6	0.1	4.5	0.14	1.8
Decaf Latte Macchiato - semi skimmed milk	Tall	semi skimmed milk [Semi skimmed <b>MILK</b> ], decaf espress	462	110	3.8	2.5	11	10.4	0.1	7.9	0.24	1.8
Decaf Latte Macchiato - semi skimmed milk	Grande	semi skimmed milk [Semi skimmed <b>MILK</b> ], decaf espress	618	147	5.1	3.2	14.8	13.8	0.2	10.4	0.31	3.6
Decaf Latte Macchiato - semi skimmed milk	Venti	semi skimmed milk [Semi skimmed <b>MILK</b> ], decaf espress	802	191	6.6	4.2	19.1	18.1	0.2	13.6	0.41	3.6
Decaf Latte Macchiato - whole milk	Short	whole milk [whole <b>MILK</b> ], decaf espresso (as consumed) [v	354	84	4.6	2.9	6.4	5.8	0.1	4.4	0.13	1.8
Decaf Latte Macchiato - whole milk	Tall	whole milk [whole <b>MILK</b> ], decaf espresso (as consumed) [v	610	145	8	5.1	10.8	10.2	0.1	7.7	0.23	1.8
Decaf Latte Macchiato - whole milk	Grande	whole milk [whole <b>MILK</b> ], decaf espresso (as consumed) [v	812	194	10.6	6.7	14.5	13.5	0.2	10.1	0.31	3.6
Decaf Latte Macchiato - whole milk	Venti	whole milk [whole <b>MILK</b> ], decaf espresso (as consumed) [v	1058	252	13.9	8.8	18.7	17.7	0.2	13.2	0.40	3.6
Decaf Latte Macchiato - skimmed milk	Short	skimmed milk [skimmed <b>MILK</b> ], decaf espresso (as consur	207	49	0.4	0.2	6.6	6.1	0.1	4.5	0.14	1.8
Decaf Latte Macchiato - skimmed milk	Tall	skimmed milk [skimmed <b>MILK</b> ], decaf espresso (as consur	352	83	0.7	0.3	11.2	10.7	0.1	7.9	0.24	1.8
Decaf Latte Macchiato - skimmed milk	Grande	skimmed milk [skimmed <b>MILK</b> ], decaf espresso (as consur	473	112	1	0.4	15.1	14.1	0.2	10.4	0.32	3.6
Decaf Latte Macchiato - skimmed milk	Venti	skimmed milk [skimmed <b>MILK</b> ], decaf espresso (as consur	611	145	1.3	0.5	19.5	18.4	0.2	13.6	0.42	3.6
Decaf Latte Macchiato - almond drink	Short	almond drink [Water, <b>ALMOND</b> (2.5%), sugar, fructose,	141	35	1.6	0.1	3.7	3.1	0.4	0.8	0.09	1.8
Decaf Latte Macchiato - almond drink	Tall	almond drink [Water, <b>ALMOND</b> (2.5%), sugar, fructose,	237	59	2.7	0.2	6	5.5	0.5	1.2	0.16	1.8
Decaf Latte Macchiato - almond drink	Grande	almond drink [Water, <b>ALMOND</b> (2.5%), sugar, fructose,	322	80	3.6	0.3	8.3	7.3	0.8	1.7	0.21	3.6
Decaf Latte Macchiato - almond drink	Venti	almond drink [Water, <b>ALMOND</b> (2.5%), sugar, fructose,	413	103	4.6	0.4	10.6	9.5	1	2.1	0.28	3.6
Decaf Latte Macchiato - soya drink	Short	soya drink [Water, hulled <b>SOYA</b> beans (8.7%), sugar, aci	231	55	2.4	0.4	3.8	3.1	0.9	4.2	0.11	1.8
Decaf Latte Macchiato - soya drink	Tall	soya drink [Water, hulled <b>SOYA</b> beans (8.7%), sugar, aci	394	94	4.2	0.7	6.2	5.5	1.4	7.3	0.19	1.8
Decaf Latte Macchiato - soya drink	Grande	soya drink [Water, hulled <b>SOYA</b> beans (8.7%), sugar, aci	528	127	5.5	0.9	8.5	7.2	1.9	9.6	0.26	3.6
Decaf Latte Macchiato - soya drink	Venti	soya drink [Water, hulled <b>SOYA</b> beans (8.7%), sugar, aci	684	164	7.2	1.2	10.9	9.4	2.5	12.6	0.34	3.6
Decaf Latte Macchiato - oat drink	Short	oat drink [Water, <b>OAT</b> (10%), sunflower oil, chicory root	319	76	3.9	0.4	8.8	4.1	1.3	1.1	0.16	1.8
Decaf Latte Macchiato - oat drink	Tall	oat drink [Water, <b>OAT</b> (10%), sunflower oil, chicory root	548	130	6.7	0.7	15	7.1	2.3	1.9	0.28	1.8
Decaf Latte Macchiato - oat drink	Grande	oat drink [Water, <b>OAT</b> (10%), sunflower oil, chicory root	731	173	8.9	0.9	20.1	9.4	3	2.5	0.36	3.6
Decaf Latte Macchiato - oat drink	Venti	oat drink [Water, <b>OAT</b> (10%), sunflower oil, chicory root	951	225	11.6	1.2	26	12.3	3.9	3.2	0.48	3.6
Decaf Latte Macchiato - coconut drink	Short	coconut drink [Water, coconut milk (5.7%) (water, coco	187	44	1.9	0.9	4.7	4.1	0.5	2	0.11	1.8
Decaf Latte Macchiato - coconut drink	Tall	coconut drink [Water, coconut milk (5.7%) (water, coco	316	75	3.3	1.5	7.7	7.2	0.8	3.4	0.19	1.8
Decaf Latte Macchiato - coconut drink	Grande	coconut drink [Water, coconut milk (5.7%) (water, coco	426	101	4.4	2	10.6	9.5	1.1	4.5	0.26	3.6
Decaf Latte Macchiato - coconut drink	Venti	coconut drink [Water, coconut milk (5.7%) (water, coco	550	130	5.8	2.7	13.5	12.5	1.3	5.9	0.34	3.6
Blonde Espresso Doppio	Doppio	blonde roast (as consumed) [whole bean roasted coffee	25	6	0.1	0	0.8	0.1	0.3	0.3	0.00	85.5
Decaf Espresso Doppio	Doppio	decaf espresso (as consumed) [whole bean roasted coff	31	8	0.1	0	1.2	0.1	0.2	0.3	0.00	3.6
Blonde Espresso	Single	blonde roast (as consumed) [whole bean roasted coffee	13	3	0.1	0	0.4	0	0.1	0.2	0.00	42.7
Decaf Espresso	Single	decaf espresso (as consumed) [whole bean roasted coff	16	4	0.1	0	0.6	0.1	0.1	0.1	0.00	1.8
Blonde Espresso Macchiato - semi skimmed milk	Single	blonde roast (as consumed) [whole bean roasted coffee	23	6	0.2	0.1	0.6	0.3	0.1	0.3	0.01	42.7
Blonde Espresso Macchiato - whole milk	Single	blonde roast (as consumed) [whole bean roasted coffee	27	7	0.3	0.1	0.6	0.3	0.1	0.3	0.01	42.7
Blonde Espresso Macchiato - skimmed milk	Single	blonde roast (as consumed) [whole bean roasted coffee	21	5	0.1	0	0.6	0.3	0.1	0.3	0.01	42.7
Blonde Espresso Macchiato - almond drink	Single	blonde roast (as consumed) [whole bean roasted coffee	18	4	0.1	0	0.5	0.2	0.1	0.2	0.00	42.7
Blonde Espresso Macchiato - soya drink	Single	blonde roast (as consumed) [whole bean roasted coffee	22	5	0.2	0	0.5	0.2	0.2	0.3	0.01	42.7
Blonde Espresso Macchiato - oat drink	Single	blonde roast (as consumed) [whole bean roasted coffee	25	6	0.2	0	0.7	0.2	0.2	0.2	0.01	42.7
Blonde Espresso Macchiato - coconut drink	Single	blonde roast (as consumed) [whole bean roasted coffee	20	5	0.1	0.1	0.6	0.2	0.2	0.2	0.01	42.7
Decaf Espresso Macchiato - semi skimmed milk	Single	decaf espresso (as consumed) [whole bean roasted coff	26	6	0.2	0.1	0.8	0.3	0.1	0.3	0.01	1.8
Decaf Espresso Macchiato - whole milk	Single	decaf espresso (as consumed) [whole bean roasted coff	30	7	0.3	0.1	0.8	0.3	0.1	0.3	0.01	1.8
Decaf Espresso Macchiato - skimmed milk	Single	decaf espresso (as consumed) [whole bean roasted coff	24	6	0.1	0	0.8	0.3	0.1	0.3	0.01	1.8
Decaf Espresso Macchiato - almond drink	Single	decaf espresso (as consumed) [whole bean roasted coff	21	5	0.1	0	0.7	0.2	0.1	0.2	0.00	1.8
Decaf Espresso Macchiato - soya drink	Single	decaf espresso (as consumed) [whole bean roasted coff	25	6	0.2	0	0.7	0.2	0.1	0.3	0.01	1.8
Decaf Espresso Macchiato - oat drink	Single	decaf espresso (as consumed) [whole bean roasted coff	28	7	0.2	0	0.9	0.2	0.2	0.2	0.01	1.8
Decaf Espresso Macchiato - coconut drink	Single	decaf espresso (as consumed) [whole bean roasted coff	23	6	0.1	0.1	0.8	0.2	0.1	0.2	0.01	1.8
Blonde Espresso Macchiato - Doppio - semi skimmed milk	Double	blonde roast (as consumed) [whole bean roasted coffee	58	14	0.4	0.2	1.5	0.9	0.3	0.9	0.02	85.5
Blonde Espresso Macchiato - Doppio - whole milk	Double	blonde roast (as consumed) [whole bean roasted coffee	69	17	0.7	0.4	1.5	0.8	0.3	0.9	0.02	85.5
Blonde Espresso Macchiato - Doppio - skimmed milk	Double	blonde roast (as consumed) [whole bean roasted coffee	50	12	0.2	0.1	1.5	0.9	0.3	0.9	0.02	85.5
Blonde Espresso Macchiato - Doppio - almond drink	Double	blonde roast (as consumed) [whole bean roasted coffee	41	10	0.3	0.1	1.2	0.5	0.3	0.4	0.01	85.5
Blonde Espresso Macchiato - Doppio - soya drink	Double	blonde roast (as consumed) [whole bean roasted coffee	53	13	0.4	0.1	1.2	0.5	0.4	0.8	0.02	85.5
Blonde Espresso Macchiato - Doppio - oat drink	Double	blonde roast (as consumed) [whole bean roasted coffee	64	16	0.6	0.1	1.8	0.6	0.4	0.4	0.02	85.5

Blonde Espresso Macchiato - Doppio - coconut drink	Double	blonde roast (as consumed) [whole bean roasted coffee]	47	12	0.4	0.2	1.3	0.6	0.3	0.6	0.02	85.5
Decaf Espresso Macchiato - Doppio - semi skimmed milk	Double	decaf espresso (as consumed) [whole bean roasted coffee]	64	15	0.4	0.2	1.9	0.9	0.2	0.8	0.02	3.6
Decaf Espresso Macchiato - Doppio - whole milk	Double	decaf espresso (as consumed) [whole bean roasted coffee]	75	18	0.7	0.4	1.9	0.9	0.2	0.8	0.02	3.6
Decaf Espresso Macchiato - Doppio - skimmed milk	Double	decaf espresso (as consumed) [whole bean roasted coffee]	56	14	0.2	0.1	2	0.9	0.2	0.8	0.02	3.6
Decaf Espresso Macchiato - Doppio - almond drink	Double	decaf espresso (as consumed) [whole bean roasted coffee]	47	12	0.3	0.1	1.6	0.5	0.3	0.4	0.01	3.6
Decaf Espresso Macchiato - Doppio - soya drink	Double	decaf espresso (as consumed) [whole bean roasted coffee]	59	14	0.4	0.1	1.6	0.5	0.3	0.8	0.02	3.6
Decaf Espresso Macchiato - Doppio - oat drink	Double	decaf espresso (as consumed) [whole bean roasted coffee]	70	17	0.6	0.1	2.2	0.6	0.4	0.4	0.02	3.6
Decaf Espresso Macchiato - Doppio - coconut drink	Double	decaf espresso (as consumed) [whole bean roasted coffee]	53	13	0.4	0.2	1.7	0.6	0.3	0.5	0.02	3.6
Blonde Cortado - semi skimmed milk	Short	semi skimmed milk [Semi skimmed MILK], ristretto blonde	208	49	1.6	1	5.3	4.3	0	3.5	0.10	75.6
Blonde Cortado - whole milk	Short	whole milk [whole MILK], ristretto blonde single shot (as consumed)	269	64	3.3	2.1	5.2	4.2	0	3.4	0.10	75.6
Blonde Cortado - skimmed milk	Short	skimmed milk [skimmed MILK], ristretto blonde single shot	162	38	0.3	0.2	5.4	4.4	0	3.5	0.10	75.6
Blonde Cortado - almond drink	Short	almond drink [Water, ALMOND (2.5%), sugar, fructose,]	115	28	1.1	0.1	3.2	2.3	0.2	0.7	0.07	75.6
Blonde Cortado - soya drink	Short	soya drink [Water, hulled SOYA beans (8.7%), sugar, acid]	179	43	1.7	0.3	3.3	2.3	0.5	3.2	0.08	75.6
Blonde Cortado - oat drink	Short	oat drink [Water, OAT (10%), sunflower oil, chicory root]	243	58	2.8	0.3	6.9	3	0.9	1	0.12	75.6
Blonde Cortado - coconut drink	Short	coconut drink [Water, coconut milk (5.7%) (water, coconut milk)]	148	35	1.4	0.7	3.9	3	0.3	1.6	0.08	75.6
Decaf Cortado - semi skimmed milk	Short	semi skimmed milk [Semi skimmed MILK], decaf espresso	215	51	1.7	1	5.5	4.4	0.2	3.5	0.10	3.6
Decaf Cortado - whole milk	Short	whole milk [whole MILK], decaf espresso (as consumed) [water, whole milk]	277	66	3.4	2.1	5.4	4.3	0.2	3.4	0.10	3.6
Decaf Cortado - skimmed milk	Short	skimmed milk [skimmed MILK], decaf espresso (as consumed) [water, skimmed milk]	170	41	0.4	0.2	5.6	4.5	0.2	3.5	0.10	3.6
Decaf Cortado - almond drink	Short	almond drink [Water, ALMOND (2.5%), sugar, fructose,]	122	30	1.2	0.1	3.4	2.4	0.4	0.7	0.07	3.6
Decaf Cortado - soya drink	Short	soya drink [Water, hulled SOYA beans (8.7%), sugar, acid]	187	45	1.8	0.3	3.5	2.3	0.8	3.2	0.08	3.6
Decaf Cortado - oat drink	Short	oat drink [Water, OAT (10%), sunflower oil, chicory root]	251	60	2.8	0.3	7.1	3	1.1	1	0.12	3.6
Decaf Cortado - coconut drink	Short	coconut drink [Water, coconut milk (5.7%) (water, coconut milk)]	155	37	1.5	0.7	4.1	3.1	0.5	1.6	0.08	3.6
Blonde Cappuccino - semi skimmed milk	Short	semi skimmed milk [Semi skimmed MILK], blonde roast (as consumed)	268	64	2.2	1.4	6.3	6	0.1	4.6	0.14	42.7
Blonde Cappuccino - semi skimmed milk	Tall	semi skimmed milk [Semi skimmed MILK], blonde roast (as consumed)	440	105	3.7	2.3	10.3	10	0.1	7.6	0.23	42.7
Blonde Cappuccino - semi skimmed milk	Grande	semi skimmed milk [Semi skimmed MILK], blonde roast (as consumed)	542	129	4.5	2.9	12.8	12.1	0.3	9.3	0.28	85.5
Blonde Cappuccino - semi skimmed milk	Venti	semi skimmed milk [Semi skimmed MILK], blonde roast (as consumed)	690	164	5.7	3.7	16.2	15.6	0.3	11.8	0.35	85.5
Blonde Cappuccino - whole milk	Short	whole milk [whole MILK], blonde roast (as consumed) [water, whole milk]	352	84	4.6	2.9	6.2	5.9	0.1	4.5	0.13	42.7
Blonde Cappuccino - whole milk	Tall	whole milk [whole MILK], blonde roast (as consumed) [water, whole milk]	582	139	7.7	4.9	10.1	9.8	0.1	7.3	0.22	42.7
Blonde Cappuccino - whole milk	Grande	whole milk [whole MILK], blonde roast (as consumed) [water, whole milk]	713	170	9.3	5.9	12.5	11.8	0.3	9	0.27	85.5
Blonde Cappuccino - whole milk	Venti	whole milk [whole MILK], blonde roast (as consumed) [water, whole milk]	910	217	12	7.6	15.9	15.2	0.3	11.5	0.35	85.5
Blonde Cappuccino - skimmed milk	Short	skimmed milk [skimmed MILK], blonde roast (as consumed)	205	49	0.4	0.2	6.4	6.1	0.1	4.6	0.14	42.7
Blonde Cappuccino - skimmed milk	Tall	skimmed milk [skimmed MILK], blonde roast (as consumed)	334	79	0.7	0.3	10.5	10.2	0.1	7.6	0.23	42.7
Blonde Cappuccino - skimmed milk	Grande	skimmed milk [skimmed MILK], blonde roast (as consumed)	414	98	0.9	0.4	13	12.4	0.3	9.3	0.28	85.5
Blonde Cappuccino - skimmed milk	Venti	skimmed milk [skimmed MILK], blonde roast (as consumed)	525	125	1.1	0.5	16.6	15.9	0.3	11.8	0.36	85.5
Blonde Cappuccino - almond drink	Short	almond drink [Water, ALMOND (2.5%), sugar, fructose,]	139	35	1.6	0.1	3.5	3.1	0.4	0.8	0.09	42.7
Blonde Cappuccino - almond drink	Tall	almond drink [Water, ALMOND (2.5%), sugar, fructose,]	224	56	2.6	0.2	5.6	5.2	0.6	1.2	0.15	42.7
Blonde Cappuccino - almond drink	Grande	almond drink [Water, ALMOND (2.5%), sugar, fructose,]	281	70	3.2	0.3	7	6.4	0.8	1.6	0.19	85.5
Blonde Cappuccino - almond drink	Venti	almond drink [Water, ALMOND (2.5%), sugar, fructose,]	354	89	4	0.4	8.9	8.2	0.9	1.9	0.24	85.5
Blonde Cappuccino - soya drink	Short	soya drink [Water, hulled SOYA beans (8.7%), sugar, acid]	229	55	2.4	0.4	3.6	3.1	0.9	4.2	0.11	42.7
Blonde Cappuccino - soya drink	Tall	soya drink [Water, hulled SOYA beans (8.7%), sugar, acid]	374	90	4	0.6	5.8	5.2	1.4	7	0.19	42.7
Blonde Cappuccino - soya drink	Grande	soya drink [Water, hulled SOYA beans (8.7%), sugar, acid]	462	111	4.9	0.8	7.3	6.3	1.8	8.5	0.22	85.5
Blonde Cappuccino - soya drink	Venti	soya drink [Water, hulled SOYA beans (8.7%), sugar, acid]	588	141	6.2	1	9.1	8.1	2.2	10.9	0.29	85.5
Blonde Cappuccino - oat drink	Short	oat drink [Water, OAT (10%), sunflower oil, chicory root]	317	75	3.9	0.4	8.6	4.1	1.4	1.1	0.16	42.7
Blonde Cappuccino - oat drink	Tall	oat drink [Water, OAT (10%), sunflower oil, chicory root]	522	124	6.4	0.6	14.1	6.8	2.2	1.8	0.26	42.7
Blonde Cappuccino - oat drink	Grande	oat drink [Water, OAT (10%), sunflower oil, chicory root]	641	152	7.8	0.8	17.4	8.3	2.7	2.3	0.32	85.5
Blonde Cappuccino - oat drink	Venti	oat drink [Water, OAT (10%), sunflower oil, chicory root]	818	194	10	1	22.2	10.6	3.5	2.9	0.41	85.5
Blonde Cappuccino - coconut drink	Short	coconut drink [Water, coconut milk (5.7%) (water, coconut milk)]	184	44	1.9	0.9	4.5	4.1	0.5	2	0.11	42.7
Blonde Cappuccino - coconut drink	Tall	coconut drink [Water, coconut milk (5.7%) (water, coconut milk)]	300	71	3.2	1.5	7.2	6.9	0.8	3.3	0.19	42.7
Blonde Cappuccino - coconut drink	Grande	coconut drink [Water, coconut milk (5.7%) (water, coconut milk)]	373	88	3.9	1.8	9	8.4	1	4.1	0.22	85.5
Blonde Cappuccino - coconut drink	Venti	coconut drink [Water, coconut milk (5.7%) (water, coconut milk)]	473	112	5	2.3	11.4	10.7	1.2	5.2	0.29	85.5
Decaf Cappuccino - semi skimmed milk	Short	semi skimmed milk [Semi skimmed MILK], decaf espresso	271	64	2.2	1.4	6.5	6	0.1	4.6	0.14	1.8
Decaf Cappuccino - semi skimmed milk	Tall	semi skimmed milk [Semi skimmed MILK], decaf espresso	443	105	3.7	2.3	10.5	10	0.1	7.5	0.23	1.8
Decaf Cappuccino - semi skimmed milk	Grande	semi skimmed milk [Semi skimmed MILK], decaf espresso	547	130	4.5	2.9	13.2	12.1	0.2	9.2	0.28	3.6
Decaf Cappuccino - semi skimmed milk	Venti	semi skimmed milk [Semi skimmed MILK], decaf espresso	696	166	5.7	3.7	16.6	15.6	0.2	11.8	0.35	3.6
Decaf Cappuccino - whole milk	Short	whole milk [whole MILK], decaf espresso (as consumed) [water, whole milk]	355	85	4.6	2.9	6.4	5.9	0.1	4.4	0.13	1.8
Decaf Cappuccino - whole milk	Tall	whole milk [whole MILK], decaf espresso (as consumed) [water, whole milk]	585	139	7.7	4.9	10.3	9.8	0.1	7.3	0.22	1.8
Decaf Cappuccino - whole milk	Grande	whole milk [whole MILK], decaf espresso (as consumed) [water, whole milk]	719	171	9.3	5.9	12.9	11.9	0.2	9	0.27	3.6
Decaf Cappuccino - whole milk	Venti	whole milk [whole MILK], decaf espresso (as consumed) [water, whole milk]	916	218	12	7.6	16.3	15.2	0.2	11.5	0.35	3.6
Decaf Cappuccino - skimmed milk	Short	skimmed milk [skimmed MILK], decaf espresso (as consumed)	207	49	0.4	0.2	6.6	6.1	0.1	4.6	0.14	1.8
Decaf Cappuccino - skimmed milk	Tall	skimmed milk [skimmed MILK], decaf espresso (as consumed)	337	80	0.7	0.3	10.7	10.2	0.1	7.5	0.23	1.8
Decaf Cappuccino - skimmed milk	Grande	skimmed milk [skimmed MILK], decaf espresso (as consumed)	420	100	0.9	0.4	13.4	12.4	0.2	9.2	0.28	3.6
Decaf Cappuccino - skimmed milk	Venti	skimmed milk [skimmed MILK], decaf espresso (as consumed)	531	126	1.1	0.5	17	15.9	0.2	11.8	0.36	3.6
Decaf Cappuccino - almond drink	Short	almond drink [Water, ALMOND (2.5%), sugar, fructose,]	142	35	1.6	0.1	3.7	3.2	0.4	0.8	0.09	1.8
Decaf Cappuccino - almond drink	Tall	almond drink [Water, ALMOND (2.5%), sugar, fructose,]	227	57	2.6	0.2	5.8	5.3	0.5	1.2	0.15	1.8

