

Naziv Proizvoda / Product Name	Veličina porcije g / Portion size g	Energije KJ / Energy KJ	energija kcal / energy kcal	Masti / Fat	Zasićene masne kiseline / Sat. Fat.	Ugljenihidrati / Carbohydrates	Šećer / Sugar	Vlakna / Fiber	Proteini / Protein	So / Salt
Pekarski specijaliteti / Bakery Assortment										
Mafini / Muffins										
Banana Ricotta Muffin / Mafin sa bananom i ricotta sirom	115.00	1707	408	20.70	4.49	48.30	24.15	1.27	7.13	0.71
Matcha Cherry bomb Muffin / Matcha Višnja Mafin	130.00	1978	472	22.00	4.10	63.00	38.00	2.60	5.10	0.55
Limun Malina Mafin / Lemon Raspberry Muffin VEGAN	135.00	1951	465	20.00	2.10	61.00	35.00	3.30	8.40	1.10
Slatke zemičke / Hlebovi - Sweet Buns/ Breads										
Jabuka cimet rollica / Apple cinnamon roll	140.00	1820	433	14.98	8.82	63.98	22.82	4.06	8.12	0.49
Pumpkin Loaf cake	95.00	1724	412	22.80	6.94	46.55	27.55	0.57	4.94	0.65
Strawberry Lemon Cinnamon Roll / Slatki puzic sa cimetom, jagodom i limunom	120.00	1626	388	15.60	9.48	53.28	14.04	3.84	6.74	0.47
Vanilla Caramel Banana Nut Loaf / Banana Loaf Cake	95.00	1686	404	25.00	5.40	38.00	25.00	1.90	5.50	0.41
Ube Blueberry Cinnamon Roll (UBerry roll) / Ube cimet pužić sa borovnicom (UBerry rollica)	120.00	1435	343	16.80	10.32	50.88	4.75	4.32	7.20	0.50
Easter carrot cake cinnamon roll / Uskršnji cimet pužić sa šargarepom i orasima	120.00	1934	462	19.44	10.20	60.84	24.24	5.64	7.92	0.52
Ube Vanilla Matcha Loaf Cake	100.00	1655	396	21.00	6.60	46.00	31.00	1.40	5.10	0.49
Punjeni vafli sa čokoladom/Filled waffle with chocolate	80.00	1556	370	20.00	6.80	42.16	23.84	2.56	4.08	0.56
Lisnata testa / Peciva - Laminates / Pastries										
Pastel de Nata	50.40	567	135	5.10	3.40	19.00	11.00	0.70	2.80	0.28
Torte / Tartovi - Cakes/ Tarts										
Pekan Kruska torta sa javorovim sirupom / Peka Maple Pear cake	169.00	2175	519	25.00	13.00	68.00	50.00	1.70	5.80	0.66

SOME BEVERAGE INGREDIENTS MAY BE PRODUCED IN AN ENVIRONMENT WHERE ALLERGENS ARE PRESENT.

alergen lista/ allergens list *

**bazirano na proizvođačkim specifikacijama/based on producer's declaration*

Proizvodi /Product	gluten / gluten	soja / soya	orasasti plodovi / kikiirki / peanuts	susam / sesame	mleko / milk	jaja / egg	riba / fish	luskari / crustacea	celer /celery	sumpor dioksid / sulfate / mustard resin	molaste / lupin	komentar /comment
Dodatni Espresso shot/ Extra Espresso shot												
Extra Espresso shot												
Sirup i toping/syrup & Topping												
Caramel												
Vanilia												
Mocha												
White mocha						x						
Badem / Almond												
Kokos / Coconut												
Malina / Raspberry												
Lešnik sirup / Hazelnut syrup												
Vanila bez šećera / Sugar free vanilla												
Lešnik bez šećera / Sugar free hazel												
Braon šećera sirup/Brown sugar syrup												
Karamela bez šećera/Sug free caramel												
Breskva sirup / Peach syrup												
Mleko i mlečne alternative/ Milk and dairy-free drink												
Soja napitak / Soy drink		x										
Kokos napitak / Coconut drink												
Ovseni napitak / Oat drink	x											
Napitak od badema / Almond drink			x									
Mleko sa manjim procentom masti / Low fat milk						x						
Mleko / Whole milk						x						
Mleko bez laktoze/ Lactosfree milk						x						
Soja proteinski napitak/Soy Protein		x										
Espresso												
Blonde roast												
Espresso roast												
Drizzle												
Mocha Drizzle												
Caramel Drizzle		x				x						
Promotivna pića / Promo beverages												
Pumpkin Spice Latte						x						
Iced Pumpkin Spice Latte												
Pumpkin Spice Caramel Macchiato		x				x						
Iced Pumpkin Spice Caramel Macchiato		x				x						
Pecan Maple Machhiato												
Iced Pecan Maple Macchiato												
Pumpkin Spice Matcha Latte						x						
Pumpkin Cream Iced Matcha Latte						x						
Iced Apple Crumble Matcha Latte	x	x				x						
Pumpkin Spice Cream Frappuccino						x						
Pumpkin Spice Coffee Frappuccino						x						
Iced Caramelised Banana Oat Shaken						x						
Espresso												
Iced Caramelised Banana Matcha						x						
Iced Caramelised Banana Latte						x						
Cherry & Pomegranate Refresha Drink												
Aerocano												
Coconut Water with Matcha Cold Foam						x						
Coffee & more												
Brewed coffee												
Domaća kafa/Turkish coffee	x		x									
Caffe Americano												
Iced Caffe Americano												
Caffe Latte						x						
Iced Caffe Latte						x						
Caramel Macchiato		x				x						
Iced Caramel Macchiato		x				x						
Cold Brew												
Cold Brew Latte						x						
Flat White						x						
Premium Hot Chocolate						x						
White Hot Chocolate						x						
Chai Tea Latte						x						
Iced Chai Tea Latte						x						
Hot tea												
English breakfast tea												
Earl grey tea												
Emperor green tea												
Mint tea												
Green tea lemonade												

NE MOŽEMO DA GARANTUJEMO DA SU NAŠA PIĆA BEZ ALERGENA POŠTO KORISTIMO ZAJEDNIČKU OPREMU DA IH SKLADIMO, PRIPREMAMO I SLUŽIMO. NEKI SASTOJCI ZA PIĆE MOGU SE PROIZVODITI U OKRUŽENJU GDE SU PRISUTNI ALERGENI./WE CANNOT GUARANTEE THAT OUR BEVERAGES ARE FREE FROM ANY ALLERGENS AS WE USE SHARED EQUIPMENT TO STORE, PREPARE AND SERVE THEM. SOME BEVERAGE INGREDIENTS MAY BE PRODUCED IN AN ENVIRONMENT WHERE ALLERGENS ARE PRESENT.														
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Proizvodi /Product	gluten / gluten	soja / soya	orašasti plodovi / kikiriki / peanuts	susam / sesame	mleko / milk	jaja / egg	riba / fish	ljuske / crustacea	celer / celery	sumpor diodid / sulfate	slatice / mustard	molluscs /	lupin / lupin	komentar /comment
Frappuccino														
Java Chip Frappuccino	x	x			x									
Coffee Frappuccino					x									
Espresso Frappuccino					x									
Caramel Frappuccino		x			x									
Mocha Frappuccino					x									
Caramel Cream Frappuccino		x			x									
Chocolate Cream Frappuccino					x									
Java Chip Cream Frappuccino	x	x			x									
Vanilla Cream Frappuccino					x									
Strawberries and Cream Frappuccino					x									
Dezerti / Desserts														
Čokoladni mafin/Chocolate muffin	x	x	x		x	x	Može da sadrži u tragovima jezgrasto voće, sladicu, susam, druge žitarice koje sadrže gluten./May contain nuts, mustard seed, sesame, soy and another cereals which contain gluten.					NIJE 100% MLEČNI PROIZVOD SADRŽI PALMIINO ULJE, ODNOSNO DRUGA BIJELA ULJA		
Borovnica mafin/ Blueberry muffin	x	x			x	x						NIJE 100% MLEČNI PROIZVOD SADRŽI PALMIINO ULJE, ODNOSNO DRUGA BIJELA ULJA		
Slatki pužić sa cimetom/Cinnamon Roll	x				x	x	Može sadržati tragove orašastih plodova, susama i soje/may contain traces of nuts, sesame and soy					NIJE 100% MLEČNI PROIZVOD SADRŽI PALMIINO ULJE, ODNOSNO DRUGA BIJELA ULJA		
Američke palačinke/American Pancakes	x				x	x								
Čizkejk sa jagodom/Strawberry cheesecake	x				x	x	Može da sadrži u tragovima jezgrasto voće, kikiriki i soju/may contain nuts, peanuts and soya					NIJE 100% MLEČNI PROIZVOD SADRŽI PALMIINO ULJE, ODNOSNO DRUGA BIJELA ULJA		
Njujorški čizkejk/Cheesecake New York Style	x				x	x						NIJE 100% MLEČNI PROIZVOD SADRŽI PALMIINO ULJE, ODNOSNO DRUGA BIJELA ULJA		
Šećerna krofna sa vanila punjenjem/Sugar donut with vanilla filling	x	x			x		Može sadržati jaja i orašaste plodove/May contain eggs and nuts					NIJE 100% MLEČNI PROIZVOD SADRŽI PALMIINO ULJE, ODNOSNO DRUGA BIJELA ULJA		
Čokoladna krofna / Chocolate donut	x	x	x	x	x		Može sadržati jaja/May contain eggs					NIJE 100% MLEČNI PROIZVOD SADRŽI PALMIINO ULJE, ODNOSNO DRUGA BIJELA ULJA		
Šargarepa torta/ Carrot cake	x	x	x		x	x	Može da sadrži u tragovima kikiriki i susam/ May contain peantus and sesame.							
Belgijski vafi/ Belgian waffle	x	x				x	Može da sadrži u tragovima: mleko/May contain milk							
Čokoladni kolac/ Chocolate cake	x	x			x	x	Može da sadrži u tragovima kikiriki, orašaste plodove, susam, sulfate i lupin/ May contain peantus, nuts, sesame, sulphite and lupin					NIJE 100% MLEČNI PROIZVOD SADRŽI PALMIINO ULJE, ODNOSNO DRUGA BIJELA ULJA		
Keks sa dve vrste čokolade/ Dobule chocolate cookie	x	x			x		Može da sadrži u tragovima jaja i jezgrasto voće./May contain eggs in traces and nuts.					NIJE 100% MLEČNI PROIZVOD SADRŽI PALMIINO ULJE, ODNOSNO DRUGA BIJELA ULJA		
Keks sa komadima tamne čokolade / Chocolate chunk cookie	x	x				x						NIJE 100% MLEČNI PROIZVOD SADRŽI PALMIINO ULJE, ODNOSNO DRUGA BIJELA ULJA		
Veganska pita sa jabukama / Vegan apple cake	x		x				Može da sadrži u tragovima jezgrasto voće, kikiriki, jaja, mleko i soju./ May contain in traces nuts, peanut, egg, milk and soy							
Torta sa bademom i karamelom/Almond caramel cake		x	x		x	x						NIJE 100% MLEČNI PROIZVOD SADRŽI PALMIINO ULJE, ODNOSNO DRUGA BIJELA ULJA		
Punjeni vafi sa čokoladom/Filled waffle with chocolate	x				x	x						NIJE 100% MLEČNI PROIZVOD SADRŽI PALMIINO ULJE, ODNOSNO DRUGA BIJELA ULJA		
Limun Malina Mafin / Lemon Raspberry Muffin VEGAN	x	x					Može da sadrži u tragovima jaja, mleko, jezgrasto voće i lupin./ May contain in traces eggs, milk, nuts and lupin.							
Pekan Kruska torta sa javorovim sirupom / Pekan Maple Pear cake	x		x		x	x	Može da sadrži u tragovima soju./ May contain in traces soy.							
Jabuka cimet rolnica / Apple cinnamon roll	x		x		x		Može da sadrži u tragovima jaja, susam i soju./ May contain in traces egg, sesame and soy					NIJE 100% MLEČNI PROIZVOD SADRŽI PALMIINO ULJE, ODNOSNO DRUGA BIJELA ULJA		
Pumpkin Loaf cake	x				x	x	Može da sadrži orašaste plodove i soju/ May contain traces of nuts and soy.							
Pastel de Nata	x				x									

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Proizvodi /Product	gluten / gluten	soja / soya	orašasti plodovi / kikiriki / peanuts	susam / sesame	mleko / milk	jaja / egg	riba / fish	ljuskan / crustacea	celer /celery	sumpor dioxid / sulfur	seme slatice / mustard	molluscs /	lupin / lupin	komentar /comment		
Matcha Cherry bomb Muffin / Matcha Višnja Mafin	x	x			x	x								Može da sadrži u tragovima drugo jezgrasto voće./May contain traces of nuts.		
Strawberry Lemon Cinnamon Roll / Slatki pužic sa cimetom, jagodom i limunom	x				x										NIJE 100% MLEČNI PROIZVOD SADRŽI PALMIČNO UŁE, ODNOSNO DRUGA BIŁNA UŁA	
Easter carrot cake cinnmaon roll / Uskršnji cimet pužić sa šargarepom i orasima	x				x										NIJE 100% MLEČNI PROIZVOD SADRŽI PALMIČNO UŁE, ODNOSNO DRUGA BIŁNA UŁA	
Ube Vanilla Matcha Loaf Cake	x	x	x		x	x								Može da sadrži u tragovima drugo jezgrasto voće./May contain traces of nuts.		
Banana Ricotta Muffin / Mafin sa bananom i ricotta sirom	x	x			x	x								Može da sadrži u tragovima drugo jezgrasto voće./May contain traces of nuts.		
Vanilla Caramel Banana Nut Loaf / Banana Loaf Cake	x	x	x		x	x								Može da sadrži u tragovima drugo jezgrasto voće./May contain traces of nuts.		
Ube Blueberry Cinnamon Roll (UBerry roll) / Ube cimet pužić sa borovnicom (UBerry rolnica)	x				x										NIJE 100% MLEČNI PROIZVOD SADRŽI PALMIČNO UŁE, ODNOSNO DRUGA BIŁNA UŁA	
Jogurti/Joghurts																
Overnigh Oats Jabuka Cimet/Overnight Oats Apple Cinnamon																
Overnigh Oats Banana Badem/Overnight Oats Banana Almond			x													
Overnigh Oats Borovnica/Overnight Oats Blueberry																
Breskva čia jogurt/Peach Chia Yoghurt	x		x		x											
Jagoda Matcha čia jogurt/Strawberry Matcha Chia Yoghurt	x		x		x											
Malina jogurt/Raspberry Yoghurt	x		x		x											
Jogurt sa crnom ribizlom i kikiriki puterom/Black currant Peanut yoghurt	x		x	x	x											
Sendviči i salate/ Sandwiches&salads																
Kroasan šunka & sir/ Croissant ham&cheese	x				x											
Fokača mocarela od paradajza/ Focaccia tomato mozzarella	x		x		x											
Meksička tortilja / Mexican tortilla	x					x					x					
Pileća salata / Chicken salad	x				x	x			x		x					
Tortilja sa sirom / Tortilla with cheese	x			x	x									Može da sadrži soju, orašaste plodove, celer, slatčicu./May contain soy, nuts, celery, mustard and sesame.		
Sendvič sa piletinom / Chicken sandwich	x	x		x	x											
Ciabatta sendvic sa pršutom	x				x											
Kroasan Napoletano	x				x											
Salata sa tunjevinom/Tuna salad							x									
Proteinska tortilja/Protein tortilla	x				x											
Vega ciabatta/Vege ciabatta	x			x												
Peciva za pečenje/Ready to bake products																
Mini rolnica sa sirom / Mini roll with cheese	x				x	x								Može da sadrži soju, lupin, senf, sulfat i susam./ May contain in traces soy, lupin, mustard, sulphur dioxide and sesame seeds.		
Mini rolnica sa spanacem / Mini roll with spinach	x	x							x					Može da sadrži mleko, jaja, lupin, senf i susam./ May contain in traces milk, eggs, lupin, mustard and sesame seeds.		
Puter kroasan/Butter croissant	x	x			x	x								Može da sadrži susam, soju i jezgrasto voće./ May contain sesame seeds, soya and nuts		
Kroasan sa malinom / Raspberry croissant	x				x	x										
Kroasan sa čokoladom / Chocolate croissant	x		x		x	x									NIJE 100% MLEČNI PROIZVOD SADRŽI PALMIČNO UŁE, ODNOSNO DRUGA BIŁNA UŁA	
Vegan kroasan sa pomorandžom / Vegan orange croissant	x	x														
Zapakovana hrana/ Packaged food																
Karamel vafi/Caramel waffle	x	x			x									Može da sadrži u tragovima soju, jezgrasto voće, kikiriki./May contain soy, nuts and peanuts.		
Čokoladni medaljon/Chocolate coin					x											
Čokoladna slamčica/Chocolate straw	x				x	x										
Bar Visnja Lesnik/Bar Cherry Hazelnut			x													
Bar Kokos Kakao/Bar Coconut Cocoa			x													

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Proizvodi /Product		gluten / gluten	soja / soya	orašasti podovi / kikiriki /	peanuts	susam / sesame	mleko / milk	jaja / egg	riba / fish	ljuskan / crustacea	celer /celery	sumpor doksidi / sulfites	šećer / sugar	meso / meat	molluscs	lupin / lupin			komentar /comment	
Protein Kikiriki/Protein Bar Peanut				x																
Protein Borovnica/Protein Bar Blueberry				x																
Barebells Kikiriki karamela proteinska cokolada/Barebells Bar Peanut Caramel		x	x				x													
Barebells Banana Proteinska cokolada/Barebells Bar Banana Dream		x					x													Može da sadrži u tragovima gluten, jaja, drugo jezgrasto voće i susam./May contain traces of: gluten, eggs, nuts and sesame seeds.
Barebells Coko Karamel protinska cokolada/Barebells Bars Caramel Choco		x					x													
Barebells Coko Kokos proteinska cokolada/Barebells Bars Coco Choco		x					x													
Barebells Caramel Crunch proteinska cokolada		x					x													

Trudimo se da hrana koja se servira ne sadrži dodatne alergene izvan liste sastojaka. Međutim, u našoj radnji deo naše hrane pravimo ručno, koristimo različite proizvode, tako da ne možemo da garantujemo da bilo koji element naše ponude ne sadrži ove alergene, jer je moguća unakrsna kontaminacija. Pitaajte svog baristu za više informacija o alergenima./ We make every effort to ensure that the food served does not contain additional allergens beyond the list of ingredients. However, in our store we make some of our food by hand, we use different products, so we cannot guarantee that any element of our offer is free of these allergens, as cross-contamination is possible. Please ask your barista for more information about allergens.

Za alergene, uključujući žitarice koje sadrže gluten, pogledajte sastojke označene PODEBLJANIM slovima.

Sva naša pića se ručno pripremaju posebno za vas. Zbog načina na koji izrađujemo napitke, ne možemo garantovati da su u potpunosti bez alergena. Naša pića se pripremaju u okruženju gde naši partneri rukuju alergenima i gde se oprema i pribor koriste za pripremu više različitih stavki sa menija, uključujući i one koje sadrže alergene.

Menu Item	Size	Ingredient Declaration	Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturated(g)	Carbohydrates(g)	Of which Sugar(g)	Fibre (g)	Protein (g)	Salt(g)	Caffeine (mg)
Autumn FY 26/27 Promo Beverages												
Pumpkin Spice Latte - semi skimmed milk	Short	semi skimmed milk (Semi skimmed MILK), espresso roa	591	141	6.1	4.2	16.1	15.7	2.2	4.3	0.17	44.5
Pumpkin Spice Latte - semi skimmed milk	Tall	semi skimmed milk (Semi skimmed MILK), pumpkin spic	889	212	8.5	5.8	25	24.5	3.2	7.3	0.28	44.5
Pumpkin Spice Latte - semi skimmed milk	Grande	semi skimmed milk (Semi skimmed MILK), espresso roa	1087	259	9.4	6.4	32.3	31.4	4.4	9.1	0.35	89.1
Pumpkin Spice Latte - semi skimmed milk	Venti	semi skimmed milk (Semi skimmed MILK), pumpkin spic	1395	333	11.5	7.8	41.8	40.8	5.4	12.6	0.48	89.1
Pumpkin Spice Latte - whole milk	Short	whole milk (whole MILK), espresso roast (as consumed)	664	159	8.2	5.5	16	15.6	2.2	4.2	0.17	44.5
Pumpkin Spice Latte - whole milk	Tall	whole milk (whole MILK), pumpkin spice sauce (Water,	1018	243	12.1	8.1	24.8	24.3	3.2	7.1	0.28	44.5
Pumpkin Spice Latte - whole milk	Grande	whole milk (whole MILK), espresso roast (as consumed)	1245	297	13.9	9.2	32	31.3	4.4	8.8	0.35	89.1
Pumpkin Spice Latte - whole milk	Venti	whole milk (whole MILK), pumpkin spice sauce (Water,	1620	386	17.9	11.8	41.5	40.5	5.4	12.3	0.47	89.1
Pumpkin Spice Latte - skimmed milk	Short	skimmed milk (skimmed MILK), espresso roast (as consu	536	128	4.6	3.1	16.2	15.8	2.2	4.3	0.17	44.5
Pumpkin Spice Latte - skimmed milk	Tall	skimmed milk (skimmed MILK), pumpkin spice sauce (W	794	189	5.8	4	25.2	24.7	3.2	7.3	0.29	44.5
Pumpkin Spice Latte - skimmed milk	Grande	skimmed milk (skimmed MILK), espresso roast (as consu	969	231	6.1	4.1	32.5	31.6	4.4	9.1	0.36	89.1
Pumpkin Spice Latte - skimmed milk	Venti	skimmed milk (skimmed MILK), pumpkin spice sauce (W	1227	292	6.8	4.5	42.1	41.2	5.4	12.6	0.49	89.1
Pumpkin Spice Latte - almond drink	Short	almond drink (Water, ALMOND (2.5%), sugar, fructose,	480	116	5.5	3.1	13.7	13.2	2.4	1	0.13	44.5
Pumpkin Spice Latte - almond drink	Tall	almond drink (Water, ALMOND (2.5%), sugar, fructose,	694	167	7.5	3.9	20.7	20.2	3.6	1.5	0.22	44.5
Pumpkin Spice Latte - almond drink	Grande	almond drink (Water, ALMOND (2.5%), sugar, fructose,	846	205	8.2	4	27	26.1	4.9	2	0.27	89.1
Pumpkin Spice Latte - almond drink	Venti	almond drink (Water, ALMOND (2.5%), sugar, fructose,	1052	255	9.8	4.4	34.3	33.3	6.1	7.5	0.36	89.1
Pumpkin Spice Latte - soya drink	Short	soya drink (Water, hulled SOYA beans (8.7%), sugar, aci	557	134	6.2	3.3	13.8	13.2	2.9	4	0.15	44.5
Pumpkin Spice Latte - soya drink	Tall	soya drink (Water, hulled SOYA beans (8.7%), sugar, aci	830	199	8.8	4.3	20.9	20.2	4.4	6.8	0.24	44.5
Pumpkin Spice Latte - soya drink	Grande	soya drink (Water, hulled SOYA beans (8.7%), sugar, aci	1014	243	9.8	4.5	27.2	26	5.8	8.4	0.31	89.1
Pumpkin Spice Latte - soya drink	Venti	soya drink (Water, hulled SOYA beans (8.7%), sugar, aci	1291	309	12	5	34.5	33.3	7.4	11.7	0.41	89.1
Pumpkin Spice Latte - oat drink	Short	oat drink (Water, OAT (10%), sunflower oil, chicory root	633	151	7.5	3.3	18.1	14	3.3	1.4	0.19	44.5
Pumpkin Spice Latte - oat drink	Tall	oat drink (Water, OAT (10%), sunflower oil, chicory root	964	230	11	4.3	28.4	21.6	5.1	2.1	0.32	44.5
Pumpkin Spice Latte - oat drink	Grande	oat drink (Water, OAT (10%), sunflower oil, chicory root	1179	281	12.5	4.5	36.5	35.7	6.7	2.7	0.39	89.1
Pumpkin Spice Latte - oat drink	Venti	oat drink (Water, OAT (10%), sunflower oil, chicory root	1526	363	15.9	5	47.8	35.8	8.7	3.5	0.54	89.1
Pumpkin Spice Latte - coconut drink	Short	coconut drink (Water, coconut milk (5.7%) (water, coco	519	124	5.8	3.7	14.5	14.1	2.5	2.1	0.15	44.5
Pumpkin Spice Latte - coconut drink	Tall	coconut drink (Water, coconut milk (5.7%) (water, coco	763	182	8.1	5	22.2	21.7	3.8	3.4	0.24	44.5
Pumpkin Spice Latte - coconut drink	Grande	coconut drink (Water, coconut milk (5.7%) (water, coco	931	222	8.9	5.4	28.8	27.9	5.1	4.3	0.31	89.1
Pumpkin Spice Latte - coconut drink	Venti	coconut drink (Water, coconut milk (5.7%) (water, coco	1173	279	10.8	6.4	36.9	35.9	6.4	5.8	0.41	89.1
Iced Pumpkin Spice Latte - semi skimmed milk	Tall	semi skimmed milk (Semi skimmed MILK), ice, pumpkin	612	145	2.9	1.8	22.2	21.7	3.2	5.9	0.24	44.5
Iced Pumpkin Spice Latte - semi skimmed milk	Grande	semi skimmed milk (Semi skimmed MILK), ice, espresso	808	192	3.8	2.4	29.5	28.6	4.4	7.7	0.31	89.1
Iced Pumpkin Spice Latte - semi skimmed milk	Venti	ice, semi skimmed milk (Semi skimmed MILK), pumpkin sp	941	224	4.2	2.6	35.3	34.3	5.4	8.5	0.35	89.1
Iced Pumpkin Spice Latte - whole milk	Tall	whole milk (whole MILK), ice, pumpkin spice sauce (Wate	720	171	6	3.8	22.1	21.6	3.2	5.7	0.23	44.5
Iced Pumpkin Spice Latte - whole milk	Grande	whole milk (whole MILK), ice, espresso roast (as consum	946	225	7.7	4.8	29.3	28.4	4.4	7.5	0.30	89.1
Iced Pumpkin Spice Latte - whole milk	Venti	ice, whole milk (whole MILK), pumpkin spice sauce (Water,	1094	260	8.5	5.3	35	34.1	5.4	8.2	0.35	89.1
Iced Pumpkin Spice Latte - skimmed milk	Tall	skimmed milk (skimmed MILK), ice, pumpkin spice sauce	531	126	0.6	0.3	22.4	21.9	3.2	5.9	0.24	44.5
Iced Pumpkin Spice Latte - skimmed milk	Grande	skimmed milk (skimmed MILK), ice, espresso roast (as cor	704	167	0.9	0.4	29.7	28.8	4.4	7.7	0.31	89.1
Iced Pumpkin Spice Latte - skimmed milk	Venti	ice, skimmed milk (skimmed MILK), pumpkin spice sauce (W	827	196	1	0.4	35.5	34.5	5.4	8.5	0.36	89.1
Iced Pumpkin Spice Latte - almond drink	Tall	almond drink (Water, ALMOND (2.5%), sugar, fructose,	447	108	2.1	0.2	18.6	18.1	3.6	1	0.18	44.5
Iced Pumpkin Spice Latte - almond drink	Grande	almond drink (Water, ALMOND (2.5%), sugar, fructose,	597	144	2.7	0.3	24.9	24	4.8	1.5	0.24	89.1
Iced Pumpkin Spice Latte - almond drink	Venti	ice, almond drink (Water, ALMOND (2.5%), sugar, fructos	708	171	3	0.3	30.1	29.2	5.9	1.6	0.27	89.1
Iced Pumpkin Spice Latte - soya drink	Tall	soya drink (Water, hulled SOYA beans (8.7%), sugar, aci	562	134	3.2	0.5	18.7	18.1	4.2	5.4	0.21	44.5
Iced Pumpkin Spice Latte - soya drink	Grande	soya drink (Water, hulled SOYA beans (8.7%), sugar, aci	743	178	4.1	0.7	25.1	23.9	5.6	7.1	0.27	89.1
Iced Pumpkin Spice Latte - soya drink	Venti	ice, soya drink (Water, hulled SOYA beans (8.7%), sugar,	870	208	4.5	0.8	30.3	29.1	6.8	7.8	0.31	89.1
Iced Pumpkin Spice Latte - oat drink	Tall	oat drink (Water, OAT (10%), sunflower oil, chicory root	675	160	5	0.5	25.1	19.3	4.8	1.5	0.27	44.5
Iced Pumpkin Spice Latte - oat drink	Grande	oat drink (Water, OAT (10%), sunflower oil, chicory root	888	211	6.5	0.7	33.2	25.5	6.4	2.1	0.35	89.1
Iced Pumpkin Spice Latte - oat drink	Venti	ice, oat drink (Water, OAT (10%), sunflower oil, chicory r	1030	244	7.2	0.8	39.4	30.9	7.6	2.2	0.39	89.1
Iced Pumpkin Spice Latte - coconut drink	Tall	coconut drink (Water, coconut milk (5.7%) (water, coco	505	120	2.5	1.2	19.9	19.4	3.7	2.6	0.21	44.5
Iced Pumpkin Spice Latte - coconut drink	Grande	coconut drink (Water, coconut milk (5.7%) (water, coco	671	159	3.3	1.5	26.5	25.6	5	3.5	0.27	89.1
Iced Pumpkin Spice Latte - coconut drink	Venti	ice, coconut drink (Water, coconut milk (5.7%) (water, co	790	187	3.6	1.7	31.9	31	6.1	3.8	0.31	89.1
Pumpkin Spice Caramel Macchiato - semi skimmed milk	Short	semi skimmed milk (Semi skimmed MILK), espresso roas	372	89	2.4	1.5	12.4	11.7	1.2	3.7	0.15	44.5
Pumpkin Spice Caramel Macchiato - semi skimmed milk	Tall	semi skimmed milk (Semi skimmed MILK), espresso roas	688	164	4.4	2.8	22.6	21.9	2.2	7.3	0.28	44.5
Pumpkin Spice Caramel Macchiato - semi skimmed milk	Grande	semi skimmed milk (Semi skimmed MILK), espresso roas	982	234	6.1	3.8	32.2	31	3.4	10.8	0.41	89.1
Pumpkin Spice Caramel Macchiato - semi skimmed milk	Venti	semi skimmed milk (Semi skimmed MILK), espresso roas	1269	302	7.8	4.9	41.5	40.3	4.4	14.2	0.53	89.1
Pumpkin Spice Caramel Macchiato - whole milk	Short	whole milk (whole MILK), espresso roast (as consumed) (w	437	104	4.3	2.7	12.3	11.6	1.2	3.6	0.14	44.5
Pumpkin Spice Caramel Macchiato - whole milk	Tall	whole milk (whole MILK), espresso roast (as consumed) (w	822	196	8.2	5.1	22.4	21.7	2.2	7.1	0.28	44.5
Pumpkin Spice Caramel Macchiato - whole milk	Grande	whole milk (whole MILK), espresso roast (as consumed) (w	1178	280	11.6	7.3	31.9	30.7	3.4	10.5	0.40	89.1
Pumpkin Spice Caramel Macchiato - whole milk	Venti	whole milk (whole MILK), espresso roast (as consumed) (w	1531	364	15.2	9.6	41.1	39.9	4.4	13.8	0.52	89.1
Pumpkin Spice Caramel Macchiato - skimmed milk	Short	skimmed milk (skimmed MILK), espresso roast (as consum	324	77	1.1	0.6	12.4	11.8	1.2	3.7	0.15	44.5
Pumpkin Spice Caramel Macchiato - skimmed milk	Tall	skimmed milk (skimmed MILK), espresso roast (as consum	588	140	1.6	0.8	22.8	22	2.2	7.3	0.29	44.5
Pumpkin Spice Caramel Macchiato - skimmed milk	Grande	skimmed milk (skimmed MILK), espresso roast (as consum	835	198	2	1	32.5	31.3	3.4	10.8	0.41	89.1
Pumpkin Spice Caramel Macchiato - skimmed milk	Venti	skimmed milk (skimmed MILK), espresso roast (as consum	1073	255	2.3	1.1	41.9	40.7	4.4	14.2	0.54	89.1
Pumpkin Spice Caramel Macchiato - almond drink	Short	almond drink (Water, ALMOND (2.5%), sugar, fructose,	273	66	1.9	0.6	10.2	9.5	1.4	0.8	0.11	44.5
Pumpkin Spice Caramel Macchiato - almond drink	Tall	almond drink (Water, ALMOND (2.5%), sugar, fructose,	484	118	3.3	0.8	18.1	17.4	2.6	1.3	0.21	44.5
Pumpkin Spice Caramel Macchiato - almond drink	Grande	almond drink (Water, ALMOND (2.5%), sugar, fructose,	682	166	4.5	0.9	25.6	24.6	4	2	0.30	89.1
Pumpkin Spice Caramel Macchiato - almond drink	Venti	almond drink (Water, ALMOND (2.5%), sugar, fructose,	870	212	5.7	1	32.7	31.5	5.2	2.4	0.40	89.1
Pumpkin Spice Caramel Macchiato - soya drink	Short	soya drink (Water, hulled SOYA beans (8.7%), sugar, aci	342	82	2.6	0.7	10.3	9.5	1.8	3.4	0.13	44.5
Pumpkin Spice Caramel Macchiato - soya drink	Tall	soya drink (Water, hulled SOYA beans (8.7%), sugar, aci	626	150	4.7	1.2	18.3	17.3	3.4	6.7	0.24	44.5
Pumpkin Spice Caramel Macchiato - soya drink	Grande	soya drink (Water, hulled SOYA beans (8.7%), sugar, aci	891	213	6.5	1.5	25.8	24.4	5.1	10	0.35	89.1
Pumpkin Spice Caramel Macchiato - soya drink	Venti	soya drink (Water, hulled SOYA beans (8.7%), sugar, aci	1148	274	8.3	1.7	33	31.4	6.7	13.1	0.46	89.1
Pumpkin Spice Caramel Macchiato - oat drink	Short	oat drink (Water, OAT (10%), sunflower oil, chicory root	410	97	3.7	0.7	14.1	10.2	2.1	1	0.16	44.5
Pumpkin Spice Caramel Macchiato - oat drink	Tall	oat drink (Water, OAT (10%), sunflower oil, chicory root	766	182	7	1.2	26.2	18.9	4.2	1.9	0.32	44.5
Pumpkin Spice Caramel Macchiato - oat drink	Grande	oat drink (Water, OAT (10%), sunflower oil, chicory root	1096	260	9.9	1.5	37.4	36.6	6.2	2.8	0.46	89.1
Pumpkin Spice Caramel Macchiato - oat drink	Venti	oat drink (Water, OAT (10%), sunflower oil, chicory root	1421	337	12.9	1.7	48.5	40.4	8.2	3.6	0.60	89.1
Pumpkin Spice Caramel Macchiato - coconut drink	Short	coconut drink (Water, coconut milk (5.7%) (water, coco	308	73	2.2	1.1	10.9	10.3	1.5	1.7	0.13	44.5
Pumpkin Spice Caramel Macchiato - coconut drink	Tall	coconut drink (Water, coconut milk (5.7%) (water, coco	556	132	3.9	1.9	1					