Decaf Cappuccino - almond drink	Grande	almond drink [Water, <b>ALMOND</b> (2.5%), sugar, fructose,	287	72	3.2	0.3	7.5	6.4	0.7	1.5	0.19	3.6
Decaf Cappuccino - almond drink	Venti	almond drink [Water, <b>ALMOND</b> (2.5%), sugar, fructose,	360	90	4	0.4	9.3	8.2	0.9	1.9	0.24	3.6
Decaf Cappuccino - soya drink	Short	soya drink [Water, hulled <b>SOYA</b> beans (8.7%), sugar, aci	231	56	2.4	0.4	3.8	3.1	0.9	4.2	0.11	1.8
Decaf Cappuccino - soya drink	Tall	soya drink [Water, hulled <b>SOYA</b> beans (8.7%), sugar, aci	377	91	4	0.6	6	5.2	1.4	6.9	0.19	1.8
Decaf Cappuccino - soya drink	Grande	soya drink [Water, hulled <b>SOYA</b> beans (8.7%), sugar, aci	468	112	4.9	0.8	7.7	6.4	1.7	8.5	0.22	3.6
Decaf Cappuccino - soya drink	Venti	soya drink [Water, hulled <b>SOYA</b> beans (8.7%), sugar, aci	594	143	6.2	1	9.5	8.1	2.2	10.9	0.29	3.6
Decaf Cappuccino - oat drink	Short	oat drink [Water, <b>OAT</b> (10%), sunflower oil, chicory roo	320	76	3.9	0.4	8.8	4.1	1.3	1.1	0.16	1.8
Decaf Cappuccino - oat drink	Tall	oat drink [Water, <b>OAT</b> (10%), sunflower oil, chicory roo	525	124	6.4	0.6	14.3	6.8	2.2	1.8	0.26	1.8
Decaf Cappuccino - oat drink	Grande	oat drink [Water, <b>OAT</b> (10%), sunflower oil, chicory roo	647	153	7.8	0.8	17.8	8.3	2.7	2.3	0.32	3.6
Decaf Cappuccino - oat drink	Venti	oat drink [Water, <b>OAT</b> (10%), sunflower oil, chicory roo	824	195	10	1	22.6	10.6	3.4	2.8	0.41	3.6
Decaf Cappuccino - coconut drink	Short	coconut drink [Water, coconut milk (5.7%) (water, coco	187	44	1.9	0.9	4.7	4.1	0.5	2	0.11	1.8
Decaf Cappuccino - coconut drink	Tall	coconut drink [Water, coconut milk (5.7%) (water, coco	303	72	3.2	1.5	7.4	6.9	0.7	3.2	0.19	1.8
Decaf Cappuccino - coconut drink	Grande	coconut drink [Water, coconut milk (5.7%) (water, coco	379	89	3.9	1.8	9.4	8.4	1	4	0.22	3.6
Decaf Cappuccino - coconut drink	Venti	coconut drink [Water, coconut milk (5.7%) (water, coco	478	113	5	2.3	11.8	10.8	1.2	5.1	0.29	3.6
Blonde Flat White - semi skimmed milk	Short	semi skimmed milk [Semi skimmed <b>MILK</b> ], blonde roa	242	58	2	1.2	5.8	5.1	0.3	4.1	0.12	85.5
Blonde Flat White - whole milk	Short	whole milk [whole <b>MILK</b> ], blonde roast (as consumed) [w	314	75	4	2.5	5.7	5	0.3	4	0.11	85.5
Blonde Flat White - skimmed milk	Short	skimmed milk [skimmed <b>MILK</b> ], blonde roast (as consum	189	45	0.5	0.2	5.9	5.2	0.3	4.1	0.12	85.5
Blonde Flat White - almond drink	Short	almond drink [Water, <b>ALMOND</b> (2.5%), sugar, fructose,	133	33	1.4	0.2	3.4	2.7	0.5	0.8	0.08	85.5
Blonde Flat White - soya drink	Short	soya drink [Water, hulled <b>SOYA</b> beans (8.7%), sugar, aci	209	50	2.1	0.4	3.5	2.7	0.9	3.8	0.10	85.5
Blonde Flat White - oat drink	Short	oat drink [Water, <b>OAT</b> (10%), sunflower oil, chicory roo	284	68	3.4	0.4	7.7	3.5	1.3	1.2	0.14	85.5
Blonde Flat White - coconut drink	Short	coconut drink [Water, coconut milk (5.7%) (water, coco	171	41	1.7	0.8	4.2	3.6	0.6	1.9	0.10	85.5
Decaf Flat White - semi skimmed milk	Short	semi skimmed milk [Semi skimmed <b>MILK</b> ], decaf espress	248	59	2	1.2	6.2	5.2	0.2	4	0.12	3.6
Decaf Flat White - whole milk	Short	whole milk [whole <b>MILK</b> ], decaf espresso (as consumed) [v	320	76	4	2.5	6.1	5.1	0.2	3.9	0.11	3.6
Decaf Flat White - skimmed milk	Short	skimmed milk [skimmed <b>MILK</b> ], decaf espresso (as consur	194	46	0.5	0.2	6.3	5.3	0.2	4	0.12	3.6
Decaf Flat White - almond drink	Short	almond drink [Water, <b>ALMOND</b> (2.5%), sugar, fructose,	139	35	1.4	0.2	3.8	2.8	0.4	0.8	0.08	3.6
Decaf Flat White - soya drink	Short	soya drink [Water, hulled <b>SOYA</b> beans (8.7%), sugar, aci	215	52	2.1	0.4	3.9	2.7	0.9	3.7	0.10	3.6
Decaf Flat White - oat drink	Short	oat drink [Water, <b>OAT</b> (10%), sunflower oil, chicory roo	290	69	3.4	0.4	8.2	3.6	1.3	1.1	0.14	3.6
Decaf Flat White - coconut drink	Short	coconut drink [Water, coconut milk (5.7%) (water, coco	177	42	1.7	0.8	4.6	3.6	0.5	1.9	0.10	3.6
Blonde Caramel Macchiato - semi skimmed milk	Short	semi skimmed milk [Semi skimmed <b>MILK</b> ], blonde roa	432	103	3.2	2	13.3	12.7	0.1	5.2	0.18	42.7
Blonde Caramel Macchiato - semi skimmed milk	Tall	semi skimmed milk [Semi skimmed <b>MILK</b> ], blonde roa	687	163	4.8	3.1	21.7	20.9	0.1	8.3	0.27	42.7
Blonde Caramel Macchiato - semi skimmed milk	Grande	semi skimmed milk [Semi skimmed <b>MILK</b> ], blonde roa	896	213	6	3.8	28.8	27.6	0.3	10.8	0.35	85.5
Blonde Caramel Macchiato - semi skimmed milk	Venti	semi skimmed milk [Semi skimmed <b>MILK</b> ], blonde roa	1128	268	7.5	4.8	36.4	35.1	0.3	13.7	0.44	85.5
Blonde Caramel Macchiato - whole milk	Short	whole milk [whole <b>MILK</b> ], blonde roast (as consumed) [w	528	126	5.9	3.7	13.1	12.5	0.1	5.1	0.17	42.7
Blonde Caramel Macchiato - whole milk	Tall	whole milk [whole <b>MILK</b> ], blonde roast (as consumed) [w	841	200	9.2	5.8	21.4	20.7	0.1	8	0.27	42.7
Blonde Caramel Macchiato - whole milk	Grande	whole milk [whole <b>MILK</b> ], blonde roast (as consumed) [w	1095	260	11.7	7.4	28.5	27.3	0.3	10.5	0.34	85.5
Blonde Caramel Macchiato - whole milk	Venti	whole milk [whole <b>MILK</b> ], blonde roast (as consumed) [w	1384	329	14.7	9.3	36	34.8	0.3	13.4	0.43	85.5
Blonde Caramel Macchiato - skimmed milk	Short	skimmed milk [skimmed <b>MILK</b> ], blonde roast (as consum	361	86	1.2	0.6	13.4	12.8	0.1	5.2	0.18	42.7
Blonde Caramel Macchiato - skimmed milk	Tall	skimmed milk [skimmed <b>MILK</b> ], blonde roast (as consume	572	136	1.6	0.9	21.9	21.1	0.1	8.3	0.28	42.7
Blonde Caramel Macchiato - skimmed milk	Grande	skimmed milk [skimmed <b>MILK</b> ], blonde roast (as consume	747	177	1.9	1	29.1	27.9	0.3	10.8	0.35	85.5
Blonde Caramel Macchiato - skimmed milk	Venti	skimmed milk [skimmed <b>MILK</b> ], blonde roast (as consume	937	222	2.1	1.1	36.7	35.5	0.3	13.7	0.45	85.5
Blonde Caramel Macchiato - almond drink	Short	almond drink [Water, <b>ALMOND</b> (2.5%), sugar, fructose,	287	70	2.4	0.6	10.1	9.5	0.4	0.9	0.13	42.7
Blonde Caramel Macchiato - almond drink	Tall	almond drink [Water, <b>ALMOND</b> (2.5%), sugar, fructose,	453	110	3.6	0.8	16.5	15.8	0.6	1.4	0.19	42.7
Blonde Caramel Macchiato - almond drink	Grande	almond drink [Water, <b>ALMOND</b> (2.5%), sugar, fructose,	593	145	4.5	0.9	22.1	21	0.9	1.8	0.24	85.5
Blonde Caramel Macchiato - almond drink	Venti	almond drink [Water, <b>ALMOND</b> (2.5%), sugar, fructose,	739	180	5.5	0.9	27.8	26.6	1	2.3	0.30	85.5
Blonde Caramel Macchiato - soya drink	Short	soya drink [Water, hulled <b>SOYA</b> beans (8.7%), sugar, aci	388	93	3.4	0.9	10.2	9.4	1	4.8	0.15	42.7
Blonde Caramel Macchiato - soya drink	Tall	soya drink [Water, hulled <b>SOYA</b> beans (8.7%), sugar, aci	616	147	5.2	1.2	16.7	15.7	1.5	7.6	0.23	42.7
Blonde Caramel Macchiato - soya drink	Grande	soya drink [Water, hulled <b>SOYA</b> beans (8.7%), sugar, aci	804	192	6.5	1.4	22.4	20.9	2	9.9	0.29	85.5
Blonde Caramel Macchiato - soya drink	Venti	soya drink [Water, hulled <b>SOYA</b> beans (8.7%), sugar, aci	1010	241	8	1.7	28.1	26.5	2.5	12.7	0.36	85.5
Blonde Caramel Macchiato - oat drink	Short	oat drink [Water, <b>OAT</b> (10%), sunflower oil, chicory roo	488	116	5	0.9	15.9	10.5	1.5	1.3	0.20	42.7
Blonde Caramel Macchiato - oat drink	Tall	oat drink [Water, <b>OAT</b> (10%), sunflower oil, chicory roo	777	184	7.8	1.2	25.8	17.5	2.4	2	0.31	42.7
Blonde Caramel Macchiato - oat drink	Grande	oat drink [Water, <b>OAT</b> (10%), sunflower oil, chicory roo	1011	239	9.9	1.4	34.1	23.2	3.1	2.7	0.40	85.5
Blonde Caramel Macchiato - oat drink	Venti	oat drink [Water, <b>OAT</b> (10%), sunflower oil, chicory roo	1277	302	12.5	1.7	43.2	29.4	4	3.4	0.50	85.5
Blonde Caramel Macchiato - coconut drink	Short	coconut drink [Water, coconut milk (5.7%) (water, coco	338	80	2.8	1.4	11.2	10.6	0.6	2.3	0.15	42.7
Blonde Caramel Macchiato - coconut drink	Tall	coconut drink [Water, coconut milk (5.7%) (water, coco	535	126	4.3	2.1	18.3	17.5	0.8	3.6	0.23	42.7
Blonde Caramel Macchiato - coconut drink	Grande	coconut drink [Water, coconut milk (5.7%) (water, coco	700	165	5.3	2.6	24.4	23.3	1.1	4.8	0.29	85.5
Blonde Caramel Macchiato - coconut drink	Venti	coconut drink [Water, coconut milk (5.7%) (water, coco	876	207	6.6	3.2	30.8	29.6	1.4	6	0.36	85.5
Decaf Caramel Macchiato - semi skimmed milk	Short	semi skimmed milk [Semi skimmed <b>MILK</b> ], decaf espress	435	103	3.2	2	13.5	12.7	0.1	5.2	0.18	1.8
Decaf Caramel Macchiato - semi skimmed milk	Tall	semi skimmed milk [Semi skimmed <b>MILK</b> ], decaf espress	690	164	4.8	3.1	21.9	20.9	0.1	8.2	0.27	1.8
Decaf Caramel Macchiato - semi skimmed milk	Grande	semi skimmed milk [Semi skimmed <b>MILK</b> ], decaf espress	902	214	6	3.8	29.2	27.7	0.2	10.7	0.35	3.6
Decaf Caramel Macchiato - semi skimmed milk	Venti	semi skimmed milk [Semi skimmed <b>MILK</b> ], decaf espress	1134	269	7.5	4.8	36.8	35.2	0.2	13.7	0.44	3.6
Decaf Caramel Macchiato - whole milk	Short	whole milk [whole <b>MILK</b> ], decaf espresso (as consumed) [v	531	126	5.9	3.7	13.4	12.5	0.1	5	0.17	1.8
Decaf Caramel Macchiato - whole milk	Tall	whole milk [whole <b>MILK</b> ], decaf espresso (as consumed) [v	844	201	9.2	5.8	21.6	20.7	0.1	8	0.27	1.8
Decaf Caramel Macchiato - whole milk	Grande	whole milk [whole <b>MILK</b> ], decaf espresso (as consumed) [v	1100	262	11.7	7.4	28.9	27.4	0.2	10.4	0.34	3.6
Decaf Caramel Macchiato - whole milk	Venti	whole milk [whole <b>MILK</b> ], decaf espresso (as consumed) [v	1390	330	14.7	9.3	36.4	34.8	0.2	13.3	0.43	3.6

Decaf Caramel Macchiato - skimmed milk	Short	skimmed milk [skimmed MILK], decaf espresso (as consur	364	86	1.2	0.6	13.6	12.8	0.1	5.2	0.18	1.8
Decaf Caramel Macchiato - skimmed milk	Tall	skimmed milk [skimmed MILK], decaf espresso (as consur	575	136	1.6	0.9	22.1	21.2	0.1	8.2	0.28	1.8
Decaf Caramel Macchiato - skimmed milk	Grande	skimmed milk [skimmed MILK], decaf espresso (as consur	753	179	1.9	1	29.5	28	0.2	10.7	0.35	3.6
Decaf Caramel Macchiato - skimmed milk	Venti	skimmed milk [skimmed MILK], decaf espresso (as consur	943	223	2.1	1.1	37.2	35.6	0.2	13.7	0.45	3.6
Decaf Caramel Macchiato - almond drink	Short	almond drink [Water, ALMOND (2.5%), sugar, fructose,	290	71	2.4	0.6	10.3	9.5	0.4	0.9	0.13	1.8
Decaf Caramel Macchiato - almond drink	Tall	almond drink [Water, ALMOND (2.5%), sugar, fructose,	456	111	3.6	0.8	16.7	15.8	0.6	1.3	0.19	1.8
Decaf Caramel Macchiato - almond drink	Grande	almond drink [Water, ALMOND (2.5%), sugar, fructose,	599	146	4.5	0.9	22.5	21	0.8	1.8	0.24	3.6
Decaf Caramel Macchiato - almond drink	Venti	almond drink [Water, ALMOND (2.5%), sugar, fructose,	744	181	5.5	0.9	28.2	26.6	1	2.2	0.30	3.6
Decaf Caramel Macchiato - soya drink	Short	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	391	93	3.4	0.9	10.4	9.5	1	4.8	0.15	1.8
Decaf Caramel Macchiato - soya drink	Tall	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	619	148	5.2	1.2	16.9	15.7	1.5	7.6	0.23	1.8
Decaf Caramel Macchiato - soya drink	Grande	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	810	193	6.5	1.4	22.8	20.9	2	9.9	0.29	3.6
Decaf Caramel Macchiato - soya drink	Venti	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	1015	242	8	1.7	28.5	26.5	2.5	12.6	0.36	3.6
Decaf Caramel Macchiato - oat drink	Short	oat drink [Water, OAT (10%), sunflower oil, chicory roo	491	116	5	0.9	16.1	10.5	1.5	1.3	0.20	1.8
Decaf Caramel Macchiato - oat drink	Tall	oat drink [Water, OAT (10%), sunflower oil, chicory roo	780	185	7.8	1.2	26	17.5	2.3	2	0.31	1.8
Decaf Caramel Macchiato - oat drink	Grande	oat drink [Water, OAT (10%), sunflower oil, chicory roo	1017	241	9.9	1.4	34.5	23.2	3.1	2.7	0.40	3.6
Decaf Caramel Macchiato - oat drink	Venti	oat drink [Water, OAT (10%), sunflower oil, chicory roo	1283	304	12.5	1.7	43.6	29.4	3.9	3.3	0.50	3.6
Decaf Caramel Macchiato - coconut drink	Short	coconut drink [Water, coconut milk (5.7%) (water, coco	341	81	2.8	1.4	11.4	10.6	0.5	2.3	0.15	1.8
Decaf Caramel Macchiato - coconut drink	Tall	coconut drink [Water, coconut milk (5.7%) (water, coco	538	127	4.3	2.1	18.5	17.6	0.8	3.6	0.23	1.8
Decaf Caramel Macchiato - coconut drink	Grande	coconut drink [Water, coconut milk (5.7%) (water, coco	706	167	5.3	2.6	24.8	23.3	1.1	4.7	0.29	3.6
Decaf Caramel Macchiato - coconut drink	Venti	coconut drink [Water, coconut milk (5.7%) (water, coco	882	208	6.6	3.2	31.2	29.6	1.3	6	0.36	3.6
Blonde Mocha - semi skimmed milk	Short	semi skimmed milk [Semi skimmed MILK], blonde roast	526	126	6.5	4.5	11.4	10.8	1	4.8	0.13	48.8
Blonde Mocha - semi skimmed milk	Tall	semi skimmed milk [Semi skimmed MILK], mocha sauce	877	209	9.6	6.5	21	20	1.9	8.8	0.23	54.9
Blonde Mocha - semi skimmed milk	Grande	semi skimmed milk [Semi skimmed MILK], mocha sauce	1092	261	11	7.4	28.1	26.4	3	10.9	0.28	103.7
Blonde Mocha - semi skimmed milk	Venti	semi skimmed milk [Semi skimmed MILK], mocha sauce	1411	337	13.4	9	37.4	35.4	3.9	14.7	0.38	109.8
Blonde Mocha - whole milk	Short	whole milk [whole MILK], blonde roast (as consumed) [w/	598	143	8.6	5.8	11.3	10.7	1	4.7	0.12	48.8
Blonde Mocha - whole milk	Tall	whole milk [whole MILK], mocha sauce [water, sugar, co	1011	241	13.4	8.9	20.8	19.8	1.9	8.6	0.23	54.9
Blonde Mocha - whole milk	Grande	whole milk [whole MILK], mocha sauce [water, sugar, co	1252	299	15.5	10.2	27.9	26.2	3	10.7	0.27	103.7
Blonde Mocha - whole milk	Venti	whole milk [whole MILK], mocha sauce [water, sugar, co	1632	389	19.7	12.9	37.1	35	3.9	14.4	0.37	109.8
Blonde Mocha - skimmed milk	Short	skimmed milk [skimmed MILK], blonde roast (as consume	472	113	5	3.4	11.5	10.9	1	4.8	0.13	48.8
Blonde Mocha - skimmed milk	Tall	skimmed milk [skimmed MILK], mocha sauce [water, sug	776	185	6.8	4.6	21.2	20.2	1.9	8.8	0.24	54.9
Blonde Mocha - skimmed milk	Grande	skimmed milk [skimmed MILK], mocha sauce [water, sug	972	232	7.6	5	28.4	26.7	3	10.9	0.28	103.7
Blonde Mocha - skimmed milk	Venti	skimmed milk [skimmed MILK], mocha sauce [water, sug	1247	297	8.8	5.8	37.7	35.7	3.9	14.7	0.38	109.8
Blonde Mocha - almond drink	Short	almond drink [Water, ALMOND (2.5%), sugar, fructose,	416	101	6	3.4	9	8.4	1.2	1.6	0.09	48.8
Blonde Mocha - almond drink	Tall	almond drink [Water, ALMOND (2.5%), sugar, fructose,	672	163	8.6	4.5	16.5	15.5	2.3	2.7	0.16	54.9
Blonde Mocha - almond drink	Grande	almond drink [Water, ALMOND (2.5%), sugar, fructose,	847	206	9.7	5	22.8	21.1	3.4	3.7	0.19	103.7
Blonde Mocha - almond drink	Venti	almond drink [Water, ALMOND (2.5%), sugar, fructose,	1075	261	11.7	5.7	30	28	4.5	4.8	0.26	109.8
Blonde Mocha - soya drink	Short	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	492	118	6.7	3.6	9.1	8.3	1.7	4.5	0.11	48.8
Blonde Mocha - soya drink	Tall	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	814	195	9.9	4.9	16.7	15.4	3.1	8.2	0.19	54.9
Blonde Mocha - soya drink	Grande	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	1017	244	11.3	5.4	23	21	4.4	10.2	0.23	103.7
Blonde Mocha - soya drink	Venti	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	1309	314	13.9	6.3	30.3	27.9	5.8	13.8	0.31	109.8
Blonde Mocha - oat drink	Short	oat drink [Water, OAT (10%), sunflower oil, chicory roo	567	135	7.9	3.6	13.4	9.2	2.1	1.9	0.15	48.8
Blonde Mocha - oat drink	Tall	oat drink [Water, OAT (10%), sunflower oil, chicory roo	955	227	12.2	4.9	24.6	17	3.9	3.3	0.27	54.9
Blonde Mocha - oat drink	Grande	oat drink [Water, OAT (10%), sunflower oil, chicory roo	1185	282	14.1	5.4	32.4	22.9	5.3	4.4	0.32	103.7
Blonde Mocha - oat drink	Venti	oat drink [Water, OAT (10%), sunflower oil, chicory roo	1540	366	17.7	6.3	43.3	30.4	7.1	5.8	0.43	109.8
Blonde Mocha - coconut drink	Short	coconut drink [Water, coconut milk (5.7%) (water, coco	455	109	6.3	4	9.9	9.2	1.3	2.6	0.11	48.8
Blonde Mocha - coconut drink	Tall	coconut drink [Water, coconut milk (5.7%) (water, coco	744	177	9.2	5.7	18	17	2.5	4.7	0.19	54.9
Blonde Mocha - coconut drink	Grande	coconut drink [Water, coconut milk (5.7%) (water, coco	934	222	10.4	6.4	24.6	22.9	3.7	6.1	0.23	103.7
Blonde Mocha - coconut drink	Venti	coconut drink [Water, coconut milk (5.7%) (water, coco	1194	284	12.6	7.6	32.5	30.5	4.8	8	0.31	109.8
Decaf Mocha - semi skimmed milk	Short	semi skimmed milk [Semi skimmed MILK], mocha sauce	612	146	6.7	4.6	15.7	14.5	1.9	4.8	0.11	14
Decaf Mocha - semi skimmed milk	Tall	semi skimmed milk [Semi skimmed MILK], mocha sauce	926	221	9.5	6.5	24.4	22.8	2.8	8.1	0.19	20
Decaf Mocha - semi skimmed milk	Grande	semi skimmed milk [Semi skimmed MILK], mocha sauce	1179	281	11.2	7.5	32.5	30.1	3.8	10.8	0.26	27.9
Decaf Mocha - semi skimmed milk	Venti	semi skimmed milk [Semi skimmed MILK], mocha sauce	1486	354	13.5	9	41.5	38.8	4.7	14.4	0.35	34
Decaf Mocha - whole milk	Short	whole milk [whole MILK], mocha sauce [water, sugar, co	672	161	8.4	5.7	15.6	14.4	1.9	4.7	0.11	14
Decaf Mocha - whole milk	Tall	whole milk [whole MILK], mocha sauce [water, sugar, co	1036	247	12.6	8.4	24.2	22.7	2.8	7.9	0.19	20
Decaf Mocha - whole milk	Grande	whole milk [whole MILK], mocha sauce [water, sugar, co	1326	316	15.3	10.1	32.3	29.9	3.8	10.6	0.25	27.9
Decaf Mocha - whole milk	Venti	whole milk [whole MILK], mocha sauce [water, sugar, co	1690	403	19.3	12.6	41.2	38.4	4.7	14.1	0.34	34
Decaf Mocha - skimmed milk	Short	skimmed milk [skimmed MILK], mocha sauce [water, sug	567	136	5.5	3.7	15.8	14.6	1.9	4.8	0.11	14
Decaf Mocha - skimmed milk	Tall	skimmed milk [skimmed MILK], mocha sauce [water, sug	844	202	7.2	4.9	24.5	23	2.8	8.1	0.20	20
Decaf Mocha - skimmed milk	Grande	skimmed milk [skimmed MILK], mocha sauce [water, sug	1069	255	8.1	5.3	32.7	30.3	3.8	10.8	0.26	27.9
Decaf Mocha - skimmed milk	Venti	skimmed milk [skimmed MILK], mocha sauce [water, sug	1334	318	9.2	6.1	41.8	39.1	4.7	14.4	0.36	34
Decaf Mocha - almond drink	Short	almond drink [Water, ALMOND (2.5%), sugar, fructose,	521	126	6.3	3.7	13.7	12.5	2.1	2.1	0.08	14
Decaf Mocha - almond drink	Tall	almond drink [Water, ALMOND (2.5%), sugar, fructose,	759	184	8.7	4.8	20.7	19.2	3.1	3.2	0.14	20
Decaf Mocha - almond drink	Grande	almond drink [Water, ALMOND (2.5%), sugar, fructose,	955	231	10	5.3	27.6	25.2	4.2	4.2	0.18	27.9
Decaf Mocha - almond drink	Venti	almond drink [Water, ALMOND (2.5%), sugar, fructose,	1176	284	11.9	6	34.7	31.9	5.3	5.3	0.24	34