Pecan Maple Macchiato - coconut drink	Tall	coconut drink (Water, coconut milk (5.7%) (water, coco	517	122	2.9	1.3	20.8	19.6	0.7	2.9	0.19	42.7
Pecan Maple Macchiato - coconut drink	Grande	coconut drink (Water, coconut milk (5.7%) (water, coco	727	171	4.2	1.9	28.7	27.2	1.1	4.3	0.26	85.5
Pecan Maple Macchiato - coconut drink	Venti	coconut drink (Water, coconut milk (5.7%) (water, coco	966	228	5.9	2.7	37.2	35.7	1.4	6	0.36	85.5
Iced Pecan Maple Macchiato - semi skimmed milk	Tall	semi skimmed milk (Semi skimmed MILK), ice, blonde ro	676	160	3.6	2.3	24.4	23.2	0.1	7.4	0.24	42.7
Grand Pecan Maple Macchiato - semi skimmed milk	Grande	semi skimmed milk (Semi skimmed MILK), ice, blonde ro	904	214	4.8	3	32.6	31.1	0.3	9.3	0.31	85.5
Iced Pecan Maple Macchiato - semi skimmed milk	Venti	semi skimmed milk (Semi skimmed MILK), ice, blonde ro	1205	245	5.2	3.3	42.6	40.7	0.3	12.7	0.34	85.5
Iced Pecan Maple Macchiato - whole milk	Tall	whole milk (whole MILK), ice, blonde roast (as consumed)	814	193	7.5	4.7	24.1	23	0.1	7.2	0.24	42.7
Iced Pecan Maple Macchiato - whole milk	Grande	whole milk (whole MILK), ice, blonde roast (as consumed)	1086	258	9.9	6.3	32.3	30.8	0.3	9.6	0.31	85.5
Iced Pecan Maple Macchiato - whole milk	Venti	whole milk (whole MILK), ice, blonde roast (as consumed)	1233	293	10.8	6.8	38.2	36.7	0.3	10.4	0.33	85.5
Iced Pecan Maple Macchiato - skimmed milk	Tall	skimmed milk (skimmed MILK), ice, blonde roast (as cons	573	136	0.7	0.3	24.6	23.4	0.1	7.4	0.25	42.7
Iced Pecan Maple Macchiato - skimmed milk	Grande	skimmed milk (skimmed MILK), ice, blonde roast (as cons	768	182	1	0.4	32.9	31.4	0.3	9.8	0.32	85.5
Iced Pecan Maple Macchiato - almond drink	Venti	skimmed milk (skimmed MILK), ice, blonde roast (as cons	487	110	1	0.4	38.8	37.3	0.3	10.7	0.35	85.5
Iced Pecan Maple Macchiato - almond drink	Tall	almond drink (Water, ALMOND (2.5%), sugar, fructose, a	466	113	0.5	0.2	19.7	18.6	0.5	12.7	0.17	42.7
Iced Pecan Maple Macchiato - almond drink	Grande	almond drink (Water, ALMOND (2.5%), sugar, fructose, a	626	152	3.3	0.3	26.5	25	0.8	1.7	0.22	85.5
Iced Pecan Maple Macchiato - almond drink	Venti	almond drink (Water, ALMOND (2.5%), sugar, fructose, a	733	177	3.6	0.3	31.9	30.4	0.9	1.8	0.24	85.5
Iced Pecan Maple Macchiato - soya drink	Tall	soya drink (Water, hulled SOYA beans (8.7%), sugar, aci	612	146	3.9	0.6	19.9	18.5	1.4	6.8	0.20	42.7
Iced Pecan Maple Macchiato - soya drink	Grande	soya drink (Water, hulled SOYA beans (8.7%), sugar, aci	819	195	5.2	0.8	26.7	24.9	1.9	9.1	0.26	85.5
Iced Pecan Maple Macchiato - soya drink	Venti	soya drink (Water, hulled SOYA beans (8.7%), sugar, aci	943	225	5.4	0.9	32.1	30.3	2	9.8	0.28	85.5
Iced Pecan Maple Macchiato - oat drink	Tall	oat drink (Water, OAT (10%), sunflower oil, chicory root	757	179	6.3	0.4	20.1	21.1	1.8	0.28	42.7	
Iced Pecan Maple Macchiato - oat drink	Grande	oat drink (Water, OAT (10%), sunflower oil, chicory root	1010	239	8.3	0.8	27.5	27	2.9	2.4	0.36	85.5
Iced Pecan Maple Macchiato - oat drink	Venti	oat drink (Water, OAT (10%), sunflower oil, chicory root	1150	272	9	0.9	43.9	42.6	3.1	2.6	0.39	85.5
Iced Pecan Maple Macchiato - coconut drink	Tall	coconut drink (Water, coconut milk (5.7%) (water, coco	540	127	3.1	1.4	21.3	20.2	0.7	3.2	0.20	42.7
Iced Pecan Maple Macchiato - coconut drink	Grande	coconut drink (Water, coconut milk (5.7%) (water, coco	724	171	4.1	1.9	28.6	27.1	1.1	4.3	0.26	85.5
Iced Pecan Maple Macchiato - coconut drink	Venti	coconut drink (Water, coconut milk (5.7%) (water, coco	839	198	4.5	2.1	34.2	32.7	1.1	4.7	0.28	85.5
Pumpkin Spice Matcha Latte - semi skimmed milk	Short	semi skimmed milk (Semi skimmed MILK), pumpkin spic	645	154	6.6	4.5	17.1	17	2.4	5.4	0.20	23.5
Pumpkin Spice Matcha Latte - semi skimmed milk	Tall	semi skimmed milk (Semi skimmed MILK), pumpkin spic	1011	241	9.5	4.5	27.3	27.2	3.9	9.6	0.34	53.1
Pumpkin Spice Matcha Latte - semi skimmed milk	Grande	semi skimmed milk (Semi skimmed MILK), pumpkin spic	1242	293	10.8	6.8	38.2	36.7	0.3	10.4	0.33	85.5
Pumpkin Spice Matcha Latte - semi skimmed milk	Venti	semi skimmed milk (Semi skimmed MILK), pumpkin spic	1576	376	13	8.7	45	44.9	6.8	16.2	0.57	108.8
Pumpkin Spice Matcha Latte - whole milk	Short	whole milk (whole MILK), pumpkin spice sauce (Water,	738	176	9.2	6.2	17	16.9	2.4	5.3	0.20	23.5
Pumpkin Spice Matcha Latte - whole milk	Tall	whole milk (whole MILK), pumpkin spice sauce (Water,	1178	281	14.2	9.4	27.1	27	3.9	9.4	0.34	53.1
Pumpkin Spice Matcha Latte - whole milk	Grande	whole milk (whole MILK), pumpkin spice sauce (Water,	1451	346	16.7	10.9	34.8	34.7	5.3	11.8	0.43	80.8
Pumpkin Spice Matcha Latte - whole milk	Venti	whole milk (whole MILK), pumpkin spice sauce (Water,	1858	443	21	13.7	46.6	44.5	6.8	15.8	0.56	108.8
Pumpkin Spice Matcha Latte - skimmed milk	Short	skimmed milk (skimmed MILK), pumpkin spice sauce (W	575	137	4.6	3.2	17.3	17.2	2.4	5.4	0.20	23.5
Pumpkin Spice Matcha Latte - skimmed milk	Tall	skimmed milk (skimmed MILK), pumpkin spice sauce (W	887	211	6.8	4.8	27.6	27.5	3.1	9.6	0.32	53.1
Pumpkin Spice Matcha Latte - skimmed milk	Grande	skimmed milk (skimmed MILK), pumpkin spice sauce (W	1085	259	6.3	4.2	35.4	35.3	5.3	12.1	0.44	80.8
Pumpkin Spice Matcha Latte - skimmed milk	Venti	skimmed milk (skimmed MILK), pumpkin spice sauce (W	1366	325	7.1	4.6	45.4	45.3	6.8	16.2	0.58	108.8
Pumpkin Spice Matcha Latte - almond drink	Short	almond drink (Water, ALMOND (2.5%), sugar, fructose,	503	122	5.8	3.1	14	13.9	2.7	1.2	0.15	23.5
Pumpkin Spice Matcha Latte - almond drink	Tall	almond drink (Water, ALMOND (2.5%), sugar, fructose,	757	184	8.2	4	21.8	21.7	4.4	2.1	0.26	53.1
Pumpkin Spice Matcha Latte - almond drink	Grande	almond drink (Water, ALMOND (2.5%), sugar, fructose,	923	224	9.1	4.1	28.1	28	5.9	2.7	0.32	80.8
Pumpkin Spice Matcha Latte - almond drink	Venti	almond drink (Water, ALMOND (2.5%), sugar, fructose,	1147	279	10.8	4.5	35.6	35.5	7.6	3.6	0.42	108.8
Pumpkin Spice Matcha Latte - soya drink	Short	soya drink (Water, hulled SOYA beans (8.7%), sugar, aci	602	146	5.8	3.1	14	13.9	2.7	1.2	0.15	23.5
Pumpkin Spice Matcha Latte - soya drink	Tall	soya drink (Water, hulled SOYA beans (8.7%), sugar, aci	934	224	9.9	4.4	22	21.6	5.4	8.9	0.29	53.1
Pumpkin Spice Matcha Latte - soya drink	Grande	soya drink (Water, hulled SOYA beans (8.7%), sugar, aci	1145	274	11.2	4.7	28.3	27.9	7.2	11.2	0.37	80.8
Pumpkin Spice Matcha Latte - soya drink	Venti	soya drink (Water, hulled SOYA beans (8.7%), sugar, aci	1446	346	13.6	5.3	35.9	35.4	9.3	15	0.49	108.8
Pumpkin Spice Matcha Latte - oat drink	Short	oat drink (Water, OAT (10%), sunflower oil, chicory root	699	166	8.4	3.4	19.6	15	3.8	1.6	0.23	23.5
Pumpkin Spice Matcha Latte - oat drink	Tall	oat drink (Water, OAT (10%), sunflower oil, chicory root	1108	264	12.8	4.4	31.8	31.5	6.3	2.8	0.39	53.1
Pumpkin Spice Matcha Latte - oat drink	Grande	oat drink (Water, OAT (10%), sunflower oil, chicory root	1364	324	14.8	4.7	40.7	40.3	8.4	3.6	0.49	80.8
Pumpkin Spice Matcha Latte - oat drink	Venti	oat drink (Water, OAT (10%), sunflower oil, chicory root	1740	411	18.5	10.9	58	58	18.8	10.8	0.48	108.8
Pumpkin Spice Matcha Latte - coconut drink	Short	coconut drink (Water, coconut milk (5.7%) (water, coco	553	132	6.2	3.9	15.1	15	2.8	2.6	0.17	23.5
Pumpkin Spice Matcha Latte - coconut drink	Tall	coconut drink (Water, coconut milk (5.7%) (water, coco	847	201	8.9	5.4	23.7	23.6	4.6	4.6	0.29	53.1
Pumpkin Spice Matcha Latte - coconut drink	Grande	coconut drink (Water, coconut milk (5.7%) (water, coco	1035	246	10	5.9	30.5	30.4	6.3	5.8	0.37	80.8
Pumpkin Spice Matcha Latte - coconut drink	Venti	coconut drink (Water, coconut milk (5.7%) (water, coco	1299	308	12.1	7	38.9	38.7	8	7.7	0.49	108.8
Pumpkin Cream Iced Matcha Latte - semi skimmed milk	Tall	ice, semi skimmed milk (Semi skimmed MILK), matcha pre	868	208	11.7	7.3	19.5	18.8	1.9	5.1	0.16	55.7
Pumpkin Cream Iced Matcha Latte - semi skimmed milk	Grande	matcha premix (water, Powdered Green Tea), semi skim	1005	240	12.9	8	23.5	22.9	2.5	6.5	0.20	91.4
Pumpkin Cream Iced Matcha Latte - semi skimmed milk	Venti	ice, whole milk (whole MILK), matcha premix (water, Pow	1151	275	14.6	9	27.6	26.8	3	7.3	0.22	80.8
Pumpkin Cream Iced Matcha Latte - whole milk	Tall	ice, whole milk (whole MILK), matcha premix (water, Pow	937	224	15.4	8.6	19.8	19	5	5.6	0.18	55.7
Pumpkin Cream Iced Matcha Latte - whole milk	Grande	matcha premix (water, Powdered Green Tea), whole mil	1092	261	15.3	9.6	23.4	22.7	2.5	6.4	0.19	91.4
Pumpkin Cream Iced Matcha Latte - whole milk	Venti	matcha premix (water, Powdered Green Tea), ice, whole	1247	298	17.2	10.7	27.4	26.7	3	7.2	0.22	110.9
Pumpkin Cream Iced Matcha Latte - skimmed milk	Tall	ice, skimmed milk (skimmed MILK), matcha premix (water	816	195	10.3	6.3	19.6	19.1	1.9	5.1	0.17	55.7
Pumpkin Cream Iced Matcha Latte - skimmed milk	Grande	matcha premix (water, Powdered Green Tea), skimmed	940	225	11.1	6.2	23.6	23	2.5	6.5	0.20	91.4
Pumpkin Cream Iced Matcha Latte - skimmed milk	Venti	matcha premix (water, Powdered Green Tea), ice, skim	1079	258	12.5	7.6	27.7	27	3	7.3	0.22	110.9
Pumpkin Cream Iced Matcha Latte - almond drink	Tall	ice, almond drink (Water, ALMOND (2.5%), sugar, fructo	763	184	12.2	6.3	17.2	16.6	2.2	1.1	0.13	55.7
Pumpkin Cream Iced Matcha Latte - almond drink	Grande	matcha premix (water, Powdered Green Tea), almond dr	872	211	12.2	6.7	20.6	19.9	2.8	2.6	0.15	91.4
Pumpkin Cream Iced Matcha Latte - almond drink	Venti	matcha premix (water, Powdered Green Tea), ice, almo	1004	242	13.7	7.6	24.4	23.6	3.3	3	0.17	110.9
Pumpkin Cream Iced Matcha Latte - soya drink	Tall	ice, soya drink (Water, hulled SOYA beans (8.7%), sugar,	836	201	11.9	6.5	17.3	16.6	2.6	4.9	0.14	55.7
Pumpkin Cream Iced Matcha Latte - soya drink	Grande	matcha premix (water, Powdered Green Tea), soya drin	965	231	13.1	7	20.7	19.9	3.3	6.1	0.17	91.4
Pumpkin Cream Iced Matcha Latte - soya drink	Venti	matcha premix (water, Powdered Green Tea), ice, soya	1106	265	14.7	7.9	24.5	23.6	3.8	6.9	0.19	110.9
Pumpkin Cream Iced Matcha Latte - oat drink	Tall	ice, oat drink (Water, OAT (10%), sunflower oil, chicory r	908	217	13.1	6.5	21.4	21.4	2.9	2.3	0.18	55.7
Pumpkin Cream Iced Matcha Latte - oat drink	Grande	matcha premix (water, Powdered Green Tea), oat drin	1052	262	16.6	8	25.9	25.8	3.8	3	0.22	91.4
Pumpkin Cream Iced Matcha Latte - oat drink	Venti	matcha premix (water, Powdered Green Tea), ice, oat dr	1207	288	16.4	7.9	30.2	24.7	4.4	3.4	0.24	110.9
Pumpkin Cream Iced Matcha Latte - coconut drink	Tall	ice, coconut drink (Water, coconut milk (5.7%) (water, co	800	191	11.5	6.9	18	17.4	2.3	3.1	0.14	55.7
Pumpkin Cream Iced Matcha Latte - coconut drink	Grande	matcha premix (water, Powdered Green Tea), coconut d	919	220	12.6	7.5	21.6	20.9	2.9	3.9	0.17	91.4
Pumpkin Cream Iced Matcha Latte - coconut drink	Venti	matcha premix (water, Powdered Green Tea), ice, cocon	1056	252	14.1	8.4	25.5	24.7	3.4	4.4	0.19	110.9
Iced Apple Crumble Matcha Latte - semi skimmed milk	Tall	ice, semi skimmed milk (Semi skimmed MILK), matcha pre	1238	296	15.7	9.8	32.2	29.7	1.1	5.7	0.19	59.5
Iced Apple Crumble Matcha Latte - semi skimmed milk	Grande	semi skimmed milk (Semi skimmed MILK), ice, matcha pr	1374	328	15.9	10	38.5	35.6	1.4	6.7	0.22	70.9
Iced Apple Crumble Matcha Latte - semi skimmed milk	Venti	ice, semi skimmed milk (Semi skimmed MILK), matcha pre	1493	356	16.1	10	44.3	41.2	1.6	7.3	0.23	84.3
Iced Apple Crumble Matcha Latte - whole milk	Tall	ice, whole milk (whole MILK), matcha premix (water, Pow	1301	313	17.7	9.9	32.1	29.5	1.4	5.6	0.18	59.5
Iced Apple Crumble Matcha Latte - whole milk	Grande	whole milk (whole MILK), ice, matcha premix (water, Pow	1461	349	18.4	11.5	38.3	35.5	1.4	6.6	0.21	70.9
Iced Apple Crumble Matcha Latte - whole milk	Venti	ice, whole milk (whole MILK), matcha premix (water, Pow	1590	379	18.8	11.8	44.2	41	1.6	7.2	0.23	84
Iced Apple Crumble Matcha Latte - skimmed milk	Tall	ice, skimmed milk (skimmed MILK), matcha premix (water	1187	284	14.3	8.8	32.3	29.8	1.1	5.7	0.19	59.5
Iced Apple Crumble Matcha Latte - skimmed milk	Grande	skimmed milk (skimmed MILK), ice, matcha premix (water	1309	313	14.1	8.7	38.6	35.8	1.4	6.7	0.22	70.9
Iced Apple Crumble Matcha Latte - skimmed milk	Venti	ice, skimmed milk (skimmed MILK), matcha premix (water	1421	339	14.1	8.6	44.5	41.3	1.6	7.3	0.23	84
Iced Apple Crumble Matcha Latte - almond drink	Tall	ice, almond drink (Water, ALMOND (2.5%), sugar, fructo	1133	272	15.2	8.8	29.9	27.4	1.3	2.6	0.15	99.5
Iced Apple Crumble Matcha Latte - almond drink	Grande	almond drink (Water, ALMOND (2.5%), sugar, fructose,	1241	293	15.2	9.8	32.7	30.2	1.8	3.1	0.17	91.4
Iced Apple Crumble Matcha Latte - almond drink	Venti	ice, almond drink (Water, ALMOND (2.5%), sugar, fructo	1347	323	15.3	8.6	41.1	37.9	1.9	3	0.18	84
Iced Apple Crumble Matcha Latte - soya drink	Tall	ice, soya drink (Water, hulled SOYA beans (8.7%), sugar,	1206	289	15.9	9	30	27.4	1.8	5.4	0.16	59.5
Iced Apple Crumble Matcha Latte - soya drink	Grande	soya drink (Water, hulled SOYA beans (8.7%), sugar, aci	1334	319	16.1	8.9	35.7	32.7	2.1	6.3	0.19	70.9
Iced Apple Crumble Matcha Latte - soya drink	Venti	ice, soya drink (Water, hulled SOYA beans (8.7%), sugar,	1449	346	16.3	8.9	41.2	37.9	2.5	6.9	0.20	84
Iced Apple Crumble Matcha Latte - oat drink	Tall	ice, oat drink (Water, OAT (10%), sunflower oil, chicory r	1278	305	17.1	9	34	28.1	2.1	2.9	0.20	59.5
Iced Apple Crumble Matcha Latte - oat drink	Grande	oat drink (Water, OAT (10%), sunflower oil, chicory root	1425	340	17.6	8.9	40.8	33.7	2.6	3.2	0.24	70.9
Iced Apple Crumble Matcha Latte - oat drink	Venti	ice, oat drink (Water, OAT (10%), sunflower oil, chicory r	1510	380	18	9.4	45.4	42.8	2.8	3.3	0.24	84
Iced Apple Crumble Matcha Latte - coconut drink	Tall	ice, coconut drink (Water, coconut milk (5.7%) (water, co	1270	280	15.5	9.4	30.7	28.2	1.4	3.6	0.16	59.5
Iced Apple Crumble Matcha Latte - coconut drink	Grande	coconut drink (Water, coconut milk (5.7%) (water, coco	1288	307	15.6	9.4	36.6	33.7	1.8	4.1	0.19	70.9
Iced Apple Crumble Matcha Latte - coconut drink	Venti											