Decaf Mocha - soya drink	Short	soya drink [Water, hulled <b>SOYA</b> beans (8.7%), sugar, aci	584	140	6.9	3.9	13.8	12.5	2.4	4.5	0.09	14
Decaf Mocha - soya drink	Tall	soya drink [Water, hulled <b>SOYA</b> beans (8.7%), sugar, aci	875	210	9.8	5.1	20.8	19.1	3.8	7.6	0.16	20
Decaf Mocha - soya drink	Grande	soya drink [Water, hulled <b>SOYA</b> beans (8.7%), sugar, aci	1111	266	11.5	5.7	27.8	25.2	5.1	10.2	0.21	27.9
Decaf Mocha - soya drink	Venti	soya drink [Water, hulled <b>SOYA</b> beans (8.7%), sugar, aci	1392	333	14	6.5	34.9	31.9	6.5	13.6	0.29	34
Decaf Mocha - oat drink	Short	oat drink [Water, <b>OAT</b> (10%), sunflower oil, chicory root	647	154	7.9	3.9	17.3	13.1	2.8	2.4	0.13	14
Decaf Mocha - oat drink	Tall	oat drink [Water, <b>OAT</b> (10%), sunflower oil, chicory root	990	236	11.7	5.1	27.3	20.4	4.4	3.6	0.22	20
Decaf Mocha - oat drink	Grande	oat drink [Water, <b>OAT</b> (10%), sunflower oil, chicory root	1264	301	14	5.7	36.5	26.8	5.9	4.8	0.30	27.9
Decaf Mocha - oat drink	Venti	oat drink [Water, <b>OAT</b> (10%), sunflower oil, chicory root	1605	382	17.5	6.5	47	34.2	7.7	6.1	0.40	34
Decaf Mocha - coconut drink	Short	coconut drink [Water, coconut milk (5.7%) (water, coco	553	132	6.5	4.2	14.4	13.2	2.2	3	0.09	14
Decaf Mocha - coconut drink	Tall	coconut drink [Water, coconut milk (5.7%) (water, coco	818	195	9.2	5.8	22	20.4	3.3	4.8	0.16	20
Decaf Mocha - coconut drink	Grande	coconut drink [Water, coconut milk (5.7%) (water, coco	1034	246	10.6	6.6	29.3	26.9	4.5	6.3	0.21	27.9
Decaf Mocha - coconut drink	Venti	coconut drink [Water, coconut milk (5.7%) (water, coco	1285	306	12.8	7.7	37	34.3	5.6	8.2	0.29	34
Blonde White Mocha - semi skimmed milk	Short	semi skimmed milk [Semi skimmed <b>MILK</b> ], blonde roast [S	592	141	6.9	4.9	14.9	14.6	0.2	4.9	0.19	42.7
Blonde White Mocha - semi skimmed milk	Tall	semi skimmed milk [Semi skimmed <b>MILK</b> ], white chocola	979	233	10.1	7.2	27.2	26.8	0.2	8.4	0.34	42.7
Blonde White Mocha - semi skimmed milk	Grande	semi skimmed milk [Semi skimmed <b>MILK</b> ], white chocola	1250	298	11.7	8.3	37.5	36.9	0.3	10.4	0.43	85.5
Blonde White Mocha - semi skimmed milk	Venti	semi skimmed milk [Semi skimmed <b>MILK</b> ], white chocola	1615	385	14.3	10.2	49.8	49.1	0.3	13.9	0.58	85.5
Blonde White Mocha - whole milk	Short	whole milk [whole <b>MILK</b> ], blonde roast (as consumed) [w/	665	159	9	6.2	14.8	14.4	0.2	4.8	0.18	42.7
Blonde White Mocha - whole milk	Tall	whole milk [whole <b>MILK</b> ], white chocolate mocha [Sugar,	1106	264	13.7	9.4	27	26.6	0.2	8.2	0.33	42.7
Blonde White Mocha - whole milk	Grande	whole milk [whole <b>MILK</b> ], white chocolate mocha [Sugar,	1401	334	16	11	37.3	36.6	0.3	10.2	0.43	85.5
Blonde White Mocha - whole milk	Venti	whole milk [whole <b>MILK</b> ], white chocolate mocha [Sugar,	1821	434	20.2	13.9	49.4	48.8	0.3	13.6	0.58	85.5
Blonde White Mocha - skimmed milk	Short	skimmed milk [skimmed <b>MILK</b> ], blonde roast (as consume	537	128	5.4	3.8	15	14.7	0.2	4.9	0.19	42.7
Blonde White Mocha - skimmed milk	Tall	skimmed milk [skimmed <b>MILK</b> ], white chocolate mocha [S	884	211	7.4	5.3	27.4	27	0.2	8.4	0.34	42.7
Blonde White Mocha - skimmed milk	Grande	skimmed milk [skimmed <b>MILK</b> ], white chocolate mocha [S	1137	271	8.5	6.1	37.8	37.1	0.3	10.4	0.44	85.5
Blonde White Mocha - skimmed milk	Venti	skimmed milk [skimmed <b>MILK</b> ], white chocolate mocha [S	1461	348	10	7.2	50.1	49.4	0.3	13.9	0.59	85.5
Blonde White Mocha - almond drink	Short	almond drink [Water, <b>ALMOND</b> (2.5%), sugar, fructose,	480	116	6.3	3.8	12.4	12.1	0.4	1.6	0.15	42.7
Blonde White Mocha - almond drink	Tall	almond drink [Water, <b>ALMOND</b> (2.5%), sugar, fructose,	785	190	9.1	5.3	22.9	22.6	0.5	2.7	0.27	42.7
Blonde White Mocha - almond drink	Grande	almond drink [Water, <b>ALMOND</b> (2.5%), sugar, fructose,	1020	246	10.5	6.1	32.5	31.8	0.8	3.6	0.36	85.5
Blonde White Mocha - almond drink	Venti	almond drink [Water, <b>ALMOND</b> (2.5%), sugar, fructose,	1301	314	12.7	7.1	42.8	42.2	0.9	4.7	0.48	85.5
Blonde White Mocha - soya drink	Short	soya drink [Water, hulled <b>SOYA</b> beans (8.7%), sugar, aci	558	134	7.1	4	12.5	12.1	0.8	4.6	0.17	42.7
Blonde White Mocha - soya drink	Tall	soya drink [Water, hulled <b>SOYA</b> beans (8.7%), sugar, aci	920	220	10.4	5.6	23.1	22.5	1.3	7.8	0.30	42.7
Blonde White Mocha - soya drink	Grande	soya drink [Water, hulled <b>SOYA</b> beans (8.7%), sugar, aci	1180	282	12	6.5	32.7	31.8	1.7	9.8	0.39	85.5
Blonde White Mocha - soya drink	Venti	soya drink [Water, hulled <b>SOYA</b> beans (8.7%), sugar, aci	1520	363	14.8	7.7	43.1	42.1	2.2	13.1	0.52	85.5
Blonde White Mocha - oat drink	Short	oat drink [Water, <b>OAT</b> (10%), sunflower oil, chicory root	635	151	8.3	4	16.9	12.9	1.2	1.9	0.21	42.7
Blonde White Mocha - oat drink	Tall	oat drink [Water, <b>OAT</b> (10%), sunflower oil, chicory root	1052	250	12.6	5.6	30.6	24	2	3.2	0.37	42.7
Blonde White Mocha - oat drink	Grande	oat drink [Water, <b>OAT</b> (10%), sunflower oil, chicory root	1338	318	14.7	6.5	41.6	33.5	2.5	4.3	0.47	85.5
Blonde White Mocha - oat drink	Venti	oat drink [Water, <b>OAT</b> (10%), sunflower oil, chicory root	1735	412	18.4	7.7	55.3	44.5	3.3	5.6	0.64	85.5
Blonde White Mocha - coconut drink	Short	coconut drink [Water, coconut milk (5.7%) (water, coco	520	124	6.6	4.4	13.3	12.9	0.5	2.7	0.17	42.7
Blonde White Mocha - coconut drink	Tall	coconut drink [Water, coconut milk (5.7%) (water, coco	853	203	9.7	6.4	24.4	24.1	0.7	4.5	0.30	42.7
Blonde White Mocha - coconut drink	Grande	coconut drink [Water, coconut milk (5.7%) (water, coco	1101	262	11.2	7.4	34.2	33.5	1	5.8	0.39	85.5
Blonde White Mocha - coconut drink	Venti	coconut drink [Water, coconut milk (5.7%) (water, coco	1412	335	13.6	8.9	45.2	44.6	1.2	7.7	0.52	85.5
Decaf White Mocha - semi skimmed milk	Short	semi skimmed milk [Semi skimmed <b>MILK</b> ], white chocola	758	181	7.6	5.5	22.9	22.4	0.1	5.2	0.24	1.8
Decaf White Mocha - semi skimmed milk	Tall	semi skimmed milk [Semi skimmed <b>MILK</b> ], white chocola	1143	272	10.8	7.7	35.1	34.6	0.2	8.6	0.38	1.8
Decaf White Mocha - semi skimmed milk	Grande	semi skimmed milk [Semi skimmed <b>MILK</b> ], white chocola	1450	345	12.7	9.1	46.5	45.4	0.3	11.2	0.50	3.6
Decaf White Mocha - semi skimmed milk	Venti	semi skimmed milk [Semi skimmed <b>MILK</b> ], white chocola	1803	429	15.2	10.9	58.4	57.3	0.3	14.5	0.64	3.6
Decaf White Mocha - whole milk	Short	whole milk [whole <b>MILK</b> ], white chocolate mocha [Sugar,	826	197	9.5	6.7	22.8	22.3	0.1	5.1	0.23	1.8
Decaf White Mocha - whole milk	Tall	whole milk [whole <b>MILK</b> ], white chocolate mocha [Sugar,	1263	301	14.2	9.9	35	34.4	0.2	8.4	0.38	1.8
Decaf White Mocha - whole milk	Grande	whole milk [whole <b>MILK</b> ], white chocolate mocha [Sugar,	1605	382	17.1	11.8	46.2	45.2	0.3	11	0.49	3.6
Decaf White Mocha - whole milk	Venti	whole milk [whole <b>MILK</b> ], white chocolate mocha [Sugar,	2009	478	21	14.6	58.1	57	0.3	14.2	0.64	3.6
Decaf White Mocha - skimmed milk	Short	skimmed milk [skimmed <b>MILK</b> ], white chocolate mocha [S	708	169	6.2	4.5	23	22.5	0.1	5.2	0.24	1.8
Decaf White Mocha - skimmed milk	Tall	skimmed milk [skimmed <b>MILK</b> ], white chocolate mocha [S	1054	251	8.3	6	35.3	34.8	0.2	8.6	0.39	1.8
Decaf White Mocha - skimmed milk	Grande	skimmed milk [skimmed <b>MILK</b> ], white chocolate mocha [S	1334	317	9.4	6.8	46.7	45.6	0.3	11.2	0.51	3.6
Decaf White Mocha - skimmed milk	Venti	skimmed milk [skimmed <b>MILK</b> ], white chocolate mocha [S	1649	392	10.9	7.9	58.7	57.6	0.3	14.5	0.65	3.6
Decaf White Mocha - almond drink	Short	almond drink [Water, <b>ALMOND</b> (2.5%), sugar, fructose,	656	158	7.1	4.5	20.7	20.1	0.3	2.1	0.20	1.8
Decaf White Mocha - almond drink	Tall	almond drink [Water, <b>ALMOND</b> (2.5%), sugar, fructose,	960	231	9.8	5.9	31.1	30.6	0.5	3.2	0.32	1.8
Decaf White Mocha - almond drink	Grande	almond drink [Water, <b>ALMOND</b> (2.5%), sugar, fructose,	1214	292	11.5	6.8	41.3	40.2	0.7	4.2	0.42	3.6
Decaf White Mocha - almond drink	Venti	almond drink [Water, <b>ALMOND</b> (2.5%), sugar, fructose,	1489	358	13.6	7.8	51.5	50.4	0.9	5.2	0.54	3.6
Decaf White Mocha - soya drink	Short	soya drink [Water, hulled <b>SOYA</b> beans (8.7%), sugar, aci	727	174	7.7	4.7	20.7	20.1	0.7	4.9	0.22	1.8
Decaf White Mocha - soya drink	Tall	soya drink [Water, hulled <b>SOYA</b> beans (8.7%), sugar, aci	1088	260	11	6.3	31.3	30.6	1.2	8.1	0.35	1.8
Decaf White Mocha - soya drink	Grande	soya drink [Water, hulled <b>SOYA</b> beans (8.7%), sugar, aci	1378	329	13	7.2	41.5	40.2	1.7	10.5	0.45	3.6
Decaf White Mocha - soya drink	Venti	soya drink [Water, hulled <b>SOYA</b> beans (8.7%), sugar, aci	1708	408	15.7	8.4	51.7	50.4	2.1	13.6	0.58	3.6
Decaf White Mocha - oat drink	Short	oat drink [Water, <b>OAT</b> (10%), sunflower oil, chicory root	798	190	8.9	4.7	24.7	20.9	1.1	2.4	0.25	1.8
Decaf White Mocha - oat drink	Tall	oat drink [Water, <b>OAT</b> (10%), sunflower oil, chicory root	1213	288	13.1	6.3	38.4	31.9	1.9	3.7	0.42	1.8
Decaf White Mocha - oat drink	Grande	oat drink [Water, <b>OAT</b> (10%), sunflower oil, chicory root	1540	366	15.7	7.2	50.6	41.9	2.5	4.9	0.54	3.6
Decaf White Mocha - oat drink	Venti	oat drink [Water, <b>OAT</b> (10%), sunflower oil, chicory root	1923	457	19.2	8.4	63.9	52.7	3.3	6.1	0.70	3.6

Decaf White Mocha - coconut drink	Short	coconut drink [Water, coconut milk (5.7%) (water, coco	692	165	7.4	5	21.4	20.9	0.4	3.1	0.22	1.8
Decaf White Mocha - coconut drink	Tall	coconut drink [Water, coconut milk (5.7%) (water, coco	1025	244	10.4	7	32.5	32	0.7	5	0.35	1.8
Decaf White Mocha - coconut drink	Grande	coconut drink [Water, coconut milk (5.7%) (water, coco	1297	308	12.1	8.1	43.1	42	1	6.5	0.45	3.6
Decaf White Mocha - coconut drink	Venti	coconut drink [Water, coconut milk (5.7%) (water, coco	1600	380	14.5	9.6	53.9	52.8	1.2	8.3	0.58	3.6
<b>Alternative Coffee Bean - Cold Coffee</b>												
Decaf Iced Americano	Tall	water, ice, decaf espresso (as consumed) [whole bean roa	31	8	0.1	0	1.2	0.1	0.2	0.3	0.00	3.6
Decaf Iced Americano	Grande	water, ice, decaf espresso (as consumed) [whole bean roa	47	11	0.2	0.1	1.8	0.2	0.3	0.4	0.00	5.4
Decaf Iced Americano	Venti	ice, water, decaf espresso (as consumed) [whole bean roa	62	15	0.3	0.1	2.3	0.2	0.4	0.5	0.00	7.2
Blonde Iced Americano	Tall	water, ice, blonde roast (as consumed) [whole bean roa	25	6	0.1	0	0.8	0.1	0.3	0.3	0.00	85.5
Blonde Iced Americano	Grande	water, ice, blonde roast (as consumed) [whole bean roa	38	9	0.2	0.1	1.1	0.1	0.4	0.5	0.00	128.2
Blonde Iced Americano	Venti	ice, water, blonde roast (as consumed) [whole bean roa	50	13	0.3	0.1	1.5	0.2	0.5	0.6	0.00	171
Blonde Iced Latte - semi skimmed milk	Tall	semi skimmed milk [Semi skimmed MILK], ice, blonde ro	377	90	3.1	2	8.9	8.5	0.1	6.5	0.19	42.7
Blonde Iced Latte - semi skimmed milk	Grande	semi skimmed milk [Semi skimmed MILK], ice, blonde ro	532	127	4.4	2.8	12.6	11.9	0.3	9.1	0.27	85.5
Blonde Iced Latte - semi skimmed milk	Venti	semi skimmed milk [Semi skimmed MILK], ice, blonde ro	581	138	4.8	3.1	13.7	13	0.3	9.9	0.30	85.5
Blonde Iced Latte - whole milk	Tall	whole milk [whole MILK], ice, blonde roast (as consumed)	498	119	6.6	4.2	8.7	8.3	0.1	6.3	0.19	42.7
Blonde Iced Latte - whole milk	Grande	whole milk [whole MILK], ice, blonde roast (as consumed)	700	167	9.2	5.8	12.3	11.6	0.3	8.8	0.26	85.5
Blonde Iced Latte - whole milk	Venti	whole milk [whole MILK], ice, blonde roast (as consumed)	765	182	10	6.3	13.4	12.7	0.3	9.7	0.29	85.5
Blonde Iced Latte - skimmed milk	Tall	skimmed milk [skimmed MILK], ice, blonde roast (as cons	287	68	0.6	0.3	9	8.7	0.1	6.5	0.20	42.7
Blonde Iced Latte - skimmed milk	Grande	skimmed milk [skimmed MILK], ice, blonde roast (as cons	406	97	0.9	0.4	12.8	12.1	0.3	9.1	0.28	85.5
Blonde Iced Latte - skimmed milk	Venti	skimmed milk [skimmed MILK], ice, blonde roast (as cons	444	105	1	0.4	14	13.3	0.3	9.9	0.30	85.5
Blonde Iced Latte - almond drink	Tall	almond drink [Water, ALMOND (2.5%), sugar, fructose,	193	48	2.2	0.2	4.8	4.5	0.5	1	0.13	42.7
Blonde Iced Latte - almond drink	Grande	almond drink [Water, ALMOND (2.5%), sugar, fructose,	276	69	3.1	0.3	6.9	6.3	0.8	1.5	0.18	85.5
Blonde Iced Latte - almond drink	Venti	almond drink [Water, ALMOND (2.5%), sugar, fructose,	300	75	3.4	0.3	7.5	6.9	0.8	1.7	0.20	85.5
Blonde Iced Latte - soya drink	Tall	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	321	77	3.4	0.5	5	4.4	1.2	6	0.16	42.7
Blonde Iced Latte - soya drink	Grande	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	454	109	4.8	0.8	7.1	6.2	1.7	8.4	0.22	85.5
Blonde Iced Latte - soya drink	Venti	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	496	119	5.2	0.8	7.8	6.8	1.9	9.2	0.24	85.5
Blonde Iced Latte - oat drink	Tall	oat drink [Water, OAT (10%), sunflower oil, chicory roo	447	106	5.5	0.5	12.1	5.8	1.9	1.6	0.23	42.7
Blonde Iced Latte - oat drink	Grande	oat drink [Water, OAT (10%), sunflower oil, chicory roo	630	149	7.7	0.8	17.1	8.1	2.7	2.3	0.31	85.5
Blonde Iced Latte - oat drink	Venti	oat drink [Water, OAT (10%), sunflower oil, chicory roo	688	163	8.4	0.8	18.7	8.9	2.9	2.5	0.35	85.5
Blonde Iced Latte - coconut drink	Tall	coconut drink [Water, coconut milk (5.7%) (water, coco	258	61	2.7	1.3	6.2	5.9	0.7	2.8	0.16	42.7
Blonde Iced Latte - coconut drink	Grande	coconut drink [Water, coconut milk (5.7%) (water, coco	366	87	3.8	1.8	8.9	8.2	1	4	0.22	85.5
Blonde Iced Latte - coconut drink	Venti	coconut drink [Water, coconut milk (5.7%) (water, coco	399	94	4.2	1.9	9.7	9	1.1	4.4	0.24	85.5
Decaf Iced Latte - semi skimmed milk	Tall	semi skimmed milk [Semi skimmed MILK], ice, decaf esp	380	90	3.1	2	9.1	8.5	0.1	6.4	0.19	1.8
Decaf Iced Latte - semi skimmed milk	Grande	semi skimmed milk [Semi skimmed MILK], ice, decaf esp	538	128	4.4	2.8	13	11.9	0.2	9	0.27	3.6
Decaf Iced Latte - semi skimmed milk	Venti	semi skimmed milk [Semi skimmed MILK], ice, decaf esp	587	140	4.8	3.1	14.1	13	0.2	9.9	0.30	3.6
Decaf Iced Latte - whole milk	Tall	whole milk [whole MILK], ice, decaf espresso (as consume	501	119	6.6	4.2	8.9	8.4	0.1	6.3	0.19	1.8
Decaf Iced Latte - whole milk	Grande	whole milk [whole MILK], ice, decaf espresso (as consume	706	168	9.2	5.8	12.7	11.6	0.2	8.8	0.26	3.6
Decaf Iced Latte - whole milk	Venti	whole milk [whole MILK], ice, decaf espresso (as consume	771	184	10	6.3	13.8	12.8	0.2	9.6	0.29	3.6
Decaf Iced Latte - skimmed milk	Tall	skimmed milk [skimmed MILK], ice, decaf espresso (as co	290	69	0.6	0.3	9.2	8.7	0.1	6.4	0.20	1.8
Decaf Iced Latte - skimmed milk	Grande	skimmed milk [skimmed MILK], ice, decaf espresso (as co	412	98	0.9	0.4	13.2	12.2	0.2	9	0.28	3.6
Decaf Iced Latte - skimmed milk	Venti	skimmed milk [skimmed MILK], ice, decaf espresso (as co	449	107	1	0.4	14.4	13.3	0.2	9.9	0.30	3.6
Decaf Iced Latte - almond drink	Tall	almond drink [Water, ALMOND (2.5%), sugar, fructose,	196	49	2.2	0.2	5	4.5	0.5	1	0.13	1.8
Decaf Iced Latte - almond drink	Grande	almond drink [Water, ALMOND (2.5%), sugar, fructose,	282	70	3.1	0.3	7.3	6.3	0.7	1.5	0.18	3.6
Decaf Iced Latte - almond drink	Venti	almond drink [Water, ALMOND (2.5%), sugar, fructose,	306	76	3.4	0.3	7.9	6.9	0.8	1.6	0.20	3.6
Decaf Iced Latte - soya drink	Tall	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	324	78	3.4	0.5	5.2	4.5	1.2	5.9	0.16	1.8
Decaf Iced Latte - soya drink	Grande	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	460	110	4.8	0.8	7.5	6.2	1.7	8.3	0.22	3.6
Decaf Iced Latte - soya drink	Venti	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	502	120	5.2	0.8	8.2	6.8	1.8	9.1	0.24	3.6
Decaf Iced Latte - oat drink	Tall	oat drink [Water, OAT (10%), sunflower oil, chicory roo	450	107	5.5	0.5	12.3	5.8	1.9	1.5	0.23	1.8
Decaf Iced Latte - oat drink	Grande	oat drink [Water, OAT (10%), sunflower oil, chicory roo	635	151	7.7	0.8	17.5	8.1	2.7	2.2	0.31	3.6
Decaf Iced Latte - oat drink	Venti	oat drink [Water, OAT (10%), sunflower oil, chicory roo	694	165	8.4	0.8	19.1	8.9	2.9	2.4	0.35	3.6
Decaf Iced Latte - coconut drink	Tall	coconut drink [Water, coconut milk (5.7%) (water, coco	261	62	2.7	1.3	6.4	5.9	0.6	2.8	0.16	1.8
Decaf Iced Latte - coconut drink	Grande	coconut drink [Water, coconut milk (5.7%) (water, coco	372	88	3.8	1.8	9.3	8.2	1	4	0.22	3.6
Decaf Iced Latte - coconut drink	Venti	coconut drink [Water, coconut milk (5.7%) (water, coco	405	96	4.2	1.9	10.1	9	1	4.3	0.24	3.6
Blonde Classic Iced Cappuccino - semi skimmed milk	Tall	semi skimmed milk [Semi skimmed MILK], ice, blonde ro	326	78	2.7	1.7	7.7	7.3	0.1	5.6	0.17	42.7
Blonde Classic Iced Cappuccino - semi skimmed milk	Grande	semi skimmed milk [Semi skimmed MILK], ice, blonde ro	442	105	3.6	2.3	10.5	9.8	0.3	7.5	0.22	85.5
Blonde Classic Iced Cappuccino - semi skimmed milk	Venti	semi skimmed milk [Semi skimmed MILK], ice, blonde ro	518	123	4.3	2.7	12.2	11.6	0.3	8.9	0.26	85.5
Blonde Classic Iced Cappuccino - whole milk	Tall	whole milk [whole MILK], ice, blonde roast (as consumed)	430	102	5.7	3.6	7.5	7.2	0.1	5.4	0.16	42.7
Blonde Classic Iced Cappuccino - whole milk	Grande	whole milk [whole MILK], ice, blonde roast (as consumed)	580	138	7.6	4.8	10.2	9.6	0.3	7.3	0.22	85.5
Blonde Classic Iced Cappuccino - whole milk	Venti	whole milk [whole MILK], ice, blonde roast (as consumed)	682	162	8.9	5.6	12	11.3	0.3	8.6	0.26	85.5
Blonde Classic Iced Cappuccino - skimmed milk	Tall	skimmed milk [skimmed MILK], ice, blonde roast (as cons	248	59	0.5	0.2	7.8	7.5	0.1	5.6	0.17	42.7
Blonde Classic Iced Cappuccino - skimmed milk	Grande	skimmed milk [skimmed MILK], ice, blonde roast (as cons	338	80	0.8	0.3	10.7	10	0.3	7.5	0.23	85.5
Blonde Classic Iced Cappuccino - skimmed milk	Venti	skimmed milk [skimmed MILK], ice, blonde roast (as cons	396	94	0.9	0.4	12.5	11.8	0.3	8.9	0.27	85.5
Blonde Classic Iced Cappuccino - almond drink	Tall	almond drink [Water, ALMOND (2.5%), sugar, fructose,	168	42	1.9	0.2	4.2	3.9	0.4	0.9	0.11	42.7
Blonde Classic Iced Cappuccino - almond drink	Grande	almond drink [Water, ALMOND (2.5%), sugar, fructose,	231	58	2.6	0.2	5.8	5.2	0.7	1.3	0.15	85.5