Pumpkin Spice Coffee Frappuccino - oat drink	Venti	Ice, oat drink (Water, OAT (10%), sunflower oil, chicory root	1750	416	15.9	9.1	63.3	58	4.9	2.5	0.82	43.6
Pumpkin Spice Coffee Frappuccino - coconut drink	Tall	Ice, coconut drink (Water, coconut milk (5.7%) (water, coco	1012	224	10.5	7.2	32.2	32.3	2.3	2.7	0.44	23.3
Pumpkin Spice Coffee Frappuccino - coconut drink	Grande	Ice, coconut drink (Water, coconut milk (5.7%) (water, coco	1400	333	14	9.5	47.1	45.9	3.3	3	0.62	33.4
Pumpkin Spice Coffee Frappuccino - coconut drink	Venti	Ice, coconut drink (Water, coconut milk (5.7%) (water, coco	1631	388	14.1	9.6	59.6	58	4.2	3.2	0.78	43.6
Alternative Coffee Bean - Espresso Drinks												
Blonde Americano	Short	water, blonde roast (as consumed) [whole bean roasted cc	13	3	0.1	0	0.4	0	0.1	0.2	0.00	42.7
Blonde Americano	Tall	water, blonde roast (as consumed) [whole bean roasted cc	25	6	0.1	0	0.8	0.1	0.3	0.3	0.00	85.5
Blonde Americano	Grande	water, blonde roast (as consumed) [whole bean roasted cc	38	9	0.2	0.1	1.1	0.2	0.4	0.5	0.00	128.2
Blonde Americano	Venti	water, blonde roast (as consumed) [whole bean roasted cc	50	13	0.3	0.1	1.5	0.2	0.5	0.6	0.00	171
Decaf Americano	Short	water, decaf espresso (as consumed) [whole bean roasted	16	4	0.1	0	0.6	0.1	0.1	0.1	0.00	1.8
Decaf Americano	Tall	water, decaf espresso (as consumed) [whole bean roasted	31	8	0.1	0	1.2	0.1	0.2	0.3	0.00	3.6
Decaf Americano	Grande	water, decaf espresso (as consumed) [whole bean roasted	47	11	0.2	0.1	1.8	0.2	0.3	0.4	0.00	5.4
Decaf Americano	Venti	water, decaf espresso (as consumed) [whole bean roasted	62	15	0.3	0.1	2.3	0.2	0.4	0.5	0.00	7.2
Blonde Caffé Latte - semi skimmed milk	Short	semi skimmed milk [Semi skimmed MILK], blonde roast (	308	73	2.6	1.9	7.3	6.9	0.1	0.5	0.16	42.7
Blonde Caffé Latte - semi skimmed milk	Tall	semi skimmed milk [Semi skimmed MILK], blonde roast (	445	101	4.5	2.9	14.1	12.7	0.3	0.1	0.28	42.7
Blonde Caffé Latte - semi skimmed milk	Grande	semi skimmed milk [Semi skimmed MILK], blonde roast (	632	151	5.2	3.4	24.9	14.2	0.3	0.08	0.32	85.5
Blonde Caffé Latte - semi skimmed milk	Venti	semi skimmed milk [Semi skimmed MILK], blonde roast (	855	203	7.1	4.6	20.1	19.4	0.3	0.17	0.44	85.5
Blonde Caffé Latte - whole milk	Short	whole milk [whole MILK], blonde roast (as consumed) [wh	406	97	5.3	3.4	7.1	6.8	0.1	0.5	0.15	42.7
Blonde Caffé Latte - whole milk	Tall	whole milk [whole MILK], blonde roast (as consumed) [wh	716	171	9.5	6	12.4	12.1	0.1	0.9	0.28	42.7
Blonde Caffé Latte - whole milk	Grande	whole milk [whole MILK], blonde roast (as consumed) [wh	833	199	11	6.9	14.6	13.9	0.3	1.05	0.32	85.5
Blonde Caffé Latte - whole milk	Venti	whole milk [whole MILK], blonde roast (as consumed) [wh	1130	269	14.9	9.4	19.7	19	0.3	1.43	0.43	85.5
Blonde Caffé Latte - whole milk	Tall	skimmed milk [skimmed MILK], blonde roast (as consum	225	49	0.5	0.2	7.5	7.2	0.1	1	0.3	42.7
Blonde Caffé Latte - whole milk	Grande	skimmed milk [skimmed MILK], blonde roast (as consum	410	97	0.9	0.4	12.9	12.6	0.1	0.3	0.29	42.7
Blonde Caffé Latte - whole milk	Venti	skimmed milk [skimmed MILK], blonde roast (as consum	482	114	1	0.4	15.2	14.5	0.3	1.08	0.33	85.5
Blonde Caffé Latte - whole milk	Grande	skimmed milk [skimmed MILK], blonde roast (as consum	649	154	1.4	0.6	20.5	19.8	0.3	1.47	0.45	85.5
Blonde Caffé Latte - whole milk	Venti	skimmed milk [skimmed MILK], blonde roast (as consum	833	209	1.8	0.8	25.5	24.8	0.3	1.96	0.5	85.5
Blonde Caffé Latte - whole milk	Grande	skimmed milk [skimmed MILK], blonde roast (as consum	1012	269	2.1	0.9	30.6	29.9	0.3	2.46	0.55	85.5
Blonde Caffé Latte - whole milk	Venti	skimmed milk [skimmed MILK], blonde roast (as consum	1190	324	2.6	1.1	35.6	34.9	0.3	2.95	0.6	85.5
Blonde Caffé Latte - whole milk	Grande	skimmed milk [skimmed MILK], blonde roast (as consum	1367	389	3.1	1.2	40.6	40.0	0.3	3.44	0.65	85.5
Blonde Caffé Latte - whole milk	Venti	skimmed milk [skimmed MILK], blonde roast (as consum	1545	444	3.6	1.3	45.6	45.0	0.3	3.93	0.7	85.5
Blonde Caffé Latte - whole milk	Grande	skimmed milk [skimmed MILK], blonde roast (as consum	1722	509	4.1	1.4	50.6	50.0	0.3	4.42	0.75	85.5
Blonde Caffé Latte - whole milk	Venti	skimmed milk [skimmed MILK], blonde roast (as consum	1900	564	4.6	1.5	55.6	55.0	0.3	4.91	0.8	85.5
Blonde Caffé Latte - whole milk	Grande	skimmed milk [skimmed MILK], blonde roast (as consum	2077	619	5.1	1.6	60.6	60.0	0.3	5.40	0.8	85.5
Blonde Caffé Latte - whole milk	Venti	skimmed milk [skimmed MILK], blonde roast (as consum	2255	674	5.6	1.7	65.6	65.0	0.3	5.89	0.9	85.5
Blonde Caffé Latte - whole milk	Grande	skimmed milk [skimmed MILK], blonde roast (as consum	2432	739	6.1	1.8	70.6	70.0	0.3	6.38	1.0	85.5
Blonde Caffé Latte - whole milk	Venti	skimmed milk [skimmed MILK], blonde roast (as consum	2610	794	6.6	1.9	75.6	75.0	0.3	6.87	1.1	85.5
Blonde Caffé Latte - whole milk	Grande	skimmed milk [skimmed MILK], blonde roast (as consum	2787	859	7.1	2.0	80.6	80.0	0.3	7.36	1.2	85.5
Blonde Caffé Latte - whole milk	Venti	skimmed milk [skimmed MILK], blonde roast (as consum	2965	914	7.6	2.1	85.6	85.0	0.3	7.85	1.3	85.5
Blonde Caffé Latte - whole milk	Grande	skimmed milk [skimmed MILK], blonde roast (as consum	3142	979	8.1	2.2	90.6	90.0	0.3	8.34	1.4	85.5
Blonde Caffé Latte - whole milk	Venti	skimmed milk [skimmed MILK], blonde roast (as consum	3320	1034	8.6	2.3	95.6	95.0	0.3	8.83	1.5	85.5
Blonde Caffé Latte - whole milk	Grande	skimmed milk [skimmed MILK], blonde roast (as consum	3497	1099	9.1	2.4	100.6	100.0	0.3	9.32	1.6	85.5
Blonde Caffé Latte - whole milk	Venti	skimmed milk [skimmed MILK], blonde roast (as consum	3675	1154	9.6	2.5	105.6	105.0	0.3	9.81	1.7	85.5
Blonde Caffé Latte - whole milk	Grande	skimmed milk [skimmed MILK], blonde roast (as consum	3852	1219	10.1	2.6	110.6	110.0	0.3	10.30	1.8	85.5
Blonde Caffé Latte - whole milk	Venti	skimmed milk [skimmed MILK], blonde roast (as consum	4030	1274	10.6	2.7	115.6	115.0	0.3	10.79	1.9	85.5
Blonde Caffé Latte - whole milk	Grande	skimmed milk [skimmed MILK], blonde roast (as consum	4207	1339	11.1	2.8	120.6	120.0	0.3	11.28	2.0	85.5
Blonde Caffé Latte - whole milk	Venti	skimmed milk [skimmed MILK], blonde roast (as consum	4385	1394	11.6	2.9	125.6	125.0	0.3	11.77	2.1	85.5
Blonde Caffé Latte - whole milk	Grande	skimmed milk [skimmed MILK], blonde roast (as consum	4562	1459	12.1	3.0	130.6	130.0	0.3	12.26	2.2	85.5
Blonde Caffé Latte - whole milk	Venti	skimmed milk [skimmed MILK], blonde roast (as consum	4740	1514	12.6	3.1	135.6	135.0	0.3	12.75	2.3	85.5
Blonde Caffé Latte - whole milk	Grande	skimmed milk [skimmed MILK], blonde roast (as consum	4917	1579	13.1	3.2	140.6	140.0	0.3	13.24	2.4	85.5
Blonde Caffé Latte - whole milk	Venti	skimmed milk [skimmed MILK], blonde roast (as consum	5095	1634	13.6	3.3	145.6	145.0	0.3	13.73	2.5	85.5
Blonde Caffé Latte - whole milk	Grande	skimmed milk [skimmed MILK], blonde roast (as consum	5272	1699	14.1	3.4	150.6	150.0	0.3	14.22	2.6	85.5
Blonde Caffé Latte - whole milk	Venti	skimmed milk [skimmed MILK], blonde roast (as consum	5450	1754	14.6	3.5	155.6	155.0	0.3	14.71	2.7	85.5
Blonde Caffé Latte - whole milk	Grande	skimmed milk [skimmed MILK], blonde roast (as consum	5627	1819	15.1	3.6	160.6	160.0	0.3	15.20	2.8	85.5
Blonde Caffé Latte - whole milk	Venti	skimmed milk [skimmed MILK], blonde roast (as consum	5805	1874	15.6	3.7	165.6	165.0	0.3	15.69	2.9	85.5
Blonde Caffé Latte - whole milk	Grande	skimmed milk [skimmed MILK], blonde roast (as consum	5982	1939	16.1	3.8	170.6	170.0	0.3	16.18	3.0	85.5
Blonde Caffé Latte - whole milk	Venti	skimmed milk [skimmed MILK], blonde roast (as consum	6160	1994	16.6	3.9	175.6	175.0	0.3	16.67	3.1	85.5
Blonde Caffé Latte - whole milk	Grande	skimmed milk [skimmed MILK], blonde roast (as consum	6337	2059	17.1	4.0	180.6	180.0	0.3	17.16	3.2	85.5
Blonde Caffé Latte - whole milk	Venti	skimmed milk [skimmed MILK], blonde roast (as consum	6515	2114	17.6	4.1	185.6	185.0	0.3	17.65	3.3	85.5
Blonde Caffé Latte - whole milk	Grande	skimmed milk [skimmed MILK], blonde roast (as consum	6692	2179	18.1	4.2	190.6	190.0	0.3	18.14	3.4	85.5
Blonde Caffé Latte - whole milk	Venti	skimmed milk [skimmed MILK], blonde roast (as consum	6870	2234	18.6	4.3	195.6	195.0	0.3	18.63	3.5	85.5
Blonde Caffé Latte - whole milk	Grande	skimmed milk [skimmed MILK], blonde roast (as consum	7047	2299	19.1	4.4	200.6	200.0	0.3	19.12	3.6	85.5
Blonde Caffé Latte - whole milk	Venti	skimmed milk [skimmed MILK], blonde roast (as consum	7225	2354	19.6	4.5	205.6	205.0	0.3	19.61	3.7	85.5
Blonde Caffé Latte - whole milk	Grande	skimmed milk [skimmed MILK], blonde roast (as consum	7402	2419	20.1	4.6	210.6	210.0	0.3	20.10	3.8	85.5
Blonde Caffé Latte - whole milk	Venti	skimmed milk [skimmed MILK], blonde roast (as consum	7580	2474	20.6	4.7	215.6	215.0	0.3	20.59	3.9	85.5
Blonde Caffé Latte - whole milk	Grande	skimmed milk [skimmed MILK], blonde roast (as consum	7757	2539	21.1	4.8	220.6	220.0	0.3	21.08	4.0	85.5
Blonde Caffé Latte - whole milk	Venti	skimmed milk [skimmed MILK], blonde roast (as consum	7935	2594	21.6	4.9	225.6	225.0	0.3	21.57	4.1	85.5
Blonde Caffé Latte - whole milk	Grande	skimmed milk [skimmed MILK], blonde roast (as consum	8112	2659	22.1	5.0	230.6	230.0	0.3	22.06	4.2	85.5
Blonde Caffé Latte - whole milk	Venti	skimmed milk [skimmed MILK], blonde roast (as consum	8290	2714	22.6	5.1	235.6	235.0	0.3	22.55	4.3	85.5
Blonde Caffé Latte - whole milk	Grande	skimmed milk [skimmed MILK], blonde roast (as consum	8467	2779	23.1	5.2	240.6	240.0	0.3	23.04	4.4	85.5
Blonde Caffé Latte - whole milk	Venti	skimmed milk [skimmed MILK], blonde roast (as consum	8645	2834	23.6	5.3	245.6	245.0	0.3	23.53	4.5	85.5
Blonde Caffé Latte - whole milk	Grande	skimmed milk [skimmed MILK], blonde roast (as consum	8822	2899	24.1	5.4	250.6	250.0	0.3	24.02	4.6	85.5
Blonde Caffé Latte - whole milk	Venti	skimmed milk [skimmed MILK], blonde roast (as consum	8999	2954	24.6	5.5	255.6	255.0	0.3	24.51	4.7	85.5
Blonde Caffé Latte - whole milk	Grande	skimmed milk [skimmed MILK], blonde roast (as consum	9177	3009	25.1	5.6	260.6	260.0	0.3	25.00	4.8	85.5
Blonde Caffé Latte - whole milk	Venti	skimmed milk [skimmed MILK], blonde roast (as consum	9354	3064	25.6	5.7	265.6	265.0	0.3	25.49	4.9	85.5
Blonde Caffé Latte - whole milk	Grande	skimmed milk [skimmed MILK], blonde roast (as consum	9532	3119	26.1	5.8	270.6	270.0	0.3	25.98	5.0	85.5
Blonde Caffé Latte - whole milk	Venti	skimmed milk [skimmed MILK], blonde roast (as consum	9709	3174	26.6	5.9	275.6	275.0	0.3	26.47	5.1	85.5
Blonde Caffé Latte - whole milk	Grande	skimmed milk [skimmed MILK], blonde roast (as consum	9887	3229	27.1	6.0	280.6	280.0	0.3	26.96	5.2	85.5
Blonde Caffé Latte - whole milk	Venti	skimmed milk [skimmed MILK], blonde roast (as consum	10064	3284	27.6	6.1	285.6	285.0	0.3	27.45	5.3	85.5
Blonde Caffé Latte - whole milk	Grande	skimmed milk [skimmed MILK], blonde roast (as consum	10242	3339	28.1	6.2	290.6	290.0	0.3	27.94	5.4	85.5
Blonde Caffé Latte - whole milk	Venti	skimmed milk [skimmed MILK], blonde roast (as consum	10419	3394	28.6	6.3	295.6	295.0	0.3	28.43	5.5	85.5
Blonde Caffé Latte - whole milk	Grande	skimmed milk [skimmed MILK], blonde roast (as consum	10597	3449	29.1	6.4	300.6	300.0	0.3	28.92	5.6	85.5
Blonde Caffé Latte - whole milk	Venti	skimmed milk [skimmed MILK], blonde roast (as consum	10774	3504	29.6	6.5	305.6	305.0	0.3	29.41	5.7	85.5
Blonde Caffé Latte - whole milk	Grande	skimmed milk [skimmed MILK], blonde roast (as consum	10952	3559	30.1	6.6	310.6	310.0	0.3	29.90	5.8	85.5
Blonde Caffé Latte - whole milk	Venti	skimmed milk [skimmed MILK], blonde roast (as consum	11129	3614	30.6	6.7	315.6	315.0	0.3	30.39	5.9	85.5
Blonde Caffé Latte - whole milk	Grande	skimmed milk [skimmed MILK], blonde roast (as consum	11307	3669	31.1	6.8	320.6	320.0	0.3	30.88	6.0	85.5
Blonde Caffé Latte - whole milk	Venti	skimmed milk [skimmed MILK], blonde roast (as consum	11484	3724	31.6	6.9	325.6	325.0	0.3	31.37	6.1	85.5
Blonde Caffé Latte - whole milk	Grande	skimmed milk [skimmed MILK], blonde roast (as consum	11662	3779	32.1	7.0	330.6	330.0	0.3	31.86	6.2	85.5
Blonde Caffé Latte - whole milk	Venti	skimmed milk [skimmed MILK], blonde roast (as consum	11839	3834	32.6	7.1	335.6	335.0	0.3	32.35	6.3	85.5
Blonde Caffé Latte - whole milk	Grande	skimmed milk [skimmed MILK], blonde roast (as consum	12017	3889	33.1	7.2	340.6	340.0	0.3	32.84	6.4	85.5
Blonde Caffé Latte - whole milk	Venti	skimmed milk [skimmed MILK], blonde roast (as consum	12194	3944	33.6	7.3	345.6	345.0	0.3	33.33	6.5	85.5
Blonde Caffé Latte - whole milk	Grande	skimmed milk [skimmed MILK], blonde roast (as consum	12372	3999	34.1	7.4	350.6	350.0	0.3	33.82	6.6	85.5
Blonde Caffé Latte - whole milk	Venti	skimmed milk [skimmed MILK], blonde roast (as consum	12549	4054	34.6	7.5	355.6	355.0	0.3	34.31	6.7	85.5
Blonde Caffé Latte - whole milk	Grande	skimmed milk [skimmed MILK], blonde roast (as consum	12727	4109	35.1	7.6	360.6	360.0	0.3	34.80	6.8	85.5
Blonde Caffé Latte - whole milk	Venti	skimmed milk [skimmed MILK], blonde roast (as consum	12904	4164	35.6	7.7	365.6	365.0	0.3	35.29	6.9	85.5
Blonde Caffé Latte - whole milk	Grande	skimmed milk [skimmed MILK], blonde roast (as consum	13082	4219	36.1	7.8	370.6	370.0	0.3	35.78	7.0	85.5
Blonde Caffé Latte - whole milk	Venti	skimmed milk [skimmed MILK], blonde roast (as consum	13259	4274	36.6	7.9	375.6	3				

Blonde Espresso Macchiato - almond drink	Single	blonde roast (as consumed) [whole bean roasted coffee	18	4	0.1	0	0.5	0.2	0.1	0.2	0.00	42.7
Blonde Espresso Macchiato - soya drink	Single	blonde roast (as consumed) [whole bean roasted coffee	22	5	0.2	0	0.5	0.2	0.2	0.3	0.01	42.7
Blonde Espresso Macchiato - oat drink	Single	blonde roast (as consumed) [whole bean roasted coffee	25	6	0.2	0	0.7	0.2	0.2	0.2	0.01	42.7
Blonde Espresso Macchiato - coconut drink	Single	blonde roast (as consumed) [whole bean roasted coffee	20	5	0.1	0.1	0.6	0.2	0.2	0.2	0.01	42.7
Decaf Espresso Macchiato - semi skimmed milk	Single	decaf espresso (as consumed) [whole bean roasted coff	26	6	0.2	0.1	0.8	0.3	0.1	0.3	0.01	1.8
Decaf Espresso Macchiato - whole milk	Single	decaf espresso (as consumed) [whole bean roasted coff	30	7	0.3	0.1	0.8	0.3	0.1	0.3	0.01	1.8
Decaf Espresso Macchiato - skimmed milk	Single	decaf espresso (as consumed) [whole bean roasted coff	24	6	0.1	0	0.8	0.3	0.1	0.3	0.01	1.8
Decaf Espresso Macchiato - almond drink	Single	decaf espresso (as consumed) [whole bean roasted coff	21	5	0.1	0	0.7	0.2	0.1	0.2	0.00	1.8
Decaf Espresso Macchiato - soya drink	Single	decaf espresso (as consumed) [whole bean roasted coff	25	6	0.2	0	0.7	0.2	0.1	0.3	0.01	1.8
Decaf Espresso Macchiato - oat drink	Single	decaf espresso (as consumed) [whole bean roasted coff	28	7	0.2	0	0.9	0.2	0.2	0.2	0.01	1.8
Decaf Espresso Macchiato - coconut drink	Single	decaf espresso (as consumed) [whole bean roasted coff	23	6	0.1	0.1	0.8	0.2	0.1	0.2	0.01	1.8
Blonde Espresso Macchiato - Doppio - semi skimmed milk	Double	blonde roast (as consumed) [whole bean roasted coffee	58	14	0.2	0.2	1.5	0.9	0.3	0.9	0.02	85.5
Blonde Espresso Macchiato - Doppio - skimmed milk	Double	blonde roast (as consumed) [whole bean roasted coffee	69	17	0.7	0.4	1.5	0.8	0.3	0.9	0.02	85.5
Blonde Espresso Macchiato - Doppio - almond drink	Double	blonde roast (as consumed) [whole bean roasted coffee	50	12	0.2	0.1	1.5	0.9	0.3	0.9	0.02	85.5
Blonde Espresso Macchiato - Doppio - soya drink	Double	blonde roast (as consumed) [whole bean roasted coffee	41	10	0.3	0.1	1.2	0.5	0.3	0.4	0.01	85.5
Blonde Espresso Macchiato - Doppio - oat drink	Double	blonde roast (as consumed) [whole bean roasted coffee	53	13	0.4	0.1	1.2	0.5	0.4	0.8	0.02	85.5
Blonde Espresso Macchiato - Doppio - coconut drink	Double	blonde roast (as consumed) [whole bean roasted coffee	64	16	0.6	0.1	1.8	0.6	0.4	0.4	0.02	85.5
Decaf Espresso Macchiato - Doppio - whole milk	Double	blonde roast (as consumed) [whole bean roasted coffee	47	12	0.4	0.2	1.3	0.6	0.3	0.6	0.02	85.5
Decaf Espresso Macchiato - Doppio - whole milk	Double	decaf espresso (as consumed) [whole bean roasted coff	54	15	0.4	0.2	1.9	0.9	0.2	0.9	0.02	3.6
Decaf Espresso Macchiato - Doppio - skimmed milk	Double	decaf espresso (as consumed) [whole bean roasted coff	75	18	0.7	0.4	1.9	0.9	0.2	0.8	0.02	3.6
Decaf Espresso Macchiato - Doppio - almond drink	Double	decaf espresso (as consumed) [whole bean roasted coff	56	14	0.2	0.1	2	0.9	0.2	0.8	0.02	3.6
Decaf Espresso Macchiato - Doppio - almond drink	Double	decaf espresso (as consumed) [whole bean roasted coff	47	12	0.3	0.1	1.6	0.5	0.3	0.4	0.01	3.6
Decaf Espresso Macchiato - Doppio - soya drink	Double	decaf espresso (as consumed) [whole bean roasted coff	59	14	0.4	0.1	1.6	0.5	0.3	0.8	0.02	3.6
Decaf Espresso Macchiato - Doppio - oat drink	Double	decaf espresso (as consumed) [whole bean roasted coff	70	17	0.6	0.3	2.2	0.6	0.4	0.4	0.02	3.6
Decaf Espresso Macchiato - Doppio - coconut drink	Double	decaf espresso (as consumed) [whole bean roasted coff	53	13	0.4	0.2	1.7	0.6	0.3	0.5	0.02	3.6
Blonde Cortado - semi skimmed milk	Short	semi skimmed MILK, ristretto blonde single shot (as co	208	49	1.6	0.1	5.3	4.3	0	3.5	0.02	75.6
Blonde Cortado - whole milk	Short	whole milk [whole MILK], ristretto blonde single shot (	269	64	3.3	0.4	5.2	4.2	0	3.4	0.10	75.6
Blonde Cortado - skimmed milk	Short	skimmed milk [skimmed MILK], ristretto blonde single sho	162	38	0.3	0.2	5.4	4.4	0	3.5	0.10	75.6
Blonde Cortado - almond drink	Short	almond drink [Water, ALMOND (2.5%), sugar, fructose,	115	28	1.1	0.1	3.2	2.3	0.2	0.7	0.07	75.6
Blonde Cortado - soya drink	Short	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	179	43	1.7	0.3	3.3	2.3	0.5	3.2	0.08	75.6
Blonde Cortado - oat drink	Short	oat drink [Water, OAT (10%), sunflower oil, chicory root	243	58	2.8	0.3	6.9	3	0.9	1	0.12	75.6
Blonde Cortado - coconut drink	Short	coconut drink [Water, coconut milk (5.7%) (water, coco	148	35	1.4	0.7	3.9	3	0.3	1.6	0.08	75.6
Blonde Cortado - semi skimmed milk	Short	Semi skimmed MILK, decaf espresso (as consumed) [whole	215	51	1.7	1	5.5	4.4	0.2	3.5	0.1	3.6
Decaf Cortado - whole milk	Short	whole MILK, decaf espresso (as consumed) [whole bean ro	277	66	3.4	0.4	5.2	4.2	0	3.4	0.10	3.6
Decaf Cortado - skimmed milk	Short	skimmed MILK, decaf espresso (as consumed) [whole bean	170	41	0.4	0.2	5.6	4.5	0.2	3.5	0.1	3.6
Decaf Cortado - almond drink	Short	Water, ALMOND (2.5%), sugar, fructose, acidity regulat	122	30	1.2	0.1	3.4	2.4	0.4	0.7	0.07	3.6
Decaf Cortado - soya drink	Short	Water, hulled SOYA beans (8.7%), sugar, acidity regulat	187	45	1.8	0.3	3.5	2.3	0.8	3.2	0.08	3.6
Decaf Cortado - oat drink	Short	Water, OAT (10%), sunflower oil, chicory root fibre, pea	251	60	2.8	0.3	7.1	3	1.1	1	0.12	3.6
Decaf Cortado - coconut drink	Short	Water, coconut milk (5.7%) (water, coconut cream (2.6)	155	37	1.5	0.7	4.1	3.1	0.5	1.6	0.08	3.6
Blonde Cappuccino - semi skimmed milk	Short	semi skimmed milk [Semi skimmed MILK], blonde roast (	268	64	2.2	0.4	6.3	6	0.1	4.6	0.14	42.7
Blonde Cappuccino - whole milk	Tall	semi skimmed milk [skimmed MILK], blonde roast (as co	440	100	3.7	0.8	12.8	12.1	0.3	9.3	0.28	85.5
Blonde Cappuccino - skimmed milk	Grande	semi skimmed milk [Semi skimmed MILK], blonde roast (	542	129	4.5	2.9	12.8	12.1	0.3	9.3	0.28	85.5
Blonde Cappuccino - semi skimmed milk	Venti	semi skimmed milk [Semi skimmed MILK], blonde roast (	690	164	5.7	3.7	16.2	15.6	0.3	11.8	0.35	85.5
Blonde Cappuccino - whole milk	Short	whole milk [whole MILK], blonde roast (as consumed) [wh	352	84	4.6	2.9	6.2	5.9	0.1	4.5	0.13	42.7
Blonde Cappuccino - whole milk	Tall	whole milk [whole MILK], blonde roast (as consumed) [wh	582	139	7.7	4.9	10.1	9.8	0.1	7.3	0.22	42.7
Blonde Cappuccino - whole milk	Grande	whole milk [whole MILK], blonde roast (as consumed) [wh	713	170	9.3	5.9	12.5	11.8	0.3	9	0.27	85.5
Blonde Cappuccino - whole milk	Venti	whole milk [whole MILK], blonde roast (as consumed) [wh	910	217	12.2	7.6	15.9	15.2	0.3	11.5	0.35	85.5
Blonde Cappuccino - skimmed milk	Short	skimmed milk [skimmed MILK], blonde roast (as consum	405	94	0.4	0.2	20.1	19.4	0.1	17.6	0.23	42.7
Blonde Cappuccino - skimmed milk	Tall	skimmed milk [skimmed MILK], blonde roast (as consum	334	79	0.7	0.3	10.5	10.2	0.1	7.6	0.23	42.7
Blonde Cappuccino - skimmed milk	Grande	skimmed milk [skimmed MILK], blonde roast (as consum	414	98	0.9	0.4	13	12.4	0.3	9.3	0.28	85.5
Blonde Cappuccino - skimmed milk	Venti	skimmed milk [skimmed MILK], blonde roast (as consum	525	125	1.1	0.5	16.6	15.9	0.3	11.8	0.36	85.5
Blonde Cappuccino - almond drink	Short	almond drink [Water, ALMOND (2.5%), sugar, fructose,	139	35	1.6	0.1	3.5	3.1	0.4	0.8	0.09	42.7
Blonde Cappuccino - almond drink	Tall	almond drink [Water, ALMOND (2.5%), sugar, fructose,	224	56	2.6	0.2	5.6	5.2	0.6	1.2	0.15	42.7
Blonde Cappuccino - almond drink	Grande	almond drink [Water, ALMOND (2.5%), sugar, fructose,	281	70	3.2	0.3	7.2	6.4	0.8	1.6	0.19	85.5
Blonde Cappuccino - soya drink	Short	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	354	85	2.4	0.7	8.2	7.4	0.9	4.2	0.11	42.7
Blonde Cappuccino - soya drink	Tall	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	229	55	2.4	0.4	3.6	3.1	0.9	4.2	0.11	42.7
Blonde Cappuccino - soya drink	Grande	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	374	90	4	0.6	5.8	5.2	1.4	7	0.19	42.7
Blonde Cappuccino - soya drink	Venti	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	462	111	4.9	0.8	7.3	6.3	1.8	8.5	0.22	85.5
Blonde Cappuccino - oat drink	Short	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	588	141	6.2	1	9.1	8.1	2.2	10.9	0.29	85.5
Blonde Cappuccino - oat drink	Tall	oat drink [Water, OAT (10%), sunflower oil, chicory root	317	75	3.9	0.4	8.6	4.1	1.4	1.1	0.16	42.7
Blonde Cappuccino - oat drink	Grande	oat drink [Water, OAT (10%), sunflower oil, chicory root	522	124	6.4	0.6	14.1	6.8	2.2	1.8	0.26	42.7
Blonde Cappuccino - oat drink	Venti	oat drink [Water, OAT (10%), sunflower oil, chicory root	641	151	9.3	0.8	17.8	8.3	2.7	2.3	0.32	85.5
Blonde Cappuccino - coconut drink	Short	coconut drink [Water, coconut milk (5.7%) (water, coco	188	194	10	1	22.2	10.6	3.5	2.9	0.41	85.5
Blonde Cappuccino - coconut drink	Tall	coconut drink [Water, coconut milk (5.7%) (water, coco	814	44	1.9	0.9	4.5	4.1	0.5	2	0.11	42.7
Blonde Cappuccino - coconut drink	Grande	coconut drink [Water, coconut milk (5.7%) (water, coco	300	71	3.2	1.5	7.2	6.9	0.8	3.3	0.19	42.7
Blonde Cappuccino - coconut drink	Venti	coconut drink [Water, coconut milk (5.7%) (water, coco	373	88	3.9	1.8	9	8.4	1	4.1	0.22	85.5
Decaf Cappuccino - semi skimmed milk	Short	semi skimmed milk [Semi skimmed MILK], decaf espress	473	112	5	2.3	11.4	10.7	1.2	5.2	0.29	85.5
Decaf Cappuccino - semi skimmed milk	Tall	semi skimmed milk [Semi skimmed MILK], decaf espress	271	64	2.2	0.4	6.5	6	0.1	4.6	0.14	1.8
Decaf Cappuccino - semi skimmed milk	Grande	semi skimmed milk [Semi skimmed MILK], decaf espress	443	103	3.7	0.8	10.5	9.8	0.3	7.5	0.23	1.8
Decaf Cappuccino - semi skimmed milk	Venti	semi skimmed milk [Semi skimmed MILK], decaf espress	547	130	4.5	2.9	13.2	12.1	0.2	9.2	0.28	3.6
Decaf Cappuccino - whole milk	Short	whole milk [whole MILK], decaf espresso (as consumed) [v	696	166	5.7	3.7	16.6	15.6	0.2	11.8	0.35	3.6
Decaf Cappuccino - whole milk	Tall	whole milk [whole MILK], decaf espresso (as consumed) [v	355	85	4.6	2.9	6.4	5.9	0.1	4.4	0.13	1.8
Decaf Cappuccino - whole milk	Grande	whole milk [whole MILK], decaf espresso (as consumed) [v	585	139	7.7	4.9	10.3	9.8	0.1	7.3	0.22	1.8
Decaf Cappuccino - whole milk	Venti	whole milk [whole MILK], decaf espresso (as consumed) [v	719	171	9.3	5.9	12.9	11.9	0.2	9	0.27	3.6
Decaf Cappuccino - skimmed milk	Short	skimmed milk [skimmed MILK], decaf espresso (as consum	916	218	12	7.6	16.3	15.2	0.2	11.5	0.35	3.6
Decaf Cappuccino - skimmed milk	Tall	skimmed milk [skimmed MILK], decaf espresso (as consum	207	49	0.4	0.2	6.6	6.1	0.1	4.6	0.14	1.8
Decaf Cappuccino - skimmed milk	Grande	skimmed milk [skimmed MILK], decaf espresso (as consum	337	80	0.7	0.3	10.2	10.1	0.1	7.6	0.23	1.8
Decaf Cappuccino - skimmed milk	Venti	skimmed milk [skimmed MILK], decaf espresso (as consum	420	100	0.9	0.4	13.4	12.4	0.2	9.2	0.28	3.6
Decaf Cappuccino - almond drink	Short	almond drink [Water, ALMOND (2.5%), sugar, fructose,	531	126	1.1	0.5	17	15.9	0.2	11.8	0.36	3.6
Decaf Cappuccino - almond drink	Tall	almond drink [Water, ALMOND (2.5%), sugar, fructose,	142	35	1.6	0.1	3.7	3.2	0.4	0.8	0.09	1.8
Decaf Cappuccino - almond drink	Grande	almond drink [Water, ALMOND (2.5%), sugar, fructose,	227	57	2.6	0.2	5.8	5.3	0.5	1.2	0.15	1.8
Decaf Cappuccino - soya drink	Short	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	287	72	3.2	0.3	7.5	6.4	0.7	1.5	0.19	3.6
Decaf Cappuccino - soya drink	Tall	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	360	90	4	0.4	9.3	8.2	0.9	1.9	0.24	3.6
Decaf Cappuccino - soya drink	Grande	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	231	51	4	0.6	5.2	4.1	0.9	4.2	0.11	1.8
Decaf Cappuccino - soya drink	Venti	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	468	112	4.9	0.8	7.7	6.4	1.7	8.5	0.22	3.6
Decaf Cappuccino - oat drink	Short	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	594	143	6.2	1	9.5	8.1	2.2	10.9	0.29	3.6
Decaf Cappuccino - oat drink	Tall	oat drink [Water, OAT (10%), sunflower oil, chicory root	320	76	3.9	0.4	8.8	4.1	1.3	1.1	0.16	1.8
Decaf Cappuccino - oat drink	Grande	oat drink [Water, OAT (10%), sunflower oil, chicory root	525	124	6.4	0.6	14.3	6.8	2.2	1.8	0.26	1.8
Decaf Cappuccino - oat drink	Venti	oat drink [Water, OAT (10%), sunflower oil, chicory root	647	153	7.8	0.8	17.8	8.3	2.7	2.3	0.32	3.6
Decaf Cappuccino - coconut drink	Short	coconut drink [Water, coconut milk (5.7%) (water, coco	824	194	10	1	22.2	10.6	3.4	2.8	0.41	85.5
Decaf Cappuccino - coconut drink	Tall	coconut drink [Water, coconut milk (5.7%) (water, coco	187	44	1.9	0.9	4.7	4.1	0.5	2	0.11	1.8
Decaf Cappuccino - coconut drink	Grande	coconut drink [Water, coconut milk (5.7%) (water, coco	303	72	3.2	1.5	7.4	6.9	0.7	3.2	0.19	1.8
Decaf Cappuccino - coconut drink	Venti	coconut drink [Water, coconut milk (5.7%) (water, coco	379	89	3.9	1.8	9.4	8.4	1	4	0.22	3.6
Blonde Flat White - semi skimmed milk	Short	semi skimmed milk [Semi skimmed MILK], blonde roast (	478	113	5	2.3	11.8	10.8	1.2	5.1	0.29	3.6
Blonde Flat White - whole milk	Short	whole milk [whole MILK], blonde roast (as consumed) [wh	242	58	2	1.2	5.8	5.1	0.3	4.1	0.12	85.5
Blonde Flat White - skimmed milk	Short	skimmed milk [skimmed MILK], blonde roast (as consum	314	75	4	2.5	5.7	5	0.3	4	0.11	85.5
Blonde Flat White - almond drink	Short	almond drink [Water, ALMOND (2.5%), sugar, fructose,	189	45	0.5	0.2	4.9	5.2	0.3	4.1	0.12	85.5
Blonde Flat White - soya drink	Short	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	133	33	1.4	0.2	3.4	2.7	0.5	0.8	0.08	85.5
Blonde Flat White - oat drink	Short	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	209	50	2.1	0.4	3.5	2.7	0.9	3.8	0.10	85.5
Blonde Flat White												