Blonde Classic Iced Cappuccino - almond drink	Venti	almond drink [Water, <b>ALMOND</b> (2.5%), sugar, fructose,	269	67	3	0.3	6.8	6.1	0.8	1.5	0.18	85.5
Blonde Classic Iced Cappuccino - soya drink	Tall	soya drink [Water, hulled <b>SOYA</b> beans (8.7%), sugar, aci	278	67	2.9	0.5	4.3	3.8	1.1	5.2	0.14	42.7
Blonde Classic Iced Cappuccino - soya drink	Grande	soya drink [Water, hulled <b>SOYA</b> beans (8.7%), sugar, aci	378	91	3.9	0.6	6	5.1	1.5	7	0.18	85.5
Blonde Classic Iced Cappuccino - soya drink	Venti	soya drink [Water, hulled <b>SOYA</b> beans (8.7%), sugar, aci	442	106	4.6	0.8	7	6	1.7	8.2	0.21	85.5
Blonde Classic Iced Cappuccino - oat drink	Tall	oat drink [Water, <b>OAT</b> (10%), sunflower oil, chicory roo	386	92	4.7	0.5	10.5	5	1.6	1.4	0.19	42.7
Blonde Classic Iced Cappuccino - oat drink	Grande	oat drink [Water, <b>OAT</b> (10%), sunflower oil, chicory roo	522	124	6.3	0.6	14.2	6.7	2.3	1.9	0.26	85.5
Blonde Classic Iced Cappuccino - oat drink	Venti	oat drink [Water, <b>OAT</b> (10%), sunflower oil, chicory roo	613	145	7.5	0.8	16.6	7.9	2.6	2.2	0.31	85.5
Blonde Classic Iced Cappuccino - coconut drink	Tall	coconut drink [Water, coconut milk (5.7%) (water, coco	224	53	2.3	1.1	5.4	5.1	0.6	2.4	0.14	42.7
Blonde Classic Iced Cappuccino - coconut drink	Grande	coconut drink [Water, coconut milk (5.7%) (water, coco	305	72	3.2	1.5	7.4	6.8	0.9	3.3	0.18	85.5
Blonde Classic Iced Cappuccino - coconut drink	Venti	coconut drink [Water, coconut milk (5.7%) (water, coco	357	84	3.7	1.7	8.7	8	1	3.9	0.21	85.5
Decaf Classic Iced Cappuccino - semi skimmed milk	Tall	semi skimmed milk [Semi skimmed <b>MILK</b> ], ice, decaf esp	329	78	2.7	1.7	7.9	7.3	0.1	5.6	0.17	1.8
Decaf Classic Iced Cappuccino - semi skimmed milk	Grande	semi skimmed milk [Semi skimmed <b>MILK</b> ], ice, decaf esp	447	107	3.6	2.3	10.9	9.8	0.2	7.5	0.22	3.6
Decaf Classic Iced Cappuccino - semi skimmed milk	Venti	semi skimmed milk [Semi skimmed <b>MILK</b> ], ice, decaf esp	524	125	4.3	2.7	12.6	11.6	0.2	8.8	0.26	3.6
Decaf Classic Iced Cappuccino - whole milk	Tall	whole milk [whole <b>MILK</b> ], ice, decaf espresso (as consume	433	103	5.7	3.6	7.7	7.2	0.1	5.4	0.16	1.8
Decaf Classic Iced Cappuccino - whole milk	Grande	whole milk [whole <b>MILK</b> ], ice, decaf espresso (as consume	585	140	7.6	4.8	10.7	9.6	0.2	7.3	0.22	3.6
Decaf Classic Iced Cappuccino - whole milk	Venti	whole milk [whole <b>MILK</b> ], ice, decaf espresso (as consume	687	164	8.9	5.6	12.4	11.3	0.2	8.6	0.26	3.6
Decaf Classic Iced Cappuccino - skimmed milk	Tall	skimmed milk [skimmed <b>MILK</b> ], ice, decaf espresso (as co	251	60	0.5	0.2	8	7.5	0.1	5.6	0.17	1.8
Decaf Classic Iced Cappuccino - skimmed milk	Grande	skimmed milk [skimmed <b>MILK</b> ], ice, decaf espresso (as co	344	82	0.8	0.3	11.1	10	0.2	7.5	0.23	3.6
Decaf Classic Iced Cappuccino - skimmed milk	Venti	skimmed milk [skimmed <b>MILK</b> ], ice, decaf espresso (as co	402	95	0.9	0.4	12.9	11.8	0.2	8.8	0.27	3.6
Decaf Classic Iced Cappuccino - almond drink	Tall	almond drink [Water, <b>ALMOND</b> (2.5%), sugar, fructose,	171	43	1.9	0.2	4.4	3.9	0.4	0.9	0.11	1.8
Decaf Classic Iced Cappuccino - almond drink	Grande	almond drink [Water, <b>ALMOND</b> (2.5%), sugar, fructose,	237	59	2.6	0.2	6.2	5.2	0.6	1.3	0.15	3.6
Decaf Classic Iced Cappuccino - almond drink	Venti	almond drink [Water, <b>ALMOND</b> (2.5%), sugar, fructose,	275	69	3	0.3	7.2	6.1	0.7	1.5	0.18	3.6
Decaf Classic Iced Cappuccino - soya drink	Tall	soya drink [Water, hulled <b>SOYA</b> beans (8.7%), sugar, aci	281	67	2.9	0.5	4.5	3.8	1	5.1	0.14	1.8
Decaf Classic Iced Cappuccino - soya drink	Grande	soya drink [Water, hulled <b>SOYA</b> beans (8.7%), sugar, aci	383	92	3.9	0.6	6.4	5.1	1.4	6.9	0.18	3.6
Decaf Classic Iced Cappuccino - soya drink	Venti	soya drink [Water, hulled <b>SOYA</b> beans (8.7%), sugar, aci	448	108	4.6	0.8	7.4	6.1	1.7	8.1	0.21	3.6
Decaf Classic Iced Cappuccino - oat drink	Tall	oat drink [Water, <b>OAT</b> (10%), sunflower oil, chicory roo	389	92	4.7	0.5	10.7	5	1.6	1.3	0.19	1.8
Decaf Classic Iced Cappuccino - oat drink	Grande	oat drink [Water, <b>OAT</b> (10%), sunflower oil, chicory roo	528	125	6.3	0.6	14.6	6.7	2.2	1.9	0.26	3.6
Decaf Classic Iced Cappuccino - oat drink	Venti	oat drink [Water, <b>OAT</b> (10%), sunflower oil, chicory roo	619	147	7.5	0.8	17	7.9	2.6	2.2	0.31	3.6
Decaf Classic Iced Cappuccino - coconut drink	Tall	coconut drink [Water, coconut milk (5.7%) (water, coco	226	53	2.3	1.1	5.6	5.1	0.6	2.4	0.14	1.8
Decaf Classic Iced Cappuccino - coconut drink	Grande	coconut drink [Water, coconut milk (5.7%) (water, coco	311	74	3.2	1.5	7.8	6.8	0.8	3.3	0.18	3.6
Decaf Classic Iced Cappuccino - coconut drink	Venti	coconut drink [Water, coconut milk (5.7%) (water, coco	363	86	3.7	1.7	9.1	8	0.9	3.9	0.21	3.6
Blonde Iced Latte Macchiato - semi skimmed milk	Tall	semi skimmed milk [Semi skimmed <b>MILK</b> ], ice, blonde ro	366	87	3	1.9	8.6	8.3	0.1	6.3	0.19	42.7
Blonde Iced Latte Macchiato - semi skimmed milk	Grande	semi skimmed milk [Semi skimmed <b>MILK</b> ], ice, blonde ro	548	131	4.5	2.9	12.9	12.3	0.3	9.4	0.28	85.5
Blonde Iced Latte Macchiato - semi skimmed milk	Venti	semi skimmed milk [Semi skimmed <b>MILK</b> ], ice, blonde ro	559	133	4.6	3	13.2	12.5	0.3	9.6	0.29	85.5
Blonde Iced Latte Macchiato - whole milk	Tall	whole milk [whole <b>MILK</b> ], ice, blonde roast (as consumed)	483	115	6.4	4	8.4	8.1	0.1	6.1	0.18	42.7
Blonde Iced Latte Macchiato - whole milk	Grande	whole milk [whole <b>MILK</b> ], ice, blonde roast (as consumed)	722	172	9.5	6	12.7	12	0.3	9.1	0.27	85.5
Blonde Iced Latte Macchiato - whole milk	Venti	whole milk [whole <b>MILK</b> ], ice, blonde roast (as consumed)	737	176	9.7	6.1	12.9	12.3	0.3	9.3	0.28	85.5
Blonde Iced Latte Macchiato - skimmed milk	Tall	skimmed milk [skimmed <b>MILK</b> ], ice, blonde roast (as cons	279	66	0.6	0.2	8.8	8.4	0.1	6.3	0.19	42.7
Blonde Iced Latte Macchiato - skimmed milk	Grande	skimmed milk [skimmed <b>MILK</b> ], ice, blonde roast (as cons	419	100	0.9	0.4	13.2	12.5	0.3	9.4	0.29	85.5
Blonde Iced Latte Macchiato - skimmed milk	Venti	skimmed milk [skimmed <b>MILK</b> ], ice, blonde roast (as cons	427	102	0.9	0.4	13.5	12.8	0.3	9.6	0.29	85.5
Blonde Iced Latte Macchiato - almond drink	Tall	almond drink [Water, <b>ALMOND</b> (2.5%), sugar, fructose,	188	47	2.1	0.2	4.7	4.3	0.5	1	0.13	42.7
Blonde Iced Latte Macchiato - almond drink	Grande	almond drink [Water, <b>ALMOND</b> (2.5%), sugar, fructose,	284	71	3.2	0.3	7.1	6.5	0.8	1.6	0.19	85.5
Blonde Iced Latte Macchiato - almond drink	Venti	almond drink [Water, <b>ALMOND</b> (2.5%), sugar, fructose,	290	72	3.3	0.3	7.3	6.6	0.8	1.6	0.19	85.5
Blonde Iced Latte Macchiato - soya drink	Tall	soya drink [Water, hulled <b>SOYA</b> beans (8.7%), sugar, aci	312	75	3.3	0.5	4.8	4.3	1.2	5.8	0.15	42.7
Blonde Iced Latte Macchiato - soya drink	Grande	soya drink [Water, hulled <b>SOYA</b> beans (8.7%), sugar, aci	468	112	4.9	0.8	7.3	6.4	1.8	8.7	0.23	85.5
Blonde Iced Latte Macchiato - soya drink	Venti	soya drink [Water, hulled <b>SOYA</b> beans (8.7%), sugar, aci	477	115	5	0.8	7.5	6.5	1.8	8.8	0.23	85.5
Blonde Iced Latte Macchiato - oat drink	Tall	oat drink [Water, <b>OAT</b> (10%), sunflower oil, chicory roo	434	103	5.3	0.5	11.8	5.6	1.8	1.5	0.22	42.7
Blonde Iced Latte Macchiato - oat drink	Grande	oat drink [Water, <b>OAT</b> (10%), sunflower oil, chicory roo	649	154	7.9	0.8	17.6	8.4	2.8	2.3	0.32	85.5
Blonde Iced Latte Macchiato - oat drink	Venti	oat drink [Water, <b>OAT</b> (10%), sunflower oil, chicory roo	663	157	8.1	0.8	18	8.6	2.8	2.4	0.33	85.5
Blonde Iced Latte Macchiato - coconut drink	Tall	coconut drink [Water, coconut milk (5.7%) (water, coco	251	59	2.6	1.2	6	5.7	0.6	2.7	0.15	42.7
Blonde Iced Latte Macchiato - coconut drink	Grande	coconut drink [Water, coconut milk (5.7%) (water, coco	377	89	3.9	1.8	9.1	8.5	1	4.1	0.23	85.5
Blonde Iced Latte Macchiato - coconut drink	Venti	coconut drink [Water, coconut milk (5.7%) (water, coco	385	91	4	1.9	9.3	8.6	1	4.2	0.23	85.5
Decaf Iced Latte Macchiato - semi skimmed milk	Tall	semi skimmed milk [Semi skimmed <b>MILK</b> ], ice, decaf esp	369	88	3	1.9	8.8	8.3	0.1	6.3	0.19	1.8
Decaf Iced Latte Macchiato - semi skimmed milk	Grande	semi skimmed milk [Semi skimmed <b>MILK</b> ], ice, decaf esp	554	132	4.5	2.9	13.3	12.3	0.2	9.3	0.28	3.6
Decaf Iced Latte Macchiato - semi skimmed milk	Venti	semi skimmed milk [Semi skimmed <b>MILK</b> ], ice, decaf esp	565	135	4.6	3	13.6	12.5	0.2	9.5	0.29	3.6
Decaf Iced Latte Macchiato - whole milk	Tall	whole milk [whole <b>MILK</b> ], ice, decaf espresso (as consume	486	116	6.4	4	8.6	8.1	0.1	6.1	0.18	1.8
Decaf Iced Latte Macchiato - whole milk	Grande	whole milk [whole <b>MILK</b> ], ice, decaf espresso (as consume	728	173	9.5	6	13.1	12	0.2	9.1	0.27	3.6
Decaf Iced Latte Macchiato - whole milk	Venti	whole milk [whole <b>MILK</b> ], ice, decaf espresso (as consume	743	177	9.7	6.1	13.3	12.3	0.2	9.3	0.28	3.6
Decaf Iced Latte Macchiato - skimmed milk	Tall	skimmed milk [skimmed <b>MILK</b> ], ice, decaf espresso (as co	282	67	0.6	0.2	9	8.5	0.1	6.3	0.19	1.8
Decaf Iced Latte Macchiato - skimmed milk	Grande	skimmed milk [skimmed <b>MILK</b> ], ice, decaf espresso (as co	425	101	0.9	0.4	13.6	12.5	0.2	9.3	0.29	3.6
Decaf Iced Latte Macchiato - skimmed milk	Venti	skimmed milk [skimmed <b>MILK</b> ], ice, decaf espresso (as co	433	103	0.9	0.4	13.9	12.8	0.2	9.5	0.29	3.6
Decaf Iced Latte Macchiato - almond drink	Tall	almond drink [Water, <b>ALMOND</b> (2.5%), sugar, fructose,	191	48	2.1	0.2	4.9	4.4	0.5	1	0.13	1.8
Decaf Iced Latte Macchiato - almond drink	Grande	almond drink [Water, <b>ALMOND</b> (2.5%), sugar, fructose,	290	72	3.2	0.3	7.5	6.5	0.7	1.5	0.19	3.6
Decaf Iced Latte Macchiato - almond drink	Venti	almond drink [Water, <b>ALMOND</b> (2.5%), sugar, fructose,	296	74	3.3	0.3	7.7	6.6	0.7	1.6	0.19	3.6

Decaf Iced Latte Macchiato - soya drink	Tall	soya drink [Water, hulled <b>SOYA</b> beans (8.7%), sugar, aci	315	76	3.3	0.5	5	4.3	1.1	5.8	0.15	1.8
Decaf Iced Latte Macchiato - soya drink	Grande	soya drink [Water, hulled <b>SOYA</b> beans (8.7%), sugar, aci	474	114	4.9	0.8	7.7	6.4	1.8	8.6	0.23	3.6
Decaf Iced Latte Macchiato - soya drink	Venti	soya drink [Water, hulled <b>SOYA</b> beans (8.7%), sugar, aci	483	116	5	0.8	7.9	6.6	1.8	8.8	0.23	3.6
Decaf Iced Latte Macchiato - oat drink	Tall	oat drink [Water, <b>OAT</b> (10%), sunflower oil, chicory root	437	104	5.3	0.5	12	5.7	1.8	1.5	0.22	1.8
Decaf Iced Latte Macchiato - oat drink	Grande	oat drink [Water, <b>OAT</b> (10%), sunflower oil, chicory root	655	155	7.9	0.8	18	8.4	2.7	2.3	0.32	3.6
Decaf Iced Latte Macchiato - oat drink	Venti	oat drink [Water, <b>OAT</b> (10%), sunflower oil, chicory root	668	158	8.1	0.8	18.4	8.6	2.8	2.3	0.33	3.6
Decaf Iced Latte Macchiato - coconut drink	Tall	coconut drink [Water, coconut milk (5.7%) (water, coco	254	60	2.6	1.2	6.2	5.7	0.6	2.7	0.15	1.8
Decaf Iced Latte Macchiato - coconut drink	Grande	coconut drink [Water, coconut milk (5.7%) (water, coco	383	91	3.9	1.8	9.5	8.5	1	4.1	0.23	3.6
Decaf Iced Latte Macchiato - coconut drink	Venti	coconut drink [Water, coconut milk (5.7%) (water, coco	391	92	4	1.9	9.7	8.7	1	4.2	0.23	3.6
Blonde Iced Caramel Macchiato - semi skimmed milk	Tall	semi skimmed milk [Semi skimmed <b>MILK</b> ], ice, blonde ro	598	142	4.1	2.6	19.9	19.1	0.1	6.4	0.22	42.7
Blonde Iced Caramel Macchiato - semi skimmed milk	Grande	semi skimmed milk [Semi skimmed <b>MILK</b> ], ice, blonde ro	841	200	5.6	3.6	27.8	26.6	0.3	9.5	0.31	85.5
Blonde Iced Caramel Macchiato - semi skimmed milk	Venti	semi skimmed milk [Semi skimmed <b>MILK</b> ], ice, blonde ro	913	217	5.7	3.6	31.7	30.4	0.3	9.7	0.32	85.5
Blonde Iced Caramel Macchiato - whole milk	Tall	whole milk [whole <b>MILK</b> ], ice, blonde roast (as consumed)	716	170	7.4	4.7	19.7	18.9	0.1	6.2	0.22	42.7
Blonde Iced Caramel Macchiato - whole milk	Grande	whole milk [whole <b>MILK</b> ], ice, blonde roast (as consumed)	1015	241	10.5	6.6	27.6	26.3	0.3	9.2	0.31	85.5
Blonde Iced Caramel Macchiato - whole milk	Venti	whole milk [whole <b>MILK</b> ], ice, blonde roast (as consumed)	1090	259	10.7	6.8	31.4	30.1	0.3	9.4	0.31	85.5
Blonde Iced Caramel Macchiato - skimmed milk	Tall	skimmed milk [skimmed <b>MILK</b> ], ice, blonde roast (as cons	511	121	1.6	0.9	20.1	19.3	0.1	6.4	0.23	42.7
Blonde Iced Caramel Macchiato - skimmed milk	Grande	skimmed milk [skimmed <b>MILK</b> ], ice, blonde roast (as cons	712	169	2	1	28.1	26.9	0.3	9.5	0.32	85.5
Blonde Iced Caramel Macchiato - skimmed milk	Venti	skimmed milk [skimmed <b>MILK</b> ], ice, blonde roast (as cons	781	185	2	1	31.9	30.6	0.3	9.7	0.33	85.5
Blonde Iced Caramel Macchiato - almond drink	Tall	almond drink [Water, <b>ALMOND</b> (2.5%), sugar, fructose,	420	102	3.2	0.9	16	15.2	0.5	1.1	0.16	42.7
Blonde Iced Caramel Macchiato - almond drink	Grande	almond drink [Water, <b>ALMOND</b> (2.5%), sugar, fructose,	577	140	4.2	1	22	20.8	0.8	1.7	0.22	85.5
Blonde Iced Caramel Macchiato - almond drink	Venti	almond drink [Water, <b>ALMOND</b> (2.5%), sugar, fructose,	643	156	4.3	1	25.7	24.4	0.8	1.7	0.23	85.5
Blonde Iced Caramel Macchiato - soya drink	Tall	soya drink [Water, hulled <b>SOYA</b> beans (8.7%), sugar, aci	544	130	4.4	1.2	16.1	15.1	1.2	5.9	0.19	42.7
Blonde Iced Caramel Macchiato - soya drink	Grande	soya drink [Water, hulled <b>SOYA</b> beans (8.7%), sugar, aci	761	182	6	1.5	22.2	20.7	1.8	8.7	0.26	85.5
Blonde Iced Caramel Macchiato - soya drink	Venti	soya drink [Water, hulled <b>SOYA</b> beans (8.7%), sugar, aci	831	198	6.1	1.5	25.9	24.4	1.8	8.9	0.27	85.5
Blonde Iced Caramel Macchiato - oat drink	Tall	oat drink [Water, <b>OAT</b> (10%), sunflower oil, chicory root	667	158	6.4	1.2	23	16.5	1.8	1.6	0.25	42.7
Blonde Iced Caramel Macchiato - oat drink	Grande	oat drink [Water, <b>OAT</b> (10%), sunflower oil, chicory root	942	223	9	1.5	32.5	27.7	2.8	2.4	0.36	85.5
Blonde Iced Caramel Macchiato - oat drink	Venti	oat drink [Water, <b>OAT</b> (10%), sunflower oil, chicory root	1016	241	9.2	1.5	36.4	26.4	2.8	2.5	0.36	85.5
Blonde Iced Caramel Macchiato - coconut drink	Tall	coconut drink [Water, coconut milk (5.7%) (water, coco	483	114	3.7	1.9	17.3	16.5	0.6	2.8	0.19	42.7
Blonde Iced Caramel Macchiato - coconut drink	Grande	coconut drink [Water, coconut milk (5.7%) (water, coco	670	158	5	2.5	24	22.8	1	4.2	0.26	85.5
Blonde Iced Caramel Macchiato - coconut drink	Venti	coconut drink [Water, coconut milk (5.7%) (water, coco	738	174	5.1	2.5	27.8	26.5	1	4.3	0.27	85.5
Decaf Iced Caramel Macchiato - semi skimmed milk	Tall	semi skimmed milk [Semi skimmed <b>MILK</b> ], ice, decaf esp	601	143	4.1	2.6	20.1	19.1	0.1	6.3	0.22	1.8
Decaf Iced Caramel Macchiato - semi skimmed milk	Grande	semi skimmed milk [Semi skimmed <b>MILK</b> ], ice, decaf esp	847	201	5.6	3.6	28.2	26.6	0.2	9.4	0.31	3.6
Decaf Iced Caramel Macchiato - semi skimmed milk	Venti	semi skimmed milk [Semi skimmed <b>MILK</b> ], ice, decaf esp	919	218	5.7	3.6	32.1	30.4	0.2	9.6	0.32	3.6
Decaf Iced Caramel Macchiato - whole milk	Tall	whole milk [whole <b>MILK</b> ], ice, decaf espresso (as consume	718	171	7.4	4.7	19.9	18.9	0.1	6.2	0.22	1.8
Decaf Iced Caramel Macchiato - whole milk	Grande	whole milk [whole <b>MILK</b> ], ice, decaf espresso (as consume	1021	243	10.5	6.6	28	26.4	0.2	9.2	0.31	3.6
Decaf Iced Caramel Macchiato - whole milk	Venti	whole milk [whole <b>MILK</b> ], ice, decaf espresso (as consume	1096	260	10.7	6.8	31.8	30.1	0.2	9.3	0.31	3.6
Decaf Iced Caramel Macchiato - skimmed milk	Tall	skimmed milk [skimmed <b>MILK</b> ], ice, decaf espresso (as co	514	122	1.6	0.9	20.3	19.3	0.1	6.3	0.23	1.8
Decaf Iced Caramel Macchiato - skimmed milk	Grande	skimmed milk [skimmed <b>MILK</b> ], ice, decaf espresso (as co	718	170	2	1	28.5	26.9	0.2	9.4	0.32	3.6
Decaf Iced Caramel Macchiato - skimmed milk	Venti	skimmed milk [skimmed <b>MILK</b> ], ice, decaf espresso (as co	787	186	2	1	32.3	30.7	0.2	9.6	0.33	3.6
Decaf Iced Caramel Macchiato - almond drink	Tall	almond drink [Water, <b>ALMOND</b> (2.5%), sugar, fructose,	423	103	3.2	0.9	16.2	15.2	0.5	1.1	0.16	1.8
Decaf Iced Caramel Macchiato - almond drink	Grande	almond drink [Water, <b>ALMOND</b> (2.5%), sugar, fructose,	583	142	4.2	1	22.4	20.8	0.7	1.6	0.22	3.6
Decaf Iced Caramel Macchiato - almond drink	Venti	almond drink [Water, <b>ALMOND</b> (2.5%), sugar, fructose,	649	157	4.3	1	26.1	24.5	0.7	1.7	0.23	3.6
Decaf Iced Caramel Macchiato - soya drink	Tall	soya drink [Water, hulled <b>SOYA</b> beans (8.7%), sugar, aci	547	131	4.4	1.2	16.3	15.1	1.1	5.9	0.19	1.8
Decaf Iced Caramel Macchiato - soya drink	Grande	soya drink [Water, hulled <b>SOYA</b> beans (8.7%), sugar, aci	767	183	6	1.5	22.6	20.8	1.8	8.7	0.26	3.6
Decaf Iced Caramel Macchiato - soya drink	Venti	soya drink [Water, hulled <b>SOYA</b> beans (8.7%), sugar, aci	837	200	6.1	1.5	26.4	24.4	1.8	8.9	0.27	3.6
Decaf Iced Caramel Macchiato - oat drink	Tall	oat drink [Water, <b>OAT</b> (10%), sunflower oil, chicory root	669	159	6.4	1.2	23.2	16.5	1.8	1.6	0.25	1.8
Decaf Iced Caramel Macchiato - oat drink	Grande	oat drink [Water, <b>OAT</b> (10%), sunflower oil, chicory root	948	224	9	1.5	32.9	22.7	2.7	2.4	0.36	3.6
Decaf Iced Caramel Macchiato - oat drink	Venti	oat drink [Water, <b>OAT</b> (10%), sunflower oil, chicory root	1022	242	9.2	1.5	36.8	26.4	2.8	2.4	0.36	3.6
Decaf Iced Caramel Macchiato - coconut drink	Tall	coconut drink [Water, coconut milk (5.7%) (water, coco	486	115	3.7	1.9	17.5	16.5	0.6	2.8	0.19	1.8
Decaf Iced Caramel Macchiato - coconut drink	Grande	coconut drink [Water, coconut milk (5.7%) (water, coco	676	160	5	2.5	24.4	22.8	1	4.2	0.26	3.6
Decaf Iced Caramel Macchiato - coconut drink	Venti	coconut drink [Water, coconut milk (5.7%) (water, coco	744	176	5.1	2.5	28.2	26.5	1	4.2	0.27	3.6
Blonde Iced Mocha - semi skimmed milk	Tall	semi skimmed milk [Semi skimmed <b>MILK</b> ], ice, mocha sa	958	229	12.9	9	19.9	18.9	1.9	7.4	0.19	54.9
Blonde Iced Mocha - semi skimmed milk	Grande	semi skimmed milk [Semi skimmed <b>MILK</b> ], ice, mocha sa	1304	312	17.2	11.9	28	26.3	3	9.9	0.25	103.7
Blonde Iced Mocha - semi skimmed milk	Venti	ice, semi skimmed milk [Semi skimmed <b>MILK</b> ], mocha sauc	1464	351	18.1	12.5	33.8	31.8	3.9	11.2	0.27	109.8
Blonde Iced Mocha - whole milk	Tall	whole milk [whole <b>MILK</b> ], ice, mocha sauce [water, sugar	1061	254	15.9	10.8	19.7	18.7	1.9	7.3	0.19	54.9
Blonde Iced Mocha - whole milk	Grande	whole milk [whole <b>MILK</b> ], ice, mocha sauce [water, sugar	1436	344	20.9	14.2	27.8	26.1	3	9.7	0.24	103.7
Blonde Iced Mocha - whole milk	Venti	ice, whole milk [whole <b>MILK</b> ], mocha sauce [water, sugar,	1609	385	22.2	15	33.6	31.6	3.9	11	0.26	109.8
Blonde Iced Mocha - skimmed milk	Tall	skimmed milk [skimmed <b>MILK</b> ], ice, mocha sauce [water,	881	211	10.8	7.5	20	19	1.9	7.4	0.20	54.9
Blonde Iced Mocha - skimmed milk	Grande	skimmed milk [skimmed <b>MILK</b> ], ice, mocha sauce [water,	1205	289	14.4	10	28.2	26.5	3	9.9	0.25	103.7
Blonde Iced Mocha - skimmed milk	Venti	ice, skimmed milk [skimmed <b>MILK</b> ], mocha sauce [water, s	1356	325	15	10.4	34	32	3.9	11.2	0.28	109.8
Blonde Iced Mocha - almond drink	Tall	almond drink [Water, <b>ALMOND</b> (2.5%), sugar, fructose,	801	194	12.1	7.4	16.4	15.4	2.2	2.8	0.14	54.9
Blonde Iced Mocha - almond drink	Grande	almond drink [Water, <b>ALMOND</b> (2.5%), sugar, fructose,	1103	267	16.2	9.9	23.6	21.9	3.3	4	0.18	103.7
Blonde Iced Mocha - almond drink	Venti	ice, almond drink [Water, <b>ALMOND</b> (2.5%), sugar, fructo	1244	301	16.9	10.3	29	27	4.3	4.7	0.19	109.8
Blonde Iced Mocha - soya drink	Tall	soya drink [Water, hulled <b>SOYA</b> beans (8.7%), sugar, aci	910	219	13.2	7.7	16.6	15.4	2.8	7	0.16	54.9

Blonde Iced Mocha - soya drink	Grande	soya drink [Water, hulled <b>SOYA</b> beans (8.7%), sugar, aci	1243	299	17.5	10.3	23.7	21.9	4.1	9.4	0.21	103.7
Blonde Iced Mocha - soya drink	Venti	ice, soya drink [Water, hulled <b>SOYA</b> beans (8.7%), sugar,	1397	335	18.4	10.7	29.2	26.9	5.1	10.6	0.23	109.8
Blonde Iced Mocha - oat drink	Tall	oat drink [Water, <b>OAT</b> (10%), sunflower oil, chicory root	1018	243	14.9	7.7	22.7	16.6	3.4	3.2	0.22	54.9
Blonde Iced Mocha - oat drink	Grande	oat drink [Water, <b>OAT</b> (10%), sunflower oil, chicory root	1381	330	19.8	10.3	31.5	23.4	4.9	4.6	0.28	103.7
Blonde Iced Mocha - oat drink	Venti	ice, oat drink [Water, <b>OAT</b> (10%), sunflower oil, chicory r	1549	370	20.9	10.7	37.7	28.6	6	5.3	0.31	109.8
Blonde Iced Mocha - coconut drink	Tall	coconut drink [Water, coconut milk (5.7%) (water, coco	856	205	12.6	8.3	17.6	16.6	2.4	4.3	0.16	54.9
Blonde Iced Mocha - coconut drink	Grande	coconut drink [Water, coconut milk (5.7%) (water, coco	1174	281	16.8	11.1	25.1	23.4	3.5	5.9	0.21	103.7
Blonde Iced Mocha - coconut drink	Venti	ice, coconut drink [Water, coconut milk (5.7%) (water, cd	1322	316	17.6	11.6	30.7	28.6	4.5	6.8	0.23	109.8
Decaf Iced Mocha - semi skimmed milk	Tall	ice, semi skimmed milk [Semi skimmed <b>MILK</b> ], mocha sau	1055	252	13.2	9.2	24.4	22.9	2.8	7.6	0.18	20
Decaf Iced Mocha - semi skimmed milk	Grande	semi skimmed milk [Semi skimmed <b>MILK</b> ], ice, mocha sa	1422	341	17.7	12.2	33.1	30.7	3.8	10.3	0.24	27.9
Decaf Iced Mocha - semi skimmed milk	Venti	ice, semi skimmed milk [Semi skimmed <b>MILK</b> ], mocha sau	1559	373	18.3	12.6	38.4	35.7	4.7	11.2	0.25	34
Decaf Iced Mocha - whole milk	Tall	ice, whole milk [whole <b>MILK</b> ], mocha sauce [water, sugar,	1149	275	15.9	10.8	24.2	22.7	2.8	7.4	0.18	20
Decaf Iced Mocha - whole milk	Grande	whole milk [whole <b>MILK</b> ], ice, mocha sauce [water, sugar,	1552	371	21.3	14.5	32.9	30.5	3.8	10.2	0.24	27.9
Decaf Iced Mocha - whole milk	Venti	ice, whole milk [whole <b>MILK</b> ], mocha sauce [water, sugar,	1694	405	22.1	15	38.2	35.5	4.7	11	0.25	34
Decaf Iced Mocha - skimmed milk	Tall	ice, skimmed milk [skimmed <b>MILK</b> ], mocha sauce [water, s	984	236	11.3	7.8	24.5	23	2.8	7.6	0.18	20
Decaf Iced Mocha - skimmed milk	Grande	skimmed milk [skimmed <b>MILK</b> ], ice, mocha sauce [water	1326	317	15	10.3	33.3	30.9	3.8	10.3	0.25	27.9
Decaf Iced Mocha - skimmed milk	Venti	ice, skimmed milk [skimmed <b>MILK</b> ], mocha sauce [water, s	1459	349	15.5	10.7	38.6	35.9	4.7	11.2	0.26	34
Decaf Iced Mocha - almond drink	Tall	ice, almond drink [Water, <b>ALMOND</b> (2.5%), sugar, fructo	911	220	12.5	7.7	21.2	19.7	3.1	3.3	0.13	20
Decaf Iced Mocha - almond drink	Grande	almond drink [Water, <b>ALMOND</b> (2.5%), sugar, fructose,	1226	296	16.7	10.3	28.8	26.4	4.2	4.5	0.18	27.9
Decaf Iced Mocha - almond drink	Venti	ice, almond drink [Water, <b>ALMOND</b> (2.5%), sugar, fructo	1355	327	17.3	10.6	33.9	31.2	5.1	5.2	0.18	34
Decaf Iced Mocha - soya drink	Tall	ice, soya drink [Water, hulled <b>SOYA</b> beans (8.7%), sugar,	1011	243	13.4	8	21.3	19.7	3.6	7.2	0.15	20
Decaf Iced Mocha - soya drink	Grande	soya drink [Water, hulled <b>SOYA</b> beans (8.7%), sugar, aci	1363	327	18	10.6	29	26.4	4.9	9.8	0.21	27.9
Decaf Iced Mocha - soya drink	Venti	ice, soya drink [Water, hulled <b>SOYA</b> beans (8.7%), sugar,	1497	359	18.6	11	34.1	31.1	5.9	10.7	0.21	34
Decaf Iced Mocha - oat drink	Tall	ice, oat drink [Water, <b>OAT</b> (10%), sunflower oil, chicory r	1110	265	15.1	8	26.9	20.7	4.2	3.7	0.20	20
Decaf Iced Mocha - oat drink	Grande	oat drink [Water, <b>OAT</b> (10%), sunflower oil, chicory root	1498	358	20.2	10.6	36.6	27.8	5.7	5.1	0.28	27.9
Decaf Iced Mocha - oat drink	Venti	ice, oat drink [Water, <b>OAT</b> (10%), sunflower oil, chicory r	1638	391	21	11	42	32.7	6.7	5.8	0.29	34
Decaf Iced Mocha - coconut drink	Tall	ice, coconut drink [Water, coconut milk (5.7%) (water, cd	962	230	12.9	8.6	22.3	20.8	3.2	4.7	0.15	20
Decaf Iced Mocha - coconut drink	Grande	coconut drink [Water, coconut milk (5.7%) (water, coco	1295	310	17.2	11.4	30.3	27.9	4.4	6.4	0.21	27.9
Decaf Iced Mocha - coconut drink	Venti	ice, coconut drink [Water, coconut milk (5.7%) (water, cd	1427	341	17.9	11.8	35.5	32.7	5.3	7.2	0.21	34
Blonde Iced White Mocha - semi skimmed milk	Tall	semi skimmed milk [Semi skimmed <b>MILK</b> ], ice, white cho	1087	260	13.6	9.7	26.7	26.4	0.2	7.5	0.31	42.7
Blonde Iced White Mocha - semi skimmed milk	Grande	semi skimmed milk [Semi skimmed <b>MILK</b> ], ice, white cho	1519	363	18.4	13.2	38.7	38.1	0.3	10.4	0.44	85.5
Blonde Iced White Mocha - semi skimmed milk	Venti	ice, semi skimmed milk [Semi skimmed <b>MILK</b> ], white choc	1725	412	19.5	14	47.5	46.9	0.3	11.4	0.51	85.5
Blonde Iced White Mocha - whole milk	Tall	whole milk [whole <b>MILK</b> ], ice, white chocolate mocha [Su	1192	285	16.6	11.6	26.6	26.2	0.2	7.3	0.31	42.7
Blonde Iced White Mocha - whole milk	Grande	whole milk [whole <b>MILK</b> ], ice, white chocolate mocha [Su	1661	397	22.5	15.7	38.5	37.9	0.3	10.2	0.43	85.5
Blonde Iced White Mocha - whole milk	Venti	ice, whole milk [whole <b>MILK</b> ], white chocolate mocha [Sug	1875	448	23.7	16.7	47.3	46.6	0.3	11.2	0.50	85.5
Blonde Iced White Mocha - skimmed milk	Tall	skimmed milk [skimmed <b>MILK</b> ], ice, white chocolate moc	1009	241	11.4	8.2	26.9	26.5	0.2	7.5	0.31	42.7
Blonde Iced White Mocha - skimmed milk	Grande	skimmed milk [skimmed <b>MILK</b> ], ice, white chocolate moc	1414	338	15.5	11.1	38.9	38.3	0.3	10.4	0.44	85.5
Blonde Iced White Mocha - skimmed milk	Venti	ice, skimmed milk [skimmed <b>MILK</b> ], white chocolate moch	1614	385	16.4	11.8	47.8	47.1	0.3	11.4	0.51	85.5
Blonde Iced White Mocha - almond drink	Tall	almond drink [Water, <b>ALMOND</b> (2.5%), sugar, fructose,	927	224	12.8	8.2	23.2	22.9	0.5	2.8	0.25	42.7
Blonde Iced White Mocha - almond drink	Grande	almond drink [Water, <b>ALMOND</b> (2.5%), sugar, fructose,	1304	315	17.3	11.1	34	33.3	0.7	4	0.36	85.5
Blonde Iced White Mocha - almond drink	Venti	ice, almond drink [Water, <b>ALMOND</b> (2.5%), sugar, fructo	1498	361	18.3	11.8	42.5	41.9	0.8	4.7	0.43	85.5
Blonde Iced White Mocha - soya drink	Tall	soya drink [Water, hulled <b>SOYA</b> beans (8.7%), sugar, aci	1039	249	13.9	8.5	23.3	22.8	1.1	7.1	0.28	42.7
Blonde Iced White Mocha - soya drink	Grande	soya drink [Water, hulled <b>SOYA</b> beans (8.7%), sugar, aci	1454	348	18.8	11.5	34.2	33.3	1.6	9.8	0.39	85.5
Blonde Iced White Mocha - soya drink	Venti	ice, soya drink [Water, hulled <b>SOYA</b> beans (8.7%), sugar,	1656	396	19.8	12.2	42.7	41.8	1.7	10.8	0.46	85.5
Blonde Iced White Mocha - oat drink	Tall	oat drink [Water, <b>OAT</b> (10%), sunflower oil, chicory root	1148	274	15.7	8.5	29.5	24	1.7	3.2	0.34	42.7
Blonde Iced White Mocha - oat drink	Grande	oat drink [Water, <b>OAT</b> (10%), sunflower oil, chicory root	1602	382	21.2	11.5	42.5	34.9	2.4	4.6	0.47	85.5
Blonde Iced White Mocha - oat drink	Venti	ice, oat drink [Water, <b>OAT</b> (10%), sunflower oil, chicory r	1812	432	22.4	12.2	51.5	43.5	2.5	5.4	0.55	85.5
Blonde Iced White Mocha - coconut drink	Tall	coconut drink [Water, coconut milk (5.7%) (water, coco	984	235	13.3	9.1	24.4	24.1	0.6	4.3	0.28	42.7
Blonde Iced White Mocha - coconut drink	Grande	coconut drink [Water, coconut milk (5.7%) (water, coco	1380	329	18	12.3	35.6	35	0.9	6.1	0.39	85.5
Blonde Iced White Mocha - coconut drink	Venti	ice, coconut drink [Water, coconut milk (5.7%) (water, cd	1578	376	19	13.1	44.3	43.6	1	6.9	0.46	85.5
Decaf Iced White Mocha - semi skimmed milk	Tall	ice, semi skimmed milk [Semi skimmed <b>MILK</b> ], white choc	1249	298	14.3	10.3	34.6	34.1	0.2	7.7	0.36	1.8
Decaf Iced White Mocha - semi skimmed milk	Grande	semi skimmed milk [Semi skimmed <b>MILK</b> ], ice, white cho	1681	402	19.1	13.7	46.8	45.7	0.3	10.5	0.48	3.6
Decaf Iced White Mocha - semi skimmed milk	Venti	ice, semi skimmed milk [Semi skimmed <b>MILK</b> ], white choc	1882	449	20.1	14.5	55.4	54.4	0.3	11.4	0.55	3.6
Decaf Iced White Mocha - whole milk	Tall	ice, whole milk [whole <b>MILK</b> ], white chocolate mocha [Sug	1346	321	17	12	34.5	34	0.2	7.5	0.35	1.8
Decaf Iced White Mocha - whole milk	Grande	whole milk [whole <b>MILK</b> ], ice, white chocolate mocha [Su	1814	433	22.8	16.1	46.6	45.5	0.3	10.3	0.48	3.6
Decaf Iced White Mocha - whole milk	Venti	ice, whole milk [whole <b>MILK</b> ], white chocolate mocha [Sug	2021	482	24	17	55.2	54.2	0.3	11.2	0.55	3.6
Decaf Iced White Mocha - skimmed milk	Tall	ice, skimmed milk [skimmed <b>MILK</b> ], white chocolate moch	1177	281	12.3	8.9	34.8	34.2	0.2	7.7	0.36	1.8
Decaf Iced White Mocha - skimmed milk	Grande	skimmed milk [skimmed <b>MILK</b> ], ice, white chocolate moc	1582	378	16.3	11.8	47	45.9	0.3	10.5	0.49	3.6
Decaf Iced White Mocha - skimmed milk	Venti	ice, skimmed milk [skimmed <b>MILK</b> ], white chocolate moch	1778	424	17.2	12.5	55.7	54.6	0.3	11.4	0.56	3.6
Decaf Iced White Mocha - almond drink	Tall	ice, almond drink [Water, <b>ALMOND</b> (2.5%), sugar, fructo	1101	265	13.5	8.9	31.4	30.9	0.4	3.3	0.31	1.8
Decaf Iced White Mocha - almond drink	Grande	almond drink [Water, <b>ALMOND</b> (2.5%), sugar, fructose,	1479	356	18	11.7	42.3	41.3	0.7	4.5	0.41	3.6
Decaf Iced White Mocha - almond drink	Venti	ice, almond drink [Water, <b>ALMOND</b> (2.5%), sugar, fructo	1671	401	19	12.5	50.8	49.7	0.7	5.2	0.48	3.6
Decaf Iced White Mocha - soya drink	Tall	ice, soya drink [Water, hulled <b>SOYA</b> beans (8.7%), sugar,	1204	288	14.5	9.1	31.5	30.8	1	7.3	0.33	1.8
Decaf Iced White Mocha - soya drink	Grande	soya drink [Water, hulled <b>SOYA</b> beans (8.7%), sugar, aci	1620	388	19.4	12.1	42.5	41.2	1.5	10	0.44	3.6

Decaf Iced White Mocha - soya drink	Venti	ice, soya drink [Water, hulled SOYA beans (8.7%), sugar,	1818	435	20.4	12.9	51	49.7	1.5	10.9	0.51	3.6
Decaf Iced White Mocha - oat drink	Tall	ice, oat drink [Water, OAT (10%), sunflower oil, chicory r	1306	311	16.2	9.1	37.2	31.9	1.6	3.7	0.38	1.8
Decaf Iced White Mocha - oat drink	Grande	oat drink [Water, OAT (10%), sunflower oil, chicory roo	1759	419	21.7	12.1	50.3	42.7	2.2	5.1	0.52	3.6
Decaf Iced White Mocha - oat drink	Venti	ice, oat drink [Water, OAT (10%), sunflower oil, chicory r	1963	468	22.8	12.9	59.2	51.3	2.3	5.8	0.59	3.6
Decaf Iced White Mocha - coconut drink	Tall	ice, coconut drink [Water, coconut milk (5.7%) (water, co	1154	275	14	9.7	32.5	32	0.6	4.7	0.33	1.8
Decaf Iced White Mocha - coconut drink	Grande	coconut drink [Water, coconut milk (5.7%) (water, coco	1551	370	18.6	12.9	43.9	42.8	0.9	6.5	0.44	3.6
Decaf Iced White Mocha - coconut drink	Venti	ice, coconut drink [Water, coconut milk (5.7%) (water, co	1745	416	19.6	13.7	52.4	51.4	0.9	7.2	0.51	3.6
Signature Iced Brown Sugar Oat Shaken Espresso - semi skimmed milk	Tall	ice, semi skimmed milk [Semi skimmed MILK], espresso ro	426	101	2.1	1.3	16	15	0.3	4.4	0.12	89.1
Signature Iced Brown Sugar Oat Shaken Espresso - semi skimmed milk	Grande	ice, semi skimmed milk [Semi skimmed MILK], espresso ro	546	130	2.6	1.6	20.8	19.4	0.4	5.5	0.15	133.6
Signature Iced Brown Sugar Oat Shaken Espresso - semi skimmed milk	Venti	ice, semi skimmed milk [Semi skimmed MILK], espresso ro	656	156	3	1.8	25.4	23.6	0.5	6.4	0.17	178.2
Signature Iced Brown Sugar Oat Shaken Espresso - whole milk	Tall	ice, whole milk [whole MILK], espresso roast (as consumed	503	119	4.3	2.7	15.9	14.9	0.3	4.3	0.12	89.1
Signature Iced Brown Sugar Oat Shaken Espresso - whole milk	Grande	ice, whole milk [whole MILK], espresso roast (as consumed	640	152	5.2	3.3	20.7	19.3	0.4	5.4	0.15	133.6
Signature Iced Brown Sugar Oat Shaken Espresso - whole milk	Venti	ice, whole milk [whole MILK], espresso roast (as consumed	763	181	6	3.8	25.3	23.4	0.5	6.2	0.17	178.2
Signature Iced Brown Sugar Oat Shaken Espresso - skimmed milk	Tall	ice, skimmed milk [skimmed MILK], espresso roast (as cons	368	87	0.5	0.2	16.1	15.1	0.3	4.4	0.13	89.1
Signature Iced Brown Sugar Oat Shaken Espresso - skimmed milk	Grande	ice, skimmed milk [skimmed MILK], espresso roast (as cons	476	113	0.6	0.2	21	19.5	0.4	5.5	0.16	133.6
Signature Iced Brown Sugar Oat Shaken Espresso - skimmed milk	Venti	ice, skimmed milk [skimmed MILK], espresso roast (as cons	576	136	0.7	0.3	25.6	23.7	0.5	6.4	0.18	178.2
Signature Iced Brown Sugar Oat Shaken Espresso - almond drink	Tall	ice, almond drink [Water, ALMOND (2.5%), sugar, fructo	309	75	1.5	0.2	13.4	12.4	0.5	1	0.08	89.1
Signature Iced Brown Sugar Oat Shaken Espresso - almond drink	Grande	ice, almond drink [Water, ALMOND (2.5%), sugar, fructo	403	97	1.9	0.2	17.7	16.3	0.7	1.3	0.10	133.6
Signature Iced Brown Sugar Oat Shaken Espresso - almond drink	Venti	ice, almond drink [Water, ALMOND (2.5%), sugar, fructo	493	119	2.2	0.2	21.9	20	0.9	1.6	0.12	178.2
Signature Iced Brown Sugar Oat Shaken Espresso - soya drink	Tall	ice, soya drink [Water, hulled SOYA beans (8.7%), sugar,	390	93	2.3	0.4	13.5	12.4	0.9	4.1	0.10	89.1
Signature Iced Brown Sugar Oat Shaken Espresso - soya drink	Grande	ice, soya drink [Water, hulled SOYA beans (8.7%), sugar,	503	120	2.8	0.5	17.8	16.2	1.2	5.1	0.12	133.6
Signature Iced Brown Sugar Oat Shaken Espresso - soya drink	Venti	ice, soya drink [Water, hulled SOYA beans (8.7%), sugar,	606	144	3.2	0.6	22	19.9	1.5	6	0.14	178.2
Signature Iced Brown Sugar Oat Shaken Espresso - oat drink	Tall	ice, oat drink [Water, OAT (10%), sunflower oil, chicory r	471	111	3.6	0.4	18	13.3	1.4	1.3	0.14	89.1
Signature Iced Brown Sugar Oat Shaken Espresso - oat drink	Grande	ice, oat drink [Water, OAT (10%), sunflower oil, chicory r	601	142	4.4	0.5	23.3	17.3	1.8	1.7	0.18	133.6
Signature Iced Brown Sugar Oat Shaken Espresso - oat drink	Venti	ice, oat drink [Water, OAT (10%), sunflower oil, chicory r	718	170	5.1	0.6	28.3	21.2	2.1	2.1	0.20	178.2
Signature Iced Brown Sugar Oat Shaken Espresso - coconut drink	Tall	ice, coconut drink [Water, coconut milk (5.7%) (water, co	350	83	1.8	0.8	14.3	13.3	0.6	2.1	0.10	89.1
Signature Iced Brown Sugar Oat Shaken Espresso - coconut drink	Grande	ice, coconut drink [Water, coconut milk (5.7%) (water, co	454	107	2.3	1	18.8	17.4	0.8	2.7	0.12	133.6
Signature Iced Brown Sugar Oat Shaken Espresso - coconut drink	Venti	ice, coconut drink [Water, coconut milk (5.7%) (water, co	550	130	2.6	1.2	23.1	21.2	1	3.2	0.14	178.2
Decaf Iced Brown Sugar Oat Shaken Espresso - semi skimmed milk	Tall	ice, semi skimmed milk [Semi skimmed MILK], decaf espres	428	102	2.1	1.3	16.2	15	0.2	4.3	0.12	3.6
Decaf Iced Brown Sugar Oat Shaken Espresso - semi skimmed milk	Grande	ice, semi skimmed milk [Semi skimmed MILK], decaf espres	549	130	2.6	1.6	21.2	19.4	0.3	5.3	0.15	5.4
Decaf Iced Brown Sugar Oat Shaken Espresso - semi skimmed milk	Venti	ice, semi skimmed milk [Semi skimmed MILK], decaf espres	659	157	3	1.8	26	23.6	0.4	6.1	0.17	7.2
Decaf Iced Brown Sugar Oat Shaken Espresso - whole milk	Tall	ice, whole milk [whole MILK], decaf espresso (as consumed	505	120	4.3	2.7	16.1	14.9	0.2	4.2	0.12	3.6
Decaf Iced Brown Sugar Oat Shaken Espresso - whole milk	Grande	ice, whole milk [whole MILK], decaf espresso (as consumed	642	153	5.2	3.3	21.1	19.3	0.3	5.2	0.15	5.4
Decaf Iced Brown Sugar Oat Shaken Espresso - whole milk	Venti	ice, whole milk [whole MILK], decaf espresso (as consumed	767	182	6	3.8	25.8	23.4	0.4	6	0.17	7.2
Decaf Iced Brown Sugar Oat Shaken Espresso - skimmed milk	Tall	ice, skimmed milk [skimmed MILK], decaf espresso (as con	370	88	0.5	0.2	16.4	15.1	0.2	4.3	0.13	3.6
Decaf Iced Brown Sugar Oat Shaken Espresso - skimmed milk	Grande	ice, skimmed milk [skimmed MILK], decaf espresso (as con	479	113	0.6	0.2	21.4	19.6	0.3	5.3	0.16	5.4
Decaf Iced Brown Sugar Oat Shaken Espresso - skimmed milk	Venti	ice, skimmed milk [skimmed MILK], decaf espresso (as con	579	137	0.7	0.3	26.1	23.8	0.4	6.1	0.18	7.2
Decaf Iced Brown Sugar Oat Shaken Espresso - almond drink	Tall	ice, almond drink [Water, ALMOND (2.5%), sugar, fructo	310	75	1.5	0.2	13.7	12.5	0.5	0.8	0.08	3.6
Decaf Iced Brown Sugar Oat Shaken Espresso - almond drink	Grande	ice, almond drink [Water, ALMOND (2.5%), sugar, fructo	406	98	1.9	0.2	18.1	16.3	0.6	1.1	0.10	5.4
Decaf Iced Brown Sugar Oat Shaken Espresso - almond drink	Venti	ice, almond drink [Water, ALMOND (2.5%), sugar, fructo	496	120	2.2	0.2	22.4	20	0.8	1.3	0.12	7.2
Decaf Iced Brown Sugar Oat Shaken Espresso - soya drink	Tall	ice, soya drink [Water, hulled SOYA beans (8.7%), sugar,	392	93	2.3	0.4	13.8	12.4	0.9	4	0.10	3.6
Decaf Iced Brown Sugar Oat Shaken Espresso - soya drink	Grande	ice, soya drink [Water, hulled SOYA beans (8.7%), sugar,	505	120	2.8	0.5	18.2	16.3	1.2	4.9	0.12	5.4
Decaf Iced Brown Sugar Oat Shaken Espresso - soya drink	Venti	ice, soya drink [Water, hulled SOYA beans (8.7%), sugar,	610	145	3.2	0.6	22.5	20	1.4	5.7	0.14	7.2
Decaf Iced Brown Sugar Oat Shaken Espresso - oat drink	Tall	ice, oat drink [Water, OAT (10%), sunflower oil, chicory r	473	112	3.6	0.4	18.3	13.3	1.3	1.2	0.14	3.6
Decaf Iced Brown Sugar Oat Shaken Espresso - oat drink	Grande	ice, oat drink [Water, OAT (10%), sunflower oil, chicory r	603	143	4.4	0.5	23.8	17.3	1.7	1.5	0.18	5.4
Decaf Iced Brown Sugar Oat Shaken Espresso - oat drink	Venti	ice, oat drink [Water, OAT (10%), sunflower oil, chicory r	722	171	5.1	0.6	28.9	21.2	2	1.8	0.20	7.2
Decaf Iced Brown Sugar Oat Shaken Espresso - coconut drink	Tall	ice, coconut drink [Water, coconut milk (5.7%) (water, co	352	83	1.8	0.8	14.6	13.3	0.6	2	0.10	3.6
Decaf Iced Brown Sugar Oat Shaken Espresso - coconut drink	Grande	ice, coconut drink [Water, coconut milk (5.7%) (water, co	456	108	2.3	1	19.2	17.4	0.7	2.5	0.12	5.4
Decaf Iced Brown Sugar Oat Shaken Espresso - coconut drink	Venti	ice, coconut drink [Water, coconut milk (5.7%) (water, co	554	131	2.6	1.2	23.6	21.3	0.9	2.9	0.14	7.2
Blonde Starbucks Doubleshot Iced Coffee	Mini	ice, blonde roast (as consumed) [whole bean roasted coff	356	86	8	5	2.1	1.4	0.3	1.3	0.03	85.5
Decaf Starbucks Doubleshot Iced Coffee	Mini	ice, decaf espresso (as consumed) [whole bean roasted co	362	88	8	5	2.5	1.4	0.2	1.3	0.03	3.6
Blonde Starbucks Doubleshot Vanilla Iced Coffee	Mini	ice, blonde roast (as consumed) [whole bean roasted coff	423	102	8	5	6.1	5.3	0.3	1.3	0.03	85.5
Decaf Starbucks Doubleshot Vanilla Iced Coffee	Mini	ice, decaf espresso (as consumed) [whole bean roasted co	429	103	8	5	6.5	5.3	0.2	1.3	0.03	3.6
<b>Alternative Coffee Bean - Frappuccino</b>												
Decaf Coffee Frappuccino - semi skimmed milk	Tall	ice, semi skimmed milk [Semi skimmed MILK], coffee frapp	873	208	10.5	7.4	24.9	24.4	0.1	3.3	0.38	1.7
Decaf Coffee Frappuccino - semi skimmed milk	Grande	ice, semi skimmed milk [Semi skimmed MILK], coffee frapp	1108	265	13.6	9.6	31.4	30.5	0.2	3.9	0.46	2.8
Decaf Coffee Frappuccino - semi skimmed milk	Venti	ice, semi skimmed milk [Semi skimmed MILK], coffee frapp	1226	293	13.6	9.6	38.2	37	0.3	3.9	0.56	4.1
Decaf Coffee Frappuccino - whole milk	Tall	ice, whole milk [whole MILK], coffee frappuccino syrup [W	922	220	11.9	8.3	24.9	24.3	0.1	3.3	0.37	1.7
Decaf Coffee Frappuccino - whole milk	Grande	ice, whole milk [whole MILK], coffee frappuccino syrup [W	1162	278	15.1	10.6	31.3	30.4	0.2	3.8	0.46	2.8
Decaf Coffee Frappuccino - whole milk	Venti	ice, whole milk [whole MILK], coffee frappuccino syrup [W	1278	305	15.1	10.6	38.1	36.9	0.3	3.8	0.56	4.1
Decaf Coffee Frappuccino - skimmed milk	Tall	ice, skimmed milk [skimmed MILK], coffee frappuccino syr	836	200	9.5	6.7	25	24.5	0.1	3.3	0.38	1.7
Decaf Coffee Frappuccino - skimmed milk	Grande	ice, skimmed milk [skimmed MILK], coffee frappuccino syr	1068	255	12.5	8.9	31.4	30.6	0.2	3.9	0.47	2.8
Decaf Coffee Frappuccino - skimmed milk	Venti	ice, skimmed milk [skimmed MILK], coffee frappuccino syr	1187	283	12.5	8.9	38.3	37	0.3	3.9	0.56	4.1
Decaf Coffee Frappuccino - almond drink	Tall	ice, almond drink [Water, ALMOND (2.5%), sugar, fructo	798	192	10.1	6.7	23.3	22.7	0.2	1.1	0.35	1.7