Blonde Caramel Macchiato - oat drink	Venti	oat drink [Water, OAT (10%), sunflower oil, chicory root	1277	302	12.5	1.7	43.2	29.4	4	3.4	0.50	85.5
Blonde Caramel Macchiato - coconut drink	Short	coconut drink [Water, coconut milk (5.7%) (water, coco	338	80	2.8	1.4	11.2	10.6	0.6	2.3	0.15	42.7
Blonde Caramel Macchiato - coconut drink	Tall	coconut drink [Water, coconut milk (5.7%) (water, coco	535	126	4.3	2.1	18.3	17.5	0.8	3.6	0.23	42.7
Blonde Caramel Macchiato - coconut drink	Grande	coconut drink [Water, coconut milk (5.7%) (water, coco	700	165	5.3	2.6	24.4	23.3	1.1	4.8	0.29	85.5
Blonde Caramel Macchiato - coconut drink	Venti	coconut drink [Water, coconut milk (5.7%) (water, coco	876	207	6.6	3.2	37.6	36.6	1.4	6	0.36	85.5
Decaf Caramel Macchiato - semi skimmed milk	Short	semi skimmed milk [Semi skimmed MILK], decaf espress	435	103	3.2	2	13.5	12.7	0.1	5.2	0.18	1.8
Decaf Caramel Macchiato - semi skimmed milk	Tall	semi skimmed milk [Semi skimmed MILK], decaf espress	690	164	4.8	3.1	21.9	20.9	0.1	8.2	0.27	1.8
Decaf Caramel Macchiato - semi skimmed milk	Grande	semi skimmed milk [Semi skimmed MILK], decaf espress	902	214	6	3.8	29.2	27.7	0.2	10.7	0.35	3.6
Decaf Caramel Macchiato - semi skimmed milk	Venti	semi skimmed milk [Semi skimmed MILK], decaf espress	1134	269	7.5	4.8	36.8	35.2	0.2	13.7	0.44	3.6
Decaf Caramel Macchiato - whole milk	Short	whole milk [whole MILK], decaf espresso (as consumed) [v	531	126	5.9	3.7	13.4	12.5	0.1	5	0.17	1.8
Decaf Caramel Macchiato - whole milk	Tall	whole milk [whole MILK], decaf espresso (as consumed) [v	844	201	9.2	5.8	21.6	20.7	0.1	8	0.27	1.8
Decaf Caramel Macchiato - whole milk	Grande	whole milk [whole MILK], decaf espresso (as consumed) [v	1100	262	11.7	7.4	110.4	28.9	2.3	10.4	0.34	3.6
Decaf Caramel Macchiato - whole milk	Venti	whole milk [whole MILK], decaf espresso (as consumed) [v	1390	330	14.7	9.3	36.4	34.8	0.2	13.3	0.43	3.6
Decaf Caramel Macchiato - skimmed milk	Short	skimmed milk [skimmed MILK], decaf espresso (as consur	364	86	1.2	0.6	13.6	12.8	0.1	5.2	0.18	1.8
Decaf Caramel Macchiato - skimmed milk	Tall	skimmed milk [skimmed MILK], decaf espresso (as consur	575	136	1.6	0.9	22.1	21.2	0.1	8.2	0.28	1.8
Decaf Caramel Macchiato - skimmed milk	Grande	skimmed milk [skimmed MILK], decaf espresso (as consur	753	179	1.9	1	29.5	28	0.2	10.7	0.35	3.6
Decaf Caramel Macchiato - skimmed milk	Venti	skimmed milk [skimmed MILK], decaf espresso (as consur	943	223	2.1	1.1	37.2	35.6	0.2	13.7	0.45	3.6
Decaf Caramel Macchiato - almond drink	Short	almond drink [Water, ALMOND (2.5%), sugar, fructose,	290	71	2.4	0.6	10.3	9.5	0.4	0.9	0.13	1.8
Decaf Caramel Macchiato - almond drink	Tall	almond drink [Water, ALMOND (2.5%), sugar, fructose,	456	127	3.2	0.9	16.7	15.8	0.6	1.3	0.17	1.8
Decaf Caramel Macchiato - almond drink	Grande	almond drink [Water, ALMOND (2.5%), sugar, fructose,	599	146	4.5	0.9	22.5	21	0.8	1.8	0.24	3.6
Decaf Caramel Macchiato - almond drink	Venti	almond drink [Water, ALMOND (2.5%), sugar, fructose,	744	181	5.5	0.9	28.2	26.6	1	2.2	0.30	3.6
Decaf Caramel Macchiato - soya drink	Short	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	391	93	3.4	0.9	10.4	9.5	1	4.8	0.15	1.8
Decaf Caramel Macchiato - soya drink	Tall	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	619	148	5.2	1.2	16.9	15.7	1.5	7.6	0.23	1.8
Decaf Caramel Macchiato - soya drink	Grande	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	810	193	6.5	1.4	22.8	20.9	2	9.9	0.29	3.6
Decaf Caramel Macchiato - soya drink	Venti	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	1015	242	8	1.7	28.5	26.5	2.5	12.6	0.36	3.6
Decaf Caramel Macchiato - oat drink	Short	oat drink [Water, OAT (10%), sunflower oil, chicory root	491	116	5	0.9	16.1	10.5	1.5	1.3	0.20	1.8
Decaf Caramel Macchiato - oat drink	Tall	oat drink [Water, OAT (10%), sunflower oil, chicory root	780	185	6.7	1.2	25	17.5	1.4	2	0.31	1.8
Decaf Caramel Macchiato - oat drink	Grande	oat drink [Water, OAT (10%), sunflower oil, chicory root	1017	241	9.9	1.4	34.5	23.2	3.1	2.7	0.40	3.6
Decaf Caramel Macchiato - oat drink	Venti	oat drink [Water, OAT (10%), sunflower oil, chicory root	1283	304	12.5	1.7	43.6	29.4	3.9	3.3	0.50	3.6
Decaf Caramel Macchiato - coconut drink	Short	coconut drink [Water, coconut milk (5.7%) (water, coco	341	81	2.8	1.4	11.4	10.6	0.5	2.3	0.15	1.8
Decaf Caramel Macchiato - coconut drink	Tall	coconut drink [Water, coconut milk (5.7%) (water, coco	538	127	4.3	2.1	18.5	17.6	0.8	3.6	0.23	1.8
Decaf Caramel Macchiato - coconut drink	Grande	coconut drink [Water, coconut milk (5.7%) (water, coco	706	167	5.3	2.6	24.8	23.3	1.1	4.7	0.29	3.6
Decaf Caramel Macchiato - coconut drink	Venti	coconut drink [Water, coconut milk (5.7%) (water, coco	882	208	6.6	3.2	37.2	36.2	1.3	6	0.36	3.6
Blonde Mocha - semi skimmed milk	Short	semi skimmed milk [Semi skimmed MILK], blonde roas	524	118	3.5	1.5	10.8	10.8	1	4.8	0.13	1.8
Blonde Mocha - semi skimmed milk	Tall	semi skimmed milk [Semi skimmed MILK], mocha sauc	877	209	9.6	6.5	21	20	1.9	8.8	0.23	54.9
Blonde Mocha - semi skimmed milk	Grande	semi skimmed milk [Semi skimmed MILK], mocha sauc	1092	261	11	7.4	28.1	26.4	3	10.9	0.28	103.7
Blonde Mocha - semi skimmed milk	Venti	semi skimmed milk [Semi skimmed MILK], mocha sauc	1411	337	13.4	9	37.4	35.4	3.9	14.7	0.38	109.8
Blonde Mocha - whole milk	Short	whole milk [whole MILK], blonde roast (as consumed) [h	598	143	8.6	5.8	11.3	10.7	1	4.7	0.12	48.8
Blonde Mocha - whole milk	Tall	whole milk [whole MILK], mocha sauce [water, sugar, c	1011	241	13.4	10.9	20.8	19.8	1.9	8.6	0.23	54.9
Blonde Mocha - whole milk	Grande	whole milk [whole MILK], mocha sauce [water, sugar, c	1252	299	15.5	10.2	27.9	26.2	3	10.7	0.27	103.7
Blonde Mocha - whole milk	Venti	whole milk [whole MILK], mocha sauce [water, sugar, c	1632	382	19.7	12.9	38.2	36.9	3.9	14.4	0.37	109.8
Blonde Mocha - skimmed milk	Short	skimmed milk [skimmed MILK], blonde roast (as consun	472	113	5	3.4	11.5	10.9	1	4.8	0.13	48.8
Blonde Mocha - skimmed milk	Tall	skimmed milk [skimmed MILK], mocha sauce [water, su	776	185	6.8	4.6	21.2	20.2	1.9	8.8	0.24	54.9
Blonde Mocha - skimmed milk	Grande	skimmed milk [skimmed MILK], mocha sauce [water, su	972	232	7.6	5	28.4	26.7	3	10.9	0.28	103.7
Blonde Mocha - skimmed milk	Venti	skimmed milk [skimmed MILK], mocha sauce [water, su	1247	297	8.8	5.8	37.7	35.7	3.9	14.7	0.38	109.8
Blonde Mocha - almond drink	Short	almond drink [Water, ALMOND (2.5%), sugar, fructose,	416	101	6	3.4	9	8.4	1.2	1.6	0.09	48.8
Blonde Mocha - almond drink	Tall	almond drink [Water, ALMOND (2.5%), sugar, fructose,	672	163	8.6	4.5	16.5	15.5	2.3	2.7	0.16	54.9
Blonde Mocha - almond drink	Grande	almond drink [Water, ALMOND (2.5%), sugar, fructose,	947	219	11.5	5	23.7	21.9	3.4	10.7	0.19	103.7
Blonde Mocha - almond drink	Venti	almond drink [Water, ALMOND (2.5%), sugar, fructose,	1075	261	11.7	5.7	30	28	4.5	4.8	0.26	109.8
Blonde Mocha - soya drink	Short	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	492	118	6.7	3.6	9.1	8.3	1.7	4.5	0.11	48.8
Blonde Mocha - soya drink	Tall	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	814	195	9.9	4.9	16.7	15.4	3.1	8.2	0.19	54.9
Blonde Mocha - soya drink	Grande	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	1017	244	11.3	5.4	23	21	4.4	10.2	0.23	103.7
Blonde Mocha - soya drink	Venti	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	1309	314	13.9	6.3	30.3	27.9	5.8	13.8	0.31	109.8
Blonde Mocha - oat drink	Short	oat drink [Water, OAT (10%), sunflower oil, chicory root	567	135	7.9	3.6	13.4	9.2	2.1	1.9	0.15	48.8
Blonde Mocha - oat drink	Tall	oat drink [Water, OAT (10%), sunflower oil, chicory root	825	195	10.5	4.9	17.2	17	3.9	10.4	0.23	54.9
Blonde Mocha - oat drink	Grande	oat drink [Water, OAT (10%), sunflower oil, chicory root	1185	282	14.1	5.4	32.4	22.9	5.3	4.4	0.32	103.7
Blonde Mocha - oat drink	Venti	oat drink [Water, OAT (10%), sunflower oil, chicory root	1540	366	17.7	6.3	43.3	30.4	7.1	5.8	0.43	109.8
Blonde Mocha - coconut drink	Short	coconut drink [Water, coconut milk (5.7%) (water, coco	455	109	6.3	4	9.9	9.2	1.3	2.6	0.11	48.8
Blonde Mocha - coconut drink	Tall	coconut drink [Water, coconut milk (5.7%) (water, coco	744	177	9.2	5.7	17	17	2.5	4.7	0.19	54.9
Blonde Mocha - coconut drink	Grande	coconut drink [Water, coconut milk (5.7%) (water, coco	1034	222	10.4	6.4	24.6	22.9	3.7	6.1	0.23	103.7
Blonde Mocha - coconut drink	Venti	coconut drink [Water, coconut milk (5.7%) (water, coco	1194	284	12.6	7.6	32.5	30.5	4.8	8	0.31	109.8
Decaf Mocha - semi skimmed milk	Short	semi skimmed milk [Semi skimmed MILK], mocha sauc	612	143	6.5	4.6	11.7	10.5	1.9	4.8	0.11	48.8
Decaf Mocha - semi skimmed milk	Tall	semi skimmed milk [Semi skimmed MILK], mocha sauc	926	221	9.5	6.5	24.4	22.8	2.8	8.1	0.19	20
Decaf Mocha - semi skimmed milk	Grande	semi skimmed milk [Semi skimmed MILK], mocha sauc	1179	281	11.2	7.5	32.5	30.1	3.8	10.8	0.26	27.9
Decaf Mocha - semi skimmed milk	Venti	semi skimmed milk [Semi skimmed MILK], mocha sauc	1486	354	13.5	9	41.5	38.8	4.7	14.4	0.35	14
Decaf Mocha - whole milk	Short	whole milk [whole MILK], mocha sauce [water, sugar, c	672	161	8.4	5.7	15.6	14.4	1.9	4.7	0.11	34
Decaf Mocha - whole milk	Tall	whole milk [whole MILK], mocha sauce [water, sugar, c	1036	247	12.6	8.4	24.2	22.7	2.8	7.9	0.19	20
Decaf Mocha - whole milk	Grande	whole milk [whole MILK], mocha sauce [water, sugar, c	1326	316	15.3	10.1	32.3	29.9	3.8	10.6	0.25	27.9
Decaf Mocha - whole milk	Venti	whole milk [whole MILK], mocha sauce [water, sugar, c	1680	382	19.7	12.6	38.2	36.9	4.7	14.4	0.37	109.8
Decaf Mocha - skimmed milk	Short	skimmed milk [skimmed MILK], mocha sauce [water, su	567	136	5.5	3.7	15.8	14.6	1.9	4.8	0.11	14
Decaf Mocha - skimmed milk	Tall	skimmed milk [skimmed MILK], mocha sauce [water, su	844	202	7.2	4.9	24.5	23	2.8	8.1	0.20	20
Decaf Mocha - skimmed milk	Grande	skimmed milk [skimmed MILK], mocha sauce [water, su	1069	255	8.1	5.3	32.7	30.3	3.8	10.8	0.26	27.9
Decaf Mocha - skimmed milk	Venti	skimmed milk [skimmed MILK], mocha sauce [water, su	1334	318	9.2	6.1	41.8	39.1	4.7	14.4	0.36	34
Decaf Mocha - almond drink	Short	almond drink [Water, ALMOND (2.5%), sugar, fructose,	521	126	6.3	3.7	13.7	12.5	2.1	2.1	0.08	14
Decaf Mocha - almond drink	Tall	almond drink [Water, ALMOND (2.5%), sugar, fructose,	759	184	8.7	4.8	20.7	19.2	3.1	3.2	0.14	20
Decaf Mocha - almond drink	Grande	almond drink [Water, ALMOND (2.5%), sugar, fructose,	955	231	10	5.3	27.6	25.2	4.2	4.2	0.16	27.9
Decaf Mocha - almond drink	Venti	almond drink [Water, ALMOND (2.5%), sugar, fructose,	1176	281	11.5	6.9	34.6	32.9	5.8	10.8	0.24	34
Decaf Mocha - soya drink	Short	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	584	140	6.9	3.9	13.8	12.5	2.4	4.5	0.09	14
Decaf Mocha - soya drink	Tall	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	875	210	9.8	5.1	20.8	19.1	3.8	7.6	0.16	20
Decaf Mocha - soya drink	Grande	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	1111	266	11.5	5.7	27.8	25.2	5.1	10.2	0.21	27.9
Decaf Mocha - soya drink	Venti	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	1392	333	14	6.5	34.9	31.9	6.5	13.6	0.29	34
Decaf Mocha - oat drink	Short	oat drink [Water, OAT (10%), sunflower oil, chicory root	647	154	7.9	3.9	17.3	13.1	2.8	2.4	0.13	14
Decaf Mocha - oat drink	Tall	oat drink [Water, OAT (10%), sunflower oil, chicory root	990	236	11.7	5.1	27.3	20.4	4.4	3.6	0.20	20
Decaf Mocha - oat drink	Grande	oat drink [Water, OAT (10%), sunflower oil, chicory root	1264	302	14.5	5.7	34.8	30.8	5.8	4.8	0.30	27.9
Decaf Mocha - oat drink	Venti	oat drink [Water, OAT (10%), sunflower oil, chicory root	1605	382	17.5	6.5	47	34.2	7.7	6.1	0.40	34
Decaf Mocha - coconut drink	Short	coconut drink [Water, coconut milk (5.7%) (water, coco	553	132	6.5	4.2	14.4	13.2	2.2	3	0.09	14
Decaf Mocha - coconut drink	Tall	coconut drink [Water, coconut milk (5.7%) (water, coco	818	195	9.2	5.8	22	20.4	3.3	4.8	0.16	20
Decaf Mocha - coconut drink	Grande	coconut drink [Water, coconut milk (5.7%) (water, coco	1034	246	10.6	6.6	29.3	26.9	4.5	6.3	0.21	27.9
Decaf Mocha - coconut drink	Venti	coconut drink [Water, coconut milk (5.7%) (water, coco	1285	306	12.8	7.7	37	34.3	5.6	8.2	0.29	34
Blonde White Mocha - semi skimmed milk	Short	semi skimmed milk [Semi skimmed MILK], blonde roas	592	142	6.9	4.9	14.9	14.6	0.1	4.9	0.20	27.9
Blonde White Mocha - semi skimmed milk	Tall	semi skimmed milk [Semi skimmed MILK], white chocol	979	229	10.1	7.2	29.9	28.9	0.1	10.4	0.27	34
Blonde White Mocha - semi skimmed milk	Grande	semi skimmed milk [Semi skimmed MILK], white chocol	1251	298	11.7	8.4	37.6	36.9	0.3	10.5	0.48	85.5
Blonde White Mocha - semi skim												