Decaf Coffee Frappuccino - almond drink	Grande	ice, almond drink [Water, <b>ALMOND</b> (2.5%), sugar, fructo	1026	246	13.2	8.8	29.6	28.7	0.3	1.4	0.43	2.8
Decaf Coffee Frappuccino - almond drink	Venti	ice, almond drink [Water, <b>ALMOND</b> (2.5%), sugar, fructo	1147	275	13.2	8.8	36.5	35.2	0.4	1.5	0.53	4.1
Decaf Coffee Frappuccino - soya drink	Tall	ice, soya drink [Water, hulled <b>SOYA</b> beans (8.7%), sugar,	850	203	10.6	6.8	23.3	22.7	0.5	3.1	0.36	1.7
Decaf Coffee Frappuccino - soya drink	Grande	ice, soya drink [Water, hulled <b>SOYA</b> beans (8.7%), sugar,	1083	259	13.7	9	29.6	28.7	0.7	3.7	0.45	2.8
Decaf Coffee Frappuccino - soya drink	Venti	ice, soya drink [Water, hulled <b>SOYA</b> beans (8.7%), sugar,	1202	287	13.7	9	36.5	35.2	0.7	3.6	0.54	4.1
Decaf Coffee Frappuccino - oat drink	Tall	ice, oat drink [Water, <b>OAT</b> (10%), sunflower oil, chicory r	902	215	11.5	6.8	26.3	23.3	0.8	1.3	0.39	1.7
Decaf Coffee Frappuccino - oat drink	Grande	ice, oat drink [Water, <b>OAT</b> (10%), sunflower oil, chicory r	1140	272	14.7	9	32.8	29.3	1	1.7	0.48	2.8
Decaf Coffee Frappuccino - oat drink	Venti	ice, oat drink [Water, <b>OAT</b> (10%), sunflower oil, chicory r	1256	300	14.6	9	39.6	35.8	1	1.7	0.57	4.1
Decaf Coffee Frappuccino - coconut drink	Tall	ice, coconut drink [Water, coconut milk (5.7%) (water, cc	824	197	10.3	7.1	23.9	23.3	0.3	1.8	0.36	1.7
Decaf Coffee Frappuccino - coconut drink	Grande	ice, coconut drink [Water, coconut milk (5.7%) (water, cc	1055	252	13.4	9.3	30.2	29.3	0.4	2.2	0.45	2.8
Decaf Coffee Frappuccino - coconut drink	Venti	ice, coconut drink [Water, coconut milk (5.7%) (water, cc	1175	280	13.4	9.3	37.1	35.8	0.5	2.3	0.54	4.1
Decaf Caramel Frappuccino - semi skimmed milk	Tall	ice, semi skimmed milk [Semi skimmed <b>MILK</b> ], coffee frapp	1057	252	12	8.4	32.4	31.4	0.1	3.2	0.39	1.5
Decaf Caramel Frappuccino - semi skimmed milk	Grande	ice, semi skimmed milk [Semi skimmed <b>MILK</b> ], coffee frapp	1338	319	15.3	10.7	41	39.6	0.2	3.8	0.49	2.6
Decaf Caramel Frappuccino - semi skimmed milk	Venti	ice, semi skimmed milk [Semi skimmed <b>MILK</b> ], coffee frapp	1505	359	15.5	10.8	50.2	48.4	0.3	3.9	0.60	3.9
Decaf Caramel Frappuccino - whole milk	Tall	ice, whole milk [whole <b>MILK</b> ], coffee frappuccino syrup [W	1101	263	13.3	9.2	32.4	31.4	0.1	3.1	0.39	1.5
Decaf Caramel Frappuccino - whole milk	Grande	ice, whole milk [whole <b>MILK</b> ], coffee frappuccino syrup [W	1389	332	16.8	11.6	41	39.6	0.2	3.8	0.49	2.6
Decaf Caramel Frappuccino - whole milk	Venti	ice, whole milk [whole <b>MILK</b> ], coffee frappuccino syrup [W	1555	371	17	11.7	50.1	48.3	0.3	3.8	0.60	3.9
Decaf Caramel Frappuccino - skimmed milk	Tall	ice, skimmed milk [skimmed <b>MILK</b> ], coffee frappuccino syr	1024	244	11.1	7.8	32.5	31.5	0.1	3.2	0.39	1.5
Decaf Caramel Frappuccino - skimmed milk	Grande	ice, skimmed milk [skimmed <b>MILK</b> ], coffee frappuccino syr	1300	310	14.3	10	41.1	39.7	0.2	3.8	0.49	2.6
Decaf Caramel Frappuccino - skimmed milk	Venti	ice, skimmed milk [skimmed <b>MILK</b> ], coffee frappuccino syr	1468	350	14.5	10.1	50.3	48.4	0.3	3.9	0.60	3.9
Decaf Caramel Frappuccino - almond drink	Tall	ice, almond drink [Water, <b>ALMOND</b> (2.5%), sugar, fructo	990	237	11.7	7.7	31	30	0.2	1.2	0.37	1.5
Decaf Caramel Frappuccino - almond drink	Grande	ice, almond drink [Water, <b>ALMOND</b> (2.5%), sugar, fructo	1261	302	14.9	10	39.3	37.9	0.3	1.6	0.47	2.6
Decaf Caramel Frappuccino - almond drink	Venti	ice, almond drink [Water, <b>ALMOND</b> (2.5%), sugar, fructo	1429	342	15.2	10.1	48.5	46.7	0.4	1.7	0.57	3.9
Decaf Caramel Frappuccino - soya drink	Tall	ice, soya drink [Water, hulled <b>SOYA</b> beans (8.7%), sugar,	1037	248	12.1	7.9	31	29.9	0.5	3	0.38	1.5
Decaf Caramel Frappuccino - soya drink	Grande	ice, soya drink [Water, hulled <b>SOYA</b> beans (8.7%), sugar,	1315	314	15.5	10.1	39.4	37.9	0.6	3.6	0.48	2.6
Decaf Caramel Frappuccino - soya drink	Venti	ice, soya drink [Water, hulled <b>SOYA</b> beans (8.7%), sugar,	1482	354	15.7	10.2	48.6	46.7	0.7	3.7	0.58	3.9
Decaf Caramel Frappuccino - oat drink	Tall	ice, oat drink [Water, <b>OAT</b> (10%), sunflower oil, chicory r	1083	258	12.9	7.9	33.6	30.4	0.7	1.4	0.40	1.5
Decaf Caramel Frappuccino - oat drink	Grande	ice, oat drink [Water, <b>OAT</b> (10%), sunflower oil, chicory r	1368	326	16.3	10.1	42.4	38.5	0.9	1.8	0.51	2.6
Decaf Caramel Frappuccino - oat drink	Venti	ice, oat drink [Water, <b>OAT</b> (10%), sunflower oil, chicory r	1534	366	16.5	10.2	51.5	47.2	1	1.9	0.61	3.9
Decaf Caramel Frappuccino - coconut drink	Tall	ice, coconut drink [Water, coconut milk (5.7%) (water, cc	1014	242	11.9	8.1	31.5	30.5	0.3	1.9	0.38	1.5
Decaf Caramel Frappuccino - coconut drink	Grande	ice, coconut drink [Water, coconut milk (5.7%) (water, cc	1288	307	15.2	10.4	39.9	38.5	0.4	2.3	0.48	2.6
Decaf Caramel Frappuccino - coconut drink	Venti	ice, coconut drink [Water, coconut milk (5.7%) (water, cc	1456	347	15.4	10.5	49.1	47.3	0.5	2.4	0.58	3.9
Decaf Mocha Frappuccino - semi skimmed milk	Tall	ice, semi skimmed milk [Semi skimmed <b>MILK</b> ], coffee frapp	945	226	10.9	7.7	27.6	26.8	0.9	3.7	0.35	7.1
Decaf Mocha Frappuccino - semi skimmed milk	Grande	ice, semi skimmed milk [Semi skimmed <b>MILK</b> ], coffee frapp	1252	299	14.3	10	37.1	35.8	1.3	4.6	0.46	10.4
Decaf Mocha Frappuccino - semi skimmed milk	Venti	ice, semi skimmed milk [Semi skimmed <b>MILK</b> ], coffee frapp	1407	336	14.4	10.1	45.4	43.7	1.7	4.8	0.55	13.7
Decaf Mocha Frappuccino - whole milk	Tall	ice, whole milk [whole <b>MILK</b> ], coffee frappuccino syrup [W	991	237	12.2	8.5	27.6	26.8	0.9	3.6	0.35	7.1
Decaf Mocha Frappuccino - whole milk	Grande	ice, whole milk [whole <b>MILK</b> ], coffee frappuccino syrup [W	1305	312	15.8	11	37.1	35.8	1.3	4.5	0.46	10.4
Decaf Mocha Frappuccino - whole milk	Venti	ice, whole milk [whole <b>MILK</b> ], coffee frappuccino syrup [W	1458	348	15.9	11	45.4	43.6	1.7	4.7	0.55	13.7
Decaf Mocha Frappuccino - skimmed milk	Tall	ice, skimmed milk [skimmed <b>MILK</b> ], coffee frappuccino syr	911	218	9.9	7	27.7	26.9	0.9	3.7	0.35	7.1
Decaf Mocha Frappuccino - skimmed milk	Grande	ice, skimmed milk [skimmed <b>MILK</b> ], coffee frappuccino syr	1212	289	13.1	9.3	37.2	35.9	1.3	4.6	0.46	10.4
Decaf Mocha Frappuccino - skimmed milk	Venti	ice, skimmed milk [skimmed <b>MILK</b> ], coffee frappuccino syr	1369	326	13.4	9.4	45.5	43.7	1.7	4.8	0.55	13.7
Decaf Mocha Frappuccino - almond drink	Tall	ice, almond drink [Water, <b>ALMOND</b> (2.5%), sugar, fructo	876	210	10.5	7	26.1	25.3	1.1	1.7	0.32	7.1
Decaf Mocha Frappuccino - almond drink	Grande	ice, almond drink [Water, <b>ALMOND</b> (2.5%), sugar, fructo	1170	281	13.8	9.2	35.3	34.1	1.5	2.2	0.43	10.4
Decaf Mocha Frappuccino - almond drink	Venti	ice, almond drink [Water, <b>ALMOND</b> (2.5%), sugar, fructo	1329	318	14	9.4	43.7	42	1.8	2.5	0.52	13.7
Decaf Mocha Frappuccino - soya drink	Tall	ice, soya drink [Water, hulled <b>SOYA</b> beans (8.7%), sugar,	924	221	11	7.1	26.2	25.3	1.3	3.5	0.33	7.1
Decaf Mocha Frappuccino - soya drink	Grande	ice, soya drink [Water, hulled <b>SOYA</b> beans (8.7%), sugar,	1227	293	14.4	9.4	35.4	34	1.8	4.4	0.44	10.4
Decaf Mocha Frappuccino - soya drink	Venti	ice, soya drink [Water, hulled <b>SOYA</b> beans (8.7%), sugar,	1383	330	14.5	9.5	43.8	41.9	2.1	4.6	0.54	13.7
Decaf Mocha Frappuccino - oat drink	Tall	ice, oat drink [Water, <b>OAT</b> (10%), sunflower oil, chicory r	972	232	11.8	7.1	28.8	25.8	1.6	1.8	0.36	7.1
Decaf Mocha Frappuccino - oat drink	Grande	ice, oat drink [Water, <b>OAT</b> (10%), sunflower oil, chicory r	1283	306	15.3	9.4	38.6	34.6	2.1	2.4	0.47	10.4
Decaf Mocha Frappuccino - oat drink	Venti	ice, oat drink [Water, <b>OAT</b> (10%), sunflower oil, chicory r	1437	342	15.4	9.5	46.8	42.5	2.4	2.7	0.56	13.7
Decaf Mocha Frappuccino - coconut drink	Tall	ice, coconut drink [Water, coconut milk (5.7%) (water, cc	901	215	10.7	7.4	26.6	25.8	1.1	2.3	0.33	7.1
Decaf Mocha Frappuccino - coconut drink	Grande	ice, coconut drink [Water, coconut milk (5.7%) (water, cc	1199	286	14.1	9.7	36	34.7	1.5	3	0.44	10.4
Decaf Mocha Frappuccino - coconut drink	Venti	ice, coconut drink [Water, coconut milk (5.7%) (water, cc	1356	323	14.3	9.8	44.3	42.5	1.9	3.3	0.54	13.7
Decaf Java Chip Frappuccino - semi skimmed milk	Tall	ice, semi skimmed milk [Semi skimmed <b>MILK</b> ], coffee frapp	1123	268	13.2	9.5	32.3	30.3	1.6	4.2	0.39	8.6
Decaf Java Chip Frappuccino - semi skimmed milk	Grande	ice, semi skimmed milk [Semi skimmed <b>MILK</b> ], coffee frapp	1492	356	17.4	12.6	43.5	40.5	2.2	5.3	0.51	12
Decaf Java Chip Frappuccino - semi skimmed milk	Venti	ice, semi skimmed milk [Semi skimmed <b>MILK</b> ], coffee frapp	1696	405	18.3	13.3	52.8	48.9	2.8	5.5	0.61	15.4
Decaf Java Chip Frappuccino - whole milk	Tall	ice, whole milk [whole <b>MILK</b> ], coffee frappuccino syrup [W	1168	279	14.4	10.3	32.3	30.2	1.6	4.1	0.38	8.6
Decaf Java Chip Frappuccino - whole milk	Grande	ice, whole milk [whole <b>MILK</b> ], coffee frappuccino syrup [W	1545	369	18.9	13.5	43.4	40.4	2.2	5.2	0.51	12
Decaf Java Chip Frappuccino - whole milk	Venti	ice, whole milk [whole <b>MILK</b> ], coffee frappuccino syrup [W	1746	417	19.7	14.2	52.7	48.9	2.8	5.5	0.61	15.4
Decaf Java Chip Frappuccino - skimmed milk	Tall	ice, skimmed milk [skimmed <b>MILK</b> ], coffee frappuccino syr	1090	260	12.2	8.9	32.4	30.4	1.6	4.2	0.39	8.6
Decaf Java Chip Frappuccino - skimmed milk	Grande	ice, skimmed milk [skimmed <b>MILK</b> ], coffee frappuccino syr	1453	347	16.3	11.8	43.6	40.6	2.2	5.3	0.52	12
Decaf Java Chip Frappuccino - skimmed milk	Venti	ice, skimmed milk [skimmed <b>MILK</b> ], coffee frappuccino syr	1659	396	17.3	12.6	52.9	49	2.8	5.5	0.62	15.4
Decaf Java Chip Frappuccino - almond drink	Tall	ice, almond drink [Water, <b>ALMOND</b> (2.5%), sugar, fructo	1056	253	12.8	8.9	30.9	28.8	1.7	2.2	0.36	8.6
Decaf Java Chip Frappuccino - almond drink	Grande	ice, almond drink [Water, <b>ALMOND</b> (2.5%), sugar, fructo	1412	338	17	11.8	41.7	38.7	2.3	2.9	0.49	12