Decaf White Mocha - almond drink	Venti	almond drink [Water, ALMOND (2.5%), sugar, fructose,	1490	359	13.6	7.9	51.6	50.5	0.9	5.3	0.61	3.6
Decaf White Mocha - soya drink	Short	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	728	174	7.7	4.7	20.8	20.1	0.7	4.9	0.25	1.8
Decaf White Mocha - soya drink	Tall	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	1088	260	11	6.3	31.3	30.6	1.2	8.2	0.39	1.8
Decaf White Mocha - soya drink	Grande	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	1379	329	13	7.3	41.5	40.2	1.6	10.6	0.51	3.6
Decaf White Mocha - soya drink	Venti	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	1709	408	15.6	8.5	170.4	159.4	2.1	13.7	0.66	3.6
Decaf White Mocha - oat drink	Short	oat drink [Water, OAT (10%), sunflower oil, chicory root	798	190	8.9	4.7	24.7	20.9	1.1	2.5	0.28	1.8
Decaf White Mocha - oat drink	Tall	oat drink [Water, OAT (10%), sunflower oil, chicory root	1214	289	13.1	6.3	38.4	32	1.9	3.8	0.46	1.8
Decaf White Mocha - oat drink	Grande	oat drink [Water, OAT (10%), sunflower oil, chicory root	1541	366	15.7	7.3	50.7	42	2.5	5	0.60	3.6
Decaf White Mocha - oat drink	Venti	oat drink [Water, OAT (10%), sunflower oil, chicory root	1924	457	19.2	8.5	64	52.8	3.2	6.2	0.77	3.6
Decaf White Mocha - coconut drink	Short	coconut drink [Water, coconut milk (5.7%) (water, coco	693	165	7.3	5.1	21.5	20.9	0.4	3.2	0.25	1.8
Decaf White Mocha - coconut drink	Tall	coconut drink [Water, coconut milk (5.7%) (water, coco	1026	244	10.3	7	32.6	32	0.7	5	0.39	1.8
Decaf White Mocha - coconut drink	Grande	coconut drink [Water, coconut milk (5.7%) (water, coco	1298	306	12.1	8.2	37.4	42.1	0.9	2.5	0.73	3.6
Decaf White Mocha - coconut drink	Venti	coconut drink [Water, coconut milk (5.7%) (water, coco	1601	380	14.4	9.7	54	52.9	1.2	8.3	0.66	3.6
Blonde Caramel Protein Latte - semi skimmed milk	Tall	semi skimmed milk [Semi skimmed MILK], caramel prote	716	170	3.4	2	13.3	10.4	0.5	21.7	0.59	42.7
Blonde Caramel Protein Latte - semi skimmed milk	Grande	semi skimmed milk [Semi skimmed MILK], caramel prote	865	205	4.6	2.7	16.9	13.6	0.7	24.1	0.67	85.5
Blonde Caramel Protein Latte - semi skimmed milk	Venti	semi skimmed milk [Semi skimmed MILK], caramel prote	1096	260	6.5	4	22.3	18.9	0.7	28.1	0.80	85.5
Blonde Caramel Protein Latte - whole milk	Tall	whole milk [whole MILK], caramel protein cold foam [skirr	823	195	6.4	3.9	13.1	10.2	0.5	21.5	0.59	42.7
Blonde Caramel Protein Latte - whole milk	Grande	whole milk [whole MILK], caramel protein cold foam [skirr	1017	242	8.9	5.4	16.7	13.3	0.7	23.9	0.67	85.5
Blonde Caramel Protein Latte - whole milk	Venti	whole milk [whole MILK], caramel protein cold foam [skirr	1292	315	13	7.6	22	18.5	0.5	21.7	0.73	85.5
Blonde Caramel Protein Latte - skimmed milk	Tall	skimmed milk [skimmed MILK], caramel protein cold foam	636	151	1.1	0.4	13.4	10.5	0.5	21.7	0.60	42.7
Blonde Caramel Protein Latte - skimmed milk	Grande	skimmed milk [skimmed MILK], caramel protein cold foam	752	178	1.4	0.5	17.1	13.8	0.7	24.1	0.68	85.5
Blonde Caramel Protein Latte - skimmed milk	Venti	skimmed milk [skimmed MILK], caramel protein cold foam	926	219	1.7	0.7	22.7	19.2	0.7	28.1	0.81	85.5
Blonde Caramel Protein Latte - almond drink	Tall	almond drink [Water, ALMOND (2.5%), sugar, fructose,	553	133	2.5	0.4	9.7	6.8	0.9	16.9	0.54	42.7
Blonde Caramel Protein Latte - almond drink	Grande	almond drink [Water, ALMOND (2.5%), sugar, fructose,	634	153	3.4	0.5	11.8	8.5	1.1	17.3	0.59	85.5
Blonde Caramel Protein Latte - almond drink	Venti	almond drink [Water, ALMOND (2.5%), sugar, fructose,	750	182	4.7	0.6	14.7	11.3	1.3	17.9	0.68	85.5
Blonde Caramel Protein Latte - soya drink	Tall	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	666	159	3.6	0.7	9.8	6.8	1.5	21.2	0.46	42.7
Blonde Caramel Protein Latte - soya drink	Grande	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	795	189	4.3	0.9	12	8.4	2	21.6	0.63	85.5
Blonde Caramel Protein Latte - soya drink	Venti	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	991	236	7	1.2	15	11.2	2.7	27.2	0.73	85.5
Blonde Caramel Protein Latte - oat drink	Tall	oat drink [Water, OAT (10%), sunflower oil, chicory root	778	184	5.5	0.7	16.1	8	2.1	17.3	0.62	42.7
Blonde Caramel Protein Latte - oat drink	Grande	oat drink [Water, OAT (10%), sunflower oil, chicory root	953	226	7.5	0.9	21	10.2	2.9	18	0.71	85.5
Blonde Caramel Protein Latte - oat drink	Venti	oat drink [Water, OAT (10%), sunflower oil, chicory root	1228	291	10.9	1.2	28.4	13.8	4	18.9	0.86	85.5
Blonde Caramel Protein Latte - coconut drink	Tall	coconut drink [Water, coconut milk (5.7%) (water, coco	610	144	3	1.3	10.9	8	1	18.4	0.56	42.7
Blonde Caramel Protein Latte - coconut drink	Grande	coconut drink [Water, coconut milk (5.7%) (water, coco	716	169	4.1	1.8	13.6	10.2	1.3	19.6	0.63	85.5
Blonde Caramel Protein Latte - coconut drink	Venti	coconut drink [Water, coconut milk (5.7%) (water, coco	872	208	5.3	2.6	17.9	13.9	1.7	21.7	0.73	85.5
Decaf Caramel Protein Latte - semi skimmed milk	Tall	semi skimmed milk [Semi skimmed MILK], skimmed MI	730	173	3.4	2	13.8	10.6	0.5	21.8	0.60	1.8
Decaf Caramel Protein Latte - semi skimmed milk	Grande	semi skimmed milk [Semi skimmed MILK], skimmed MI	871	207	4.6	2.7	17.4	13.5	0.6	24.1	0.68	3.6
Decaf Caramel Protein Latte - semi skimmed milk	Venti	semi skimmed milk [Semi skimmed MILK], skimmed MI	1081	257	6.3	3.8	22.3	18.4	0.6	27.7	0.80	3.6
Decaf Caramel Protein Latte - whole milk	Tall	whole milk [whole MILK], skimmed MILK, Whey protei	840	199	6.6	4	13.6	10.4	0.5	21.6	0.60	1.8
Decaf Caramel Protein Latte - whole milk	Grande	whole milk [whole MILK], skimmed MILK, Whey protei	1021	243	8.8	5.4	17.1	13.3	0.6	23.8	0.67	3.6
Decaf Caramel Protein Latte - whole milk	Venti	whole milk [whole MILK], skimmed MILK, Whey protei	1281	309	12.5	7.8	22	18	0.6	27.3	0.79	3.6
Decaf Caramel Protein Latte - skimmed milk	Tall	skimmed milk [skimmed MILK], skimmed MILK, Whey p	648	159	1.2	0.4	13.9	10.8	0.5	21.6	0.59	42.7
Decaf Caramel Protein Latte - skimmed milk	Grande	skimmed milk [skimmed MILK], skimmed MILK, Whey p	758	180	1.4	0.5	17.6	13.7	0.6	24.1	0.68	3.6
Decaf Caramel Protein Latte - skimmed milk	Venti	skimmed milk [skimmed MILK], skimmed MILK, Whey p	917	217	1.7	0.7	22.7	18.7	0.6	27.7	0.80	3.6
Decaf Caramel Protein Latte - almond drink	Tall	almond drink [Water, ALMOND (2.5%), sugar, fructose,	562	135	2.6	0.4	10.1	6.9	0.8	16.9	0.55	1.8
Decaf Caramel Protein Latte - almond drink	Grande	almond drink [Water, ALMOND (2.5%), sugar, fructose,	641	155	3.4	0.5	12.3	8.5	1.1	17.3	0.60	3.6
Decaf Caramel Protein Latte - almond drink	Venti	almond drink [Water, ALMOND (2.5%), sugar, fructose,	746	181	4.6	0.6	15	11	1.3	17.8	0.68	3.6
Decaf Caramel Protein Latte - soya drink	Tall	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	679	162	3.7	0.7	10.2	6.9	1.5	21.3	0.57	1.8
Decaf Caramel Protein Latte - soya drink	Grande	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	801	191	4.9	0.9	12	8.4	1.9	21.6	0.63	3.6
Decaf Caramel Protein Latte - soya drink	Venti	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	980	234	6.8	1.2	15.2	11	2.6	26.8	0.73	3.6
Decaf Caramel Protein Latte - oat drink	Tall	oat drink [Water, OAT (10%), sunflower oil, chicory root	794	188	5.6	0.7	16.7	8.1	2.1	17.3	0.63	1.8
Decaf Caramel Protein Latte - oat drink	Grande	oat drink [Water, OAT (10%), sunflower oil, chicory root	958	227	7.5	0.9	21.4	10.1	2.8	17.9	0.72	3.6
Decaf Caramel Protein Latte - oat drink	Venti	oat drink [Water, OAT (10%), sunflower oil, chicory root	1209	286	10.6	1.2	28.2	13.4	3.8	18.7	0.85	3.6
Decaf Caramel Protein Latte - coconut drink	Tall	coconut drink [Water, coconut milk (5.7%) (water, coco	621	147	3.1	1.3	11.4	8.2	1	18.5	0.57	1.8
Decaf Caramel Protein Latte - coconut drink	Grande	coconut drink [Water, coconut milk (5.7%) (water, coco	722	171	4	1.8	14.1	10.2	1.3	19.5	0.63	3.6
Decaf Caramel Protein Latte - coconut drink	Venti	coconut drink [Water, coconut milk (5.7%) (water, coco	865	204	5.2	2.6	17.9	13.6	1.6	21.7	0.73	3.6
Blonde Caramel Protein Americano	Tall	water, caramel protein cold foam [skimmed MILK, Whey p	406	96	0.7	0.2	6.1	2.9	0.7	16.2	0.42	85.5
Blonde Caramel Protein Americano	Grande	water, caramel protein cold foam [skimmed MILK, Whey p	420	100	0.8	0.3	6.6	3	0.8	16.4	0.43	128.2
Blonde Caramel Protein Americano	Venti	water, blonde roast (as consumed) [whole bean roasted cc	435	104	0.9	0.3	7.1	3	0.9	16.5	0.44	171
Blonde Caramel Protein Americano	Tall	water, caramel protein cold foam [skimmed MILK, Whey p	414	98	0.7	0.2	6.7	2.9	0.6	16.2	0.43	3.6
Decaf Caramel Protein Americano	Grande	water, caramel protein cold foam [skimmed MILK, Whey p	431	102	0.8	0.3	7.4	3	0.7	16.3	0.44	5.4
Decaf Caramel Protein Americano	Venti	water, decaf espresso (as consumed) [whole bean roasted	449	107	0.9	0.3	8.1	3.1	0.9	16.5	0.44	7.2

Alternative Coffee Bean - Cold Coffee												
Decaf Iced Americano	Tall	water, ice, decaf espresso (as consumed) [whole bean roas	31	8	0.1	0	1.2	0.1	0.2	0.3	0.00	3.6
Decaf Iced Americano	Grande	water, ice, decaf espresso (as consumed) [whole bean roas	47	11	0.2	0.1	1.8	0.2	0.3	0.4	0.00	5.4
Decaf Iced Americano	Venti	ice, water, decaf espresso (as consumed) [whole bean roas	62	15	0.3	0.1	2.3	0.2	0.4	0.5	0.00	7.2
Blonde Iced Americano	Tall	water, ice, blonde roast (as consumed) [whole bean roaste	25	6	0.1	0	0.8	0.1	0.3	0.3	0.00	85.5
Blonde Iced Americano	Grande	water, ice, blonde roast (as consumed) [whole bean roaste	38	9	0.2	0.1	1.1	0.1	0.4	0.5	0.00	128.2
Blonde Iced Americano	Venti	ice, water, blonde roast (as consumed) [whole bean roaste	50	13	0.3	0.1	1.5	0.2	0.5	0.6	0.00	171
Blonde Iced Latte - semi skimmed milk	Tall	semi skimmed milk [Semi skimmed MILK], ice, blonde ro	377	93	3.1	2	8.9	8.5	0.1	6.5	0.19	42.7
Blonde Iced Latte - semi skimmed milk	Grande	semi skimmed milk [Semi skimmed MILK], ice, blonde ro	532	127	4.4	2.8	12.6	11.9	0.3	9.1	0.27	85.5
Blonde Iced Latte - semi skimmed milk	Venti	semi skimmed milk [Semi skimmed MILK], ice, blonde ro	581	138	4.8	3.1	13.7	13	0.3	9.9	0.30	85.5
Blonde Iced Latte - whole milk	Tall	whole milk [whole MILK], ice, blonde roast (as consumed)	498	119	6.6	4.2	8.7	8.3	0.1	6.3	0.19	42.7
Blonde Iced Latte - whole milk	Grande	whole milk [whole MILK], ice, blonde roast (as consumed)	700	167	9.2	5.8	12.3	11.6	0.3	8.8	0.26	85.5
Blonde Iced Latte - whole milk	Venti	whole milk [whole MILK], ice, blonde roast (as consumed)	765	182	10	6.3	13.4	12.7	0.3	9.7	0.29	85.5
Blonde Iced Latte - skimmed milk	Tall	skimmed milk [skimmed MILK], ice, blonde roast (as cons	287	68	0.6	0.3	9	8.7	0.1	6.5	0.20	42.7
Blonde Iced Latte - skimmed milk	Grande	skimmed milk [skimmed MILK], ice, blonde roast (as cons	406	97	0.9	0.4	12.8	12.1	0.3	9.1	0.28	85.5
Blonde Iced Latte - skimmed milk	Venti	skimmed milk [skimmed MILK], ice, blonde roast (as cons	444	105	1	0.4	14	13.3	0.3	9.9	0.30	85.5
Blonde Iced Latte - almond drink	Tall	almond drink [Water, ALMOND (2.5%), sugar, fructose,	193	48	2.2	0.2	4.8	4.5	0.5	1	0.13	42.7
Blonde Iced Latte - almond drink	Grande	almond drink [Water, ALMOND (2.5%), sugar, fructose,	276	69	3.1	0.3	6.9	6.3	0.8	1.5	0.18	85.5
Blonde Iced Latte - almond drink	Venti	almond drink [Water, ALMOND (2.5%), sugar, fructose,	300	75	3.4	0.3	7.5	6.9	0.8	1.7	0.20	85.5
Blonde Iced Latte - soya drink	Tall	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	321	77	3.4	0.5	5	4.7	1.2	6	0.16	42.7
Blonde Iced Latte - soya drink	Grande	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	454	109	4.8	0.8	7.1	6.2	1.7	8.4	0.22	85.5
Blonde Iced Latte - soya drink	Venti	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	496	119	5.2	0.8	7.8	6.8	1.9	9.2	0.24	85.5
Blonde Iced Latte - oat drink	Tall	oat drink [Water, OAT (10%), sunflower oil, chicory root	447	106	5.5	0.5	12.1	11.8	1.9	14.6	0.23	42.7
Blonde Iced Latte - oat drink	Grande	oat drink [Water, OAT (10%), sunflower oil, chicory root	630	149	7.7	0.8	17.1	8.1	2.7	2.3	0.31	85.5
Blonde Iced Latte - oat drink	Venti	oat drink [Water, OAT (10%), sunflower oil, chicory root	688	163	8.4	0.8	18.7	8.9	2.9	2.5	0.35	85.5
Blonde Iced Latte - coconut drink	Tall	coconut drink [Water, coconut milk (5.7%) (water, coco	258	61	2.7	1.3	6.2	5.9	0.7	2.8	0.16	42.7
Blonde Iced Latte - coconut drink	Grande	coconut drink [Water, coconut milk (5.7%) (water, coco	366	87	3.8	1.8	8.9	8.2	1	4	0.22	85.5
Blonde Iced Latte - coconut drink	Venti	coconut drink [Water, coconut milk (5.7%) (water, coco	399	94	4.2	1.9	9.7	9	1.1	4.4	0.24	85.5
Decaf Iced Latte - semi skimmed milk	Tall	semi skimmed milk [Semi skimmed MILK], ice, decaf esp	380	90	3.1	2	9.1	8.5	0.1	6.4	0.19	1.8
Decaf Iced Latte - semi skimmed milk	Grande	semi skimmed milk [Semi skimmed MILK], ice, decaf esp	538	128	4.4	2.8	13	11.9	0.2	9	0.27	3.6
Decaf Iced Latte - semi skimmed milk	Venti	semi skimmed milk [Semi skimmed MILK], ice, decaf esp	587	140	4.8	3.1	14.1	13	0.2	9.9	0.30	3.6
Decaf Iced Latte - whole milk	Tall	whole milk [whole MILK], ice, decaf espresso (as consume	501	119	6.6	4.2	8.9	8.4	0.1	6.3	0.19	1.8
Decaf Iced Latte - whole milk	Grande	whole milk [whole MILK], ice, decaf espresso (as consume	706	168	9.2	5.8	12.7	11.6	0.2	8.8	0.26	3.6
Decaf Iced Latte - whole milk	Venti	whole milk [whole MILK], ice, decaf espresso (as consume	771	184	10	6.3	13.8	12.8	0.2	9.6	0.29	3.6
Decaf Iced Latte - skimmed milk	Tall	skimmed milk [skimmed MILK], ice, decaf espresso (as co	290	69	0.6	0.3	9.2	8.7	0.1	6.4	0.20	1.8
Decaf Iced Latte - skimmed milk	Grande	skimmed milk [skimmed MILK], ice, decaf espresso (as co	413	98	0.8	0.4	12.2	11.9	0.2	9.2	0.28	9
Decaf Iced Latte - skimmed milk	Venti	skimmed milk [skimmed MILK], ice, decaf espresso (as co	449	107	1	0.4	14.4	13.3	0.2	9.9	0.30	3.6
Decaf Iced Latte - almond drink	Tall	almond drink [Water, ALMOND (2.5%), sugar, fructose,	196	49	2.2	0.2	5	4.5	0.5	1	0.13	1.8
Decaf Iced Latte - almond drink	Grande	almond drink [Water, ALMOND (2.5%), sugar, fructose,	282	70	3.1	0.3	7.3	6.3	0.7	1.5	0.18	3.6
Decaf Iced Latte - almond drink	Venti	almond drink [Water, ALMOND (2.5%), sugar, fructose,	306	76	3.4	0.3	7.9	6.9	0.8	1.6	0.20	3.6
Decaf Iced Latte - soya drink	Tall	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	324	78	3.4	0.5	5.2	4.5	1.2	5.9	0.16	1.8
Decaf Iced Latte - soya drink	Grande	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	460	110	4.8	0.8	7.5	6.2	1.7	8.3	0.22	3.6
Decaf Iced Latte - soya drink	Venti	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	502	128	5.2	0.8	8.2	7.1	1.9	9.1	0.26	85.5
Decaf Iced Latte - oat drink	Tall	oat drink [Water, OAT (10%), sunflower oil, chicory root	450	107	5.5	0.5	12.3	11.5	1.9	15	0.23	1.8
Decaf Iced Latte - oat drink	Grande	oat drink [Water, OAT (10%), sunflower oil, chicory root	635	151	7.7	0.8	17.5	8.1	2.7	2.2	0.31	3.6
Decaf Iced Latte - oat drink	Venti	oat drink [Water, OAT (10%), sunflower oil, chicory root	694	165	8.4	0.8	19.1	8.9	2.9	2.4	0.35	3.6
Decaf Iced Latte - coconut drink	Tall	coconut drink [Water, coconut milk (5.7%) (water, coco	261	62	2.7	1.3	6.4	5.9	0.6	2.8	0.16	1.8
Decaf Iced Latte - coconut drink	Grande	coconut drink [Water, coconut milk (5.7%) (water, coco	372	88	3.8	1.8	9.3	8.2	1	4	0.22	3.6
Decaf Iced Latte - coconut drink	Venti	coconut drink [Water, coconut milk (5.7%) (water, coco	405	96	4.2	1.9	10.1	9	1	4.3	0.24	3.6
Blonde Classic Iced Cappuccino - semi skimmed milk	Tall	semi skimmed milk [Semi skimmed MILK], ice, blonde ro	326	78	2.7	1.7	7.7	7.3	0.1	5.6	0.17	42.7
Blonde Classic Iced Cappuccino - semi skimmed milk	Grande	semi skimmed milk [Semi skimmed MILK], ice, blonde ro	441	103	3.6	2.1	10.5	9.9	0.3	7.5	0.22	85.5
Blonde Classic Iced Cappuccino - semi skimmed milk	Venti	semi skimmed milk [Semi skimmed MILK], ice, blonde ro	518	123	4.3	2.7	12.2	11.6	0.3	8.9	0.26	85.5
Blonde Classic Iced Cappuccino - whole milk	Tall	whole milk [whole MILK], ice, blonde roast (as consumed)	430	102	5.7	3.6	7.5	7.2	0.1	5.4	0.16	42.7
Blonde Classic Iced Cappuccino - whole milk	Grande	whole milk [whole MILK], ice, blonde roast (as consumed)	580	138	7.6	4.8	10.2	9.6	0.3	7.3	0.22	85.5
Blonde Classic Iced Cappuccino - whole milk	Venti	whole milk [whole MILK], ice, blonde roast (as consumed)	682	162	8.9	5.6	12	11.3	0.3	8.6	0.26	85.5
Blonde Classic Iced Cappuccino - skimmed milk	Tall	skimmed milk [skimmed MILK], ice, blonde roast (as cons	248	59	0.5	0.2	7.8	7.5	0.1	5.6	0.17	42.7
Blonde Classic Iced Cappuccino - skimmed milk	Grande	skimmed milk [skimmed MILK], ice, blonde roast (as cons	338	80	0.8	0.3	10.7	10	0.3	7.5	0.23	85.5
Blonde Classic Iced Cappuccino - skimmed milk	Venti	skimmed milk [skimmed MILK], ice, blonde roast (as cons	396	94	0.9	0.4	12.5	11.8	0.3	8.9	0.27	85.5
Blonde Classic Iced Cappuccino - almond drink	Tall	almond drink [Water, ALMOND (2.5%), sugar, fructose,	168	42	1.9	0.2	3.8	3.2	0.4	0.9	0.11	42.7
Blonde Classic Iced Cappuccino - almond drink	Grande	almond drink [Water, ALMOND (2.5%), sugar, fructose,	231	58	2.6	0.2	5.8	5.2	0.7	1.3	0.15	85.5
Blonde Classic Iced Cappuccino - almond drink	Venti	almond drink [Water, ALMOND (2.5%), sugar, fructose,	269	67	3	0.3	6.8	6.1	0.8	1.5	0.18	85.5
Blonde Classic Iced Cappuccino - soya drink	Tall	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	278	67	2.9	0.5	4.3	3.8	1.1	5.2	0.14	42.7
Blonde Classic Iced Cappuccino - soya drink	Grande	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	378	91	3.9	0.6	6	5.1	1.5	7	0.18	85.5
Blonde Classic Iced Cappuccino - soya drink	Venti	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	442	106	4.6	0.8	7	6	1.7	8.2	0.21	85.5
Blonde Classic Iced Cappuccino - oat drink	Tall	oat drink [Water, OAT (10%), sunflower oil, chicory root	386	92	4.7	0.5	10.5	5	1.6	1.4	0.19	42.7
Blonde Classic Iced Cappuccino - oat drink	Grande	oat drink [Water, OAT (10%), sunflower oil, chicory root	522	124	6.3	0.6	14.2	2.3	6.7	1.9	0.26	85.5
Blonde Classic Iced Cappuccino - oat drink	Venti	oat drink [Water, OAT (10%), sunflower oil, chicory root	645	175	8.1	0.6	16.6	7.1	2.6	2.2	0.31	85.5
Blonde Classic Iced Cappuccino - coconut drink	Tall	coconut drink [Water, coconut milk (5.7%) (water, coco	224	53	2.3	1.1	5.4	5.1	0.6	2.4	0.14	42.7
Blonde Classic Iced Cappuccino - coconut drink	Grande	coconut drink [Water, coconut milk (5.7%) (water, coco	305	72	3.2	1.5	7.4	6.8	0.9	3.3	0.18	85.5
Blonde Classic Iced Cappuccino - coconut drink	Venti	coconut drink [Water, coconut milk (5.7%) (water, coco	357	84	3.7	1.7	8.7	8	1	3.9	0.21	85.5
Decaf Classic Iced Cappuccino - semi skimmed milk	Tall	semi skimmed milk [Semi skimmed MILK], ice, decaf esp	329	78	2.7	1.7	7.9	7.3	0.1	5.6	0.17	1.8

Decaf Classic Iced Cappuccino - semi skimmed milk	Grande	semi skimmed milk [Semi skimmed MILK], ice, decaf esp	447	107	3.6	2.3	10.9	9.8	0.2	7.5	0.22	3.6
Decaf Classic Iced Cappuccino - semi skimmed milk	Venti	semi skimmed milk [Semi skimmed MILK], ice, decaf esp	524	125	4.3	2.7	12.6	11.6	0.2	8.8	0.26	3.6
Decaf Classic Iced Cappuccino - whole milk	Tall	whole milk [whole MILK], ice, decaf espresso (as consume	433	103	5.7	3.6	7.7	7.2	0.1	5.4	0.16	1.8
Decaf Classic Iced Cappuccino - whole milk	Grande	whole milk [whole MILK], ice, decaf espresso (as consume	585	140	7.6	4.8	10.7	9.6	0.2	7.3	0.22	3.6
Decaf Classic Iced Cappuccino - whole milk	Venti	whole milk [whole MILK], ice, decaf espresso (as consume	687	164	8.9	5.6	12.4	11.3	0.2	8.6	0.26	3.6
Decaf Classic Iced Cappuccino - skimmed milk	Tall	skimmed milk [skimmed MILK], ice, decaf espresso (as co	251	60	0.5	0.2	8	7.5	0.1	5.6	0.17	1.8
Decaf Classic Iced Cappuccino - skimmed milk	Grande	skimmed milk [skimmed MILK], ice, decaf espresso (as co	344	82	0.8	0.3	11.1	10	0.2	7.5	0.23	3.6
Decaf Classic Iced Cappuccino - skimmed milk	Venti	skimmed milk [skimmed MILK], ice, decaf espresso (as co	402	95	0.9	0.4	12.9	11.8	0.2	8.8	0.27	3.6
Decaf Classic Iced Cappuccino - almond drink	Tall	almond drink [Water, ALMOND (2.5%), sugar, fructose,	171	43	1.9	0.2	4.4	3.9	0.4	0.9	0.11	1.8
Decaf Classic Iced Cappuccino - almond drink	Grande	almond drink [Water, ALMOND (2.5%), sugar, fructose,	237	59	2.6	0.2	6.2	5.2	0.6	1.3	0.15	3.6
Decaf Classic Iced Cappuccino - almond drink	Venti	almond drink [Water, ALMOND (2.5%), sugar, fructose,	275	69	3	0.3	7.2	6.1	0.7	1.5	0.18	3.6
Decaf Classic Iced Cappuccino - soya drink	Tall	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	281	67	2.9	0.5	4.5	3.8	1	0.7	0.14	1.8
Decaf Classic Iced Cappuccino - soya drink	Grande	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	383	92	3.9	0.6	6.4	5.1	1.4	6.9	0.18	3.6
Decaf Classic Iced Cappuccino - soya drink	Venti	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	448	108	4.6	0.8	7.4	6.1	1.7	8.1	0.21	3.6
Decaf Classic Iced Cappuccino - oat drink	Tall	oat drink [Water, OAT (10%), sunflower oil, chicory root	389	92	4.7	0.5	10.7	5	1.6	1.3	0.19	1.8
Decaf Classic Iced Cappuccino - oat drink	Grande	oat drink [Water, OAT (10%), sunflower oil, chicory root	528	125	6.3	0.6	14.6	6.7	2.2	1.9	0.26	3.6
Decaf Classic Iced Cappuccino - oat drink	Venti	oat drink [Water, OAT (10%), sunflower oil, chicory root	619	147	7.5	0.8	17	7.9	2.6	2.2	0.31	3.6
Decaf Classic Iced Cappuccino - coconut drink	Tall	coconut drink [Water, coconut milk (5.7%) (water, coco	226	53	2.3	1.1	5.6	5.1	0.6	2.4	0.14	1.8
Decaf Classic Iced Cappuccino - coconut drink	Grande	coconut drink [Water, coconut milk (5.7%) (water, coco	311	74	3.2	1.5	7.8	6.8	0.8	3.7	0.23	3.6
Decaf Classic Iced Cappuccino - coconut drink	Venti	coconut drink [Water, coconut milk (5.7%) (water, coco	363	86	3.7	1.7	9.1	8	0.9	3.9	0.21	3.6
Blonde Iced Latte Macchiato - semi skimmed milk	Tall	semi skimmed milk [Semi skimmed MILK], ice, blonde ro	366	87	3	1.9	8.6	8.3	0.1	6.3	0.19	42.7
Blonde Iced Latte Macchiato - semi skimmed milk	Grande	semi skimmed milk [Semi skimmed MILK], ice, blonde ro	548	131	4.5	2.9	12.9	12.3	0.3	9.4	0.28	85.5
Blonde Iced Latte Macchiato - semi skimmed milk	Venti	semi skimmed milk [Semi skimmed MILK], ice, blonde ro	559	133	4.6	3	13.2	12.5	0.3	9.6	0.29	85.5
Blonde Iced Latte Macchiato - whole milk	Tall	whole milk [whole MILK], ice, blonde roast (as consume	483	115	6.4	4	8.4	8.1	0.1	6.1	0.18	42.7
Blonde Iced Latte Macchiato - whole milk	Grande	whole milk [whole MILK], ice, blonde roast (as consume	722	172	9.5	6	12.7	12	0.3	9.1	0.27	85.5
Blonde Iced Latte Macchiato - whole milk	Venti	whole milk [whole MILK], ice, blonde roast (as consume	737	176	9.7	6.1	13.9	12.3	0.3	9.3	0.28	85.5
Blonde Iced Latte Macchiato - skimmed milk	Tall	skimmed milk [skimmed MILK], ice, blonde roast (as cons	279	66	0.9	0.2	8.3	8.4	0.1	6.3	0.19	42.7
Blonde Iced Latte Macchiato - skimmed milk	Grande	skimmed milk [skimmed MILK], ice, blonde roast (as cons	419	100	0.9	0.4	13.2	12.5	0.3	9.4	0.29	85.5
Blonde Iced Latte Macchiato - skimmed milk	Venti	skimmed milk [skimmed MILK], ice, blonde roast (as cons	427	102	0.9	0.4	13.5	12.8	0.3	9.6	0.29	85.5
Blonde Iced Latte Macchiato - almond drink	Tall	almond drink [Water, ALMOND (2.5%), sugar, fructose,	188	47	2.1	0.2	4.7	4.3	0.5	1	0.13	42.7
Blonde Iced Latte Macchiato - almond drink	Grande	almond drink [Water, ALMOND (2.5%), sugar, fructose,	284	71	3.2	0.3	7.1	6.5	0.8	1.6	0.19	85.5
Blonde Iced Latte Macchiato - almond drink	Venti	almond drink [Water, ALMOND (2.5%), sugar, fructose,	320	72	3.3	0.3	7.3	6.6	0.8	1.6	0.19	85.5
Blonde Iced Latte Macchiato - soya drink	Tall	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	292	75	3.3	0.5	7.8	4.3	1.2	5.8	0.15	42.7
Blonde Iced Latte Macchiato - soya drink	Grande	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	468	114	4.4	1.9	10.5	6.4	1.8	3.5	0.23	85.5
Blonde Iced Latte Macchiato - soya drink	Venti	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	477	115	5	0.8	7.5	6.5	1.8	8.8	0.23	85.5
Blonde Iced Latte Macchiato - oat drink	Tall	oat drink [Water, OAT (10%), sunflower oil, chicory root	434	103	5.3	0.5	11.8	5.6	1.8	1.5	0.22	42.7
Blonde Iced Latte Macchiato - oat drink	Grande	oat drink [Water, OAT (10%), sunflower oil, chicory root	649	154	7.9	0.8	17.6	8.4	2.8	2.3	0.32	85.5
Blonde Iced Latte Macchiato - oat drink	Venti	oat drink [Water, OAT (10%), sunflower oil, chicory root	663	157	8.1	0.8	18	8.6	2.8	2.4	0.33	85.5
Blonde Iced Latte Macchiato - coconut drink	Tall	coconut drink [Water, coconut milk (5.7%) (water, coco	251	59	2.6	1.2	6	5.7	0.6	2.7	0.15	42.7
Blonde Iced Latte Macchiato - coconut drink	Grande	coconut drink [Water, coconut milk (5.7%) (water, coco	377	89	3.9	1.8	9.1	8.5	1	4.1	0.23	85.5
Blonde Iced Latte Macchiato - coconut drink	Venti	coconut drink [Water, coconut milk (5.7%) (water, coco	385	91	4	1.9	9.5	8.6	1	4.2	0.23	85.5
Decaf Iced Latte Macchiato - semi skimmed milk	Tall	semi skimmed milk [Semi skimmed MILK], ice, decaf esp	369	88	3	1.9	8.8	8.3	0.1	6.3	0.19	1.8
Decaf Iced Latte Macchiato - semi skimmed milk	Grande	semi skimmed milk [Semi skimmed MILK], ice, decaf esp	554	132	4.5	2.9	13.3	12.3	0.2	9.3	0.28	3.6
Decaf Iced Latte Macchiato - semi skimmed milk	Venti	semi skimmed milk [Semi skimmed MILK], ice, decaf esp	565	135	4.6	3	13.6	12.5	0.2	9.5	0.29	3.6
Decaf Iced Latte Macchiato - whole milk	Tall	whole milk [whole MILK], ice, decaf espresso (as consume	486	116	6.4	4	8.6	8.1	0.1	6.1	0.18	1.8
Decaf Iced Latte Macchiato - whole milk	Grande	whole milk [whole MILK], ice, decaf espresso (as consume	728	173	9.5	6	13.1	12	0.2	9.1	0.27	3.6
Decaf Iced Latte Macchiato - whole milk	Venti	whole milk [whole MILK], ice, decaf espresso (as consume	743	177	9.7	6.1	13.3	12.3	0.2	9.3	0.28	3.6
Decaf Iced Latte Macchiato - skimmed milk	Tall	skimmed milk [skimmed MILK], ice, decaf espresso (as co	282	67	0.9	0.2	8.5	8.1	0.1	6.3	0.19	42.7
Decaf Iced Latte Macchiato - skimmed milk	Grande	skimmed milk [skimmed MILK], ice, decaf espresso (as co	425	101	0.9	0.4	13.6	12.5	0.2	9.3	0.29	3.6
Decaf Iced Latte Macchiato - skimmed milk	Venti	skimmed milk [skimmed MILK], ice, decaf espresso (as co	433	103	0.9	0.4	13.9	12.8	0.2	9.5	0.29	3.6
Decaf Iced Latte Macchiato - almond drink	Tall	almond drink [Water, ALMOND (2.5%), sugar, fructose,	191	48	2.1	0.2	4.9	4.4	0.5	1	0.13	1.8
Decaf Iced Latte Macchiato - almond drink	Grande	almond drink [Water, ALMOND (2.5%), sugar, fructose,	290	72	3.2	0.3	7.5	6.5	0.7	1.5	0.19	3.6
Decaf Iced Latte Macchiato - almond drink	Venti	almond drink [Water, ALMOND (2.5%), sugar, fructose,	326	74	3.3	0.3	7.7	6.6	0.7	1.6	0.19	3.6
Decaf Iced Latte Macchiato - soya drink	Tall	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	295	76	3.3	0.5	5	4.3	1.1	5.8	0.15	1.8
Decaf Iced Latte Macchiato - soya drink	Grande	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	474	114	4.4	1.9	10.5	6.4	1.8	3.5	0.23	85.5
Decaf Iced Latte Macchiato - soya drink	Venti	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	483	116	5	0.8	7.9	6.6	1.8	8.8	0.23	3.6
Decaf Iced Latte Macchiato - oat drink	Tall	oat drink [Water, OAT (10%), sunflower oil, chicory root	437	104	5.3	0.5	12	5.7	1.8	1.5	0.22	1.8
Decaf Iced Latte Macchiato - oat drink	Grande	oat drink [Water, OAT (10%), sunflower oil, chicory root	655	155	7.9	0.8	18	8.4	2.7	2.3	0.32	3.6
Decaf Iced Latte Macchiato - oat drink	Venti	oat drink [Water, OAT (10%), sunflower oil, chicory root	668	158	8.1	0.8	18.4	8.6	2.8	2.3	0.33	3.6
Decaf Iced Latte Macchiato - coconut drink	Tall	coconut drink [Water, coconut milk (5.7%) (water, coco	254	60	2.6	1.2	6.2	5.7	0.6	2.7	0.15	1.8
Decaf Iced Latte Macchiato - coconut drink	Grande	coconut drink [Water, coconut milk (5.7%) (water, coco	383	91	3.9	1.8	9.5	8.5	1	4.1	0.23	3.6
Decaf Iced Latte Macchiato - coconut drink	Venti	coconut drink [Water, coconut milk (5.7%) (water, coco	391	92	4.1	1.9	9.7	8.7	1	4.2	0.23	3.6
Blonde Iced Caramel Macchiato - semi skimmed milk	Tall	semi skimmed milk [Semi skimmed MILK], ice, blonde ro	598	142	4.1	2.6	19.9	19.1	0.1	6.4	0.22	42.7
Blonde Iced Caramel Macchiato - semi skimmed milk	Grande	semi skimmed milk [Semi skimmed MILK], ice, blonde ro	841	200	5.6	3.6	27.8	26.6	0.3	9.5	0.31	85.5
Blonde Iced Caramel Macchiato - semi skimmed milk	Venti	semi skimmed milk [Semi skimmed MILK], ice, blonde ro	913	217	5.7	3.6	31.7	30.4	0.3	9.7	0.32	85.5
Blonde Iced Caramel Macchiato - whole milk	Tall	whole milk [whole MILK], ice, blonde roast (as consume	716	170	7.4	4.7	19.7	18.9	0.1	6.2	0.22	42.7
Blonde Iced Caramel Macchiato - whole milk	Grande	whole milk [whole MILK], ice, blonde roast (as consume	1015	241	10.5	6.6	27.6	26.3	0.3	9.2	0.31	85.5
Blonde Iced Caramel Macchiato - whole milk	Venti	whole milk [whole MILK], ice, blonde roast (as consume	1090	259	10.7	6.8	31.4	30.1	0.3	9.4	0.31	85.5
Blonde Iced Caramel Macchiato - skimmed milk	Tall	skimmed milk [skimmed MILK], ice, blonde roast (as cons	211	51	1.6	0.9	51.1	12.3	0.3	2.7	0.07	1.8
Blonde Iced Caramel Macchiato - skimmed milk	Grande	skimmed milk [skimmed MILK], ice, blonde roast (as cons	712	169	2	1	28.1	26.9	0.3	9.5	0.32	85.5
Blonde Iced Caramel Macchiato - skimmed milk	Venti	skimmed milk [skimmed MILK], ice, blonde roast (as cons	781	185	2	1	31.9	30.6	0.3	9.7	0.33	85.5
Blonde Iced Caramel Macchiato - almond drink	Tall	almond drink [Water, ALMOND (2.5%), sugar, fructose,	420	102	3.2	0.9	16	15.2	0.5	1.1	0.16	42.7
Blonde Iced Caramel Macchiato - almond drink	Grande	almond drink [Water, ALMOND (2.5%), sugar, fructose,	577	140	4.2	1	22	20.8	0.8	1.7	0.22	85.5
Blonde Iced Caramel Macchiato - almond drink	Venti	almond drink [Water, ALMOND (2.5%), sugar, fructose,	643	156	4.3	1	25.7	24.4	0.8	1.7	0.23	85.5
Blonde Iced Caramel Macchiato - soya drink	Tall	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	544	130	4.4	1.2	16.1	15.1	1.2	5.9	0.19	42.7
Blonde Iced Caramel Macchiato - soya drink	Grande	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	751	182	6	1.5	22.2	20.7	1.8	8.7	0.26	85.5
Blonde Iced Caramel Macchiato - soya drink	Venti	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	831	200	6.1	1.5	24.4	24.4	1.8	8.9	0.27	85.5
Blonde Iced Caramel Macchiato - oat drink	Tall	oat drink [Water, OAT (10%), sunflower oil, chicory root	667	158	6.4	1.2	23	16.5	1.8	1.6	0.25	42.7
Blonde Iced Caramel Macchiato - oat drink	Grande	oat drink [Water, OAT (10%), sunflower oil, chicory root	942	223	9	1.5	32.5	22.7	2.8	2.4	0.36	85.5
Blonde Iced Caramel Macchiato - oat drink	Venti	oat drink [Water, OAT (10%), sunflower oil, chicory root	1016	241	9.2	1.5	36.8	26.4	2.8	2.5	0.36	85.5
Blonde Iced Caramel Macchiato - coconut drink	Tall	coconut drink [Water, coconut milk (5.7%) (water, coco	483	114	3.7	1.9	17.3	16.5	0.6	2.8	0.19	42.7
Blonde Iced Caramel Macchiato - coconut drink	Grande	coconut drink [Water, coconut milk (5.7%) (water, coco	670	158	5	2.5	24	22.8	1	4.2	0.26	85.5
Blonde Iced Caramel Macchiato - coconut drink	Venti	coconut drink [Water, coconut milk (5.7%) (water, coco	738	174	5.1	2.5	27.8	26.5	1	4.3	0.27	85.5
Decaf Iced Caramel Macchiato - semi skimmed milk	Tall	semi skimmed milk [Semi skimmed MILK], ice, decaf esp	601	141	4.1	2.6	19.9	19.1	0.1	6.4	0.22	42.7
Decaf Iced Caramel Macchiato - semi skimmed milk	Grande	semi skimmed milk [Semi skimmed MILK], ice, decaf esp	847	201	5.6	3.6	28.2	26.6	0.2	9.4	0.31	3.6
Decaf Iced Caramel Macchiato - semi skimmed milk	Venti	semi skimmed milk [Semi skimmed MILK], ice, decaf esp	919	218	5.7	3.6	32.1	30.4	0.2	9.6	0.32	3.6
Decaf Iced Caramel Macchiato - whole milk	Tall	whole milk [whole MILK], ice, decaf espresso (as consume	718	171	7.4	4.7	19.9	18.9	0.1	6.2	0.22	1.8
Decaf Iced Caramel Macchiato - whole milk	Grande	whole milk [whole MILK], ice, decaf espresso (as consume	1021	243	10.5	6.6	28	26.4	0.2	9.2	0.31	3.6
Decaf Iced Caramel Macchiato - whole milk	Venti	whole milk [whole MILK], ice, decaf espresso (as consume	1096	260	10.7	6.8	31.8	30.1	0.2	9.3	0.31	3.6
Decaf Iced Caramel Macchiato - skimmed milk	Tall	skimmed milk [skimmed MILK], ice, decaf espresso (as co	514	122	1.6	0.9	20.3	19.3	0.1	6.3	0.23	1.8
Decaf Iced Caramel Macchiato - skimmed milk	Grande	skimmed milk [skimmed MILK], ice, decaf espresso (as co	718	170	2	1	28.2	26.9	0.2	9.4	0.31	3.6
Decaf Iced Caramel Macchiato - skimmed milk	Venti	skimmed milk [skimmed MILK], ice, decaf espresso (as co	787	186	2	1	32.3	30.7	0.2	9.6	0.33	3.6
Decaf Iced Caramel Macchiato - almond drink	Tall	almond drink [Water, ALMOND (2.5%), sugar, fructose,	423	103	3.2	0.9	16.2	15.2	0.5	1.1	0.16	1.8
Decaf Iced Caramel Macchiato - almond drink	Grande	almond drink [Water, ALMOND (2.5%), sugar, fructose,	583	142	4.2	1	22.4	20.8	0.7	1.6	0.22	3.6
Decaf Iced Caramel Macchiato - almond drink	Venti	almond drink										

Decaf Iced Mocha - skimmed milk	Grande	skimmed milk [skimmed MILK], ice, mocha sauce [water	1326	317	15	10.3	33.3	30.9	3.8	10.3	0.25	27.9
Decaf Iced Mocha - skimmed milk	Venti	ice, skimmed milk [skimmed MILK], mocha sauce [water, sug	1459	349	15.5	10.7	38.6	35.9	4.7	11.2	0.26	34
Decaf Iced Mocha - almond drink	Tall	ice, almond drink [Water, ALMOND (2.5%), sugar, fructose,	911	220	12.5	7.7	21.2	19.7	3.1	3.3	0.13	20
Decaf Iced Mocha - almond drink	Grande	a almond drink [Water, ALMOND (2.5%), sugar, fructose,	1226	296	16.7	10.3	28.8	26.4	4.2	4.5	0.18	27.9
Decaf Iced Mocha - almond drink	Venti	ice, almond drink [Water, ALMOND (2.5%), sugar, fructose, a	1355	317	17.3	10.6	33.9	31.2	5.1	5.2	0.18	34
Decaf Iced Mocha - soya drink	Tall	ice, soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	1011	243	13.4	8	21.3	19.7	3.6	7.2	0.15	20
Decaf Iced Mocha - soya drink	Grande	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	1363	327	18	10.6	29	26.4	4.9	9.8	0.21	27.9
Decaf Iced Mocha - soya drink	Venti	ice, soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	1497	359	18.6	11	34.1	31.1	5.9	10.7	0.21	34
Decaf Iced Mocha - oat drink	Tall	ice, oat drink [Water, OAT (10%), sunflower oil, chicory roo	1110	265	15.1	8	26.9	20.7	4.2	3.7	0.20	20
Decaf Iced Mocha - oat drink	Grande	oat drink [Water, OAT (10%), sunflower oil, chicory roo	1498	358	20.2	10.6	36.6	27.8	5.7	5.1	0.28	27.9
Decaf Iced Mocha - oat drink	Venti	ice, oat drink [Water, OAT (10%), sunflower oil, chicory roo	1638	391	21	11	42	32.7	6.7	5.8	0.29	34
Decaf Iced Mocha - coconut drink	Tall	ice, coconut drink [Water, coconut milk (5.7%) (water, coco	962	230	12.9	8.6	22.3	20.8	3.2	4.7	0.15	20
Decaf Iced Mocha - coconut drink	Grande	coconut drink [Water, coconut milk (5.7%) (water, coco	1295	310	17.2	11.4	30.3	27.9	4.4	6.4	0.21	27.9
Decaf Iced Mocha - coconut drink	Venti	ice, coconut drink [Water, coconut milk (5.7%) (water, coco	1427	341	17.9	11.8	35.5	32.7	5.3	7.2	0.21	34
Blonde Iced White Mocha - semi skimmed milk	Tall	semi skimmed milk [Semi skimmed MILK], ice, white ch	1088	260	13.6	9.8	26.8	26.4	0.2	7.5	0.34	42.7
Blonde Iced White Mocha - semi skimmed milk	Grande	semi skimmed milk [Semi skimmed MILK], ice, white ch	1520	363	18.4	13.2	38.8	38.1	0.3	10.5	0.48	85.5
Blonde Iced White Mocha - semi skimmed milk	Venti	ice, semi skimmed milk [Semi skimmed MILK], white chocola	1726	412	19.5	14.1	47.6	46.9	0.3	11.5	0.57	85.5
Blonde Iced White Mocha - whole milk	Tall	whole milk [whole MILK], ice, white chocolate mocha [S	1193	285	16.6	11.6	26.6	26.3	0.2	7.4	0.34	42.7
Blonde Iced White Mocha - whole milk	Grande	whole milk [whole MILK], ice, white chocolate mocha [S	1562	397	22.4	15.7	38.6	37.9	0.3	16.3	0.62	85.5
Blonde Iced White Mocha - whole milk	Venti	ice, whole milk [whole MILK], white chocolate mocha [Sug	1876	448	23.7	16.7	47.4	46.7	0.3	11.3	0.56	85.5
Blonde Iced White Mocha - skimmed milk	Tall	skimmed milk [skimmed MILK], ice, white chocolate mo	1009	241	11.4	8.2	26.9	26.6	0.2	7.5	0.34	42.7
Blonde Iced White Mocha - skimmed milk	Grande	skimmed milk [skimmed MILK], ice, white chocolate mo	1414	338	15.5	11.2	39	38.3	0.3	10.5	0.49	85.5
Blonde Iced White Mocha - skimmed milk	Venti	ice, skimmed milk [skimmed MILK], white chocolate mocha [	1615	385	16.3	11.9	47.8	47.1	0.3	11.5	0.57	85.5
Blonde Iced White Mocha - almond drink	Tall	almond drink [Water, ALMOND (2.5%), sugar, fructose,	928	224	12.8	8.2	23.3	22.9	0.5	2.8	0.28	42.7
Blonde Iced White Mocha - almond drink	Grande	almond drink [Water, ALMOND (2.5%), sugar, fructose,	1304	315	17.3	11.1	34.1	33.4	0.7	4.1	0.41	85.5
Blonde Iced White Mocha - almond drink	Venti	ice, almond drink [Water, ALMOND (2.5%), sugar, fructose, a	1499	361	18.9	11.8	44.6	42.6	0.19	7.4	0.49	85.5
Blonde Iced White Mocha - soya drink	Tall	ice, soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	1039	249	13.9	8.5	23.3	22.9	1.1	7.1	0.31	42.7
Blonde Iced White Mocha - soya drink	Grande	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	1455	349	18.7	11.5	34.2	33.3	1.5	9.9	0.44	85.5
Blonde Iced White Mocha - soya drink	Venti	ice, soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	1657	397	19.8	12.2	42.8	41.9	1.6	10.9	0.52	85.5
Blonde Iced White Mocha - oat drink	Tall	oat drink [Water, OAT (10%), sunflower oil, chicory roo	1149	274	15.7	8.5	29.6	24.1	1.7	3.3	0.37	42.7
Blonde Iced White Mocha - oat drink	Grande	oat drink [Water, OAT (10%), sunflower oil, chicory roo	1603	382	21.2	11.5	42.6	34.9	2.3	4.7	0.52	85.5
Blonde Iced White Mocha - oat drink	Venti	ice, oat drink [Water, OAT (10%), sunflower oil, chicory roo	1813	432	22.4	12.2	51.6	43.6	2.5	5.4	0.61	85.5
Blonde Iced White Mocha - coconut drink	Tall	f coconut drink [Water, coconut milk (5.7%) (water, coco	984	235	13.3	9.1	24.5	24.1	0.6	4.4	0.31	42.7
Blonde Iced White Mocha - coconut drink	Grande	coconut drink [Water, coconut milk (5.7%) (water, coco	1381	319	17.9	11.7	35.9	34.6	0.3	11.3	0.52	85.5
Blonde Iced White Mocha - coconut drink	Venti	ice, coconut drink [Water, coconut milk (5.7%) (water, coco	1579	377	18.9	13.1	44.3	43.6	1	7	0.52	85.5
Decaf Iced White Mocha - semi skimmed milk	Tall	ice, semi skimmed milk [Semi skimmed MILK], white chocol	1250	298	14.3	10.3	34.7	34.1	0.1	7.7	0.40	1.8
Decaf Iced White Mocha - semi skimmed milk	Grande	semi skimmed milk [Semi skimmed MILK], ice, white ch	1682	402	19	13.8	46.9	45.8	0.3	10.6	0.54	3.6
Decaf Iced White Mocha - semi skimmed milk	Venti	ice, semi skimmed milk [Semi skimmed MILK], white chocola	1883	449	20	14.6	55.6	54.5	0.3	11.5	0.63	3.6
Decaf Iced White Mocha - whole milk	Tall	ice, whole milk [whole MILK], white chocolate mocha [Sug	1347	322	17	12.1	34.5	34	0.1	7.6	0.40	1.8
Decaf Iced White Mocha - whole milk	Grande	whole milk [whole MILK], ice, white chocolate mocha [S	1815	433	22.8	16.1	46.7	45.6	0.3	10.4	0.54	3.6
Decaf Iced White Mocha - whole milk	Venti	ice, whole milk [whole MILK], white chocolate mocha [Sug	2023	483	24	17.1	54.2	53.2	0.3	11.7	0.61	3.6
Decaf Iced White Mocha - skimmed milk	Tall	ice, skimmed milk [skimmed MILK], white chocolate mocha [	1178	281	12.2	8.9	34.8	34.3	0.1	7.7	0.41	1.8
Decaf Iced White Mocha - skimmed milk	Grande	skimmed milk [skimmed MILK], ice, white chocolate mo	1583	378	16.3	11.9	47.1	46	0.3	10.6	0.55	3.6
Decaf Iced White Mocha - skimmed milk	Venti	ice, skimmed milk [skimmed MILK], white chocolate mocha [	1780	424	17.1	12.6	55.8	54.7	0.3	11.5	0.63	3.6
Decaf Iced White Mocha - almond drink	Tall	ice, almond drink [Water, ALMOND (2.5%), sugar, fructose, a	1102	265	13.5	8.9	31.4	30.9	0.4	3.4	0.35	1.8
Decaf Iced White Mocha - almond drink	Grande	a almond drink [Water, ALMOND (2.5%), sugar, fructose,	1480	356	18	11.8	42.4	41.3	0.6	4.6	0.47	3.6
Decaf Iced White Mocha - almond drink	Venti	ice, almond drink [Water, ALMOND (2.5%), sugar, fructose, a	1672	402	19	12.5	50.9	49.8	0.7	5.3	0.55	3.6
Decaf Iced White Mocha - soya drink	Tall	ice, soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	1095	249	14.5	9.2	23.9	23.5	0.9	4.1	0.31	42.7
Decaf Iced White Mocha - soya drink	Grande	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	1621	388	19.3	12.2	42.6	41.3	1.4	10	0.50	3.6
Decaf Iced White Mocha - soya drink	Venti	ice, soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	1819	435	20.4	12.9	51.1	49.8	1.5	10.9	0.58	3.6
Decaf Iced White Mocha - oat drink	Tall	ice, oat drink [Water, OAT (10%), sunflower oil, chicory roo	1306	311	16.2	9.2	37.3	32	1.5	3.8	0.43	1.8
Decaf Iced White Mocha - oat drink	Grande	oat drink [Water, OAT (10%), sunflower oil, chicory roo	1760	420	21.6	12.5	50.4	42.8	2.2	5.2	0.58	3.6
Decaf Iced White Mocha - oat drink	Venti	ice, oat drink [Water, OAT (10%), sunflower oil, chicory roo	1964	468	22.8	13.9	59.3	51.3	2.3	5.9	0.66	3.6
Decaf Iced White Mocha - coconut drink	Tall	ice, coconut drink [Water, coconut milk (5.7%) (water, coco	1154	275	13.9	9.7	32.6	32	0.6	4.8	0.37	1.8
Decaf Iced White Mocha - coconut drink	Grande	coconut drink [Water, coconut milk (5.7%) (water, coco	1552	323	19	13.2	42.6	42	0.6	6.3	0.47	3.6
Decaf Iced White Mocha - coconut drink	Venti	ice, coconut drink [Water, coconut milk (5.7%) (water, coco	1747	416	19.6	13.7	52.5	51.4	0.9	7.3	0.58	3.6
Signature Iced Brown Sugar Oat Shaken Espresso - semi skimmed milk	Tall	ice, semi skimmed milk [Semi skimmed MILK], espresso ro	426	101	2.1	1.3	16	15	0.3	4.4	0.12	89.1
Signature Iced Brown Sugar Oat Shaken Espresso - semi skimmed milk	Grande	ice, semi skimmed milk [Semi skimmed MILK], espresso ro	546	130	2.6	1.6	20.8	19.4	0.4	5.5	0.15	133.6
Signature Iced Brown Sugar Oat Shaken Espresso - semi skimmed milk	Venti	ice, semi skimmed milk [Semi skimmed MILK], espresso ro	656	156	3	1.8	25.4	23.6	0.5	6.4	0.17	178.2
Signature Iced Brown Sugar Oat Shaken Espresso - whole milk	Tall	ice, whole milk [whole MILK], espresso roast (as consumed)	503	119	4.3	2.7	15.9	14.9	0.3	4.3	0.12	89.1
Signature Iced Brown Sugar Oat Shaken Espresso - whole milk	Grande	ice, whole milk [whole MILK], espresso roast (as consumed)	640	152	5.2	3.3	20.7	19.3	0.4	5.4	0.15	133.6
Signature Iced Brown Sugar Oat Shaken Espresso - whole milk	Venti	ice, whole milk [whole MILK], espresso roast (as consumed)	753	187	6.1	3.8	25.3	23.4	0.5	6.3	0.17	178.2
Signature Iced Brown Sugar Oat Shaken Espresso - skimmed milk	Tall	ice, skimmed milk [skimmed MILK], espresso roast (as cons	368	87	0.5	0.2	16.1	15.1	0.3	4.4	0.13	89.1
Signature Iced Brown Sugar Oat Shaken Espresso - skimmed milk	Grande	ice, skimmed milk [skimmed MILK], espresso roast (as cons	476	113	0.6	0.2	21	19.5	0.4	5.5	0.16	133.6
Signature Iced Brown Sugar Oat Shaken Espresso - skimmed milk	Venti	ice, skimmed milk [skimmed MILK], espresso roast (as cons	576	136	0.7	0.3	25.6	23.7	0.5	6.4	0.18	178.2
Signature Iced Brown Sugar Oat Shaken Espresso - almond drink	Tall	ice, almond drink [Water, ALMOND (2.5%), sugar, fructos	309	75	1.5	0.2	13.4	12.4	0.5	1	0.08	89.1
Signature Iced Brown Sugar Oat Shaken Espresso - almond drink	Grande	ice, almond drink [Water, ALMOND (2.5%), sugar, fructos	403	97	1.9	0.2	17.7	16.3	0.7	1.3	0.10	133.6
Signature Iced Brown Sugar Oat Shaken Espresso - almond drink	Venti	ice, almond drink [Water, ALMOND (2.5%), sugar, fructos	493	119	2.2	0.2	21.9	20	0.9	1.6	0.12	178.2
Signature Iced Brown Sugar Oat Shaken Espresso - soya drink	Tall	ice, soya drink [Water, hulled SOYA beans (8.7%), sugar,	354	82	1.2	0.1	19.6	18.2	0.9	6	0.11	89.1
Signature Iced Brown Sugar Oat Shaken Espresso - soya drink	Grande	ice, soya drink [Water, hulled SOYA beans (8.7%), sugar,	503	120	2.8	0.5	17.8	16.2	1.2	5.1	0.12	133.6
Signature Iced Brown Sugar Oat Shaken Espresso - soya drink	Venti	ice, soya drink [Water, hulled SOYA beans (8.7%), sugar,	606	144	3.2	0.6	22	19.9	1.5	6	0.14	178.2
Signature Iced Brown Sugar Oat Shaken Espresso - oat drink	Tall	ice, oat drink [Water, OAT (10%), sunflower oil, chicory r	471	111	3.6	0.4	18	13.3	1.4	1.3	0.14	89.1
Signature Iced Brown Sugar Oat Shaken Espresso - oat drink	Grande	ice, oat drink [Water, OAT (10%), sunflower oil, chicory r	601	142	4.4	0.5	23.3	17	1.8	1.7	0.18	133.6
Signature Iced Brown Sugar Oat Shaken Espresso - oat drink	Venti	ice, oat drink [Water, OAT (10%), sunflower oil, chicory r	718	170	5.1	0.6	28.3	21.2	2.1	2.1	0.20	178.2
Signature Iced Brown Sugar Oat Shaken Espresso - coconut drink	Tall	ice, coconut drink [Water, coconut milk (5.7%) (water, co	350	83	1.8	0.8	14.3	13.3	0.6	2.1	0.10	89.1
Signature Iced Brown Sugar Oat Shaken Espresso - coconut drink	Grande	ice, coconut drink [Water, coconut milk (5.7%) (water, co	454	107	2.3	1	18.8	17.4	0.8	2.7	0.17	133.6
Signature Iced Brown Sugar Oat Shaken Espresso - coconut drink	Venti	ice, coconut drink [Water, coconut milk (5.7%) (water, co	550	130	2.6	1.2	23.6	21.2	0.9	2.9	0.14	178.2
Decaf Iced Brown Sugar Oat Shaken Espresso - semi skimmed milk	Tall	ice, semi skimmed milk [Semi skimmed MILK], decaf espres	428	102	2.1	1.3	16.2	15	0.2	4.3	0.12	3.6
Decaf Iced Brown Sugar Oat Shaken Espresso - semi skimmed milk	Grande	ice, semi skimmed milk [Semi skimmed MILK], decaf espres	549	130	2.6	1.6	21.2	19.4	0.3	5.3	0.15	5.4
Decaf Iced Brown Sugar Oat Shaken Espresso - semi skimmed milk	Venti	ice, semi skimmed milk [Semi skimmed MILK], decaf espres	659	157	3	1.8	26	23.6	0.4	6.1	0.17	7.2
Decaf Iced Brown Sugar Oat Shaken Espresso - whole milk	Tall	ice, whole milk [whole MILK], decaf espresso (as consumed)	505	120	4.3	2.7	16.1	14.9	0.2	4.2	0.12	3.6
Decaf Iced Brown Sugar Oat Shaken Espresso - whole milk	Grande	ice, whole milk [whole MILK], decaf espresso (as consumed)	642	153	5.2	3.3	21.1	19.3	0.3	5.2	0.15	5.4
Decaf Iced Brown Sugar Oat Shaken Espresso - whole milk	Venti	ice, whole milk [whole MILK], decaf espresso (as consumed)	767	182	6	3.8	25.8	23.4	0.4	6	0.17	7.2
Decaf Iced Brown Sugar Oat Shaken Espresso - skimmed milk	Tall	ice, skimmed milk [skimmed MILK], decaf espresso (as cons	370	88	0.6	0.2	17.4	16.4	0.3	4.3	0.12	3.6
Decaf Iced Brown Sugar Oat Shaken Espresso - skimmed milk	Grande	ice, skimmed milk [skimmed MILK], decaf espresso (as cons	479	113	0.6	0.2	21.4	19.6	0.3	5.3	0.16	5.4
Decaf Iced Brown Sugar Oat Shaken Espresso - skimmed milk	Venti	ice, skimmed milk [skimmed MILK], decaf espresso (as cons	579	137	0.7	0.3	26.1	23.8	0.4	6.1	0.18	7.2
Decaf Iced Brown Sugar Oat Shaken Espresso - almond drink	Tall	ice, almond drink [Water, ALMOND (2.5%), sugar, fructos	310	75	1.5	0.2	13.5	12.5	0.5	0.8	0.08	3.6
Decaf Iced Brown Sugar Oat Shaken Espresso - almond drink	Grande	ice, almond drink [Water, ALMOND (2.5%), sugar, fructos	406	98	1.9	0.2	18.1	16.3	0.6	1.1	0.10	5.4
Decaf Iced Brown Sugar Oat Shaken Espresso - almond drink	Venti	ice, almond drink [Water, ALMOND (2.5%), sugar, fructos	496	120	2.2	0.2	22.4	20	0.8	1.3	0.12	7.2
Decaf Iced Brown Sugar Oat Shaken Espresso - soya drink	Tall	ice, soya drink [Water, hulled SOYA beans (8.7%), sugar,	392	93	2.3	0.4	13.8	12.4	0.9	4	0.10	3.6
Decaf Iced Brown Sugar Oat Shaken Espresso - soya drink	Grande	ice, soya drink [Water, hulled SOYA beans (8.7%), sugar,	505	120	2.8	0.5	17.8	16.2	1.2	5.1	0.12	133.6
Decaf Iced Brown Sugar Oat Shaken Espresso - soya drink	Venti	ice, soya drink [Water, hulled SOYA beans (8.7%), sugar,	610	145	3.2	0.6	22.5	20	1.4	5.7	0.14	7.2