Decaf Java Chip Frappuccino - almond drink	Venti	ice, almond drink [Water, <b>ALMOND</b> (2.5%), sugar, fructo	1620	388	17.9	12.6	51.1	47.3	2.9	3.3	0.59	15.4
Decaf Java Chip Frappuccino - soya drink	Tall	ice, soya drink [Water, hulled <b>SOYA</b> beans (8.7%), sugar,	1103	264	13.3	9	30.9	28.8	2	4	0.37	8.6
Decaf Java Chip Frappuccino - soya drink	Grande	ice, soya drink [Water, hulled <b>SOYA</b> beans (8.7%), sugar,	1468	351	17.5	12	41.8	38.7	2.7	5	0.50	12
Decaf Java Chip Frappuccino - soya drink	Venti	ice, soya drink [Water, hulled <b>SOYA</b> beans (8.7%), sugar,	1673	400	18.4	12.7	51.2	47.3	3.2	5.3	0.60	15.4
Decaf Java Chip Frappuccino - oat drink	Tall	ice, oat drink [Water, <b>OAT</b> (10%), sunflower oil, chicory r	1149	274	14	9	33.5	29.3	2.3	2.4	0.40	8.6
Decaf Java Chip Frappuccino - oat drink	Grande	ice, oat drink [Water, <b>OAT</b> (10%), sunflower oil, chicory r	1523	364	18.4	12	44.9	39.3	3	3.1	0.53	12
Decaf Java Chip Frappuccino - oat drink	Venti	ice, oat drink [Water, <b>OAT</b> (10%), sunflower oil, chicory r	1725	412	19.3	12.7	54.1	47.8	3.5	3.5	0.63	15.4
Decaf Java Chip Frappuccino - coconut drink	Tall	ice, coconut drink [Water, coconut milk (5.7%) (water, cc	1080	258	13	9.3	31.4	29.3	1.8	2.8	0.37	8.6
Decaf Java Chip Frappuccino - coconut drink	Grande	ice, coconut drink [Water, coconut milk (5.7%) (water, cc	1440	344	17.2	12.3	42.3	39.4	2.4	3.7	0.50	12
Decaf Java Chip Frappuccino - coconut drink	Venti	ice, coconut drink [Water, coconut milk (5.7%) (water, cc	1647	393	18.1	13	51.7	47.8	3	4	0.60	15.4
<b>Summer Alternative Coffee FY26</b>												
Decaf Ristretto Mocha - semi skimmed milk	Short	semi skimmed milk [Semi skimmed <b>MILK</b> ], decaf espress	518	123	3.2	2	16.9	14.7	2.1	5.6	0.13	17.6
Decaf Ristretto Mocha - whole milk	Short	whole milk [whole <b>MILK</b> ], decaf espresso (as consumed) [v	593	141	5.3	3.3	16.8	14.6	2.1	5.5	0.12	17.6
Decaf Ristretto Mocha - skimmed milk	Short	skimmed milk [skimmed <b>MILK</b> ], decaf espresso (as consur	461	110	1.6	0.9	17	14.8	2.1	5.6	0.13	17.6
Decaf Ristretto Mocha - almond drink	Short	almond drink [Water, <b>ALMOND</b> (2.5%), sugar, fructose,	403	97	2.6	0.8	14.4	12.1	2.4	2.2	0.09	17.6
Decaf Ristretto Mocha - soya drink	Short	soya drink [Water, hulled <b>SOYA</b> beans (8.7%), sugar, aci	483	115	3.4	1.1	14.5	12.1	2.8	5.3	0.10	17.6
Decaf Ristretto Mocha - oat drink	Short	oat drink [Water, <b>OAT</b> (10%), sunflower oil, chicory roo	562	134	4.7	1.1	19	13	3.2	2.5	0.15	17.6
Decaf Ristretto Mocha - coconut drink	Short	coconut drink [Water, coconut milk (5.7%) (water, coco	443	105	2.9	1.5	15.3	13	2.5	3.3	0.10	17.6
Blonde Ristretto Mocha - semi skimmed milk	Short	semi skimmed milk [Semi skimmed <b>MILK</b> ], ristretto blond	506	120	3	1.9	16.7	14.6	1.8	5.6	0.13	125.6
Blonde Ristretto Mocha - whole milk	Short	whole milk [whole <b>MILK</b> ], ristretto blonde single shot (as c	582	138	5.2	3.3	16.5	14.4	1.8	5.5	0.13	125.6
Blonde Ristretto Mocha - skimmed milk	Short	skimmed milk [skimmed <b>MILK</b> ], ristretto blonde single sh	450	107	1.5	0.9	16.8	14.7	1.8	5.6	0.13	125.6
Blonde Ristretto Mocha - almond drink	Short	almond drink [Water, <b>ALMOND</b> (2.5%), sugar, fructose,	391	94	2.4	0.8	14.1	12	2	2.3	0.09	125.6
Blonde Ristretto Mocha - soya drink	Short	soya drink [Water, hulled <b>SOYA</b> beans (8.7%), sugar, aci	471	112	3.2	1	14.2	12	2.5	5.3	0.11	125.6
Blonde Ristretto Mocha - oat drink	Short	oat drink [Water, <b>OAT</b> (10%), sunflower oil, chicory roo	550	130	4.5	1	18.7	12.9	2.9	2.6	0.15	125.6
Blonde Ristretto Mocha - coconut drink	Short	coconut drink [Water, coconut milk (5.7%) (water, coco	432	102	2.8	1.5	15	12.9	2.1	3.4	0.11	125.6
Decaf Brown Sugar Long Black	Short	water, decaf espresso (as consumed) [whole bean roasted	156	37	0.2	0.1	8.2	6.5	0.3	0.4	0.00	5.4
Blonde Brown Sugar Long Black	Short	water, ristretto blonde single shot (as consumed) [Whole b	145	34	0	0	7.9	6.4	0	0.4	0.00	113.4
Signature Iced Caramelised Banana Oat Shaken Espresso - semi skimm	Tall	ice, semi skimmed milk [Semi skimmed <b>MILK</b> ], espresso ro	557	132	3.5	2.4	19.7	18.7	0.3	5.4	0.28	89.1
Signature Iced Caramelised Banana Oat Shaken Espresso - semi skimm	Grande	ice, semi skimmed milk [Semi skimmed <b>MILK</b> ], espresso ro	713	169	4.3	3.1	25.6	24.1	0.4	6.7	0.36	133.6
Signature Iced Caramelised Banana Oat Shaken Espresso - semi skimm	Venti	ice, semi skimmed milk [Semi skimmed <b>MILK</b> ], espresso ro	875	208	5.3	3.7	31.7	29.7	0.6	8.1	0.44	178.2
Signature Iced Caramelised Banana Oat Shaken Espresso - almond drin	Tall	ice, whole milk [whole <b>MILK</b> ], espresso roast (as consumed	635	151	5.6	3.8	19.6	18.6	0.3	5.3	0.28	89.1
Signature Iced Caramelised Banana Oat Shaken Espresso - whole milk	Grande	ice, whole milk [whole <b>MILK</b> ], espresso roast (as consumed	804	191	6.9	4.7	25.5	24	0.4	6.6	0.35	133.6
Signature Iced Caramelised Banana Oat Shaken Espresso - whole milk	Venti	ice, whole milk [whole <b>MILK</b> ], espresso roast (as consumed	982	233	8.3	5.6	31.5	29.5	0.6	7.9	0.43	178.2
Signature Iced Caramelised Banana Oat Shaken Espresso - skimmed m	Tall	ice, skimmed milk [skimmed <b>MILK</b> ], espresso roast (as cons	500	119	1.9	1.3	19.8	18.8	0.3	5.4	0.28	89.1
Signature Iced Caramelised Banana Oat Shaken Espresso - skimmed m	Grande	ice, skimmed milk [skimmed <b>MILK</b> ], espresso roast (as cons	645	153	2.4	1.8	25.8	24.3	0.4	6.7	0.36	133.6
Signature Iced Caramelised Banana Oat Shaken Espresso - skimmed m	Venti	ice, skimmed milk [skimmed <b>MILK</b> ], espresso roast (as cons	795	189	3	2.2	31.8	29.9	0.6	8.1	0.44	178.2
Signature Iced Caramelised Banana Oat Shaken Espresso - almond drin	Tall	ice, almond drink [Water, <b>ALMOND</b> (2.5%), sugar, fructo	440	106	2.9	1.3	17.1	16.1	0.5	2	0.24	89.1
Signature Iced Caramelised Banana Oat Shaken Espresso - almond drin	Grande	ice, almond drink [Water, <b>ALMOND</b> (2.5%), sugar, fructo	574	138	3.6	1.7	22.6	21.1	0.7	2.6	0.31	133.6
Signature Iced Caramelised Banana Oat Shaken Espresso - almond drin	Venti	ice, almond drink [Water, <b>ALMOND</b> (2.5%), sugar, fructo	712	171	4.4	2.1	28.1	26.1	0.9	3.3	0.38	178.2
Signature Iced Caramelised Banana Oat Shaken Espresso - soya drink	Tall	ice, soya drink [Water, hulled <b>SOYA</b> beans (8.7%), sugar,	522	124	3.6	1.5	17.2	16.1	1	5.1	0.26	89.1
Signature Iced Caramelised Banana Oat Shaken Espresso - soya drink	Grande	ice, soya drink [Water, hulled <b>SOYA</b> beans (8.7%), sugar,	671	160	4.5	2	22.7	21.1	1.2	6.3	0.33	133.6
Signature Iced Caramelised Banana Oat Shaken Espresso - soya drink	Venti	ice, soya drink [Water, hulled <b>SOYA</b> beans (8.7%), sugar,	825	197	5.5	2.4	28.2	26.1	1.5	7.6	0.40	178.2
Signature Iced Caramelised Banana Oat Shaken Espresso - oat drink	Tall	ice, oat drink [Water, <b>OAT</b> (10%), sunflower oil, chicory r	602	143	5	1.5	21.8	17	1.4	2.3	0.30	89.1
Signature Iced Caramelised Banana Oat Shaken Espresso - oat drink	Grande	ice, oat drink [Water, <b>OAT</b> (10%), sunflower oil, chicory r	766	182	6.1	2	28.1	22.1	1.8	3	0.38	133.6
Signature Iced Caramelised Banana Oat Shaken Espresso - oat drink	Venti	ice, oat drink [Water, <b>OAT</b> (10%), sunflower oil, chicory r	937	222	7.4	2.4	34.6	27.3	2.1	3.7	0.46	178.2
Signature Iced Caramelised Banana Oat Shaken Espresso - coconut dri	Tall	ice, coconut drink [Water, coconut milk (5.7%) (water, cc	482	114	3.2	2	18	17	0.6	3.1	0.26	89.1
Signature Iced Caramelised Banana Oat Shaken Espresso - coconut dri	Grande	ice, coconut drink [Water, coconut milk (5.7%) (water, cc	623	148	4	2.5	23.6	22.1	0.8	3.9	0.33	133.6
Signature Iced Caramelised Banana Oat Shaken Espresso - coconut dri	Venti	ice, coconut drink [Water, coconut milk (5.7%) (water, cc	769	182	4.9	3.1	29.3	27.4	1.1	4.8	0.40	178.2
Decaf Iced Caramelised Banana Oat Shaken Espresso - semi skimmed r	Tall	ice, semi skimmed milk [Semi skimmed <b>MILK</b> ], decaf espres	559	133	3.5	2.4	20	18.7	0.3	5.3	0.28	3.6
Decaf Iced Caramelised Banana Oat Shaken Espresso - semi skimmed r	Grande	ice, semi skimmed milk [Semi skimmed <b>MILK</b> ], decaf espres	716	170	4.3	3.1	26	24.2	0.4	6.5	0.36	5.4
Decaf Iced Caramelised Banana Oat Shaken Espresso - semi skimmed r	Venti	ice, semi skimmed milk [Semi skimmed <b>MILK</b> ], decaf espres	879	209	5.3	3.7	32.2	29.7	0.5	7.8	0.44	7.2
Decaf Iced Caramelised Banana Oat Shaken Espresso - whole milk	Tall	ice, whole milk [whole <b>MILK</b> ], decaf espresso (as consumed	636	151	5.6	3.8	19.9	18.6	0.3	5.2	0.28	3.6
Decaf Iced Caramelised Banana Oat Shaken Espresso - whole milk	Grande	ice, whole milk [whole <b>MILK</b> ], decaf espresso (as consumed	807	192	6.9	4.7	25.9	24	0.4	6.4	0.35	5.4
Decaf Iced Caramelised Banana Oat Shaken Espresso - whole milk	Venti	ice, whole milk [whole <b>MILK</b> ], decaf espresso (as consumed	986	234	8.3	5.6	32.1	29.6	0.5	7.7	0.43	7.2
Decaf Iced Caramelised Banana Oat Shaken Espresso - skimmed milk	Tall	ice, skimmed milk [skimmed <b>MILK</b> ], decaf espresso (as con	502	119	1.9	1.3	20.1	18.8	0.3	5.3	0.28	3.6
Decaf Iced Caramelised Banana Oat Shaken Espresso - skimmed milk	Grande	ice, skimmed milk [skimmed <b>MILK</b> ], decaf espresso (as con	648	154	2.4	1.8	26.2	24.3	0.4	6.5	0.36	5.4
Decaf Iced Caramelised Banana Oat Shaken Espresso - skimmed milk	Venti	ice, skimmed milk [skimmed <b>MILK</b> ], decaf espresso (as con	799	189	3	2.2	32.4	29.9	0.5	7.8	0.44	7.2
Decaf Iced Caramelised Banana Oat Shaken Espresso - almond drink	Tall	ice, almond drink [Water, <b>ALMOND</b> (2.5%), sugar, fructo	442	106	2.9	1.3	17.4	16.1	0.5	1.8	0.24	3.6
Decaf Iced Caramelised Banana Oat Shaken Espresso - almond drink	Grande	ice, almond drink [Water, <b>ALMOND</b> (2.5%), sugar, fructo	577	139	3.6	1.7	23	21.1	0.6	2.4	0.31	5.4
Decaf Iced Caramelised Banana Oat Shaken Espresso - almond drink	Venti	ice, almond drink [Water, <b>ALMOND</b> (2.5%), sugar, fructo	715	172	4.4	2.1	28.6	26.2	0.8	3	0.38	7.2
Decaf Iced Caramelised Banana Oat Shaken Espresso - soya drink	Tall	ice, soya drink [Water, hulled <b>SOYA</b> beans (8.7%), sugar,	524	125	3.6	1.5	17.5	16.1	0.9	5	0.26	3.6
Decaf Iced Caramelised Banana Oat Shaken Espresso - soya drink	Grande	ice, soya drink [Water, hulled <b>SOYA</b> beans (8.7%), sugar,	674	161	4.5	2	23.1	21.1	1.2	6.1	0.33	5.4
Decaf Iced Caramelised Banana Oat Shaken Espresso - soya drink	Venti	ice, soya drink [Water, hulled <b>SOYA</b> beans (8.7%), sugar,	829	197	5.5	2.4	28.8	26.1	1.4	7.4	0.40	7.2
Decaf Iced Caramelised Banana Oat Shaken Espresso - oat drink	Tall	ice, oat drink [Water, <b>OAT</b> (10%), sunflower oil, chicory r	604	143	5	1.5	22.1	17	1.4	2.2	0.30	3.6










Decaf Iced Caramelised Banana Oat Shaken Espresso - oat drink	Grande	ice, oat drink [Water, OAT (10%), sunflower oil, chicory r	769	182	6.1	2	28.5	22.1	1.7	2.8	0.38	5.4
Decaf Iced Caramelised Banana Oat Shaken Espresso - oat drink	Venti	ice, oat drink [Water, OAT (10%), sunflower oil, chicory r	941	223	7.4	2.4	35.1	27.3	2	3.5	0.46	7.2
Decaf Iced Caramelised Banana Oat Shaken Espresso - coconut drink	Tall	ice, coconut drink [Water, coconut milk (5.7%) (water, cc	483	114	3.2	2	18.3	17	0.6	3	0.26	3.6
Decaf Iced Caramelised Banana Oat Shaken Espresso - coconut drink	Grande	ice, coconut drink [Water, coconut milk (5.7%) (water, cc	626	148	4	2.5	24	22.2	0.8	3.7	0.33	5.4
Decaf Iced Caramelised Banana Oat Shaken Espresso - coconut drink	Venti	ice, coconut drink [Water, coconut milk (5.7%) (water, cc	773	183	4.9	3.1	29.9	27.4	1	4.6	0.40	7.2
Decaf Iced Caramelised Banana Latte - semi skimmed milk	Tall	semi skimmed milk [Semi skimmed MILK], ice, caramelis	763	181	4.6	3.2	26.3	25.6	0.1	8.5	0.41	1.8
Decaf Iced Caramelised Banana Latte - semi skimmed milk	Grande	semi skimmed milk [Semi skimmed MILK], ice, caramelis	993	236	6	4.2	34.4	33	0.3	10.9	0.53	3.6
Decaf Iced Caramelised Banana Latte - semi skimmed milk	Venti	ice, semi skimmed milk [Semi skimmed MILK], caramelised	1155	274	6.9	4.8	40.7	39.2	0.3	12.3	0.62	3.6
Decaf Iced Caramelised Banana Latte - whole milk	Tall	whole milk [whole MILK], ice, caramelised banana cold fo	872	207	7.7	5.1	26.2	25.4	0.1	8.4	0.41	1.8
Decaf Iced Caramelised Banana Latte - whole milk	Grande	whole milk [whole MILK], ice, caramelised banana cold fo	1131	269	9.9	6.6	34.2	32.8	0.3	10.7	0.52	3.6
Decaf Iced Caramelised Banana Latte - whole milk	Venti	ice, whole milk [whole MILK], caramelised banana cold foa	1308	311	11.2	7.6	40.5	39	0.3	12.1	0.61	3.6
Decaf Iced Caramelised Banana Latte - skimmed milk	Tall	skimmed milk [skimmed MILK], ice, caramelised banana	682	162	2.3	1.6	26.5	25.7	0.1	8.5	0.41	1.8
Decaf Iced Caramelised Banana Latte - skimmed milk	Grande	skimmed milk [skimmed MILK], ice, caramelised banana	889	211	3.1	2.2	34.6	33.3	0.3	10.9	0.53	3.6
Decaf Iced Caramelised Banana Latte - skimmed milk	Venti	ice, skimmed milk [skimmed MILK], caramelised banana cc	1041	247	3.7	2.6	40.9	39.4	0.3	12.3	0.62	3.6
Decaf Iced Caramelised Banana Latte - almond drink	Tall	almond drink [Water, ALMOND (2.5%), sugar, fructose,	598	144	3.7	1.6	22.7	21.9	0.5	3.7	0.35	1.8
Decaf Iced Caramelised Banana Latte - almond drink	Grande	almond drink [Water, ALMOND (2.5%), sugar, fructose,	782	188	4.9	2.1	29.8	28.4	0.7	4.7	0.46	3.6
Decaf Iced Caramelised Banana Latte - almond drink	Venti	ice, almond drink [Water, ALMOND (2.5%), sugar, fructo	922	221	5.7	2.5	35.6	34.1	0.7	5.4	0.54	3.6
Decaf Iced Caramelised Banana Latte - soya drink	Tall	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	713	170	4.8	1.9	22.9	21.9	1.1	8.1	0.38	1.8
Decaf Iced Caramelised Banana Latte - soya drink	Grande	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	928	221	6.3	2.5	30	28.4	1.5	10.3	0.49	3.6
Decaf Iced Caramelised Banana Latte - soya drink	Venti	ice, soya drink [Water, hulled SOYA beans (8.7%), sugar,	1084	258	7.2	3	35.7	34.1	1.6	11.7	0.57	3.6
Decaf Iced Caramelised Banana Latte - oat drink	Tall	oat drink [Water, OAT (10%), sunflower oil, chicory roo	826	196	6.7	1.9	29.3	23.1	1.7	4.1	0.44	1.8
Decaf Iced Caramelised Banana Latte - oat drink	Grande	oat drink [Water, OAT (10%), sunflower oil, chicory roo	1073	254	8.7	2.5	38.2	29.9	2.3	5.3	0.56	3.6
Decaf Iced Caramelised Banana Latte - oat drink	Venti	ice, oat drink [Water, OAT (10%), sunflower oil, chicory r	1244	295	9.8	3	44.8	35.8	2.5	6.1	0.66	3.6
Decaf Iced Caramelised Banana Latte - coconut drink	Tall	coconut drink [Water, coconut milk (5.7%) (water, coco	657	155	4.2	2.5	24	23.2	0.6	5.3	0.38	1.8
Decaf Iced Caramelised Banana Latte - coconut drink	Grande	coconut drink [Water, coconut milk (5.7%) (water, coco	856	202	5.5	3.3	31.4	30	0.9	6.7	0.49	3.6
Decaf Iced Caramelised Banana Latte - coconut drink	Venti	ice, coconut drink [Water, coconut milk (5.7%) (water, cc	1004	237	6.3	3.9	37.3	35.9	0.9	7.7	0.57	3.6
Signature Iced Caramelised Banana Latte - semi skimmed milk	Tall	semi skimmed milk [Semi skimmed MILK], ice, caramelis	762	181	4.6	3.2	26.2	25.6	0.2	8.6	0.41	44.5
Signature Iced Caramelised Banana Latte - semi skimmed milk	Grande	semi skimmed milk [Semi skimmed MILK], ice, caramelis	991	235	6	4.2	34.2	33	0.3	11.1	0.53	89.1
Signature Iced Caramelised Banana Latte - semi skimmed milk	Venti	ice, semi skimmed milk [Semi skimmed MILK], caramelised	1153	274	6.9	4.8	40.4	39.2	0.3	12.4	0.62	89.1
Signature Iced Caramelised Banana Latte - whole milk	Tall	whole milk [whole MILK], ice, caramelised banana cold fo	871	207	7.7	5.1	26	25.4	0.2	8.4	0.41	44.5
Signature Iced Caramelised Banana Latte - whole milk	Grande	whole milk [whole MILK], ice, caramelised banana cold fo	1129	268	9.9	6.6	34	32.8	0.3	10.9	0.52	89.1
Signature Iced Caramelised Banana Latte - whole milk	Venti	ice, whole milk [whole MILK], caramelised banana cold foa	1307	310	11.2	7.6	40.2	39	0.3	12.2	0.61	89.1
Signature Iced Caramelised Banana Latte - skimmed milk	Tall	skimmed milk [skimmed MILK], ice, caramelised banana	681	161	2.3	1.6	26.4	25.7	0.2	8.6	0.41	44.5
Signature Iced Caramelised Banana Latte - skimmed milk	Grande	skimmed milk [skimmed MILK], ice, caramelised banana	887	210	3.1	2.2	34.4	33.2	0.3	11.1	0.53	89.1
Signature Iced Caramelised Banana Latte - skimmed milk	Venti	ice, skimmed milk [skimmed MILK], caramelised banana cc	1039	246	3.7	2.6	40.6	39.4	0.3	12.4	0.62	89.1
Signature Iced Caramelised Banana Latte - almond drink	Tall	almond drink [Water, ALMOND (2.5%), sugar, fructose,	597	144	3.7	1.6	22.6	21.9	0.5	3.7	0.35	44.5
Signature Iced Caramelised Banana Latte - almond drink	Grande	almond drink [Water, ALMOND (2.5%), sugar, fructose,	780	187	4.9	2.1	29.5	28.4	0.7	4.8	0.46	89.1
Signature Iced Caramelised Banana Latte - almond drink	Venti	ice, almond drink [Water, ALMOND (2.5%), sugar, fructo	920	221	5.7	2.5	35.3	34.1	0.8	5.6	0.54	89.1
Signature Iced Caramelised Banana Latte - soya drink	Tall	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	712	169	4.8	1.9	22.7	21.9	1.1	8.2	0.38	44.5
Signature Iced Caramelised Banana Latte - soya drink	Grande	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	927	221	6.3	2.5	29.7	28.3	1.5	10.5	0.49	89.1
Signature Iced Caramelised Banana Latte - soya drink	Venti	ice, soya drink [Water, hulled SOYA beans (8.7%), sugar,	1082	258	7.2	3	35.5	34	1.7	11.8	0.57	89.1
Signature Iced Caramelised Banana Latte - oat drink	Tall	oat drink [Water, OAT (10%), sunflower oil, chicory roo	825	195	6.7	1.9	29.1	23.1	1.7	4.2	0.44	44.5
Signature Iced Caramelised Banana Latte - oat drink	Grande	oat drink [Water, OAT (10%), sunflower oil, chicory roo	1072	254	8.7	2.5	37.9	29.9	2.3	5.4	0.56	89.1
Signature Iced Caramelised Banana Latte - oat drink	Venti	ice, oat drink [Water, OAT (10%), sunflower oil, chicory r	1243	294	9.8	3	44.5	35.8	2.5	6.2	0.66	89.1
Signature Iced Caramelised Banana Latte - coconut drink	Tall	coconut drink [Water, coconut milk (5.7%) (water, coco	656	155	4.2	2.5	23.8	23.2	0.6	5.3	0.38	44.5
Signature Iced Caramelised Banana Latte - coconut drink	Grande	coconut drink [Water, coconut milk (5.7%) (water, coco	854	202	5.5	3.3	31.1	30	0.9	6.9	0.49	89.1
Signature Iced Caramelised Banana Latte - coconut drink	Venti	ice, coconut drink [Water, coconut milk (5.7%) (water, cc	1002	237	6.3	3.9	37.1	35.8	1	7.8	0.57	89.1
Signature Caramelised Banana Velvet Latte - semi skimmed milk	Short	semi skimmed milk [Semi skimmed MILK], caramelised b	584	138	3.5	2.5	19.6	19.1	0.2	6.9	0.31	44.5
Signature Caramelised Banana Velvet Latte - semi skimmed milk	Tall	semi skimmed milk [Semi skimmed MILK], caramelised b	865	205	5.5	3.8	28.6	27.9	0.2	10.4	0.47	44.5
Signature Caramelised Banana Velvet Latte - semi skimmed milk	Grande	semi skimmed milk [Semi skimmed MILK], caramelised b	1084	257	6.3	4.7	36.3	35.2	0.3	12.7	0.58	89.1
Signature Caramelised Banana Velvet Latte - semi skimmed milk	Venti	semi skimmed milk [Semi skimmed MILK], caramelised b	1408	334	9	6.2	46.3	45.1	0.3	16.9	0.75	89.1
Signature Caramelised Banana Velvet Latte - whole milk	Short	whole milk [whole MILK], caramelised banana cold foam	671	159	6	4	19.5	18.9	0.2	6.8	0.31	44.5
Signature Caramelised Banana Velvet Latte - whole milk	Tall	whole milk [whole MILK], caramelised banana cold foam	1007	239	9.5	6.3	28.4	27.7	0.2	10.2	0.46	44.5
Signature Caramelised Banana Velvet Latte - whole milk	Grande	whole milk [whole MILK], caramelised banana cold foam	1254	298	11.6	7.7	36.1	34.9	0.3	12.4	0.57	89.1
Signature Caramelised Banana Velvet Latte - whole milk	Venti	whole milk [whole MILK], caramelised banana cold foam	1646	391	15.7	10.4	46	44.8	0.3	16.5	0.74	89.1
Signature Caramelised Banana Velvet Latte - skimmed milk	Short	skimmed milk [skimmed MILK], caramelised banana cold	519	123	1.7	1.2	19.8	19.2	0.2	6.9	0.32	44.5
Signature Caramelised Banana Velvet Latte - skimmed milk	Tall	skimmed milk [skimmed MILK], caramelised banana cold	758	180	2.5	1.7	28.8	28.1	0.2	10.4	0.47	44.5
Signature Caramelised Banana Velvet Latte - skimmed milk	Grande	skimmed milk [skimmed MILK], caramelised banana cold	958	227	3.2	2.2	36.6	35.4	0.3	12.7	0.58	89.1
Signature Caramelised Banana Velvet Latte - skimmed milk	Venti	skimmed milk [skimmed MILK], caramelised banana cold	1231	292	4	2.8	46.7	45.5	0.3	16.9	0.76	89.1
Signature Caramelised Banana Velvet Latte - almond drink	Short	almond drink [Water, ALMOND (2.5%), sugar, fructose,	451	109	2.9	1.2	16.7	16.1	0.4	3	0.27	44.5
Signature Caramelised Banana Velvet Latte - almond drink	Tall	almond drink [Water, ALMOND (2.5%), sugar, fructose,	648	156	4.3	1.6	23.8	23.2	0.6	4	0.39	44.5
Signature Caramelised Banana Velvet Latte - almond drink	Grande	almond drink [Water, ALMOND (2.5%), sugar, fructose,	826	199	5.4	2.1	30.7	29.5	0.8	5.1	0.49	89.1
Signature Caramelised Banana Velvet Latte - almond drink	Venti	almond drink [Water, ALMOND (2.5%), sugar, fructose,	1046	253	7.2	2.7	38.4	37.2	1	6.2	0.63	89.1
Signature Caramelised Banana Velvet Latte - soya drink	Short	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	543	129	3.7	1.4	16.8	16.1	0.9	6.6	0.29	44.5