Decaf Iced Caramel Protein latte - skimmed milk	Tall	skimmed milk [skimmed MILK], ice, caramel protein cold	648	153	1.2	0.4	14	10.8	0.5	21.8	0.61	1.8
Decaf Iced Caramel Protein latte - skimmed milk	Grande	skimmed milk [skimmed MILK], ice, caramel protein cold	759	180	1.4	0.5	17.6	13.8	0.6	24.1	0.68	3.6
Decaf Iced Caramel Protein latte - skimmed milk	Venti	skimmed milk [skimmed MILK], ice, caramel protein cold	799	189	1.5	0.6	18.9	15	0.6	24.9	0.72	3.6
Decaf Iced Caramel Protein latte - almond drink	Tall	almond drink [Water, ALMOND (2.5%), sugar, fructose,	563	135	2.6	0.4	10.1	6.9	0.8	16.9	0.55	1.8
Decaf Iced Caramel Protein latte - almond drink	Grande	almond drink [Water, ALMOND (2.5%), sugar, fructose,	641	155	3.4	0.5	12.3	8.5	1.1	17.3	0.60	3.6
Decaf Iced Caramel Protein latte - almond drink	Venti	almond drink [Water, ALMOND (2.5%), sugar, fructose,	669	162	3.7	0.5	13.1	9.1	1.1	17.4	0.62	3.6
Decaf Iced Caramel Protein latte - soya drink	Tall	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	680	162	3.7	0.7	10.2	6.9	1.5	21.3	0.57	1.8
Decaf Iced Caramel Protein latte - soya drink	Grande	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	802	191	4.9	0.9	12.5	8.4	2	23.4	0.63	3.6
Decaf Iced Caramel Protein latte - soya drink	Venti	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	847	202	5.4	1	13.3	9.1	2.1	24.2	0.66	3.6
Decaf Iced Caramel Protein latte - oat drink	Tall	oat drink [Water, OAT (10%), sunflower oil, chicory root	795	188	5.6	0.7	16.8	8.2	2.1	17.3	0.63	1.8
Decaf Iced Caramel Protein latte - oat drink	Grande	oat drink [Water, OAT (10%), sunflower oil, chicory root	959	227	7.5	0.9	21.4	10.2	2.8	17.9	0.72	3.6
Decaf Iced Caramel Protein latte - oat drink	Venti	oat drink [Water, OAT (10%), sunflower oil, chicory root	1022	243	8.3	1	23.3	11.3	3.1	18.1	0.76	3.6
Decaf Iced Caramel Protein latte - coconut drink	Tall	coconut drink [Water, coconut milk (5.7%) (water, coco	622	147	3.1	1.3	11.4	8.2	1	18.5	0.57	1.8
Decaf Iced Caramel Protein latte - coconut drink	Grande	coconut drink [Water, coconut milk (5.7%) (water, coco	723	171	4	1.8	14.1	10.2	1.3	19.5	0.63	3.6
Decaf Iced Caramel Protein latte - coconut drink	Venti	coconut drink [Water, coconut milk (5.7%) (water, coco	759	179	4.4	2	15	11	1.4	19.9	0.66	3.6
Blonde Iced Caramel Protein Americano	Tall	water, ice, caramel protein cold foam [skimmed MILK, Wh	406	96	0.7	0.2	6.1	2.9	0.7	16.2	0.42	85.5
Blonde Iced Caramel Protein Americano	Venti	water, ice, blonde roast (as consumed) [whole bean roast	435	104	0.9	0.3	7.1	3	0.9	16.5	0.44	171
Blonde Iced Caramel Protein Americano	Grande	water, ice, caramel protein cold foam [skimmed MILK, Wh	420	100	0.8	0.3	6.6	3	0.8	16.4	0.43	128.2
Decaf Caramel Aerocano	Tall	ice, whole bean roasted coffee, Water, sugar, natural fl	211	50	16.5	0.9	38.3	10.6	0.2	0.3	0.00	3.5
Decaf Caramel Aerocano	Venti	ice, whole bean roasted coffee, Water, sugar, natural fl	265	63	0.2	0.1	14.5	13	0.3	0.4	0.00	4.9
Decaf Caramel Aerocano	Venti	ice, whole bean roasted coffee, Water, sugar, natural fl	345	82	0.2	0.1	18.8	16.8	0.5	0.5	0.00	6.7
Decaf Aerocano	Tall	ice, whole bean roasted coffee	29	7	0.1	0	1.1	0.1	0.2	0.3	0.00	3.4
Decaf Aerocano	Grande	ice, whole bean roasted coffee	46	11	0.2	0.1	1.7	0.2	0.3	0.4	0.00	5.3
Decaf Aerocano	Venti	ice, whole bean roasted coffee	59	15	0.3	0.1	2.2	0.2	0.4	0.5	0.00	6.8

Alternative Coffee Bean - Frappuccino

Decaf Coffee Frappuccino - semi skimmed milk	Tall	ice, semi skimmed milk [Semi skimmed MILK], coffee frappuccino syrup [Water, coconut milk (5.7%) (water, coconut milk (
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Decaf Iced Pumpkin Spice Latte - semi skimmed milk	Grande	semi skimmed milk [Semi skimmed MILK], ice, decaf esp	809	193	3.8	2.4	29.8	28.6	4.4	7.6	0.31	3.6
Decaf Iced Pumpkin Spice Latte - semi skimmed milk	Venti	ice, semi skimmed milk [Semi skimmed MILK], pumpkin sp	943	224	4.2	2.6	35.5	34.3	5.4	8.3	0.35	3.6
Decaf Iced Pumpkin Spice Latte - whole milk	Tall	whole milk [whole MILK], ice, pumpkin spice sauce [Wate	721	172	6	3.8	22.2	21.6	3.2	5.7	0.23	1.8
Decaf Iced Pumpkin Spice Latte - whole milk	Grande	whole milk [whole MILK], ice, decaf espresso (as consum	948	226	7.7	4.8	29.6	28.4	4.4	7.4	0.30	3.6
Decaf Iced Pumpkin Spice Latte - whole milk	Venti	ice, whole milk [whole MILK], pumpkin spice sauce [Wate	1096	261	8.5	5.3	35.1	34.1	5.4	8.1	0.35	3.6
Decaf Iced Pumpkin Spice Latte - skimmed milk	Tall	skimmed milk [skimmed MILK], ice, pumpkin spice sauce [	532	126	0.6	0.3	22.5	21.9	3.2	5.8	0.24	1.8
Decaf Iced Pumpkin Spice Latte - skimmed milk	Grande	skimmed milk [skimmed MILK], ice, decaf espresso (as co	706	168	0.9	0.4	30	28.8	4.4	7.6	0.31	3.6
Decaf Iced Pumpkin Spice Latte - skimmed milk	Venti	ice, skimmed milk [skimmed MILK], pumpkin spice sauce [	829	197	1	0.4	35.8	34.6	5.4	8.3	0.36	3.6
Decaf Iced Pumpkin Spice Latte - almond drink	Tall	almond drink [Water, ALMOND (2.5%), sugar, fructose,	448	108	2.1	0.2	18.7	18.1	3.5	1	0.18	1.8
Decaf Iced Pumpkin Spice Latte - almond drink	Grande	almond drink [Water, ALMOND (2.5%), sugar, fructose,	598	145	2.7	0.3	25.2	24	4.8	1.3	0.24	3.6
Decaf Iced Pumpkin Spice Latte - almond drink	Venti	ice, almond drink [Water, ALMOND (2.5%), sugar, fructos	710	172	3	0.3	30.4	29.2	5.8	1.5	0.27	3.6
Decaf Iced Pumpkin Spice Latte - soya drink	Grande	soya drink [Water, coconut milk (5.7%) (water, coco	563	134	2.5	3.3	18.9	18.1	2.2	5.4	0.21	1.8
Decaf Iced Pumpkin Spice Latte - soya drink	Venti	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	745	178	4.1	0.7	25.3	23.9	5.6	7	0.27	3.6
Decaf Iced Pumpkin Spice Latte - soya drink	Tall	ice, soya drink [Water, hulled SOYA beans (8.7%), sugar,	872	208	4.5	0.8	30.6	29.2	6.7	7.7	0.31	3.6
Decaf Iced Pumpkin Spice Latte - oat drink	Grande	oat drink [Water, OAT (10%), sunflower oil, chicory root	676	160	5	0.5	25.3	19.3	4.8	1.4	0.27	1.8
Decaf Iced Pumpkin Spice Latte - oat drink	Venti	ice, oat drink [Water, OAT (10%), sunflower oil, chicory r	890	211	6.5	0.7	33.5	25.5	6.4	1.9	0.35	3.6
Decaf Iced Pumpkin Spice Latte - coconut drink	Grande	coconut drink [Water, coconut milk (5.7%) (water, coco	506	120	2.5	1.2	20	19.4	3.7	2.6	0.21	1.8
Decaf Iced Pumpkin Spice Latte - coconut drink	Venti	ice, coconut drink [Water, coconut milk (5.7%) (water, co	792	188	3.6	1.7	32.2	31	6.1	3.7	0.31	3.6
Blonde Pumpkin Spice Latte - semi skimmed milk	Short	semi skimmed milk [Semi skimmed MILK], blonde roast	503	120	6.1	4.2	11.4	11.1	1.2	4.3	0.15	42.7
Blonde Pumpkin Spice Latte - semi skimmed milk	Tall	semi skimmed milk [Semi skimmed MILK], blonde roast	836	200	8.8	6	21.1	20.7	2.2	7.9	0.28	42.7
Blonde Pumpkin Spice Latte - semi skimmed milk	Grande	semi skimmed milk [Semi skimmed MILK], blonde roast	1002	239	9.5	6.4	27.6	26.9	3.4	9.1	0.34	85.5
Blonde Pumpkin Spice Latte - semi skimmed milk	Venti	semi skimmed milk [Semi skimmed MILK], blonde roast	1323	316	11.7	7.9	37.5	36.7	4.4	12.9	0.47	85.5
Blonde Pumpkin Spice Latte - whole milk	Short	whole milk [whole MILK], blonde roast (as consumed) [h	577	138	8.2	5.5	11.3	11	1.2	4.2	0.15	42.7
Blonde Pumpkin Spice Latte - whole milk	Tall	whole milk [whole MILK], blonde roast (as consumed) [h	977	233	12.8	8.5	20.9	20.5	2.2	7.7	0.28	42.7
Blonde Pumpkin Spice Latte - whole milk	Grande	whole milk [whole MILK], blonde roast (as consumed) [h	1216	278	14	9.4	27.4	26.9	3.4	8.9	0.33	85.5
Blonde Pumpkin Spice Latte - whole milk	Venti	whole milk [whole MILK], blonde roast (as consumed) [h	1556	371	18.3	12	37.1	36.3	4.4	12.5	0.46	85.5
Blonde Pumpkin Spice Latte - skimmed milk	Short	skimmed milk [skimmed MILK], blonde roast (as consun	447	107	4.5	3.1	11.6	11.2	1.2	4.3	0.15	42.7
Blonde Pumpkin Spice Latte - skimmed milk	Tall	skimmed milk [skimmed MILK], blonde roast (as consun	731	174	5.9	4	21.3	20.9	2.2	7.9	0.29	42.7
Blonde Pumpkin Spice Latte - skimmed milk	Grande	skimmed milk [skimmed MILK], blonde roast (as consun	882	210	6.1	4.1	27.9	27.1	3.4	9.1	0.34	85.5
Blonde Pumpkin Spice Latte - skimmed milk	Venti	skimmed milk [skimmed MILK], blonde roast (as consun	1150	274	6.8	4.5	37.8	37	4.4	12.9	0.48	85.5
Blonde Pumpkin Spice Latte - almond drink	Short	almond drink [Water, ALMOND (2.5%), sugar, fructose,	390	95	5.5	3.1	9	8.6	1.4	1	0.11	42.7
Blonde Pumpkin Spice Latte - almond drink	Tall	almond drink [Water, ALMOND (2.5%), sugar, fructose,	621	159	7.5	3.9	16.4	16	2.3	3.7	0.25	42.7
Blonde Pumpkin Spice Latte - almond drink	Grande	almond drink [Water, ALMOND (2.5%), sugar, fructose,	757	184	8.2	4	22.2	21.5	3.9	1.9	0.25	85.5
Blonde Pumpkin Spice Latte - almond drink	Venti	almond drink [Water, ALMOND (2.5%), sugar, fructose,	969	236	9.9	4.4	29.7	28.9	5.1	2.5	0.35	85.5
Blonde Pumpkin Spice Latte - soya drink	Short	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	469	113	6.3	3.3	9	8.6	1.9	4	0.13	42.7
Blonde Pumpkin Spice Latte - soya drink	Tall	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	771	185	9.1	4.3	16.6	15.9	3.5	7.3	0.24	42.7
Blonde Pumpkin Spice Latte - soya drink	Grande	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	927	222	9.8	4.5	22.4	21.4	4.8	8.5	0.29	85.5
Blonde Pumpkin Spice Latte - soya drink	Venti	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	1216	291	12.2	5.1	30	28.8	6.5	11.9	0.40	85.5
Blonde Pumpkin Spice Latte - oat drink	Short	oat drink [Water, OAT (10%), sunflower oil, chicory root	546	134	7.7	4.3	14.6	14	1.2	3.7	0.27	42.7
Blonde Pumpkin Spice Latte - oat drink	Tall	oat drink [Water, OAT (10%), sunflower oil, chicory root	918	219	11.6	4.3	24.9	17.5	4.3	2.2	0.32	42.7
Blonde Pumpkin Spice Latte - oat drink	Grande	oat drink [Water, OAT (10%), sunflower oil, chicory root	1096	261	12.6	4.5	32	23.3	5.7	2.6	0.38	85.5
Blonde Pumpkin Spice Latte - oat drink	Venti	oat drink [Water, OAT (10%), sunflower oil, chicory root	1459	347	16.2	5.1	43.7	31.5	7.8	3.5	0.53	85.5
Blonde Pumpkin Spice Latte - coconut drink	Short	coconut drink [Water, coconut milk (5.7%) (water, coco	430	103	5.8	3.7	15.8	9.4	1.5	2.1	0.13	42.7
Blonde Pumpkin Spice Latte - coconut drink	Tall	coconut drink [Water, coconut milk (5.7%) (water, coco	697	166	8.3	5.1	18	17.6	2.8	3.6	0.24	42.7
Blonde Pumpkin Spice Latte - coconut drink	Grande	coconut drink [Water, coconut milk (5.7%) (water, coco	843	201	8.9	5.4	24.1	23.3	4.1	4.2	0.29	85.5
Blonde Pumpkin Spice Latte - coconut drink	Venti	coconut drink [Water, coconut milk (5.7%) (water, coco	1094	260	10.9	6.4	30.6	29.8	4.8	8.9	0.40	85.5
Decaf Pumpkin Spice Latte - semi skimmed milk	Short	semi skimmed milk [Semi skimmed MILK], decaf espres	592	141	6.1	4.2	16.3	15.7	2.2	4.3	0.17	1.8
Decaf Pumpkin Spice Latte - semi skimmed milk	Tall	semi skimmed milk [Semi skimmed MILK], pumpkin sp	890	213	8.5	5.8	25.1	24.5	3.2	7.2	0.28	1.8
Decaf Pumpkin Spice Latte - semi skimmed milk	Grande	semi skimmed milk [Semi skimmed MILK], decaf espres	1089	260	9.4	6.4	32.5	31.4	4.4	8.9	0.35	3.6
Decaf Pumpkin Spice Latte - semi skimmed milk	Venti	semi skimmed milk [Semi skimmed MILK], pumpkin sp	1397	333	11.5	7.8	42.1	40.9	5.4	12.5	0.48	3.6
Decaf Pumpkin Spice Latte - whole milk	Short	whole milk [whole MILK], decaf espresso (as consumed)	665	159	8.2	5.5	16.2	15.6	2.2	4.1	0.17	1.8
Decaf Pumpkin Spice Latte - whole milk	Tall	whole milk [whole MILK], pumpkin spice sauce [Water,	1019	243	12.1	8.1	24.9	24.3	3.2	7	0.28	1.8
Decaf Pumpkin Spice Latte - whole milk	Grande	whole milk [whole MILK], decaf espresso (as consumed)	1247	287	14.5	9.2	32.1	31.2	3.9	8.7	0.41	42.7
Decaf Pumpkin Spice Latte - whole milk	Venti	whole milk [whole MILK], pumpkin spice sauce [Water,	1622	387	17.9	11.8	41.7	40.5	5.4	12.1	0.47	3.6
Decaf Pumpkin Spice Latte - skimmed milk	Short	skimmed milk [skimmed MILK], decaf espresso (as cons	537	128	4.6	3.1	16.4	15.8	2.2	4.3	0.17	1.8
Decaf Pumpkin Spice Latte - skimmed milk	Tall	skimmed milk [skimmed MILK], pumpkin spice sauce [Va	795	190	5.8	4	25.3	24.7	3.2	7.2	0.29	1.8
Decaf Pumpkin Spice Latte - skimmed milk	Grande	skimmed milk [skimmed MILK], decaf espresso (as cons	971	231	6.1	4.1	32.8	31.6	4.4	8.9	0.36	3.6
Decaf Pumpkin Spice Latte - skimmed milk	Venti	skimmed milk [skimmed MILK], pumpkin spice sauce [Va	1229	293	6.8	4.5	42.4	41.2	5.4	12.5	0.49	3.6
Decaf Pumpkin Spice Latte - almond drink	Short	almond drink [Water, ALMOND (2.5%), sugar, fructose,	480	116	5.5	3.1	13.8	13.2	2.4	1	0.13	1.8
Decaf Pumpkin Spice Latte - almond drink	Tall	almond drink [Water, ALMOND (2.5%), sugar, fructose,	695	167	7.5	3.9	20.3	19.7	3.6	1.5	0.23	42.7
Decaf Pumpkin Spice Latte - almond drink	Grande	almond drink [Water, ALMOND (2.5%), sugar, fructose,	848	206	8.2	4	27.3	26.1	4.8	1.8	0.27	3.6
Decaf Pumpkin Spice Latte - almond drink	Venti	almond drink [Water, ALMOND (2.5%), sugar, fructose,	1054	256	9.8	4.4	34.5	33.3	6	2.4	0.36	3.6
Decaf Pumpkin Spice Latte - soya drink	Short	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	558	134	6.2	3.3	13.9	13.2	2.8	4	0.15	1.8
Decaf Pumpkin Spice Latte - soya drink	Tall	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	831	199	8.8	4.3	21	20.2	4.4	6.7	0.24	1.8
Decaf Pumpkin Spice Latte - soya drink	Grande	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	1016	243	9.8	4.5	27.4	26	5.8	8.3	0.31	3.6
Decaf Pumpkin Spice Latte - soya drink	Venti	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	1292	310	12	5	34.8	33.3	7.4	11.5	0.41	3.6
Decaf Pumpkin Spice Latte - oat drink	Short	oat drink [Water, OAT (10%), sunflower oil, chicory root	634	151	14.1	3.3	14	13.2	3.3	1.3	0.17	1.8
Decaf Pumpkin Spice Latte - oat drink	Tall	oat drink [Water, OAT (10%), sunflower oil, chicory root	965	230	11	4.3	28.6	21.6	5.1	2	0.32	1.8
Decaf Pumpkin Spice Latte - oat drink	Grande	oat drink [Water, OAT (10%), sunflower oil, chicory root	1181	281	12.5	4.5	36.8	27.8	6.7	2.5	0.39	3.6
Decaf Pumpkin Spice Latte - oat drink	Venti	oat drink [Water, OAT (10%), sunflower oil, chicory root	1528	363	15.9	5	48.1	35.8	8.6	3.3	0.54	3.6
Decaf Pumpkin Spice Latte - coconut drink	Short	coconut drink [Water, coconut milk (5.7%) (water, coco	520	124	5.8	3.7	14.7	14.1	2.5	2	0.15	1.8
Decaf Pumpkin Spice Latte - coconut drink	Tall	coconut drink [Water, coconut milk (5.7%) (water, coco	764	182	8.1	5	22.3	21.7	3.8	3.3	0.24	1.8
Decaf Pumpkin Spice Latte - coconut drink	Grande	coconut drink [Water, coconut milk (5.7%) (water, coco	933	222	8.9	5.4	29.1	27.9	5.1	4.1	0.31	3.6
Decaf Pumpkin Spice Latte - coconut drink	Venti	coconut drink [Water, coconut milk (5.7%) (water, coco	1175	279	10.8	6.4	37.1	35.9	6.4	5.7	0.41	3.6
Decaf Pumpkin Spice Coffee Frappuccino - semi skimmed milk	Tall	ice, semi skimmed milk [Semi skimmed MILK], coffee frap	1040	246	10.6	7.5	33.7	32.8	4.1	3.4	0.12	1.7
Decaf Pumpkin Spice Coffee Frappuccino - semi skimmed milk	Grande	ice, semi skimmed milk [Semi skimmed MILK], coffee frapuc	1386	331	13.8	9.7	45.7	44.6	2.8	4.2	0.55	3
Decaf Pumpkin Spice Coffee Frappuccino - semi skimmed milk	Venti	ice, semi skimmed milk [Semi skimmed MILK], coffee frapuc	1570	374	13.8	9.7	56.1	54.6	3.6	4.1	0.67	4.4
Decaf Pumpkin Spice Coffee Frappuccino - whole milk	Tall	ice, whole milk [whole MILK], coffee frappuccino syrup [Wate	1089	260	12	8.3	33.6	33	2	3.3	0.41	1.7
Decaf Pumpkin Spice Coffee Frappuccino - whole milk	Grande	ice, whole milk [whole MILK], coffee frappuccino syrup [Wate	1444	345	15.5	10.8	45.6	44.5	2.8	4.1	0.55	3
Decaf Pumpkin Spice Coffee Frappuccino - whole milk	Venti	ice, whole milk [whole MILK], coffee frappuccino syrup [Wate	1626	388	15.4	10.7	56	54.6	3.6	4	0.66	4.4
Decaf Pumpkin Spice Coffee Frappuccino - skimmed milk	Tall	ice, skimmed milk [skimmed MILK], coffee frappuccino syrup	1003	239	9.5	6.7	33.7	33.1	2	3.4	0.42	1.7
Decaf Pumpkin Spice Coffee Frappuccino - skimmed milk	Grande	ice, skimmed milk [skimmed MILK], coffee frappuccino syrup	1342	328	12.6	8.9	42.7	41.6	2.8	4.2	0.56	4.4
Decaf Pumpkin Spice Coffee Frappuccino - skimmed milk	Venti	ice, skimmed milk [skimmed MILK], coffee frappuccino syrup	1529	364	12.6	8.9	56.2	54.7	3.6	4.1	0.67	4.4
Decaf Pumpkin Spice Coffee Frappuccino - almond drink	Tall	ice, almond drink [Water, ALMOND (2.5%), sugar, fructose, a	965	231	10.2	6.7	32	31.4	2.2	1.1	0.39	1.7
Decaf Pumpkin Spice Coffee Frappuccino - almond drink	Grande	ice, almond drink [Water, ALMOND (2.5%), sugar, fructose, a	1296	310	13.4	8.9	43.7	42.7	3	1.5	0.52	3
Decaf Pumpkin Spice Coffee Frappuccino - almond drink	Venti	ice, almond drink [Water, ALMOND (2.5%), sugar, fructose, a	1485	355	13.4	8.9	54.2	52.8	3.8	1.6	0.64	4.4
Decaf Pumpkin Spice Coffee Frappuccino - soya drink	Tall	ice, soya drink [Water, hulled SOYA beans (8.7%), sugar, acid	1017	243	10.7	6.9	32.1	31.4	2.5	3.1	0.40	1.7
Decaf Pumpkin Spice Coffee Frappuccino - soya drink	Grande	ice, soya drink [Water, hulled SOYA beans (8.7%), sugar, acid	1359	324	13.9	9	43.8	42.6	3.3	3.9	0.54	3
Decaf Pumpkin Spice Coffee Frappuccino - soya drink	Venti	ice, soya drink [Water, hulled SOYA beans (8.7%), sugar, acid	1544	384	14.9	10.8	54.9	52.8	4.1	3.9	0.65	4.4
Decaf Pumpkin Spice Coffee Frappuccino - oat drink	Tall	ice, oat drink [Water, OAT (10%), sunflower oil, chicory root	1069	255	11.5	6.9	35	32	2.8	1.4	0.43	1.7
Decaf Pumpkin Spice Coffee Frappuccino - oat drink	Grande	ice, oat drink [Water, OAT (10%), sunflower oil, chicory root	1420	338	15	9	47.2	43.3	3.7	1.8	0.57	3
Decaf Pumpkin Spice Coffee Frappuccino - oat drink	Venti	ice, oat drink [Water, OAT (10%), sunflower oil, chicory root	1603	382	14.9	9	57.6	53.4	4.4	1.9	0.68	4.4
Decaf Pumpkin Spice Coffee Frappuccino - coconut drink	Tall	ice, coconut drink [Water, coconut milk (5.7%) (water, coco	991	236	10.4	7.1	32.6	32	2.3	1.9	0.40	1.7
Decaf Pumpkin Spice Coffee Frappuccino - coconut drink	Grande	ice, coconut drink [Water, coconut milk (5.7%) (water, coco	1328	317	13.6	9.4	44.4</					

Decaf Pecan Maple Macchiato - whole milk	Venti	whole milk [whole MILK], decaf espresso (as consumed) [w	1489	353	14.1	9	42.9	41	0.2	13.5	0.43	3.6
Decaf Pecan Maple Macchiato - skimmed milk	Short	skimmed milk [skimmed MILK], decaf espresso (as consur	305	72	0.3	0.1	13.6	12.4	0.1	3.3	0.12	1.8
Decaf Pecan Maple Macchiato - skimmed milk	Tall	skimmed milk [skimmed MILK], decaf espresso (as consur	551	130	0.6	0.3	24	22.8	0.1	6.8	0.23	1.8
Decaf Pecan Maple Macchiato - skimmed milk	Grande	skimmed milk [skimmed MILK], decaf espresso (as consur	776	184	1	0.4	33.4	31.5	0.2	9.8	0.32	3.6
Decaf Pecan Maple Macchiato - skimmed milk	Venti	skimmed milk [skimmed MILK], decaf espresso (as consumed	1034	245	1.3	0.7	42.7	41.8	0.2	13.9	0.45	3.6
Decaf Pecan Maple Macchiato - almond drink	Short	almond drink [Water, ALMOND (2.5%), sugar, fructose,	276	62	1.2	0.1	11.5	10.3	0.3	0.6	0.08	1.8
Decaf Pecan Maple Macchiato - almond drink	Tall	almond drink [Water, ALMOND (2.5%), sugar, fructose,	452	109	2.3	0.2	19.5	18.2	0.5	1.1	0.16	1.8
Decaf Pecan Maple Macchiato - almond drink	Grande	almond drink [Water, ALMOND (2.5%), sugar, fructose,	634	154	3.4	0.3	27	25.1	0.8	1.6	0.22	3.6
Decaf Pecan Maple Macchiato - almond drink	Venti	almond drink [Water, ALMOND (2.5%), sugar, fructose,	832	202	4.7	0.4	34.6	32.7	1	2.2	0.30	3.6
Decaf Pecan Maple Macchiato - soya drink	Short	soya drink [Water, hulled SOYA beans (8.7%), sugar, ac	322	77	1.8	0.3	11.5	10.2	0.7	3.1	0.10	1.8
Decaf Pecan Maple Macchiato - soya drink	Tall	soya drink [Water, hulled SOYA beans (8.7%), sugar, ac	587	140	3.6	0.6	19.7	18.1	1.2	6.2	0.19	1.8
Decaf Pecan Maple Macchiato - soya drink	Grande	soya drink [Water, hulled SOYA beans (8.7%), sugar, ac	828	197	5.2	0.8	27.2	25	1.8	9.1	0.26	3.6
Decaf Pecan Maple Macchiato - soya drink	Venti	soya drink [Water, hulled SOYA beans (8.7%), sugar, ac	1108	264	7.3	1.2	34.9	32.6	2.5	12.8	0.36	3.6
Decaf Pecan Maple Macchiato - oat drink	Short	oat drink [Water, OAT (10%), sunflower oil, chicory roo	387	91	2.8	0.3	15.2	10.9	1	0.9	0.13	1.8
Decaf Pecan Maple Macchiato - oat drink	Tall	oat drink [Water, OAT (10%), sunflower oil, chicory roo	719	170	5.8	0.6	27.2	19.6	2	1.6	0.26	1.8
Decaf Pecan Maple Macchiato - oat drink	Grande	oat drink [Water, OAT (10%), sunflower oil, chicory roo	1019	241	8.4	0.8	38	27.1	2.9	2.4	0.36	3.6
Decaf Pecan Maple Macchiato - oat drink	Venti	oat drink [Water, OAT (10%), sunflower oil, chicory roo	1380	326	11.8	1.2	50.3	35.6	4	3.3	0.51	3.6
Decaf Pecan Maple Macchiato - coconut drink	Short	coconut drink [Water, coconut milk (5.7%) (water, coco	290	68	1.4	0.7	12.2	11	0.4	1.5	0.10	1.8
Decaf Pecan Maple Macchiato - coconut drink	Grande	coconut drink [Water, coconut milk (5.7%) (water, coco	732	173	4.2	1.9	29.1	27.2	1	4.3	0.26	3.6
Decaf Pecan Maple Macchiato - coconut drink	Venti	coconut drink [Water, coconut milk (5.7%) (water, coco	972	229	5.9	2.7	37.6	35.7	1.4	6	0.36	3.6
Signature Iced Pecan Maple Macchiato - semi skimmed mil	Tall	semi skimmed milk [Semi skimmed MILK], ice, espresso	678	161	3.6	2.3	24.4	23.2	0.1	7.4	0.24	44.5
Signature Iced Pecan Maple Macchiato - semi skimmed mil	Grande	semi skimmed milk [Semi skimmed MILK], ice, espresso	908	215	4.8	3	32.7	31.1	0.3	9.9	0.31	89.1
Signature Iced Pecan Maple Macchiato - semi skimmed mil	Venti	semi skimmed milk [Semi skimmed MILK], ice, espresso	1039	246	5.2	3.3	38.7	37	0.3	10.8	0.34	89.1
Signature Iced Pecan Maple Macchiato - whole milk	Tall	whole milk [whole MILK], ice, espresso roast (as consume	816	194	7.5	4.7	24.2	23	0.1	7.2	0.24	44.5
Signature Iced Pecan Maple Macchiato - whole milk	Grande	whole milk [whole MILK], ice, depresso roast (as consume	1090	259	9.9	6.3	32.5	30.8	0.3	9.6	0.31	89.1
Signature Iced Pecan Maple Macchiato - whole milk	Venti	whole milk [whole MILK], ice, espresso roast (as consume	1237	294	10.8	6.8	38.4	36.7	0.3	10.5	0.33	89.1
Signature Iced Pecan Maple Macchiato - skimmed milk	Tall	skimmed milk [skimmed MILK], ice, espresso roast (as co	575	136	0.7	0.3	24.6	23.4	0.1	7.4	0.25	44.5
Signature Iced Pecan Maple Macchiato - skimmed milk	Grande	skimmed milk [skimmed MILK], ice, espresso roast (as co	772	183	1	0.4	33	31.4	0.3	9.9	0.32	89.1
Signature Iced Pecan Maple Macchiato - skimmed milk	Venti	skimmed milk [skimmed MILK], ice, espresso roast (as co	891	211	1	0.4	39	37.3	0.3	10.8	0.35	89.1
Signature Iced Pecan Maple Macchiato - almond drink	Tall	almond drink [Water, ALMOND (2.5%), sugar, fructose,	468	113	2.5	0.2	19.8	18.5	0.5	1.2	0.17	44.5
Signature Iced Pecan Maple Macchiato - almond drink	Grande	almond drink [Water, ALMOND (2.5%), sugar, fructose,	630	153	3.3	0.3	26.6	25	0.8	1.7	0.22	89.1
Signature Iced Pecan Maple Macchiato - almond drink	Venti	almond drink [Water, ALMOND (2.5%), sugar, fructose,	737	178	3.6	0.3	32	30.4	0.9	1.9	0.24	89.1
Signature Iced Pecan Maple Macchiato - soya drink	Tall	soya drink [Water, hulled SOYA beans (8.7%), sugar, ac	610	143	2.9	1.3	21	19.5	0.7	2.9	0.10	44.5
Signature Iced Pecan Maple Macchiato - soya drink	Grande	soya drink [Water, hulled SOYA beans (8.7%), sugar, ac	823	196	5.2	0.8	26.9	24.9	1.9	9.2	0.26	89.1
Signature Iced Pecan Maple Macchiato - soya drink	Venti	soya drink [Water, hulled SOYA beans (8.7%), sugar, ac	947	225	5.6	0.9	32.3	30.3	2	9.9	0.28	89.1
Signature Iced Pecan Maple Macchiato - oat drink	Tall	oat drink [Water, OAT (10%), sunflower oil, chicory roo	759	179	6.3	0.6	28.1	20.1	2.1	1.8	0.28	44.5
Signature Iced Pecan Maple Macchiato - oat drink	Grande	oat drink [Water, OAT (10%), sunflower oil, chicory roo	1014	240	8.3	0.8	37.6	27	2.9	2.5	0.36	89.1
Signature Iced Pecan Maple Macchiato - oat drink	Venti	oat drink [Water, OAT (10%), sunflower oil, chicory roo	1154	273	9	0.9	44	32.6	3.1	2.7	0.39	89.1
Signature Iced Pecan Maple Macchiato - coconut drink	Tall	coconut drink [Water, coconut milk (5.7%) (water, coco	542	128	3.1	1.4	21.4	20.2	0.7	3.2	0.20	44.5
Signature Iced Pecan Maple Macchiato - coconut drink	Grande	coconut drink [Water, coconut milk (5.7%) (water, coco	728	172	4.1	1.9	27.1	27.1	1	4.6	0.28	89.1
Signature Iced Pecan Maple Macchiato - coconut drink	Venti	coconut drink [Water, coconut milk (5.7%) (water, coco	843	199	4.5	2.1	34.3	32.7	1.1	4.8	0.28	89.1
Decaf Iced Pecan Maple Macchiato - semi skimmed milk	Tall	semi skimmed milk [Semi skimmed MILK], ice, decaf esp	679	161	3.6	2.3	24.6	23.2	0.1	7.4	0.24	1.8
Decaf Iced Pecan Maple Macchiato - semi skimmed milk	Grande	semi skimmed milk [Semi skimmed MILK], ice, decaf esp	909	216	4.8	3	33	31.1	0.2	9.8	0.31	3.6
Decaf Iced Pecan Maple Macchiato - semi skimmed milk	Venti	semi skimmed milk [Semi skimmed MILK], ice, decaf esp	1040	247	5.2	3.3	38.9	37	0.2	10.6	0.34	3.6
Decaf Iced Pecan Maple Macchiato - whole milk	Tall	whole milk [whole MILK], ice, decaf espresso (as consume	817	194	7.5	4.7	24.3	23	0.1	7.1	0.24	1.8
Decaf Iced Pecan Maple Macchiato - whole milk	Grande	whole milk [whole MILK], ice, decaf espresso (as consume	1092	259	9.9	6.3	32.7	30.8	0.2	9.5	0.31	3.6
Decaf Iced Pecan Maple Macchiato - whole milk	Venti	whole milk [whole MILK], ice, decaf espresso (as consume	1239	294	10.8	6.8	38.5	36.7	0.3	10.6	0.33	89.1
Decaf Iced Pecan Maple Macchiato - skimmed milk	Tall	skimmed milk [skimmed MILK], ice, decaf espresso (as co	576	136	0.7	0.3	24.8	23.4	0.1	7.4	0.25	1.8
Decaf Iced Pecan Maple Macchiato - skimmed milk	Grande	skimmed milk [skimmed MILK], ice, decaf espresso (as co	774	183	1	0.4	33.3	31.4	0.2	9.8	0.32	3.6
Decaf Iced Pecan Maple Macchiato - skimmed milk	Venti	skimmed milk [skimmed MILK], ice, decaf espresso (as co	892	211	1	0.4	39.2	37.3	0.2	10.6	0.35	3.6
Decaf Iced Pecan Maple Macchiato - almond drink	Tall	almond drink [Water, ALMOND (2.5%), sugar, fructose,	469	114	2.5	0.2	19.9	18.6	0.5	1.2	0.17	1.8
Decaf Iced Pecan Maple Macchiato - almond drink	Grande	almond drink [Water, ALMOND (2.5%), sugar, fructose,	632	153	3.3	0.3	26.9	25	0.8	1.6	0.22	3.6
Decaf Iced Pecan Maple Macchiato - almond drink	Venti	almond drink [Water, ALMOND (2.5%), sugar, fructose,	739	179	3.6	0.3	32.3	30.4	0.8	1.7	0.24	3.6
Decaf Iced Pecan Maple Macchiato - soya drink	Tall	soya drink [Water, hulled SOYA beans (8.7%), sugar, ac	615	143	2.9	1.3	21	19.5	0.7	6.8	0.20	44.5
Decaf Iced Pecan Maple Macchiato - soya drink	Grande	soya drink [Water, hulled SOYA beans (8.7%), sugar, ac	825	197	5.2	0.8	27.1	25	1.8	9	0.26	3.6
Decaf Iced Pecan Maple Macchiato - soya drink	Venti	soya drink [Water, hulled SOYA beans (8.7%), sugar, ac	949	226	5.6	0.9	32.5	30.3	2	9.8	0.28	3.6
Decaf Iced Pecan Maple Macchiato - oat drink	Tall	oat drink [Water, OAT (10%), sunflower oil, chicory roo	760	180	6.3	0.6	28.3	20.1	2.1	1.7	0.28	1.8
Decaf Iced Pecan Maple Macchiato - oat drink	Grande	oat drink [Water, OAT (10%), sunflower oil, chicory roo	1015	240	8.3	0.8	37.9	27	2.9	2.4	0.36	3.6
Decaf Iced Pecan Maple Macchiato - oat drink	Venti	oat drink [Water, OAT (10%), sunflower oil, chicory roo	1156	273	9	0.9	44.3	32.6	3.1	2.6	0.39	3.6
Decaf Iced Pecan Maple Macchiato - coconut drink	Tall	coconut drink [Water, coconut milk (5.7%) (water, coco	543	128	3.1	1.4	21.5	20.2	0.7	3.2	0.20	1.8
Decaf Iced Pecan Maple Macchiato - coconut drink	Grande	coconut drink [Water, coconut milk (5.7%) (water, coco	729	172	4.1	1.9	27.1	27.1	1	4.6	0.28	89.1
Decaf Iced Pecan Maple Macchiato - coconut drink	Venti	coconut drink [Water, coconut milk (5.7%) (water, coco	845	199	4.5	2.1	34.6	32.7	1.1	4.8	0.28	3.6
Blonde Iced Pumpkin Spice Caramel Macchiato - semi skimmed mil	Tall	semi skimmed milk [Semi skimmed MILK], ice, blonde ro	666	158	4.2	2.7	22.5	21.7	2.2	6.4	0.27	42.7
Blonde Iced Pumpkin Spice Caramel Macchiato - semi skimmed mil	Grande	semi skimmed milk [Semi skimmed MILK], ice, blonde ro	874	208	5.2	3.3	30	28.9	3.4	8.4	0.35	85.5
Blonde Iced Pumpkin Spice Caramel Macchiato - semi skimmed mil	Venti	semi skimmed milk [Semi skimmed MILK], ice, blonde ro	1039	247	5.9	3.7	36.5	35.4	4.4	9.7	0.41	85.5
Blonde Iced Pumpkin Spice Caramel Macchiato - whole milk	Tall	whole milk [whole MILK], ice, blonde roast (as consumed)	783	186	7.6	4.8	22.3	21.5	2.2	6.2	0.26	42.7
Blonde Iced Pumpkin Spice Caramel Macchiato - whole milk	Grande	whole milk [whole MILK], ice, blonde roast (as consumed)	1026	244	9.5	6	29.8	28.7	3.4	8.2	0.34	85.5
Blonde Iced Pumpkin Spice Caramel Macchiato - whole milk	Venti	whole milk [whole MILK], ice, blonde roast (as consumed)	1216	290	10.8	6.8	35.9	35.1	4.4	10.4	0.35	85.5
Blonde Iced Pumpkin Spice Caramel Macchiato - skimmed milk	Tall	skimmed milk [skimmed MILK], ice, blonde roast (as cons	579	137	1.8	1	22.6	21.9	2.2	6.4	0.27	42.7
Blonde Iced Pumpkin Spice Caramel Macchiato - skimmed milk	Grande	skimmed milk [skimmed MILK], ice, blonde roast (as cons	760	181	2	1.1	30.3	29.1	3.4	8.4	0.35	85.5
Blonde Iced Pumpkin Spice Caramel Macchiato - skimmed milk	Venti	skimmed milk [skimmed MILK], ice, blonde roast (as cons	907	215	2.2	1.1	36.8	35.6	4.4	9.7	0.41	85.5
Blonde Iced Pumpkin Spice Caramel Macchiato - almond drink	Tall	almond drink [Water, ALMOND (2.5%), sugar, fructose,	488	118	3.3	0.9	18.5	17.8	2.6	1.1	0.21	42.7
Blonde Iced Pumpkin Spice Caramel Macchiato - almond drink	Grande	almond drink [Water, ALMOND (2.5%), sugar, fructose,	642	156	4	1	24.9	23.8	3.8	1.6	0.27	85.5
Blonde Iced Pumpkin Spice Caramel Macchiato - almond drink	Venti	almond drink [Water, ALMOND (2.5%), sugar, fructose,	769	186	4.5	1	30.6	29.4	4.9	1.8	0.31	85.5
Blonde Iced Pumpkin Spice Caramel Macchiato - soya drink	Tall	soya drink [Water, hulled SOYA beans (8.7%), sugar, ac	612	146	4.5	1.3	18.7	17.8	3.3	5.9	0.23	42.7
Blonde Iced Pumpkin Spice Caramel Macchiato - soya drink	Grande	soya drink [Water, hulled SOYA beans (8.7%), sugar, ac	804	193	5.6	1.4	25.5	23.8	4.7	7.7	0.30	85.5
Blonde Iced Pumpkin Spice Caramel Macchiato - soya drink	Venti	soya drink [Water, hulled SOYA beans (8.7%), sugar, ac	957	229	6.3	1.6	30.8	29.4	6	9	0.35	85.5
Blonde Iced Pumpkin Spice Caramel Macchiato - oat drink	Tall	oat drink [Water, OAT (10%), sunflower oil, chicory roo	734	174	6.5	1.3	25.6	19.1	3.9	1.6	0.30	42.7
Blonde Iced Pumpkin Spice Caramel Macchiato - oat drink	Grande	oat drink [Water, OAT (10%), sunflower oil, chicory roo	963	228	8.2	1.4	34.1	25.5	5.6	2.2	0.38	85.5
Blonde Iced Pumpkin Spice Caramel Macchiato - oat drink	Venti	oat drink [Water, OAT (10%), sunflower oil, chicory roo	1142	271	9.4	1.6	41.3	31.4	7	2.5	0.45	85.5
Blonde Iced Pumpkin Spice Caramel Macchiato - coconut drink	Tall	coconut drink [Water, coconut milk (5.7%) (water, coco	551	130	3.8	2	19.9	19.1	2.7	2.9	0.23	42.7
Blonde Iced Pumpkin Spice Caramel Macchiato - coconut drink	Grande	coconut drink [Water, coconut milk (5.7%) (water, coco	724	172	4.7	2.3	26.7	25.6	4.1	3.8	0.30	85.5
Blonde Iced Pumpkin Spice Caramel Macchiato - coconut drink	Venti	coconut drink [Water, coconut milk (5.7%) (water, coco	865	205	5.3	2.6	31.5	31.5	5.2	4.3	0.35	85.5
Decaf Iced Pumpkin Spice Caramel Macchiato - semi skimmed mil	Tall	semi skimmed milk [Semi skimmed MILK], ice, decaf esp	669	159	4.2	2.7	22.7	21.7	2.2	6.4	0.27	1.8
Decaf Iced Pumpkin Spice Caramel Macchiato - semi skimmed mil	Grande	semi skimmed milk [Semi skimmed MILK], ice, decaf esp	880	209	5.2	3.3	30.4	28.9	3.3	8.4	0.35	3.6
Decaf Iced Pumpkin Spice Caramel Macchiato - semi skimmed mil	Venti	semi skimmed milk [Semi skimmed MILK], ice, decaf esp	1045	249	5.9	3.7	36.9	35.4	4.4	9.7	0.41	3.6
Decaf Iced Pumpkin Spice Caramel Macchiato - whole milk	Tall	whole milk [whole MILK], ice, decaf espresso (as consume	786	187	7.6	4.8	22.5	21.5	2.2	6.2	0.26	1.8
Decaf Iced Pumpkin Spice Caramel Macchiato - whole milk	Grande	whole milk [whole MILK], ice, decaf espresso (as consume	1032	246	9.5	6	30.2	28.7	3.3	8.1	0.34	3.6
Decaf Iced Pumpkin Spice Caramel Macchiato - whole milk	Venti	whole milk [whole MILK], ice, decaf espresso (as consume	1222	291	10.9	6.8	36.6	35.1	4.4	9.4	0.40	3.6
Decaf Iced Pumpkin Spice Caramel Macchiato - skimmed milk	Tall	skimmed milk [skimmed MILK], ice, decaf espresso (as co	582	138	1.2	0.7	24.8	23.8	2.2	7.8	0.18	42.7
Decaf Iced Pumpkin Spice Caramel Macchiato - skimmed milk	Grande	skimmed milk [skimmed MILK], ice, decaf espresso (as co	766	182	2	1.1	30.7	29.2	3.3	8.4	0.35	3.6
Decaf Iced Pumpkin Spice Caramel Macchiato - skimmed milk	Venti	skimmed milk [skimmed MILK], ice, decaf espresso (as co	913	217	2.2	1.1	37.2	35.6	4.4	9.7	0.41	3.6
Decaf Iced Pumpkin Spice Caramel Macchiato - almond drink	Tall	almond drink [Water, ALMOND (2.5%), sugar, fructose,	491	119	3.3							

Blonde Pumpkin Spice Caramel Macchiato - coconut drink	Venti	coconut drink [Water, coconut milk (5.7%)] (water, coco	1007	238	6.9	3.3	35.6	34.5	5.6	6.2	0.46	85.5
Decaf Pumpkin Spice Caramel Macchiato - semi skimmed milk	Short	semi skimmed milk [Semi skimmed MILK], decaf espress	373	89	2.4	1.5	12.5	11.7	1.2	3.6	0.15	1.8
Decaf Pumpkin Spice Caramel Macchiato - semi skimmed milk	Tall	semi skimmed milk [Semi skimmed MILK], decaf espress	689	164	4.4	2.8	22.7	21.9	2.2	7.2	0.28	1.8
Decaf Pumpkin Spice Caramel Macchiato - semi skimmed milk	Grande	semi skimmed milk [Semi skimmed MILK], decaf espress	984	234	6.1	3.8	32.4	31	3.3	10.6	0.41	3.6
Decaf Pumpkin Spice Caramel Macchiato - semi skimmed milk	Venti	semi skimmed milk [Semi skimmed MILK], decaf espress	1271	302	7.8	4.9	41.7	40.3	4.4	14.1	0.53	3.6
Decaf Pumpkin Spice Caramel Macchiato - whole milk	Short	whole milk [whole MILK], decaf espresso (as consumed) [w	438	104	4.3	2.7	12.4	11.6	1.2	3.5	0.14	1.8
Decaf Pumpkin Spice Caramel Macchiato - whole milk	Tall	whole milk [whole MILK], decaf espresso (as consumed) [w	823	196	8.2	5.1	22.5	21.7	2.2	7	0.28	1.8
Decaf Pumpkin Spice Caramel Macchiato - whole milk	Grande	whole milk [whole MILK], decaf espresso (as consumed) [w	1180	281	11.6	7.3	32.1	30.7	3.3	10.4	0.40	3.6
Decaf Pumpkin Spice Caramel Macchiato - whole milk	Venti	whole milk [whole MILK], decaf espresso (as consumed) [w	1533	365	15.2	9.6	41.3	39.9	4.4	13.7	0.52	3.6
Decaf Pumpkin Spice Caramel Macchiato - skimmed milk	Short	skimmed milk [skimmed MILK], decaf espresso (as consum	324	77	1.1	0.6	12.6	11.8	1.2	3.6	0.15	1.8
Decaf Pumpkin Spice Caramel Macchiato - skimmed milk	Tall	skimmed milk [skimmed MILK], decaf espresso (as consum	589	140	1.6	0.8	22.9	22.1	2.2	7.2	0.29	1.8
Decaf Pumpkin Spice Caramel Macchiato - skimmed milk	Grande	skimmed milk [skimmed MILK], decaf espresso (as consum	837	199	2	1	32.7	31.3	3.3	10.6	0.41	3.6
Decaf Pumpkin Spice Caramel Macchiato - skimmed milk	Venti	skimmed milk [skimmed MILK], decaf espresso (as consum	1075	255	2.3	1.1	42.1	40.7	4.4	14.1	0.54	3.6
Decaf Pumpkin Spice Caramel Macchiato - almond drink	Short	almond drink [Water, ALMOND (2.5%), sugar, fructose,	274	66	1.9	0.6	10.3	9.5	1.4	0.7	0.11	1.8
Decaf Pumpkin Spice Caramel Macchiato - almond drink	Tall	almond drink [Water, ALMOND (2.5%), sugar, fructose,	485	118	3.3	0.8	18.2	17.4	2.6	1.2	0.21	1.8
Decaf Pumpkin Spice Caramel Macchiato - almond drink	Grande	almond drink [Water, ALMOND (2.5%), sugar, fructose,	684	166	4.5	0.9	25.8	24.4	3.9	1.8	0.30	3.6
Decaf Pumpkin Spice Caramel Macchiato - almond drink	Venti	almond drink [Water, ALMOND (2.5%), sugar, fructose,	872	212	5.7	1	33	31.5	5.1	2.3	0.40	3.6
Decaf Pumpkin Spice Caramel Macchiato - soya drink	Short	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	343	82	2.6	0.7	10.4	9.5	1.8	3.3	0.13	1.8
Decaf Pumpkin Spice Caramel Macchiato - soya drink	Tall	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	627	150	4.7	1.2	18.4	17.3	3.4	6.7	0.24	1.8
Decaf Pumpkin Spice Caramel Macchiato - soya drink	Grande	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	893	213	6.5	1.5	26.1	24.4	5.1	9.8	0.35	3.6
Decaf Pumpkin Spice Caramel Macchiato - soya drink	Venti	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	1149	275	8.3	1.7	33.3	31.5	6.7	13	0.46	3.6
Decaf Pumpkin Spice Caramel Macchiato - oat drink	Short	oat drink [Water, OAT (10%), sunflower oil, chicory root	411	97	3.7	0.7	14.2	10.2	2.1	1	0.16	1.8
Decaf Pumpkin Spice Caramel Macchiato - oat drink	Tall	oat drink [Water, OAT (10%), sunflower oil, chicory root	767	182	7	1.2	26.3	18.9	4.1	1.8	0.32	1.8
Decaf Pumpkin Spice Caramel Macchiato - oat drink	Grande	oat drink [Water, OAT (10%), sunflower oil, chicory root	1098	260	9.9	1.5	37.7	26.6	6.2	2.7	0.46	3.6
Decaf Pumpkin Spice Caramel Macchiato - oat drink	Venti	oat drink [Water, OAT (10%), sunflower oil, chicory root	1423	337	12.9	1.7	48.8	34.4	8.2	3.4	0.60	3.6
Decaf Pumpkin Spice Caramel Macchiato - coconut drink	Short	coconut drink [Water, coconut milk (5.7%)] (water, coco	309	73	2.2	1.1	11.1	10.3	1.5	1.6	0.13	1.8
Decaf Pumpkin Spice Caramel Macchiato - coconut drink	Tall	coconut drink [Water, coconut milk (5.7%)] (water, coco	357	132	3.9	1.9	19.8	18.9	2.8	3.2	0.24	1.8
Decaf Pumpkin Spice Caramel Macchiato - coconut drink	Grande	coconut drink [Water, coconut milk (5.7%)] (water, coco	790	187	5.4	2.6	28.1	26.7	4.2	4.7	0.35	3.6
Decaf Pumpkin Spice Caramel Macchiato - coconut drink	Venti	coconut drink [Water, coconut milk (5.7%)] (water, coco	1013	240	6.9	3.3	36	34.6	5.5	6.1	0.46	3.6