Signature Caramelised Banana Velvet Latte - soya drink	Tall	soya drink [Water, hulled <b>SOYA</b> beans (8.7%), sugar, aci	799	190	5.8	2.1	24	23.1	1.4	9.8	0.42	44.5
Signature Caramelised Banana Velvet Latte - soya drink	Grande	soya drink [Water, hulled <b>SOYA</b> beans (8.7%), sugar, aci	1006	240	7.1	2.6	30.9	29.5	1.8	12	0.53	89.1
Signature Caramelised Banana Velvet Latte - soya drink	Venti	soya drink [Water, hulled <b>SOYA</b> beans (8.7%), sugar, aci	1298	309	9.5	3.3	38.7	37.1	2.4	15.9	0.68	89.1
Signature Caramelised Banana Velvet Latte - oat drink	Short	oat drink [Water, <b>OAT</b> (10%), sunflower oil, chicory roo	634	150	5.2	1.4	22	17.1	1.4	3.4	0.34	44.5
Signature Caramelised Banana Velvet Latte - oat drink	Tall	oat drink [Water, <b>OAT</b> (10%), sunflower oil, chicory roo	947	224	8.2	2.1	32.4	24.7	2.2	4.6	0.50	44.5
Signature Caramelised Banana Velvet Latte - oat drink	Grande	oat drink [Water, <b>OAT</b> (10%), sunflower oil, chicory roo	1183	280	10.1	2.6	40.9	31.4	2.8	5.8	0.62	89.1
Signature Caramelised Banana Velvet Latte - oat drink	Venti	oat drink [Water, <b>OAT</b> (10%), sunflower oil, chicory roo	1547	366	13.6	3.3	52.7	39.8	3.8	7.2	0.81	89.1
Signature Caramelised Banana Velvet Latte - coconut drink	Short	coconut drink [Water, coconut milk (5.7%) (water, coco	498	118	3.2	1.9	17.7	17.2	0.5	4.3	0.29	44.5
Signature Caramelised Banana Velvet Latte - coconut drink	Tall	coconut drink [Water, coconut milk (5.7%) (water, coco	724	171	5	2.9	25.5	24.8	0.8	6.1	0.42	44.5
Signature Caramelised Banana Velvet Latte - coconut drink	Grande	coconut drink [Water, coconut milk (5.7%) (water, coco	917	217	6.2	3.6	32.6	31.5	1.1	7.5	0.53	89.1
Signature Caramelised Banana Velvet Latte - coconut drink	Venti	coconut drink [Water, coconut milk (5.7%) (water, coco	1174	277	8.2	4.8	41.2	39.9	1.4	9.7	0.68	89.1
Decaf Caramelised Banana Velvet Latte - semi skimmed milk	Short	semi skimmed milk [Semi skimmed <b>MILK</b> ], caramelised b	585	139	3.5	2.5	19.8	19.1	0.1	6.9	0.31	1.8
Decaf Caramelised Banana Velvet Latte - semi skimmed milk	Tall	semi skimmed milk [Semi skimmed <b>MILK</b> ], caramelised b	865	205	5.5	3.8	28.7	27.9	0.1	10.3	0.47	1.8
Decaf Caramelised Banana Velvet Latte - semi skimmed milk	Grande	semi skimmed milk [Semi skimmed <b>MILK</b> ], caramelised b	1086	258	6.7	4.7	36.6	35.2	0.3	12.5	0.58	3.6
Decaf Caramelised Banana Velvet Latte - semi skimmed milk	Venti	semi skimmed milk [Semi skimmed <b>MILK</b> ], caramelised b	1410	335	9	6.2	46.6	45.2	0.3	16.7	0.75	3.6
Decaf Caramelised Banana Velvet Latte - whole milk	Short	whole milk [whole <b>MILK</b> ], caramelised banana cold foam f	672	159	6	4	19.6	18.9	0.1	6.7	0.31	1.8
Decaf Caramelised Banana Velvet Latte - whole milk	Tall	whole milk [whole <b>MILK</b> ], caramelised banana cold foam f	1008	239	9.5	6.3	28.5	27.7	0.1	10.1	0.46	1.8
Decaf Caramelised Banana Velvet Latte - whole milk	Grande	whole milk [whole <b>MILK</b> ], caramelised banana cold foam f	1256	298	11.6	7.7	36.4	35	0.3	12.3	0.57	3.6
Decaf Caramelised Banana Velvet Latte - whole milk	Venti	whole milk [whole <b>MILK</b> ], caramelised banana cold foam f	1648	391	15.7	10.4	46.3	44.8	0.3	16.4	0.74	3.6
Decaf Caramelised Banana Velvet Latte - skimmed milk	Short	skimmed milk [skimmed <b>MILK</b> ], caramelised banana cold	519	123	1.7	1.2	19.9	19.2	0.1	6.9	0.32	1.8
Decaf Caramelised Banana Velvet Latte - skimmed milk	Tall	skimmed milk [skimmed <b>MILK</b> ], caramelised banana cold	759	180	2.5	1.7	28.9	28.2	0.1	10.3	0.47	1.8
Decaf Caramelised Banana Velvet Latte - skimmed milk	Grande	skimmed milk [skimmed <b>MILK</b> ], caramelised banana cold	959	227	3.2	2.2	36.9	35.5	0.3	12.5	0.58	3.6
Decaf Caramelised Banana Velvet Latte - skimmed milk	Venti	skimmed milk [skimmed <b>MILK</b> ], caramelised banana cold	1233	292	4	2.8	47	45.5	0.3	16.7	0.76	3.6
Decaf Caramelised Banana Velvet Latte - almond drink	Short	almond drink [Water, <b>ALMOND</b> (2.5%), sugar, fructose,	452	109	2.9	1.2	16.9	16.2	0.4	3	0.27	1.8
Decaf Caramelised Banana Velvet Latte - almond drink	Tall	almond drink [Water, <b>ALMOND</b> (2.5%), sugar, fructose,	649	156	4.3	1.6	24	23.2	0.6	3.9	0.39	1.8
Decaf Caramelised Banana Velvet Latte - almond drink	Grande	almond drink [Water, <b>ALMOND</b> (2.5%), sugar, fructose,	828	199	5.4	2.1	30.9	29.5	0.8	4.9	0.49	3.6
Decaf Caramelised Banana Velvet Latte - almond drink	Venti	almond drink [Water, <b>ALMOND</b> (2.5%), sugar, fructose,	1048	253	7.2	2.7	38.7	37.2	1	6	0.63	3.6
Decaf Caramelised Banana Velvet Latte - soya drink	Short	soya drink [Water, hulled <b>SOYA</b> beans (8.7%), sugar, aci	544	130	3.7	1.4	17	16.1	0.9	6.5	0.29	1.8
Decaf Caramelised Banana Velvet Latte - soya drink	Tall	soya drink [Water, hulled <b>SOYA</b> beans (8.7%), sugar, aci	800	190	5.8	2.1	24.1	23.1	1.4	9.7	0.42	1.8
Decaf Caramelised Banana Velvet Latte - soya drink	Grande	soya drink [Water, hulled <b>SOYA</b> beans (8.7%), sugar, aci	1007	240	7.1	2.6	31.1	29.5	1.8	11.8	0.53	3.6
Decaf Caramelised Banana Velvet Latte - soya drink	Venti	soya drink [Water, hulled <b>SOYA</b> beans (8.7%), sugar, aci	1300	310	9.5	3.3	39	37.1	2.4	15.7	0.68	3.6
Decaf Caramelised Banana Velvet Latte - oat drink	Short	oat drink [Water, <b>OAT</b> (10%), sunflower oil, chicory roo	635	150	5.2	1.4	22.1	17.1	1.4	3.3	0.34	1.8
Decaf Caramelised Banana Velvet Latte - oat drink	Tall	oat drink [Water, <b>OAT</b> (10%), sunflower oil, chicory roo	948	224	8.2	2.1	32.5	24.8	2.2	4.5	0.50	1.8
Decaf Caramelised Banana Velvet Latte - oat drink	Grande	oat drink [Water, <b>OAT</b> (10%), sunflower oil, chicory roo	1185	280	10.1	2.6	41.2	31.4	2.7	5.7	0.62	3.6
Decaf Caramelised Banana Velvet Latte - oat drink	Venti	oat drink [Water, <b>OAT</b> (10%), sunflower oil, chicory roo	1549	367	13.6	3.3	53	39.8	3.7	7.1	0.81	3.6
Decaf Caramelised Banana Velvet Latte - coconut drink	Short	coconut drink [Water, coconut milk (5.7%) (water, coco	499	118	3.2	1.9	17.9	17.2	0.5	4.2	0.29	1.8
Decaf Caramelised Banana Velvet Latte - coconut drink	Tall	coconut drink [Water, coconut milk (5.7%) (water, coco	725	171	5	2.9	25.6	24.8	0.8	6	0.42	1.8
Decaf Caramelised Banana Velvet Latte - coconut drink	Grande	coconut drink [Water, coconut milk (5.7%) (water, coco	919	217	6.2	3.6	32.9	31.5	1	7.4	0.53	3.6
Decaf Caramelised Banana Velvet Latte - coconut drink	Venti	coconut drink [Water, coconut milk (5.7%) (water, coco	1176	278	8.2	4.8	41.4	40	1.3	9.5	0.68	3.6
Decaf Brown Sugar Frappuccino - semi skimmed milk	Tall	ice, semi skimmed milk [Semi skimmed <b>MILK</b> ], brown suga	909	217	11.1	6.9	26.2	25.3	0.1	3.1	0.30	1.3
Decaf Brown Sugar Frappuccino - semi skimmed milk	Grande	ice, semi skimmed milk [Semi skimmed <b>MILK</b> ], brown suga	1211	289	14	8.8	36.6	35.1	0.2	4	0.43	2.5
Decaf Brown Sugar Frappuccino - semi skimmed milk	Venti	ice, semi skimmed milk [Semi skimmed <b>MILK</b> ], coffee frapp	1251	298	12.6	7.9	41.9	40.2	0.3	3.9	0.51	3.7
Decaf Brown Sugar Frappuccino - whole milk	Tall	ice, whole milk [whole <b>MILK</b> ], brown sugar cream cold foar	946	226	12.1	7.6	26.1	25.2	0.1	3	0.30	1.3
Decaf Brown Sugar Frappuccino - whole milk	Grande	ice, whole milk [whole <b>MILK</b> ], brown sugar cream cold foar	1259	301	15.4	9.6	36.5	35.1	0.2	3.9	0.42	2.5
Decaf Brown Sugar Frappuccino - whole milk	Venti	ice, whole milk [whole <b>MILK</b> ], coffee frappuccino syrup [W	1298	309	13.9	8.7	41.9	40.2	0.3	3.8	0.51	3.7
Decaf Brown Sugar Frappuccino - skimmed milk	Tall	ice, skimmed milk [skimmed <b>MILK</b> ], brown sugar cream co	881	210	10.3	6.4	26.3	25.3	0.1	3.1	0.30	1.3
Decaf Brown Sugar Frappuccino - skimmed milk	Grande	ice, skimmed milk [skimmed <b>MILK</b> ], brown sugar cream co	1175	280	13	8.1	36.6	35.2	0.2	4	0.43	2.5
Decaf Brown Sugar Frappuccino - skimmed milk	Venti	ice, skimmed milk [skimmed <b>MILK</b> ], coffee frappuccino syr	1216	290	11.6	7.2	42	40.3	0.3	3.9	0.52	3.7
Decaf Brown Sugar Frappuccino - almond drink	Tall	ice, almond drink [Water, <b>ALMOND</b> (2.5%), sugar, fructo	852	204	10.8	6.4	25	24	0.2	1.4	0.28	1.3
Decaf Brown Sugar Frappuccino - almond drink	Grande	ice, almond drink [Water, <b>ALMOND</b> (2.5%), sugar, fructo	1138	273	13.6	8	34.9	33.5	0.3	1.8	0.40	2.5
Decaf Brown Sugar Frappuccino - almond drink	Venti	ice, almond drink [Water, <b>ALMOND</b> (2.5%), sugar, fructo	1179	282	12.2	7.2	40.4	38.7	0.4	1.8	0.49	3.7
Decaf Brown Sugar Frappuccino - soya drink	Tall	ice, soya drink [Water, hulled <b>SOYA</b> beans (8.7%), sugar,	892	213	11.1	6.5	25	24	0.4	2.9	0.29	1.3
Decaf Brown Sugar Frappuccino - soya drink	Grande	ice, soya drink [Water, hulled <b>SOYA</b> beans (8.7%), sugar,	1189	284	14.1	8.2	35	33.5	0.6	3.8	0.41	2.5
Decaf Brown Sugar Frappuccino - soya drink	Venti	ice, soya drink [Water, hulled <b>SOYA</b> beans (8.7%), sugar,	1229	293	12.7	7.3	40.4	38.6	0.7	3.7	0.50	3.7
Decaf Brown Sugar Frappuccino - oat drink	Tall	ice, oat drink [Water, <b>OAT</b> (10%), sunflower oil, chicory r	930	222	11.8	6.5	27.2	24.5	0.6	1.5	0.31	1.3
Decaf Brown Sugar Frappuccino - oat drink	Grande	ice, oat drink [Water, <b>OAT</b> (10%), sunflower oil, chicory r	1239	296	14.9	8.2	37.8	34.1	0.9	2	0.44	2.5
Decaf Brown Sugar Frappuccino - oat drink	Venti	ice, oat drink [Water, <b>OAT</b> (10%), sunflower oil, chicory r	1278	304	13.5	7.3	43.2	39.2	0.9	2	0.53	3.7
Decaf Brown Sugar Frappuccino - coconut drink	Tall	ice, coconut drink [Water, coconut milk (5.7%) (water, cc	872	208	10.9	6.7	25.4	24.5	0.3	1.9	0.29	1.3
Decaf Brown Sugar Frappuccino - coconut drink	Grande	ice, coconut drink [Water, coconut milk (5.7%) (water, cc	1164	278	13.8	8.5	35.5	34.1	0.4	2.5	0.41	2.5
Decaf Brown Sugar Frappuccino - coconut drink	Venti	ice, coconut drink [Water, coconut milk (5.7%) (water, cc	1204	287	12.4	7.6	40.9	39.2	0.5	2.4	0.50	3.7
Decaf Caramel Mocha Frappuccino - semi skimmed milk	Tall	ice, caramel cream cold foam [whipping cream ( <b>MILK</b> ), wf	1342	321	17.9	11.2	35.5	33.9	0.8	4.1	0.33	5.6
Decaf Caramel Mocha Frappuccino - semi skimmed milk	Grande	ice, caramel cream cold foam [whipping cream ( <b>MILK</b> ), wf	1608	384	19.7	12.3	45.9	43.7	1.2	5	0.45	8.9
Decaf Caramel Mocha Frappuccino - semi skimmed milk	Venti	ice, caramel cream cold foam [whipping cream ( <b>MILK</b> ), wf	1767	422	20.5	12.8	53.2	50.6	1.5	5.2	0.53	11.7
Decaf Caramel Mocha Frappuccino - whole milk	Tall	ice, caramel cream cold foam [whipping cream ( <b>MILK</b> ), wf	1378	330	18.9	11.8	35.5	33.9	0.8	4	0.33	5.6

Decaf Caramel Mocha Frappuccino - whole milk	Grande	ice, caramel cream cold foam [whipping cream (MILK), wf	1654	395	21	13.2	45.8	43.6	1.2	5	0.45	8.9
Decaf Caramel Mocha Frappuccino - whole milk	Venti	ice, caramel cream cold foam [whipping cream (MILK), wf	1811	433	21.7	13.6	53.1	50.5	1.5	5.2	0.53	11.7
Decaf Caramel Mocha Frappuccino - skimmed milk	Tall	ice, caramel cream cold foam [whipping cream (MILK), wf	1316	315	17.1	10.7	35.6	34	0.8	4.1	0.34	5.6
Decaf Caramel Mocha Frappuccino - skimmed milk	Grande	ice, caramel cream cold foam [whipping cream (MILK), wf	1574	376	18.8	11.7	45.9	43.8	1.2	5	0.45	8.9
Decaf Caramel Mocha Frappuccino - skimmed milk	Venti	ice, caramel cream cold foam [whipping cream (MILK), wf	1735	414	19.6	12.2	53.3	50.7	1.5	5.2	0.53	11.7
Decaf Caramel Mocha Frappuccino - almond drink	Tall	ice, caramel cream cold foam [whipping cream (MILK), wf	1288	309	17.6	10.7	34.3	32.7	0.9	2.5	0.32	5.6
Decaf Caramel Mocha Frappuccino - almond drink	Grande	ice, caramel cream cold foam [whipping cream (MILK), wf	1538	369	19.4	11.7	44.3	42.2	1.3	3	0.43	8.9
Decaf Caramel Mocha Frappuccino - almond drink	Venti	ice, caramel cream cold foam [whipping cream (MILK), wf	1701	407	20.1	12.1	51.7	49.2	1.6	3.3	0.51	11.7
Decaf Caramel Mocha Frappuccino - soya drink	Tall	ice, caramel cream cold foam [whipping cream (MILK), wf	1326	317	17.9	10.8	34.4	32.7	1.1	3.9	0.32	5.6
Decaf Caramel Mocha Frappuccino - soya drink	Grande	ice, caramel cream cold foam [whipping cream (MILK), wf	1587	380	19.8	11.8	44.4	42.2	1.6	4.9	0.44	8.9
Decaf Caramel Mocha Frappuccino - soya drink	Venti	ice, caramel cream cold foam [whipping cream (MILK), wf	1747	418	20.6	12.3	51.8	49.1	1.9	5.1	0.52	11.7
Decaf Caramel Mocha Frappuccino - oat drink	Tall	ice, caramel cream cold foam [whipping cream (MILK), wf	1363	326	18.6	10.8	36.5	33.1	1.3	2.6	0.34	5.6
Decaf Caramel Mocha Frappuccino - oat drink	Grande	ice, caramel cream cold foam [whipping cream (MILK), wf	1635	390	20.6	11.8	47.1	42.7	1.8	3.2	0.46	8.9
Decaf Caramel Mocha Frappuccino - oat drink	Venti	ice, caramel cream cold foam [whipping cream (MILK), wf	1793	428	21.3	12.3	54.4	49.6	2.1	3.5	0.54	11.7
Decaf Caramel Mocha Frappuccino - coconut drink	Tall	ice, caramel cream cold foam [whipping cream (MILK), wf	1307	313	17.7	11	34.7	33.1	0.9	3	0.32	5.6
Decaf Caramel Mocha Frappuccino - coconut drink	Grande	ice, caramel cream cold foam [whipping cream (MILK), wf	1563	373	19.6	12.1	44.9	42.7	1.4	3.7	0.44	8.9
Decaf Caramel Mocha Frappuccino - coconut drink	Venti	ice, caramel cream cold foam [whipping cream (MILK), wf	1724	412	20.3	12.5	52.2	49.7	1.7	3.9	0.52	11.7



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Proizvodi /Product	alergen lista/ allergens list *													komentar /comment					
	gluten / gluten	soja / soya	orašasti plodovi / kikiriki / peanuts	susam / sesame	mleko / milk	jaja / egg	riba / fish	luskasti / crustacea	celer / celery	sumpor / sulphur	dioksidi / oxides	slatce / mustard	mlijec / milk		moljusec / molluscs	lupin / lupin			
Frappuccino																			
Java Chip Frappuccino	x	x			x														
Coffee Frappuccino					x														
Espresso Frappuccino					x														
Caramel Frappuccino		x			x														
Mocha Frappuccino					x														
Caramel Cream Frappuccino		x			x														
Chocolate Cream Frappuccino					x														
Java Chip Cream Frappuccino	x	x			x														
Vanilla Cream Frappuccino					x														
Strawberries and Cream Frappuccino					x														
Dezerti / Desserts																			
Čokoladni mafin/Chocolate muffin	x	x	x		x	x											Može da sadrži u tragovima jezgrasto voće, slavicu, susam, druge žitarice koje sadrže gluten./May contain nuts, mustard seed, sesame, soy and another cereals which contain gluten.		NIJE 100% MLEČNI PROIZVOD SA DRŽI PALMIINO ULJE, ODNOSNO DRUGA BIJNA ULJA
Borovnica mafin/ Blueberry muffin	x	x			x	x											Može da sadrži u tragovima jezgrasto voće, slavicu, susam, druge žitarice koje sadrže gluten./May contain nuts, mustard seed, sesame, soy and another cereals which contain gluten.		NIJE 100% MLEČNI PROIZVOD SA DRŽI PALMIINO ULJE, ODNOSNO DRUGA BIJNA ULJA
Slatki pužić sa cimetom/Cinnamon Roll	x				x	x											Može sadržati tragove orašastih plodova, susama i soje/may contain traces of nuts, sesame and soy		NIJE 100% MLEČNI PROIZVOD SA DRŽI PALMIINO ULJE, ODNOSNO DRUGA BIJNA ULJA
Američke palačinke/American Pancakes	x				x	x													
Čizkejk sa jagodom/Strawberry cheesecake	x				x	x											Može da sadrži u tragovima jezgrasto voće, kikiriki i soju/may contain nuts, peanuts and soya		NIJE 100% MLEČNI PROIZVOD SA DRŽI PALMIINO ULJE, ODNOSNO DRUGA BIJNA ULJA
Njujorški čizkejk/Cheesecake New York Style	x				x	x													
Šećerna krofn sa vanila punjenjem/Sugar donut with vanilla filling	x	x			x												Može sadržati jaja i orašaste plodove/May contain eggs and nuts		NIJE 100% MLEČNI PROIZVOD SA DRŽI PALMIINO ULJE, ODNOSNO DRUGA BIJNA ULJA
Čokoladna krofn / Chocolate donut	x	x	x	x	x												Može sadržati jaja/May contain eggs		NIJE 100% MLEČNI PROIZVOD SA DRŽI PALMIINO ULJE, ODNOSNO DRUGA BIJNA ULJA
Šargarepa torta/ Carrot cake	x	x	x	x	x	x													
Belgijski vafli/ Belgian waffle	x	x				x											Može da sadrži u tragovima: mleko/May contain milk		
Čokoladni kolač/ Chocolate cake	x	x			x	x											Može da sadrži u tragovima kikiriki, orašaste plodove, susam, sulfate i lupin/ May contain peanuts, nuts, sesame, sulphite and lupin		NIJE 100% MLEČNI PROIZVOD SA DRŽI PALMIINO ULJE, ODNOSNO DRUGA BIJNA ULJA
Keks sa dve vrste čokolade/ Dobule chocolate cookie	x	x			x												Može da sadrži u tragovima jaja i jezgrasto voće./May contain eggs in traces and nuts.		NIJE 100% MLEČNI PROIZVOD SA DRŽI PALMIINO ULJE, ODNOSNO DRUGA BIJNA ULJA
Keks sa komadima tamne čokolade / Chocolate chunk cookie	x	x				x													
Veganska pita sa jabukama / Vegan apple cake	x		x														Može da sadrži u tragovima jezgrasto voće, kikiriki, jaja, mleko i soju./ May contain in traces nuts, peanut, egg, milk and soy		
Torta sa bademom I karamelom/Almond caramel cake		x	x		x	x													
Punjeni vafli sa čokoladom/Filled waffle with chocolate	x				x	x													
Punjeni vafli sa kajsijom/Filled waffle with apricot	x				x	x													
Ube Blueberry Cinnamon Roll (UBerry roll) / Ube cimet pužić sa borovnicom (UBerry rolnica)	x				x												Može da sadrži u tragovima jaja, drugo jezgrasto voće./May contain traces of: eggs, nuts.		NIJE 100% MLEČNI PROIZVOD SA DRŽI PALMIINO ULJE, ODNOSNO DRUGA BIJNA ULJA



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alergen lista/ allergens list \*  
\*bazirano na proizvođačkim specifikacijama/based on producer's declaration

Proizvodi /Product	gluten / gluten	soja / soya	orašasti plodovi / kikiriki / peanuts	susam / sesame	mleko / milk	jaja / egg	riba / fish	luskasti / crustacea	celer / celery	sumpor dioksidi / sulfur dioxide	slatice / mesnaci	moljuse, lupin / lupin	komentar /comment
Protein Borovnica/Protein Bar Blueberry			x										
Barebells Kikiriki karamela proteinska cokolada/Barebells Bar Peanut Caramel		x	x		x								
Barebells Banana Proteinska cokolada/Barebells Bar Banana Dream		x				x							Može da sadrži u tragovima gluten, jaja, drugo jezgrasto voće i susam./May contain traces of: gluten, eggs, nuts and sesame seeds.
Barebells Coko Karamel protinska cokolada/Barebells Bars Caramel Choco		x			x								
Barebells Coko Kokos proteinska cokolada/Barebells Bars Coco Choco		x			x								

Trudimo se da hrana koja se servira ne sadrži dodatne alergene izvan liste sastojaka. Međutim, u našoj radnji deo naše hrane pravimo ručno, koristimo različite proizvode, tako da ne možemo da garantujemo da bilo koji element naše ponude ne sadrži ove alergene, jer je moguća unakrsna kontaminacija. Pitajte svog baristu za više informacija o alergenima./ We make every effort to ensure that the food served does not contain additional allergens beyond the list of ingredients. However, in our store we make some of our food by hand, we use different products, so we cannot guarantee that any element of our offer is free of these allergens, as cross-contamination is possible. Please ask your barista for more information about allergens.